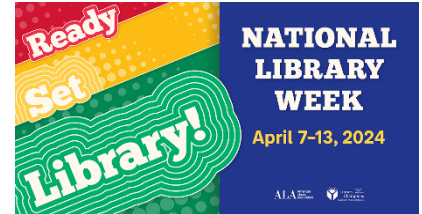


Healing Children with Books



Internationally known bibliotherapist, author, poet and "book curator" Bijal Shah joins ORPARC to close out library week!



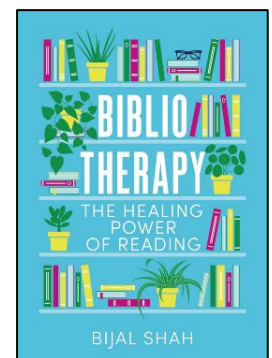
Bijal will treat us to a lovely conversation centered around supporting kids in care through therapeutic children's books. Content will be applicable to parents, therapists, workers, teachers and community partners.

Date	Time	Location
April 12, 2024 (Friday)	12:00 PM – 1:15 PM (Pacific)	Virtual Training via Zoom* *Zoom link will be sent to registered participants

REGISTRATION: <https://www.orparc.org/training/online/2668> or 1-800-764-8367

About the Presenter

Bijal Shah is a book curator, bibliotherapist, freelance journalist, author, and poet. Bijal completed a diploma in psychodynamic counseling. She integrated this skillset with her passion for carefully curating books for others. Bijal helps clients find the perfect books for personal interest and mental well-being. Her book recommendations have been featured in the Guardian, the BBC, Marie Claire, NBC News, Asian Voice, and various other publications. Bijal has also undertaken bibliotherapy workshops for The United Nations, various corporate organisations in the UK and US and a variety of libraries in New York and London. She also has a podcast with speech and language therapist Sunita Shah of *The Jai Jais* on Raising A Reader & Storyteller. Bijal is also a mum of two and currently resides in Hampstead, London. In February 2024, Bijal released her newest book called ***Bibliotherapy: The Healing Power of Reading*** ([available in the ORPARC Library](#)).



[In the ORPARC Library](#)