







Grief in Foster & Adopted Children (and Families)

Foster Care & Adoption always begins with loss. Grief is inherent, although when and how children experience, express, and process their grief varies substantially. When parents, professionals, therapists and other helpers honor the grief inherent in foster care & adoption and understand the complexities of their losses, we open ourselves up to being more fully present for children to process their grief.

This workshop will cover:

- the losses inherent in foster care and adoption
- grief related to adoption (including ambiguous loss)
- understanding why children grieve for abusive and neglectful families
- supporting children through big, confusing, and overwhelming feelings
- how to notice if our own feelings may be triggered & prevent us from being full present for children

About the Presenter

Robyn Gobbel, LCSW LMSW RPT-S, has been described as "Neuroscience with heart...wrapped in glitter and fun!" Robyn translates the complex science of the Relational Neurosciences (that's just fancy talk for the parts of the brain that keep us in connection with ourselves and everyone else) for helpers, healers, educators, and parents. She helps people feel empowered to use the knowledge in supporting the world-changing work you



are already doing- you know...helping, healing, educating, and parenting! She is a speaker, trainer, and writer who specializes in adoption, attachment, and trauma. Her greatest superpower is being with people in a way that makes them feel seen, gotten, heard, and deeply cared for.

Location	Time & Date	Web Address
Virtual Training Via Zoom	Monday, December 7, 2020 10:00am-1:00pm	Zoom link will be sent to registered participants

SISTRATION

DHS Professionals & DHS Foster Parents

https://ilearn.oregon.gov/dl.aspx?id=42DA1F4CB1C349F68FDF905C910F80D1

Families, Adoptive & Pre-adoptive Parents, Caregivers and Other Community Partners

Email ORPARC at or call 503-241-0799 / 1-800-764-8367. Continuing Education Credits through NASW Oregon Chapter are available for \$20.00. Request credits upon registering.



Cascadia Training is an NBCC-Approved Continuing Education Provider (Provider #: 6475) (recognized by NASW Oregon State Chapter)

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals, and other participants as space allows and welcomes attendees of all ethnicities, genders and sexual orientations. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Request services two weeks in advance.