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Transitions: When Children Have to Move

Despite what can sometimes be described as heroic efforts, we can't stop children from having to navigate difficult transitions during their time in foster care. We CAN take important steps to ease these transitions, decreasing the risk of traumatic grief and increasing the possibility of resilience. Successful transitions require adults to be thoughtful, present, and attuned to children's needs.

This workshop will cover:

- the neurobiology behind why transitions are so challenging
- what adults can do to lessen the trauma of a transition
- how to support children through the intensity of their feelings related to another transition
- the importance of open, honest, and authentic communication with even the youngest of children

About the Presenter

Robyn Gobbel, LCSW LMSW RPT-S, has been described as "*Neuroscience with heart…wrapped in glitter and fun!*" Robyn translates the complex science of the Relational Neurosciences (that's just fancy talk for the parts of the brain that keep us in connection with ourselves and everyone else) for helpers, healers, educators, and parents. She helps people feel empowered to use the knowledge in supporting the world-changing work you



are already doing- you know...helping, healing, educating, and parenting! She is a speaker, trainer, and writer who specializes in adoption, attachment, and trauma. Her greatest superpower is being with people in a way that makes them feel seen, gotten, heard, and deeply cared for.

Location	Time & Date	Zoom Link
Virtual Training Via Zoom	Monday, October 26, 2020 10:00am-1:00pm	Zoom link will be sent to registered participants

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https://ilearn.oregon.gov/dl.aspx?id=1D86B56B99674047A747660D4D8AB28B

Families, Adoptive & Pre-adoptive Parents, Caregivers and Other Community Partners

Email ORPARC at <u>orparc@nwresource.org</u> or call 503-241-0799 / 1-800-764-8367. Continuing Education Credits through NASW Oregon Chapter are available for \$20.00. Request credits upon registering.

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Cascadia Training is an NBCC-Approved Continuing Education Provider (Provider #: 6475) (recognized by NASW Oregon State Chapter)

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals, and other participants as space allows and welcomes attendees of all ethnicities, genders and sexual orientations. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Request services two weeks in advance.