



# HOPE for the Journey Conference

(Formerly the Empowered to Connect Conference)

## Featuring Trust-Based Relational Intervention® Method

developed by Dr. Karyn Purvis and Dr. David Cross from the TCUs Karyn Purvis Institute of Child Development

**Join ORPARC online for a FREE training opportunity.**

The adoption journey does not end on the day a child is welcomed home; in fact, the journey is just beginning. Children impacted by adoption and/or foster care have often experienced early attachment injuries related to loss, abuse, trauma, and/or neglect. *There is hope and help, though.*

Show Hope's **Hope for the Journey Conference** seeks to **encourage and better equip** parents and caregivers meeting the everyday needs of children impacted by adoption and/or foster care. At its core, TBRI® works to promote trust, attachment, and connection between caregivers and children by addressing physical and emotional needs while also disarming fear-based behaviors.

**When:**



**FOUR Fridays**

**April - 9<sup>th</sup> | 16<sup>th</sup> | 23<sup>rd</sup> | 30<sup>th</sup>**

Friday, April 9<sup>th</sup>: An Introduction to Trust-Based Relational Intervention®

*"Going Deeper": the importance of understanding ACES.*

Friday, April 16<sup>th</sup>: Connecting Principles

*"Going Deeper": explore biological and adoptive sibling dynamics.*

Friday, April 23<sup>rd</sup>: Empowering Principles

*"Going Deeper": unpack the need to acknowledge one's own limitations and implement self-care strategies as a care provider.*

Friday, April 30<sup>th</sup>: Correcting Principles

*"Going Deeper": a discussion of the challenges to and importance of finding rhythms to promote unity as parents during the day-to-day.*



**2:00 – 4:00 PM**

*Collaborative training sponsored by Show Hope and ORPARC*

**Where:**



**Zoom Webinar**

*Link will be provided after registering for the event*

**Sign up: Online:** [https://zoom.us/webinar/register/WN\\_IZY2s47HTMyLIVq7vZimnw](https://zoom.us/webinar/register/WN_IZY2s47HTMyLIVq7vZimnw) or

**Contact ORPARC:** 800-764-8367 | [orparc@nwresource.org](mailto:orparc@nwresource.org)



**Interested?**



**Not available these dates & times?**

**Contact ORPARC!\***

*\*Orparc has a few online access links for families who want to watch on their own schedule. Access links provided on a first come, first serve basis, prioritizing ORPARC eligible families.*

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals, and other participants as space allows and welcomes attendees of all ethnicities, genders and sexual orientations. Trainings are currently held virtually. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Request services two weeks in advance.

