

Compassionate Coparenting: *Creating Connections with Birth and First Families*



Birth families are always a part of children’s lives. Sometimes it is hard to understand why the birth family is not energetically and emotionally available when they are physically present. Resource/ foster, adoptive and guardianship parents can lean into that relationship with connection, compassion, and boundaries when applying everything they know about the impact of trauma to their children’s birth family members. *Changing the way we see birth families is good for the children who are a part of both foster/adoptive/guardianship families and birth families.*

Participants will be able to:

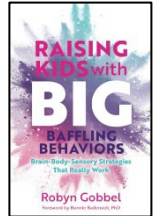
- describe the relationship between trauma and behavior in birth families
- identify appropriate boundaries that will encourage safe relationships
- help their child understand- not excuse- birth family behavior



About the Presenter



Robyn Gobbel, MSW, loves coffee, PINK, and everything about the brain. Robyn loves cultivating deep, resonant connections with anyone who is up for it, and is especially fond of all the grown-ups in the world who love and care for kids impacted by trauma: helpers, healers, educators, and parents. Robyn has 20 years of practice in family and child therapy experience, specializing in complex trauma, attachment, and adoption. Robyn now consults, teaches, and trains extensively throughout the US. You can get your hands on all sorts of free resources at www.RobynGobbel.com, including her podcast, The Baffling Behavior Show. Robyn is the author of *Raising Kids with Big, Baffling Behaviors: Brain-Body-Sensory Strategies that Really Work* (September 2023).




In the ORPARC Library

Date	Time	Location
May 7, 2024 <i>(Tuesday)</i>	10:00 AM – Noon <i>(Pacific)</i>	Virtual Training via Zoom* <small>*Zoom link will be sent to registered participants</small>

REGISTRATION: <https://www.orparc.org/training/online/2647> or 1-800-764-8367

Questions? Contact ORPARC at orparc@nwresource.org

 <p>CASCADIA TRAINING <i>for professional development</i></p>	<ul style="list-style-type: none"> ✓ 2.0 Continuing Education Credits (CECs) are available for \$20.00. ✓ Please request credits when registering. ✓ Cascadia Training is an NBCC-Approved Continuing Education Provider (Provider #: 6475) (recognized by NASW Oregon State Chapter)
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ORPARC trainings are free-of-charge to ODHS/state adoptive, resource (foster), assisted guardianship families, and ODHS/SNAC adoption professionals, and other participants as space allows. We welcome attendees of all ethnicities, genders, sexual orientations and faiths. Auxiliary aids and alternative forms of written materials are available to persons with different abilities and needs.