Message from Adoption/Guardianship Assistance Unit
Message to all Foster, Guardianship and Adoptive parents

The Adoption and Guardianship Assistance Unit is excited to share that Lindsay Armstrong, our coordinator who is assigned to families with the last names of S-Z, is now able to assist all Spanish-Speaking families as well. This is a great benefit for our families who will no longer need to work with our unit through an interpreter.

The Adoption and Guardianship Assistance Unit would also like families to be aware as of January 1, 2018, there has been an update to the Oregon Administrative Rule regarding how our unit negotiates Adoption and Guardianship Assistance subsidy payments. This change applies to both new applicants and families wishing to renegotiate their current subsidy amount. The Level of Care CANS rate is now part of the negotiation process and no longer added in automatically into the subsidy amount. We are now asking families to identify direct out of pocket expenses related to a child’s behavioral and mental health needs. This administrative rule change is in response to federal guidance that Adoption and Guardianship Assistance should be negotiated based on a family’s out of pocket expenses in relation to each child’s basic and special needs.

Thank you for being a forever family! If you have questions on who to contact about your adoption or guardianship assistance, you can always reference our staff list (and other information) at our website shown below:

http://www.oregon.gov/DHS/CHILDREN/ADOPTION/Pages/Adoption-Guardianship-Assistance.aspx

ORPARC Comings & Goings – Farewell Nicole, Welcome Annie!

ORPARC is both proud and wistful to share that long time Family Support Specialist Nicole Russell is soon transitioning over to our valued partner Swindells Resource Center of Providence Child Center as a Community Outreach/Resource Specialist. Nicole came to us in July 2008 fresh and green as an intern, and wow, look at her now! While we will miss Nicole’s sense of humor and ongoing contributions, we appreciate that she will be commuting a little closer to home, and are delighted to continue working with her in this new capacity. Nicole, we are excited for you on this new chapter but look forward to the collaborations that lie ahead!

In the same breath, we are thrilled to welcome Family Support Specialist Annie Denning Hille. Among her many skills and qualities as a Master’s level counselor, Annie brings with her a long personal and professional understanding of working with children on the autism spectrum, a Spanish language proficiency, and expertise in working with the developmental disabilities system. Annie’s kind nature and thoughtful approach to family work radiate an empathy that both families and workers will find so comforting. Given that April is also National Autism Awareness Month, it seems fitting to offer a very warm and timely welcome to Annie!
Empowered to Connect (TBRI®) Re-Broadcast Simulcast

The training features Trust-Based Relational Intervention® (TBRI®) methods developed by Dr. Karyn Purvis and Dr. David Cross from the Karyn Purvis Institute of Child Development at Texas Christian University (TCU) to help bring attachment and connection in families. TBRI® has original faith-based roots but is also equally accessible and supportive for families of all belief systems. TBRI® information is available on the following websites:

| Karyn Purvis Institute of Child Development at TCU | https://child.tcu.edu/about-us/tbri/#sthash.NsgVfUAg.dpbs |
| Empowered to Connect (faith-based) | http://empoweredtoconnect.org |

Re-Broadcast of Simulcast on Friday, April 27th & Saturday, April 28th

<table>
<thead>
<tr>
<th>City</th>
<th>Location &amp; Address</th>
<th>Contact &amp; Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dallas</td>
<td>Grace Church 598 E Ellendale Avenue, Dallas</td>
<td>Call Amy Gilson, 503-910-0125 or email <a href="mailto:amy@graceindallas.org">amy@graceindallas.org</a>. Snacks provided. No childcare available.</td>
</tr>
<tr>
<td>Seaside</td>
<td>Lutheran Community Services NW 725 S Wahanna Road, Seaside</td>
<td>Call 503-468-8622 or email <a href="mailto:sredburn@lcsnw.org">sredburn@lcsnw.org</a>.</td>
</tr>
</tbody>
</table>

Digital Storytelling Project Kickoff

The power of the digital story format lies in the oral narration by the storytellers themselves paired with the compelling images they have selected. In recognition of May, National Foster Care Month, and the theme of Relative Caregiving, ORPARC is thrilled to have partnered with Oregon DHS and the federal Center for Capacity Building for States and its innovative Digital Story Team around a series of digital stories created by Oregon parents. Many of our state’s dedicated foster and adoptive families are relative caregivers of many different kinds. In this particular collection, nine of Oregon’s relative caregivers share the heart and soul of what it has been like for them to parent children involved with the state child welfare system. Their collective stories are poignant and beautiful, capturing the grief, loss and hope that accompany each storyteller and their families on their still-evolving journeys. Each storyteller devoted an impressive amount of time, energy and thoughtfulness into building their story. It was an honor for all of us to walk by their sides through this creative process.

In mid-May, these stories will be unveiled in an atmosphere of celebration and recognition for the hard work these relative parents continue to embrace every day. They will be first be shown at a local Portland Metro Kick Off event, but will then be featured multiple places including on the ORPARC website and Facebook. We congratulate and commemorate the following storytellers for their participation:

Reba Chainey
Maria & Nick George
Jillana Goble
Jorge Hernández Villegas
Gloria Macabeo
Shari Mason
Trayci Puckett
Jammie Trimble
Elizabeth & Morris Wright

Audio Storytelling Project

At this same time, a group of DHS workers also helped to record a moving compilation of audio stories, expressing their appreciation, admiration and empathy for Oregon’s relative caregivers. We offer thanks to:

Erma Brundidge
Gina Dubois
Kasside Fisher
Skye Hopkins
Nicomi Levine
Lesiandro Luengo
Tamara McCollum
Tamara Mehner
Maycol Rivera
Karlie Setniker
Molly Taylor
Tilynn Wilson
Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Spanish language interpretation available upon request. Please request these services two weeks in advance.

### NoSpank Challenge with Parenting Beyond Punishment

April 16-30, 2018 Online Training Series

Two week FREE online event series headlined by national experts. Watch events LIVE or watch them later when you have time. Registration: [http://parentingbeyondpunishment.us4.list-manage1.com/subscribe?u=3582c428f1f9b43fd33bfae7&id=e45f282fab](http://parentingbeyondpunishment.us4.list-manage1.com/subscribe?u=3582c428f1f9b43fd33bfae7&id=e45f282fab)

Positive, trauma-informed foster & adoptive parenting is hard, but a skill we can learn and practice to make parenting more stress free for ourselves and healthier for our children & families. Please join many community partners, both nationally and in Oregon, as we take on the No Spank Challenge! Get up to speed with the latest healthy touch/positive parenting facts amidst a rapidly growing, supportive, resource-rich community. Even Oprah and Dr. Bruce Perry have weighed in! Call 503-241-0799 or email orparc@nwresource.org for more information.

### Hands are for Holding / NoSpank Challenge

Monday, April 30, 2018 • 6:00-9:00pm • FREE in person Grand Finale Training & Resource Fair

Providence Medical Center, Cancer Center Amphitheatre, 4805 NE Glisan Street, Portland, OR 97213

Registration: Call ORPARC at 503-241-0799, 1-800-764-8367, or e-mail orparc@nwresource.org.

### Latino Resource Fair—Parent Panel & Two Presentations

NOTE: This program will be presented in Spanish. English registration & interpretation services are available.

Saturday, May 5th • 9:00am-3:00pm • SOU/RCC Higher Education Building, 101 S Bartlett Street, Medford, OR

Register with Kathy Keesee-Morales by calling 541-732-5958 or email katherine.keesee@providence.org

1) *The Role of the Parent in Your Child’s Success*, presented by Marcela Vargas, Autism Consultant

2) *Managing Behavior of Children with Special Needs*, presented by Alicia Like, Clinical Mgr., Center for Autism Related Disorders

### Trauma Informed Care: Understanding Children Who Have Experienced Trauma

**Presentation for Parents, Foster Parents and Caregivers**

Thursday, May 10, 2018 • 6:00-8:00pm

The Outpost Pizza Pub & Grill (dinner & childcare provided)

201 W Main Street, John Day, OR 97845

Presented by Erin Draper, MSW, Swindells Resource Center

Register Online: [www.providenceoregon.org/classes](http://www.providenceoregon.org/classes)

Register by Phone: 503-215-2429 / 1-800-833-8899 ext. 52429

**Training Informed Care for Professionals**

Friday, May 11, 2018 • 9:00am-5:00pm

Grant Union Junior/Senior High School

911 S Canyon Boulevard, John Day, OR 97845

Presented by Dr. Teri Pettersen, MD

Register Online: [www.providenceoregon.org/classes](http://www.providenceoregon.org/classes)

Register by Phone: 503-215-2429 / 1-800-833-8899 ext. 52429

### Autism 101

Saturday, May 19, 2018 • 10:00am-12:30pm • SORB, 2930 NE Stephens Street, Roseburg, OR 97470

Presented by Rowan Hill-Walko, Autism Consultant. Spanish interpretation available. Register with Kathy Keesee-Morales at 541-732-5958 or katherine.keesee@providence.org. Collaborative training with Swindells Resource Center, Family Network of Roseburg, and ORPARC.

### Grandparent Retreats & Conferences

**12th Annual Grandparents (and elder relatives) Raising Grandchildren Retreat**

Friday, May 25, 2018 • 9:15am-2:45pm

Gethsemane Lutheran Church

11560 SE Market Street, Portland, OR 97216

Join us for fun and educational activities, a place to learn about community resources that can help you, a place to meet other grandparents raising grandchildren, and a special day for you! Free lunch and door prizes offered. Contact Loriann McNeill at loriann.mcneill@multco.us or 503-988-8210 for information and registration. This free retreat is sponsored by the Multnomah County Family Caregiver Support Program of the Aging, Disability and Veterans Services Division.
Additions to the ORPARC Library

Library usage is available free to eligible families & professionals

Books for Parents & Professionals

- Beyond Consequences, Logic, and Control: A Love-Based Approach to Helping Attachment-Challenged Children With Severe Behaviors
- The Connected Child: Bring hope and healing to your adoptive family
- The Deepest Well: Healing the Long-Term Effects of Childhood Adversity
- The Fabric of Autism, Weaving The Threads Into A Cogent Theory
- Getting to Calm: Cool-Headed Strategies for Parenting Tweens & Teens (Updated and Expanded)
- How to Be a Superhero Called Self-Control: Super Powers to Help Younger Children to Regulate their Emotions and Senses
- How to Talk So Teens Will Listen and Listen So Teens Will Talk
- I Love You from the Edges: Lessons from Raising Grandchildren
- Too Loud, Too Bright, Too Fast, Too Tight: What to Do If You Are Sensory Defensive in an Overstimulating World
- Trust-Based Relational Intervention (TBRI®) Pocket Guide

Books for Children & Youth

- The Red Roo
- Baby Owl Lost Her Hoo Who
- It's Tough to Be Gentle (A Cowboy Tale)
- The Elephant with Small Ears
- The Penguin and the Fine-Looking Fish

Materiales en español

- El Niño Adoptado: Cómo Integrar en la Familia (para padres y profesionales)
- Una Vez Tuve Mucho, Mucho Miedo (para niños)

Developing and Supporting Prospective and Current Adoptive, Foster, and Kinship Families

Wednesday, May 9, 2018, 12:00-1:30pm (PDT)

Family development and support—starting from when prospective parents first inquire to a child welfare system and continuing after placement—can help strengthen the pool of families for children in foster care and ensure that resource families are able to meet the needs of children in their care. In this free webinar, we’ll share the following information to help you strengthen your approaches for developing and supporting families:

- How to design and implement a response system that helps prospective parents understand the needs of children in foster care and deepen their self-assessment for parenting children who have experienced trauma
- Key ways to provide ongoing support to foster, adoptive, and kinship families after placement, including highlighting specific state and tribal program models from across the country
- Ways of connecting post-placement services to the support provided during the recruitment and licensing process
- Information about AdoptUSKids resources and services available to help child welfare systems build their capacity to respond to inquiries and develop and support families

Audience: While this webinar is open to all audiences, it may be of particular interest to public (state, county, tribal, territorial) child welfare administrators, managers, supervisors, and staff working in the following areas: intake and response for prospective foster, adoptive, and kinship families; resource family training and development; and post-placement/post-adoption support. The webinar may also be of interest to private agencies and nonprofit organizations that partner with child welfare systems on these areas of work.

Register at:

https://attendee.gototraining.com/r/1512721681529070593?utm_source=Professionals&utm_campaign=71f44d0e04-EMAIL_CAMPAIGN_2018_04_10&utm_medium=email&utm_term=0_9bab4b66b7-71f44d0e04-292373085
# Community Resources, Trainings & Events

## Center for Improvement of Child and Family Services

**PSU Child Welfare Partnership** • [www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

<table>
<thead>
<tr>
<th>METROPOLITAN REGION:</th>
<th>METRO TRAINING LINE: 971-673-1822, <a href="mailto:D2.MetroTrainingCenter@state.or.us">D2.MetroTrainingCenter@state.or.us</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Metro Training Center, 1245 SE 122nd Avenue, Entry A, Portland, OR 97233</td>
<td></td>
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<table>
<thead>
<tr>
<th>Month</th>
<th>Training Event</th>
<th>Location</th>
<th>Phone</th>
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<tbody>
<tr>
<td>May 8</td>
<td>The SMART Approach to Relieving Caregiver Stress</td>
<td>The Dalles</td>
<td>541-565-3014, <a href="mailto:susan.lissman@state.or.us">susan.lissman@state.or.us</a></td>
</tr>
<tr>
<td>June 16</td>
<td>Trauma Informed Parenting</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>August 30</td>
<td>Nurturing the Infant in Care: Birth to 24 Months</td>
<td>North Bend</td>
<td>541-565-3014, <a href="mailto:susan.lissman@state.or.us">susan.lissman@state.or.us</a></td>
</tr>
<tr>
<td>September 28</td>
<td>School, Homework and Success</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>October 2</td>
<td>Building Resilience for Children in Care</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>November 6</td>
<td>Collaborative Problem Solving II</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
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### Eastern Region

<table>
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<tr>
<th>Month</th>
<th>Training Event</th>
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<tbody>
<tr>
<td>April 17</td>
<td>Good Times for Tweens &amp; Teens</td>
<td>The Dalles</td>
<td>541-240-0542, <a href="mailto:jamaica.y.tarter@dhsoha.state.or.us">jamaica.y.tarter@dhsoha.state.or.us</a></td>
</tr>
<tr>
<td>April 19</td>
<td>Understanding the Sexual Behaviors of Children</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>May 1</td>
<td>Creating Positive Behaviors in Teens</td>
<td>Pendleton</td>
<td>541-481-9482 x 224, <a href="mailto:monica.gilbertson@state.or.us">monica.gilbertson@state.or.us</a></td>
</tr>
<tr>
<td>May 5</td>
<td>Vicarious Trauma: Surviving &amp; Thriving</td>
<td>Redmond</td>
<td>541-548-9480, <a href="mailto:lisa.barney-thomsen@state.or.us">lisa.barney-thomsen@state.or.us</a></td>
</tr>
<tr>
<td>May 5</td>
<td>Building Resilience for Children in Care</td>
<td>Redmond</td>
<td>541-548-9480, <a href="mailto:lisa.barney-thomsen@state.or.us">lisa.barney-thomsen@state.or.us</a></td>
</tr>
<tr>
<td>May 5</td>
<td>Effects of Trauma on Learning in Children 0-18</td>
<td>Redmond</td>
<td>541-548-9480, <a href="mailto:lisa.barney-thomsen@state.or.us">lisa.barney-thomsen@state.or.us</a></td>
</tr>
<tr>
<td>June 21</td>
<td>The SMART Approach to Relieving Stress</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>June 23</td>
<td>Trauma Informed Parenting</td>
<td>Redmond</td>
<td>541-548-9480, <a href="mailto:lisa.barney-thomsen@state.or.us">lisa.barney-thomsen@state.or.us</a></td>
</tr>
<tr>
<td>July 14</td>
<td>Caring for the Sexually Abused Child</td>
<td>Redmond</td>
<td>541-548-9480, <a href="mailto:lisa.barney-thomsen@state.or.us">lisa.barney-thomsen@state.or.us</a></td>
</tr>
<tr>
<td>July 14</td>
<td>Understanding &amp; Responding to Sexual Behaviors</td>
<td>Redmond</td>
<td>541-548-9480, <a href="mailto:lisa.barney-thomsen@state.or.us">lisa.barney-thomsen@state.or.us</a></td>
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### Southern Region

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<tr>
<th>Month</th>
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<tbody>
<tr>
<td>April 19</td>
<td>Children Can Hear</td>
<td>Springfield</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
</tr>
<tr>
<td>April 23</td>
<td>Building Resilience for Children in Care</td>
<td>North Bend</td>
<td>541-756-5500 x 227, <a href="mailto:kimberly.lowry@state.or.us">kimberly.lowry@state.or.us</a></td>
</tr>
<tr>
<td>April 24</td>
<td>Building Resilience for Children in Care</td>
<td>Gold Beach</td>
<td>541-756-5500 x 227, <a href="mailto:kimberly.lowry@state.or.us">kimberly.lowry@state.or.us</a></td>
</tr>
<tr>
<td>May 4</td>
<td>Fun &amp; Creative Parenting: Toddlers to Tweens</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
</tr>
<tr>
<td>May 4</td>
<td>Trauma Informed Parenting</td>
<td>Grants Pass</td>
<td>541-956-2983, <a href="mailto:kyndra.burdis@state.or.us">kyndra.burdis@state.or.us</a></td>
</tr>
<tr>
<td>May 5</td>
<td>CPR &amp; First Aid</td>
<td>Springfield</td>
<td>541-726-6644 x 227, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a></td>
</tr>
<tr>
<td>May 9</td>
<td>Collaborative Problem Solving</td>
<td>Roseburg</td>
<td>541-440-3430, <a href="mailto:michele.l.may-mahorney@state.or.us">michele.l.may-mahorney@state.or.us</a></td>
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<tr>
<td>May 11</td>
<td>Talking with Children about Difficult Issues</td>
<td>Springfield</td>
<td>541-726-6644 x 227, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a></td>
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<tr>
<td>May 19</td>
<td>Loving and Letting Go</td>
<td>Springfield</td>
<td>541-726-6644 x 227, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a></td>
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<tr>
<td>May 29</td>
<td>Living Under the Influence of Addiction</td>
<td>Medford</td>
<td>541-732-4043, <a href="mailto:suzanne.m.kelley@state.or.us">suzanne.m.kelley@state.or.us</a></td>
</tr>
<tr>
<td>June 13</td>
<td>Collaborative Problem Solving II</td>
<td>Roseburg</td>
<td>541-440-3430, <a href="mailto:michele.l.may-mahorney@state.or.us">michele.l.may-mahorney@state.or.us</a></td>
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<tr>
<td>June 16</td>
<td>CPR &amp; First Aid</td>
<td>Roseburg</td>
<td>541-440-3430, <a href="mailto:michele.l.may-mahorney@state.or.us">michele.l.may-mahorney@state.or.us</a></td>
</tr>
<tr>
<td>June 16</td>
<td>Parenting Children in Care: What Works &amp; Why</td>
<td>Springfield</td>
<td>541-726-6644 x 227, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a></td>
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<tr>
<td>June 20</td>
<td>Good Times for Tweens &amp; Teens</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
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<tr>
<td>July 11</td>
<td>Motivating Youth to Make Positive Changes</td>
<td>Roseburg</td>
<td>541-440-3430, <a href="mailto:michele.l.may-mahorney@state.or.us">michele.l.may-mahorney@state.or.us</a></td>
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<tr>
<td>July 17</td>
<td>Living Under the Influence of Addiction</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
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<tr>
<td>July 18</td>
<td>Loving and Letting Go</td>
<td>Medford</td>
<td>541-732-4043, <a href="mailto:suzanne.m.kelley@state.or.us">suzanne.m.kelley@state.or.us</a></td>
</tr>
<tr>
<td>July 31</td>
<td>Ten Tips for Parenting Teens</td>
<td>Grants Pass</td>
<td>541-956-2983, <a href="mailto:kyndra.burdis@state.or.us">kyndra.burdis@state.or.us</a></td>
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<tr>
<td>August 7</td>
<td>Loving and Letting Go</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
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<tr>
<td>August 14</td>
<td>Caring for the Sexually Abused Child</td>
<td>Roseburg</td>
<td>541-440-3430, <a href="mailto:michele.l.may-mahorney@state.or.us">michele.l.may-mahorney@state.or.us</a></td>
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<tr>
<td>August 15</td>
<td>Making the Most of Caseworker Monthly Visits</td>
<td>North Bend</td>
<td>541-756-5500 x 227, <a href="mailto:kimberly.lowry@state.or.us">kimberly.lowry@state.or.us</a></td>
</tr>
<tr>
<td>August 16</td>
<td>Making the Most of Caseworker Monthly Visits</td>
<td>Gold Beach</td>
<td>541-756-5500 x 227, <a href="mailto:kimberly.lowry@state.or.us">kimberly.lowry@state.or.us</a></td>
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<tr>
<td>September 12</td>
<td>Educational Rights of Children</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
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<tr>
<td>September 18</td>
<td>Making the Most of Caseworker Monthly Visits</td>
<td>Grants Pass</td>
<td>541-956-2983, <a href="mailto:kyndra.burdis@state.or.us">kyndra.burdis@state.or.us</a></td>
</tr>
<tr>
<td>September 19</td>
<td>Helping Children with Visitation</td>
<td>Medford</td>
<td>541-732-4043, <a href="mailto:suzanne.m.kelley@state.or.us">suzanne.m.kelley@state.or.us</a></td>
</tr>
<tr>
<td>October 3</td>
<td>Parenting a Child with Special Needs</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
</tr>
<tr>
<td>October 10</td>
<td>Caregiver’s Guide to Adolescent Sexuality</td>
<td>Roseburg</td>
<td>541-440-3430, <a href="mailto:michele.l.may-mahorney@state.or.us">michele.l.may-mahorney@state.or.us</a></td>
</tr>
<tr>
<td>November 8</td>
<td>Parenting Children in Care: What Works &amp; Why</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
</tr>
<tr>
<td>November 14</td>
<td>Executive Functions: Stop, Look and Listen</td>
<td>Roseburg</td>
<td>541-440-3430, <a href="mailto:michele.l.may-mahorney@state.or.us">michele.l.may-mahorney@state.or.us</a></td>
</tr>
</tbody>
</table>
Fetal Alcohol & Other Neurobehavioral Conditions: Understanding & Application of the FASCETS Brain-Based Approach

June 28-30, 2018 (Thursday-Saturday) • 9:00am-4:00pm
The Mark Spencer Hotel, 409 SW 11th Avenue, Portland, OR 97205
This workshop is designed for parents and professionals
Facilitated by Melissa Elligson • Contact Wendy Temko, 503-621-1271, wtemko@fascets.org for registration
$450.00 for parents/$550.00 for professionals; limited partial scholarships & student rates are available

This workshop provides information about Fetal Alcohol/Neurobehavioral Conditions (FA/NB) and the effects of alcohol and other drugs on the brains and behaviors of children, adolescents and adults. FA/NB are brain-based, neurobehavioral conditions with behavioral symptoms. The workshop will educate you on a best practices approach for increasing understanding of FA/NB, reducing frustration, and expanding options. Case examples of successful accommodations are central to this training.
Visit [www.providenceoregon.org/swindellsevents](http://www.providenceoregon.org/swindellsevents) to register for events by Swindells Resource Center. If you have any questions or need assistance registering, please call 503-215-2429 or 1-800-833-8899 ext. 52429.

**Powerful Tools for Caregivers**

* A six-week Course for Parents

Tuesdays, April 24-May 29 • 10:00am-12:00pm  
Providence St. Vincent Medical Center  
East Pavilion – Room 3  
9135 SW Barnes Road, Portland, OR 97225  
This class is specifically designed for parents and family caregivers of children with special health and behavioral needs. The class will not focus on the child’s specific medical condition, but on helping the family caregiver develop a wealth of self-care tools to: Reduce stress and improve your confidence; Learn from your emotions; Learn effective communication skills; Improve your decision-making skills; and, Connect with resources. Suggested donation of $30 to defray the cost of the book – but not required.

**Sensory PDX: Transforming Therapy Strategies to Home & Community—Favorite Tips from Therapists**

Thursday, April 26th • 7:00-9:00pm  
Providence Portland Medical Center  
Cancer Center Amphitheater  
819 NE 47th Avenue, Portland, OR 97213  
The event will include a panel of professionals sharing sensory strategies for home and community. The discussion will include: Using sensory strategies to promote improved attention, regulation, and behavior; Supports for executive function in children with Sensory Processing Disorder (SPD); Encouraging a “flexible brain” in children using strategies such as visual supports and social stories; and, Self-care for parents of children with SPD. There will be a Question & Answer session after the panelists have presented.

**Connecting to Your Community: A Gathering Collective for Families of Children with Special Health Care Needs**

Tuesday, April 24th • 5:30-7:30pm  
Pine Grove School  
2405 Eastside Road, Hood River, OR 97031  
In partnership with Hood River County School District Early Intervention and Oregon Family to Family Health Information Center, join Swindells Resource Center for an evening of information sharing and community building with presentations from local agencies. Topics will include Developmental Disabilities Services, Public Health, ABA Therapy and others.

**Sibshops**

For brothers & sisters, ages 5-8, of kids with special developmental needs  
Saturday, April 28th • 9:30-11:30am  
Providence Child Center  
830 NE 47th Avenue, Portland, OR 97213  
Sibshops are lively, pedal-to-the-metal, award-winning celebrations of the many contributions made by brothers and sisters of kids with special needs. Sibshops acknowledges being the brother or sister, ages 8-12, of a person with special needs. They reflect a belief that brothers and sisters have much to offer one another – if they are given a chance.

**Developing Our Children’s Skills: For Families of Children with Challenging Behaviors**

Monday, May 7-June 11 • 6:00-8:00pm  
Providence Child Center  
830 NE 47th Avenue, Portland, OR 97213  
Join us for this six-week parenting class for families and caregivers of children with special needs. Instructor Linda Sinclair is an internationally certified autism specialist and has more than 20 years’ experience as a special educator, family advocate and parent trainer. She is trained as a master trainer in HOT DOCS®, a program to help parents address difficult behaviors in children with special needs, including autism spectrum disorders.

**44th Annual Conference: Exploring Solutions in Adoption and Foster Care**

August 8-10, 2018 • Pre-conference Session on August 7, 2018  
St. Paul, Minnesota  
Community Resources, Trainings & Events

FACT Oregon’s mission is to empower Oregon families experiencing disability in their pursuit of a whole life by expanding awareness, growing community & equipping families.

April 23.................Launch: Transition to Adulthood........................................5:00pm-7:00pm .................Tualatin
April 28..................Special Education: What you need to know ..........................10:30am-11:30am ............Newport
April 28..................Special Education: What you need to know ..........................1:30pm-2:30pm ...............Newport
May 2....................Assistive Technology: Creating Possibilities! ..........................5:30pm-7:30pm .........Pendleton
May 8....................Dream Big Dreams for Your Child!........................................5:30pm-7:00pm ............Seaside
15 de mayo........Edición Especial: ¿Qué necesitas saber? [entrenamiento en español] ........6:00pm-7:30pm ..............Odell
May 15..................Special Education: What you need to know ..........................6:00pm-7:30pm ...............Odell
May 16..................Behaviors at School: Supports, Strategies, and Success! ..............6:00pm-8:00pm ............Oregon City

Collaborate. Educate. Empower.

OTAC offers a variety of training opportunities across Oregon and online, from classroom learning to hands on workshops and live webinars. OTAC wants to meet your training needs! If you don’t see what you are looking for in our Course Catalog or Training Calendar, please contact us to discuss your needs and we will do what we can to accommodate your training needs.

April 17.................Sensory with a Twist: Supporting Sensory Needs at any Age........12:30pm-4:30pm ...Springfield
May 1-2................FBA/PBSP Workshop: An interactive workshop for Oregon’s Behavior Professionals ..........9:00am-5:00pm .......Portland
May 3-4..............Person-Centered Thinking: The foundation that underlies all person centered approaches ..........9:00am-5:00pm .......Roseburg
May 7..................Oregon Intervention System: OIS-P “P is for Parent” ...............9:00am-5:00pm ............Salem
May 8..................Autism and Communication: Exploring Dynamic Communication ........9:00am-3:30pm ........ Medford
May 16.................Behavior Specialist Network Event: A day filled with professional development ..........9:00am-3:30pm ........ Portland
May 22.................More Than Words: Person-Centered Approaches to Tackling Communication Barriers ..........9:00am-3:00pm ........ Salem
June 7...............Tricks of the Trade: Supporting ADLs and IADLs .........................9:00am-1:00pm .........Portland
June 21.................Sensory with a Twist: Supporting Sensory Needs at any Age ........9:00am-1:00pm ........ Salem
June 25............Positive Behavior Support 101: Want to know more about PBS? ........8:30am-12:30pm ..........Portland
July 12.................Autism and Employment......................................................9:00am-3:30pm ............Portland
July 13.................Person-Centered Culture Starts with You: Infusing into Everyday Work .................9:00am-12:30pm ..........Portland

Families Connected Dinner Night
& Summer Opportunities Information Night
Thursday, April 19, 2018 • 6:00-8:00pm
The Arc Lane County, 4181 E Street, Springfield, OR 97478

Come and take a night off from cooking, enjoy a great meal, and connect with friends, all while your children are being well cared for in a fun and safe environment! This month, come learn about fun summer opportunities for kids, youths and families. We’ll have representatives from different summer programs to share information with parents. Limited childcare is available on site; pre-registration is required. RSVP by calling 541-343-5256 ext. 113 or email laura.dahill@arclane.org. Visit www.arcfamiliesconnected.com for more information.
The Oregon Family to Family Health Information Center (HIC) provides information to families who are navigating the complex world of special health care needs. We are family members ourselves, who have first-hand experience raising a child or youth with a chronic health condition, developmental delay or disability, or emotional/behavioral challenges. For more information, call 1-855-323-6744, email contact@oregonfamilytofamily.org, or visit www.oregonfamilytofamily.org.

Parent Partners
In Your Community
Contact a parent partner in your area for support, information and help for your particular situation

Free Workshops by the Oregon Family to Family Health Information Center

Your Child’s Health Care:
Become a Strong Advocate to Help Your Child with Special Needs

Monday, April 16, 2018 • 9:00-10:30am or 6:30-8:00pm
Pediatric Therapy Services
304 NE Hood Avenue, Gresham, OR 97030

If your child requires frequent medical or therapy appointments, this training is for you. We will explore ways to manage insurance issues, learn about appeals, gain tips to communicate effectively with your child’s providers, learn how to help your children advocate for themselves and much more. Join us to: Learn about your child’s health care; Share with other families of children with special needs; and Talk with Tobi Rates, Executive Director of the Autism Society of Oregon. For more information, call 1-855-323-6744 (leave message with name and phone number) or email contact@oregonfamilytofamily.org, Co-sponsored by the Autism Society of Oregon.

The Oregon Family to Family Health Information Center is available to come to your support group or community meeting and deliver trainings on the topics of Transition to Adult Health Care, Healthcare Advocacy, and Resources and More. Please call 855-323-6744 or email signorin@ohsu.edu for more information.

Oregon Consortium of Family Networks (OCFN)

Families building community; Creating futures
OCFN is a project of the Oregon Council on Developmental Disabilities and the Office of Developmental Disability Services

1. Central Oregon Disability Support Network (CODSN): Deschutes, Crook and Jefferson counties, 541-548-8559, dianna@codsn.org
2. Creating Opportunities: Polk, Yamhill and Marion counties, 503-559-3674
3. Families Engaging and Thriving Together: Douglas County, 541-670-2750, jill@featt.org
5. Families for Community: Jackson and Josephine counties, kimberly@familiesforcommunity.org
6. ROCCOS Family Network: Gilliam, Wheeler, Morrow, Grant, Harney & Lake counties, dana@roccosfamilynetwork.org
7. Families Connected: Lane County, 541-343-5256, laura.dahill@arclane.org
Community Resources, Trainings & Events

Oregon Family Support Network

Serving Benton, Clackamas, Central Oregon, Lincoln, Lane, Polk, Yamhill, and Washington counties
1300 Broadway Street NE, Suite 403, Salem, OR 97301
① 503-363-8068 • ② 1-800-323-8521 • •» www.ofsn.org

Autism is the fastest growing developmental disability in Oregon – and the world. If you haven’t already, you will meet someone with autism. The Autism Society of Oregon is Oregon’s leading organization providing resources, education, advocacy and support for individuals and families living with autism. Visit www.autismsocietyoregon.org.

16th Annual Autism Walk in Portland!
Sunday, April 22, 2018 • Portland, Oregon
Oaks Park
7805 SE Oaks Park Way, Portland, OR 97202

Color the Blues for Autism
Saturday, June 23, 2018 • La Grande, Oregon
Riverside Park and Picnic Pavilion
3501 Spruce Street, La Grande, OR 97850

Central Oregon Autism Walk
Saturday, June 16, 2018 • Redmond, Oregon
Highland Baptist Church
3100 SW Highland Avenue, Redmond, OR 97756

3rd Annual Southern Oregon Autism Bowl
Saturday, July 28, 2018 • Medford, Oregon
Lava Lanes
2980 Crater Lake Highway, Medford, OR 97504

Northwest Adoptive Families Association • www.nwadoptivefamilies.org

NAFA is made up of families from all types of adoption: foster, domestic, and international. NAFA provides support and education to families just beginning the adoption process through raising children into adulthood.

April 14 .............. Bounce – JJ Jump Party .................. 2:15-3:45pm .................................. JJ Jump, Clackamas, OR
June 10 .............. Campout Planning Meeting .................. 1:00-3:00pm ..................................... Portland, OR
July 20-22 .......... NAFA Campout 2018 .............................................................. Nehalem Bay State Park, Nehalem, OR
September 23 ...... Annual Planning Meeting .................. 1:00-4:30pm .................................. Portland, OR
October 13 .......... Baby & Toddler Care Class .................. 8:30am-4:30pm ............................ Legacy Emanuel Hospital, Portland, OR
November 1-30 ... Jump High & Celebrate Adoption! .......................................................... Sky High, Beaverton, OR

Page 10
TransActive Gender Center provides a holistic range of services and expertise to empower transgender and gender diverse children, youth and their families in living healthy lives, free of discrimination through education, training, support services, and public policy guidance. TransActive Gender Center provides resources for youth, parents, educators, healthcare providers, social workers, and community allies.

Saturday, April 21 • 9:00am-3:00pm
Pacific University
190 SE 8th Avenue, Hillsboro, OR 97123

Center for Gender Equity: Meeting the Needs of Lesbian, Gay, Bisexual, Queer & Transgender Youth

This workshop explores issues facing lesbian, gay, bisexual, transgender, and queer (LGBTQ) students in our public schools. It combines presentation, discussion, group activities, a panel of teachers and counselors, and a panel of students, all designed to give participants the tools to effectively support LGBTQ students.

Jean Burleton, Executive Director of TransActive Gender Center, will be the plenary speaker. She is a respected expert, visionary and leading thinker on gender identity and gender expression. Register at www.transactivegendercenter.org.

9th Annual Early College Academy Luncheon
Wednesday, April 25, 2018 • 11:30am-1:00pm
NAFA Family Center Gym
5135 NE Columbia Boulevard, Portland, OR 97218

EMPOWERING THE LIVES OF NATIVE AMERICANS IN THE PORTLAND AREA

Join NAYA on April 25, 2018 as they celebrate the achievement and resilience of their students. Enjoy a wonderful Indigenous-inspired meal, hear stories and performances from their courageous students, and learn more about this hands-on, culturally relevant, student-centered learning environment. Contact Ann Takamoto @ 503-288-8177 ext. 206 or antt@nayapdx.org for information.

Perspectives on Transracial Adoption
Thursday, May 10, 2018 • 6:00pm (PDT)
https://webcasts.adoptionlearningpartners.org/session/perspectives_on_transracial_adoption

Perspectives on Transracial Adoption is an honest dialogue about some of the tough realities and complex issues that children adopted transracially may experience and how their parents can guide, support and prepare them for a society that is far from color blind. Join us for a moderated panel of people who were transracially placed. They will reflect back to their childhood as well as comment on their current feelings about being transracially adopted.

2915 NE Martin Luther King Boulevard, Portland, OR 97212
☎ 503-284-8000 • ⌨️ info@thebpi.org • 🌐 www.thebpi.org

Bridges Out of Poverty: Group 1 …………………………….Tuesdays, April 10-June 26……6:30pm-8:00pm ………..5329 NE MLK Jr. Blvd., Portland
Bridges Out of Poverty: Group 2………………………….Mondays, May 7-July 23 ………6:30pm-8:00pm ………..5329 NE MLK Jr. Blvd., Portland
Parent University Class 104: Socio-Economic Health ..Thursdays, April 19-May 23 ....6:30pm-8:30pm ..................77 NE Knott Street, Portland

Page 11
Parenting a child is so complex. It is hard enough even without the added complication of trauma. I work with mommas who are always second guessing their parenting decisions. There are so many books, blogs, articles, so-called-experts on parenting...from Dr. Spock to Dr. Sears...parents have learned to turn off their intuition in order to listen to the expert (you know, the one who has never even met your kid!). But trauma parenting? That takes parenting intuition and decisions to a whole new level.

In the past few days I’ve been percolating over what it means to be a trauma momma, and I’ve narrowed it to four super powers trauma mommas develop. Of course there are more, but these are the four I’m able to articulate today.

1. **Understanding the neurobiological impact of trauma on the brain.** It’s really crucial that trauma mommas have an understanding of what happens to a child’s brain when they experience a trauma. This can be a pre-birth or during-birth trauma. This can be the inherent trauma in adoption of an infant. This can be abuse and neglect. But step numero uno really needs to be for trauma mommas to recognize that trauma has impacted their child’s brain, and then to understand how trauma impacts the brain, nervous system, and how children manage stress and regulate emotions. This is complex! We’re talking about brain structures, brain chemicals, and a child’s inner working model (belief about themselves and the world), just to name a few! How many non-trauma momma parents really spend time researching the brain on the internet? Not too many! They get to use the internet like a regular person, pinning cute photos to pinterest and sharing images of cats of Facebook!

2. **Understanding how their child’s specific trauma has impacted their specific brain.** OK, once we know about how trauma impacts people in general, how do we take that information and apply it to my specific child? How did my child’s loss of a trusting caregiver when he was an infant impact his nervous system and ‘inner working model’ and how does that translate to why he is so controlling? Or why he lies? Or why he never asks for help? In this step, we start to develop true understanding and compassion for our child.

3. **Next, trauma mommas need to determine where and how they are participating in the trauma tornado.** What fears or beliefs are getting activated when their child is lying, stealing, tantrumming, controlling, hitting, yelling, shutting down, zoning out, ignoring...or engaging in increasingly risky behaviors as teens get older (drinkings, drugs, sex...). What is being triggered for the momma when her child resists true connection? Or is lying and manipulative? Is there a “You’re a bad mom?” gremlin in there? Or the fear of your child landing in jail, never developing empathy or contributing to society? Or is your own inner child hurting at being ignored, pushed aside, or yelled at?

4. **Trauma momma, heal thyself.** OK, identifying your triggers, knowing how, when, where, and why are all crucial parts on your path toward creating calm and connection in your family and home. But momma, KNOWING your triggers and deactivating those triggers are two completely different things. Trauma kids WILL get at every single one of our once-believed-dormant fears and triggers. They just will. Bringing a child of trauma into your home—either by birth or adoption— is a guarantee that you will have to eventually focus on and heal thyself. This process looks different for all trauma mommas. For some, this will be remembering self-care. For some, simply looking at your fear and knowing your role in the trauma tornado will bring awareness and help you down the path toward healing. For others, doing your own trauma processing work may be necessary. I know. You had no idea that you’d need to participate in trauma healing simply from parenting. But parenting a child of trauma IS TRAUMA. Momma, love and heal thyself.

Visit [http://gobbelcounseling.us2.list-manage.com/subscribe?u=962c3c85f229d7749854dcaa0&id=d9b0d71e48](http://gobbelcounseling.us2.list-manage.com/subscribe?u=962c3c85f229d7749854dcaa0&id=d9b0d71e48) to sign up for Robyn Gobbel’s newsletter. Robyn Gobbel, LCSW, is a child a family therapist in Austin, Texas, specializing in adoption, trauma, and attachment counselling. She is the founder of the Central Texas Attachment & Trauma Center.