National Adoption Day Celebration
Saturday, November 21, 2015

We were surrounded by so many happy faces at our “Open House Adoption Celebration”! Highlights included facepainting by Emiliaz Facepainting and Fred Meyer’s “Fred Bear.” We are so grateful to our fantastic photographers Katy Ann Photography and Randy Boverman Photography for their time and beautifully crafted family portraits, with prints by Washington Street DocuMart.


We love and celebrate our helpful volunteers: The Michael Allen Harrison Family, including Marietta, Esther and Josie Beauregardt; Lewis & Clark College Students Rachel Stein and Mikeala Owen; Noah Jacobson; and Oregon DHS staff, Sara Fassett, Francine Florendo, and Kathy Steiner. Finally, a big thank you to Oregon’s adoptive families!

Voice for Adoption
SPREADING OUT FOR OUR NATION’S WAITING CHILDREN

2015 Adoptive Family Portrait Project

In November, together with ORPARC, Voice for Adoption’s (VFA) 2015 Adoptive Family Portrait Project once again celebrated families who have adopted children from foster care. This annual project raises awareness among members of Congress about the real experiences of families adopting children who have spent time in the foster care system.

Seven participating families from Oregon shared their stories along with a family portrait. Each family was matched with a Senator or Representative from their home state or district. The portraits and stories were featured on display in the Capitol office of each family’s respective Senator or Representative during November, National Adoption Month. This is the fifth year Oregon had full participation from all seven of our members of Congress.

Congratulations and thank you to these special families, and to each of the Oregon legislators, who participated!
Welcome to ORPARC Laura Moog!

ORPARC is very excited to be adding a new Family Support Specialist to the ORPARC team! Laura Moog, MA comes to ORPARC with extensive experience in the foster care and adoption field. She has previously worked with youth in the foster care system, as an adoption clinician with both biological and adoptive families, and with families adopting children through the Oregon state foster care system. Laura’s specialty areas include trauma-informed care, attachment, family systems and adoption. Laura holds a Master’s Degree in Counseling from George Fox University and a Bachelor’s Degree in Theatre and English from Trinity Western University. In her free time, Laura leads a support group for individuals with loved ones impacted by addiction and mental illness, and enjoys crossfit, hiking with her dog, gardening and happy hours with friends & family. Welcome Laura!

Message from Adoption/Guardianship Assistance Unit

Message to all Foster, Guardianship and Adoptive parents

The Department of Human Services – Child Welfare Services programs recently received feedback regarding the challenges associated with the recent inconsistency of the distribution dates of the monthly financial checks. We apologize for any confusion or inconvenience this may have caused.

The intent of this communication is to clarify the date at which the monthly payments are made by the Department. The expectation has been that the standard monthly payments will be issued on the first day of every month. While over the last couple of years there have been times in which the monthly payment may arrive before the first day of the month, the Department wants to clarify that is the exception and not guaranteed.

As we move forward it is fair to expect that you will receive the standard monthly payment on the first of the month or the last business day prior to the first day of the month, when the first falls on a holiday or weekend.

Thank you for your comments, patience and understanding. We value your incredible work and the continued care and support you provide to the children and families in Oregon.

Lois Day, Director DHS Child Welfare

Federal Adoption Tax Credit for Special Needs Adoptions

The adoption Tax Credit is a one-time credit per child. If you have received your adoption tax credit for an adoption, you do not apply for an additional adoption tax credit in future years.

Since 2003, families who adopted a child with special needs from foster care could claim a federal adoption tax credit even if they had no adoption expenses. Children who receive adoption assistance/subsidy benefits are considered children with special needs. Although the credit isn’t refundable, families who finalized an adoption in 2015 are encouraged to submit IRS Form 8839 (“Qualified Adoption Expenses”) with their 2015 taxes even if they do not have tax liability. And while families will not receive an adoption credit refund, the credit can be carried forward up to five (5) additional years, and families might benefit later if their tax situation changes or if the credit is made refundable in the future. The amount of credit for each child is based on the year the adoption finalized:

2015=$13,400 | 2014=$13,190 | 2013=$12,970 | 2012=$12,650

For more information, forms and updates, contact ORPARC at 1-800-764-8367, visit www.nacac.org, or visit www.IRS.gov.

NACAC Webinar: Adoption Tax Credit
Tuesday, February 2, 2016
12:00-1:15pm (Pacific)

NACAC's adoption tax credit expert, Josh Kroll, will present a webinar on the federal adoption tax credit. Participants will learn the steps they need to take to file for the adoption credit. The focus will be on filing for 2015, but will also cover applying for the credit for adoptions as far back as 2012. Josh will explain what parents need to do to take advantage of the credit. The fee of the webinar is $15.00 for NACAC members & $20.00 for non-members. Payment is accepted by credit card or PayPal. To register for the webinar, visit: www.nacac.org ➔ Conference & Training ➔ Webinars
Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Spanish language interpretation available upon request. Please request these services two weeks in advance.

**HANDLE: Helping your foster/adopted child thrive**

This training session will deal with nutrition, bonding, parenting skills, understanding of neurodevelopmental systems and their interaction (briefly), a question and answer period and more. The HANDLE training philosophy provides tools that enable and empower every human being to live the most stress-free, inspired life possible and the program helps enhance the functioning of the brain and body through a compassionate approach that taps into the body's natural ability to reorganize and improve itself.

**The Instructor:** Cathy Stingley, BS Education, HANDLE Practitioner/Instructor, EFT Practitioner, TLP Practitioner

Cathy has been with the HANDLE Institute since November of 1996. She was privileged to work closely with HANDLE® developer Judith Bluestone around the U.S. and in Europe, working with her in The HANDLE Institute office and in outlying schools for several years. Cathy's background is education, mental health and emergency medicine. She is the European and American Regional Education Director. She is one of three HANDLE Instructors teaching at the Practitioner level. She is the longest standing HANDLE Instructor and co-developer of much of the HANDLE curricula. Over the years she has taught thousands about HANDLE and has seen or supervised hundreds of clients. She has been living the HANDLE paradigm for 20 years and teaches with joy and enthusiasm.

**Addressing Challenging Behaviors in the Home**

**Saturday, March 12, 2016 • 9:00am to 12:00pm**

Department of Human Services • Henrietta Room
950 SE Columbia Drive, Suite C, Hermiston, OR 97838
Collaboration between ORPARC & Swindells Resource Center

**Alicia Like, M.Ed, BCBA, Clinical Director of Autism Behavioral Consulting Vancouver** has more than 6 years’ experience as both a classroom special education teacher as well as a behavior analyst. Alicia will explain the basic principles of behavior and share a variety of stories from their experiences to help guide parents, professionals and caregivers in looking at behaviors from a different perspective.

Participants will learn:
- How to find out why a certain behavior may be occurring
- How to brainstorm & strategize ways of changing behavior
- Ideas for changing our behavior to in turn change their behavior

To register, visit [www.providence.org/classes](http://www.providence.org/classes)

Click on “online class catalog” and search for the class name: “Swindells Center–Challenging Behavior–Hermiston”

For additional information or to register by phone, call 503-215-2429 or 1-800-833-8899 extension 52429.

**Cómo enfrentar las conductas desafiantes en el hogar**

**Sábado, 12 de marzo de 2016 • 2:00 a 4:00 de la tarde**

Departamento de Servicios Humanos • Sala Henrietta
950 SE Columbia Drive, Suite C, Hermiston, OR 97838
Colaboración entre ORPARC y Swindells Resource Center

Los invitamos a esta presentación gratuita acerca de la conducta desafiante de los niños. Alicia Like, M.Ed, BCBA, directora clínica de la oficina de Vancouver de Autism Behavioral Consulting (asesoría de conducta para personas con autismo), ha trabajado como maestra de educación especial y analista de comportamiento por más de 6 años. Ella explicará y compartirá una variedad de relatos que ayudarán a los padres y cuidadores al ver el comportamiento de otra perspectiva.

Los participantes aprenderán:
- Cómo se presenta y desarrolla dicha conducta desafiante
- Elaborar estrategias individuales para cambiar estas conductas
- Ideas de cómo cambiar nuestra conducta para que en fin cambie la conducta del niño

Si tiene cualquier pregunta acerca del entrenamiento o para registrarse, favor de llamar a ORPARC al número 1-800-764-8367 y pregunte por “Miguel” a la extensión 11, y él le atenderá en español. También puede mandar un correo electrónico a orparc@nwresource.org.

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**ORPARC Trainings**

Visit [www.orparc.org](http://www.orparc.org) for updates

**Thursday, February 25, 2016 • 6:00-9:00pm**

DHS North Clackamas Child Welfare Office
16440 SE 82nd Drive, Clackamas, OR 97015

No registration necessary. Childcare not available.

Contact Beth Girard at 503-731-4096 with questions.

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**Newsletter via email?**

If you would like to receive our newsletter and mailings via email, please email orparc@nwresource.org with your name, address and email.

**Support the growing ORPARC Library!**

Register with [www.eScrip.com](http://www.eScrip.com) and YOU support the ORPARC library for free! There are many online merchants and restaurants who use eScrip, including Amazon. Please help us support Oregon’s families with new books & materials.
What’s new in the ORPARC Library

Library usage is available free to eligible families & professionals

Books for Children
- Little Bunnies Say Goodbye to Birth Mom, by Sherri Malloy, PhD (Children’s Materials)
  This powerfully moving book is for children facing termination of their parent’s parental rights. This little book has been instrumental in touching the hearts of children ages 2 to 12, helping them to explore and release their feelings of grief and loss related to adoption and foster care. It could be a turning point in the life of your child.

Books for Parents & Professionals
- Treewalker’s Gift: Overcoming the Fear of Being Loved, by Erma S. Brundidge, MS
  A true story of a 6-year-old girl’s journey from abuse, neglect, and shame to a path of Truth guided by the Great Spirit. The gentleness of her Grandfather’s lessons taught along the paths through the meadow and by the flowing stream gave her strength to continue through the emotional pain she would inevitably walk back into. Author Erma Brundidge is a foster and adoptive family trainer who spends time speaking to groups about the effects of trauma on children and their future lives and relationships. She was a family therapist for 27 years before retiring and dedicating her life to giving a new understanding to foster & adoptive parents on how their words & actions impact the children in their care.

CDs
- The Power of the Mind: Affirmations for Regulation (2 CDs), by Heather T. Forbes, LCSW
- Issues Facing Adoptive Mothers of Children with Special Needs (CD), by Heather T. Forbes, LCSW

Book donation by Barbara Stone Trinka
- Birthbond: Reunions Between Birthparents and Adoptees – What Happens After, by Judith S. Gediman and Linda P. Brown

Community Resources, Trainings & Events

Voice for Adoption
1220 L Street NW, Suite 100-344 ♦ Washington, DC 20005
 ☎ 202-210-8118 ♦ ✉ voiceforadoption@gmail.com
Recognized as a national leader in special needs adoption, Voice for Adoption (VFA) works closely with federal and state legislators, as well as other child welfare organizations, to advocate for and make a difference in the lives of the 108,000 children in foster care waiting to be adopted and the families who adopt children from foster care.

Fetal Alcohol & Other Neurobehavioral Conditions: Understanding & Application of a Brain-Based Approach
Presented by Diane Malbin and Melissa Elligson
January 28-30, 2016 (Thursday-Saturday) ♦ 9:00am-4:00pm
The Mark Spencer Hotel, 409 SW 11th Avenue, Portland, OR 97205
$395.00 for parents/$495.00 for professionals; limited partial scholarships available
Registration: Contact Wendy Temko, 503-621-1271, wtemko@fascets.org
This workshop provides information about Fetal Alcohol and other neurobehavioral conditions (FA/NB), and the effects of alcohol and other drugs on behaviors of children, adolescents and adults. FA/NB are brain-based conditions with behavioral symptoms. The workshop will provide current research and a framework to support application of a brain-based approach. The goal is to increase understanding, reduce frustration, expand options and enhance collaboration across systems.
<table>
<thead>
<tr>
<th>METROPOLITAN REGION: PORTLAND</th>
<th>971-673-1822, <a href="mailto:D2.MetroTrainingCenter@state.or.us">D2.MetroTrainingCenter@state.or.us</a></th>
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<tr>
<td>January 27</td>
<td>The Important Role of Dads April 7 You and Them</td>
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<tr>
<td>February 16</td>
<td>Keep Your Teen on Track April 23 Trauma Informed Parenting</td>
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<tr>
<td>February 27</td>
<td>CPR &amp; First Aid May 11 Nurturing the Infant in Care: Birth to 24 Months</td>
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<tr>
<td>March 7</td>
<td>Caring for Sexual and Gender Minority Youth June 24-25 Behavior Crisis Management Training (2 days)</td>
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<th>ENTRENAMIENTOS EN ESPAÑOL</th>
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<td>6 de febrero</td>
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<td>16 de abril</td>
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Western Region

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<tr>
<th>Date</th>
<th>Training Topic</th>
<th>Location</th>
<th>Phone</th>
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<tbody>
<tr>
<td>January 29-30</td>
<td>Behavior Crisis Management Training (2 days)</td>
<td>Albany</td>
<td>541-791-5734</td>
<td><a href="mailto:susan.justerf@state.or.us">susan.justerf@state.or.us</a></td>
</tr>
<tr>
<td>February 8</td>
<td>Caring for Sexual and Gender Minority Youth</td>
<td>Salem</td>
<td>503-378-4784</td>
<td><a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a></td>
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<tr>
<td>February 9</td>
<td>Caring for the Sexually Abused Child</td>
<td>Albany</td>
<td>541-791-5849</td>
<td><a href="mailto:kim.e.elliott@state.or.us">kim.e.elliott@state.or.us</a></td>
</tr>
<tr>
<td>February 18</td>
<td>Children Can Hear</td>
<td>Oregon City</td>
<td>971-673-7361</td>
<td><a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
</tr>
<tr>
<td>March 8</td>
<td>Nurturing the Infant in Care: Birth to 24 Months</td>
<td>Astoria</td>
<td>503-325-9179</td>
<td><a href="mailto:guzanna.vermeul-wilson@state.or.us">guzanna.vermeul-wilson@state.or.us</a></td>
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<tr>
<td>March 9</td>
<td>Common Mental Health Issues for Teens in Care</td>
<td>Oregon City</td>
<td>971-673-7361</td>
<td><a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
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<tr>
<td>March 17</td>
<td>Collaborative Problem Solving</td>
<td>Tillamook</td>
<td>503-842-5571</td>
<td><a href="mailto:sandra.d.koops@state.or.us">sandra.d.koops@state.or.us</a></td>
</tr>
<tr>
<td>March 31</td>
<td>Vicarious Trauma: Surviving as a Caregiver</td>
<td>McMinnville</td>
<td>503-474-5606</td>
<td><a href="mailto:greg.reichenberger@state.or.us">greg.reichenberger@state.or.us</a></td>
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<tr>
<td>April 8</td>
<td>The Foster to Adoption Shift</td>
<td>Oregon City</td>
<td>971-673-7361</td>
<td><a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
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<tr>
<td>April 12</td>
<td>Collaborative Problem Solving II</td>
<td>Tillamook</td>
<td>503-842-5571</td>
<td><a href="mailto:sandra.d.koops@state.or.us">sandra.d.koops@state.or.us</a></td>
</tr>
<tr>
<td>April 21</td>
<td>Managing Difficult Behaviors in Young Children</td>
<td>Beaverton</td>
<td>503-277-6673</td>
<td><a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
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<tr>
<td>April 27</td>
<td>Educational Rights of Children</td>
<td>Salem</td>
<td>503-378-4784</td>
<td><a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a></td>
</tr>
<tr>
<td>May 14</td>
<td>CPR &amp; First Aid</td>
<td>McMinnville</td>
<td>503-474-5606</td>
<td><a href="mailto:greg.reichenberger@state.or.us">greg.reichenberger@state.or.us</a></td>
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<td>Oregon City</td>
<td>971-673-7361</td>
<td><a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
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NetLink Trainings

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<thead>
<tr>
<th>Training Topic</th>
<th>Training Instructions &amp; registration at <a href="http://cwpsalem.pdx.edu/distance/resource.htm">http://cwpsalem.pdx.edu/distance/resource.htm</a></th>
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<tr>
<td>Morning NetLink Trainings 8:30 a.m. to 12:00 noon</td>
<td>Evening NetLink Trainings 5:30 p.m. to 9:00 p.m.</td>
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<tr>
<td>Making the Most of Caseworker Monthly Visits</td>
<td>What Your Mother Said</td>
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<tr>
<td>Parenting in the Digital Age</td>
<td>On the Move: Aging Out of Foster Care</td>
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<td>Foster Parents and the Juvenile Court</td>
<td>Relative Caregivers</td>
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<tr>
<td>Common Mental Health Issues for Teens in Care</td>
<td>Loss and Grief</td>
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<tr>
<td>Promoting &amp; Maintaining Cultural Identities of Youth</td>
<td>Building Resilience for Children in Care</td>
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NACAC Webinars

NACAC has a series of webinars on key topics for adoptive & foster parents, which cover trauma, managing feelings and behaviors, acting out, food issues, adoption tax credit, FASD, and more. Certificates of attendance are available for paid webinars. $15 per webinar for NACAC members and $20 for non-members. Visit www.nacac.org ➤ Conference & Training ➤ Webinars.

Previously Recorded Webinars

- Healing from Food Insecurity: Beyond the Stash
- Helping Children Heal from Trauma: What Parents/Caregivers Need to Know
- Helping Children Manage Feelings and Behaviors
- “I’ll Tell Them When They’re Older Because…” Talking to Children about Their History
- Parenting Children Who Have Been Prenatally Exposed
- Parenting the Hurt Child
- The Teen Years: Brain Development, Impact of Trauma on Growth, Strategies
- Understanding The Acting-Out Behavior of Your Adopted Children

Upcoming Webinars

Adoption Tax Credit

Tuesday, February 2, 2016
12:00-1:15pm (Pacific)

NACAC’s adoption tax credit expert, Josh Kroll, will present a webinar on the federal adoption tax credit. Participants will learn the steps they need to take to file for the adoption credit. The focus will be on filing for 2015, but will also cover applying for the credit for adoptions as far back as 2012. Josh will explain what parents need to do to take advantage of the credit.
## Portland

<table>
<thead>
<tr>
<th>Event</th>
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<tr>
<td>Developing Our Children’s Skills</td>
<td>Six-week parenting class for families and caregivers of children with special needs. Instructor Linda Sinclair, autism specialist for Beaverton Public Schools, is trained in HOT DOCS, a program developed to help parents address difficult behaviors in children with special needs, including autism spectrum disorders. Class fee is $50.00. Limited scholarships are available. Class size is limited and pre-registration is required. Register by phone at 503-215-2429.</td>
</tr>
<tr>
<td>Wonderful Boys! Understanding typical boy behavior and when to seek advice!</td>
<td>Howard Hiton, MS, is a Licensed Professional Counselor providing individual, family, and chemical dependency counseling services since 1987 in settings such as residential treatment for adjudicated boys, middle schools and high schools. He has received several awards in Oregon for his support of youth. Howard's presentation style is consistently evaluated as being warm, engaging, and thought-provoking.</td>
</tr>
<tr>
<td>Classroom Accommodations: Helping Your Students on the Autism Spectrum</td>
<td>Learn how to support students on the autism spectrum with simple and effective changes to your classroom environment. Presenter Jonathan Chase will explain how teachers can use small changes to have a large impact, and why these accommodations are effective for students on the autism spectrum. Open to anyone to learn how to make the classroom, or any environment, more accommodating to people on the autism spectrum.</td>
</tr>
<tr>
<td>Sensory PDX: Managing Social Situations</td>
<td>Join Pam Smith to learn more about the Mundopato Inc. Engage Program for promoting social skills for learners in groups (i.e., families, neighborhoods, classrooms, etc.). Help your child understand the opportunity and responsibility in active participation within any group. You will learn: What does it mean to be a “social being”?, the need for positive group skills regardless of age or verbal ability; and, the Top 5 tips to practice to increase social skills.</td>
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<tr>
<td>It’s a Brain Thing: Providing Cognitive Support for FASD and Other Neurobehavioral Conditions</td>
<td>Fetal Alcohol Spectrum Disorders (FASD) and other neurobehavioral (NB) disorders present a unique challenge to families, schools, caregivers and social workers. Presenter Nate Sheets is a behavior consultant in the Willamette Valley and owner of Oregon Behavior Consultation. He specializes in Fetal Alcohol Spectrum Disorders, but works with a wide variety of clients who experience disabilities and mental health challenges. This workshop is free-of-charge.</td>
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## Hermiston

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<td>Cómo enfrentar las conductas desafiantes en el hogar</td>
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<td>Saturday, March 12, 2016 • 9:00am-12:00noon</td>
<td>Sábado, 12 de marzo de 2016 • 2:00 a 4:00 de la tarde</td>
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<tr>
<td>Department of Human Services • Henrietta Room</td>
<td>Departamento de Servicios Humanos • Sala Henrietta</td>
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<tr>
<td>950 SE Columbia Drive, Suite C, Hermiston, OR 97838</td>
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<td>Collaboration with ORPARC ~ See description on page 3</td>
<td>Colaboración entre ORPARC y Swindells Resource Center</td>
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April is Autism Awareness Month

Autism Society of Oregon  •  1-888-AUTISM-1 (288-4761)  •  www.autismsocietyoregon.org

Oregon has one of the highest rates of autism in the U.S. If you haven't already, you will meet someone with autism. People with autism want to lead fulfilling lives and make a meaningful contribution to society. Together, we can make that happen. Visit www.autismsocietyoregon.org for more information about ASO and support groups in Oregon.

January 30 ……Classroom Accommodations: Helping Your Students on the Autism Spectrum ………………………… Portland

April 9 ……Color the Coast for Autism (5K Run/Fun Walk) …………… KOA-Astoria, Hammond
April 17 ……13th Annual Autism Walk …………………………….. Oaks Amusement Park, SE Portland
May 9 ……2nd Annual Central Oregon Autism Walk……… Highland Baptist Church, Redmond

The Children’s Program—Winter 2016 Groups, Classes & Workshops
To register call 503-977-0877 or visit www.childrensprogram.com  •  7707 SW Capitol Highway, Portland, OR 97219

Beginners AD/HD Group for Ages 7-12 (Weekly Format) ………………… 2 Parent Meetings: Wednesday, 04/06 & 06/08 •  5:00-6:15pm
Jedi Training Class ………………………………………………………………………… 8 Sessions: Mondays: 01/25-03/14 •  4:15-5:15pm
Mindfulness for Parents ………………………………………………………………… 3 Sessions: Wednesdays, 01/13-01/27/2016 •  6:00-7:15pm
Mind Target for 6-8 Grade Boys: A Class to Learn to Focus Attention ….. 1 Parent Meeting: Wednesday, 02/16/2016 •  5:00-6:00pm
3 Student Sessions: Wednesdays, 02/17-03/02/2016 •  5:00-6:15pm
Parenting Anxious Children ……………………………………………………………… Tuesday, 02/09 •  5:00-7:00pm
Pay Attention to Attention (Intensive Weekend Format) ……………………… 02/26, 6:30-8:30pm; 02/27, 10:00-2:30pm; 02/28, 10:30-2:30pm
Pay Attention to Attention (Weekly Format) ……………………………………………………………… 2 Parent Meetings: Tuesdays, 04/05 & 06/07 •  5:00-6:00pm
8 Student Sessions: Tuesdays, 04/12-05/31 •  5:00-6:00pm
Skills for School Success 6-7-8-9th Graders ……………………………………………..3 Sessions: Mondays, 02/22, 02/29 & 03/14 •  5:30-7:00pm

Northwest Adoptive Families Association

NAFA is offering a one-year complimentary membership to State Adoptive Families. Contact ORPARC for a Membership Form.

Waiting Families …………………………………02/03, 7:00-8:30pm …………………………………………………………………………………………… Contact Diane at diane@nafaonline.org
Baby & Toddler Care Class ……………02/06, 8:30am-4:30pm ………………………………………………………………………………………………… Contact Mary at mary@nafaonline.org
NAFA Splash! …………………………………02/20, 4:30-6:30pm ………………………………………………………………………………………………………………… RSVP to Yvette by 02/09 at ibid@hevanet.com

AdoptiveFamilies

Join Adoptive Families and top adoption experts in interactive webinars on all aspects of adoption and raising adopted children. Visit www.adoptivefamilies.com ➔ Scroll to bottom and select “WEBINARS”

Past Webinars
• Adoption and School
• Adoption Costs
• Adoption Home Study
• Adoption Paperwork
• Baby Care for Adoptive Parents
• Foster Adoption Process
• Imagining Your Future Child
• LGBT Family Building through Surrogacy, ART, or Adoption
• Open Adoption
• Parenting after Transracial Adoption
• Sound Sleep Strategies
• Transracial Adoption

Upcoming Webinar

Creating Your Adoption Profile
Wednesday, February 10, 2016 • 10:00-11:00am
During this webinar, Madeleine Melcher will offer guidance on the most important elements of creating the profile your agency or attorney will share with expectant mothers considering adoption.
NAMI Basics is an education program taught by trained teachers who are also the parent or caregiver of children with mental health conditions. It is free of charge. OCFN consists of 7 family-driven organizations that connect families and build communities for children & youth who experience disability.

OCFN is a project of the Oregon Council on Developmental Disabilities and the Office of Developmental Disability Services.

For Parents and Caregivers of a Child or Adolescent Living with a Mental Health Condition • FREE 6-Session Class
Winter (Feb/Mar) • Spring (Apr/May) • Summer (Jul/Aug) • Fall (Sep/Oct)

NAMI Basics is an education program taught by trained teachers who are also the parent or caregiver of children with serious behavioral challenges and who have lived similar experiences as you. The class and course materials are offered free of charge. Registration at 503-338-5692, email julie.magers@multco.us, or online tinyurl.com/namiclasses.

<table>
<thead>
<tr>
<th>Session Class</th>
<th>Topic</th>
<th>Location</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>February 8</td>
<td>Intro to Trauma</td>
<td>1300 Broadway Street NE, Suite 403, Salem, OR 97301</td>
<td>9:00am-2:00pm</td>
<td>Salem</td>
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<td>February 10</td>
<td>“Walk with Us” Family Experiences Navigating Systems</td>
<td>1300 Broadway Street NE, Suite 403, Salem, OR 97301</td>
<td>9:00am-12:00pm</td>
<td>Salem</td>
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<td>February 24-26</td>
<td>Think:Kids—Collaborative Problem Solving, Tier 1</td>
<td>1300 Broadway Street NE, Suite 403, Salem, OR 97301</td>
<td>8:30am-4:30pm</td>
<td>Bend</td>
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<td>March 2</td>
<td>Introduction to Collaborative Problem Solving</td>
<td>1300 Broadway Street NE, Suite 403, Salem, OR 97301</td>
<td>12:30-5:30pm</td>
<td>Newport</td>
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<td>March 28</td>
<td>Peer Delivered Service Foundations</td>
<td>1300 Broadway Street NE, Suite 403, Salem, OR 97301</td>
<td>9:00am-5:00pm</td>
<td>Portland</td>
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<tr>
<td>March 29-31</td>
<td>Peer Delivered Service Foundations</td>
<td>1300 Broadway Street NE, Suite 403, Salem, OR 97301</td>
<td>8:00am-4:00pm</td>
<td>Portland</td>
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<td>April 1</td>
<td>Peer Delivered Service Foundations</td>
<td>1300 Broadway Street NE, Suite 403, Salem, OR 97301</td>
<td>8:00am-4:00pm</td>
<td>Portland</td>
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Family and Community Together (FACT) is a family leadership organization for individuals and their families experiencing disability, working collaboratively to facilitate positive change in policies, systems, and attitudes through family support, advocacy, and partnerships.

**Upcoming Webinars**

February 4 • 7:30-9:30pm
Understanding the IEP: Development, Process and Your Critically Important Role on the Team

February 16 • 12:00-2:00pm
Understanding the IEP: Development, Process and Your Critically Important Role on the Team

March 8 & March 9 • 7:30-9:30pm
Behavior and the IEP: Supports, Strategies and Success

January 26……Assistive Technology: Creating Possibilities …………………………………………………………………………….10:00am-12pm …… Medford
January 26……Understanding the IEP: Development, Process and Your Critically Important Role on the Team ...5:30-8:00pm ……Redmond
January 27……Preparing for a Successful Transition to Kindergarten ……………………………………………………………………………6:00-8:00pm ……… Portland
January 28……Disability Awareness Symposium with Speaker Kathie Snow ……………………………………………………………………………1:00-4:00pm ……… Portland
January 28……Disability Awareness Symposium Networking Night ……………………………………………………………………………6:00-9:00pm ……… Portland
February 3……Understanding the IEP: Development, Process and Your Critically Important Role on the Team ..3:00-6:30pm ... Myrtle Creek
February 3……Understanding the IEP: Development, Process and Your Critically Important Role on the Team ...5:30-8:00pm ……… Portland
February 4……Preparing for a Successful Transition to Kindergarten ……………………………………………………………………………6:00-8:00pm ……Clackamas
February 8……Introduction to the Individual Support Plan [ISP] ……………………………………………………………………………6:30-8:30pm ……… Portland
February 10……Preparing for a Successful Transition to Kindergarten ……………………………………………………………………………5:30-8:00pm ……… Prineville
February 13……FACT Special Education Regional Conference for Families, Educators and Community Partners 8:00am-4:30pm ……Seaside
February 16……Preparing for a Successful Transition to Kindergarten ……………………………………………………………………………5:30-8:00pm ……… Bend
February 17……Preparing for a Successful Transition to Kindergarten ……………………………………………………………………………5:30-8:00pm ……… Redmond
February 24……Preparing for a Successful Transition to Kindergarten ……………………………………………………………………………5:30-8:00pm ……… Madras
March 2……It Starts with a Dream: Introduction to Person-centered Planning and the One-page Profile ……………………………………………………………………………5:00-7:00pm ……… Tigard
March 4……Preparing for a Successful Transition to Kindergarten, Morning Session ……………………………………………………………………………10:00am-12pm … Hood River
March 4……Preparing for a Successful Transition to Kindergarten, Evening Session ……………………………………………………………………………………… 5:00-7:00pm ……… Hood River
March 8……Launch: Preparing for the Transition into Adulthood …………………………………………………………………………………………………………..5:30-8:00pm … … Grants Pass
March 8……Preparing for a Successful Transition to Kindergarten …………………………………………………………………………………………………………..6:00-8:00pm … Sherwood
March 14……When Support Means Hiring People ……………………………………………………………………………………………………………………………..6:30-8:30pm ……… Portland
April 5……It Starts with a Dream: Introduction to Person-centered Planning and the One-page Profile ………………………………………………………………………………….6:00-8:00pm … Sherwood
April 7……Understanding Your Special Education Rights and Procedural Safeguards ……………………………………………………………………………………………7:30-9:30pm ……… WEBINAR
April 9……FACT Special Education Regional Conference for Families, Educators and Community Partners 8:00am-4:30pm ……… Salem
April 12……Understanding Your Special Education Rights and Procedural Safeguards ……………………………………………………………………………………………7:30-9:30pm ……… WEBINAR
April 19……It Starts with a Dream: Introduction to Person-centered Planning and the One-page Profile …………………………………………………………………………………10:00am-12:30pm … Medford
Birth Parent Loss Group
The Birth Parent Loss Group is designed to bring together adoptees who have lost a birth parent before or after reuniting with them. The goal is for the adoptees in the group to start a dialogue about how it feels to lose a birth parent and connect through shared experiences.

If you are interested in joining the group or know someone who would be interested, please contact Carmen Hinckley at 503-347-7210 or email Carmen at carmen.hinckley@gmail.com.

WEBINAR SERIES
An Evening with Heather T. Forbes, LCSW
“Staying Regulated Through the F-Bombs”
Tuesday, February 2, 2016
5:00pm (Pacific Time)
To register, visit: www.beyondconsequences.com
Click on “EVENTS”
Click on “Evening with Heather T. Forbes”

Black Parent Initiative • Circle of Growth Luncheon
Wednesday, February 17, 2016 • 11:30am
Sentinel, 614 SW 11th Avenue, Portland, OR 97205
Visit https://thebpi.ejoinme.org/2016Luncheon for tickets

Make a difference in the lives of our children by attending the Black Parent Initiative Circle of Growth Luncheon. Purchase individual tickets or host a table. There are only 6 tables left so act quickly! Come together as a community and support strong families. Please join us on February 17, 2016.

LGBTQ Resources
Gay Fatherhood Study • Washington State University
The Project: The Gay Fatherhood Study looks at how gay men think about and experience fatherhood. We are particularly interested in understanding gay fathers’ experiences becoming fathers and parenting, and how changing societal views and laws may be impacting them. It is our hope that through your participation in this project we will come to better understand the processes and barriers that gay men face in becoming and being fathers. This study has been approved by the Washington State University Institutional Review Board.

The Interview: Individuals who agree to participate will be asked to take part in an audio-recorded interview which will last approximately 60-90 minutes. The interview will ask questions about your life, family, work, and leisure activities. The interview can take place in your home or in a public place, depending on which is more comfortable and convenient for you.

Your Confidentiality is Protected: A strict confidentiality protocol is followed. Information collected for the project is restricted to researchers affiliated with the project. No names or personal identifiers are attached to the information you provide. Your name will never be used in anything written about this project.

How to Participate: In order to join this study, please contact Adam McKee, Washington State University. You may contact him by phone (509) 432-6987 (calls or texts) or email adam.mckee@wsu.edu.

Upcoming Training
Caring for Sexual and Gender Minority Youth
Wednesday, February 10, 2016
6:00-9:00pm
Department of Human Services
4600 25th Avenue NE, Salem, OR
Register with Erma Brundidge at 503-378-4784 or email erma.s.brundidge@state.or.us.

This training is designed to help caregivers understand the experiences and culture of sexual minority youth. The training will serve as an introduction to issues including identification of internal and external bias, risk factors for sexual minority youth and strategies for being an ally.
Community Resources, Trainings & Events

FASD Northwest

www.fasdnorthwest.com

Presented by
Eileen Devine, LCSW

Into Action • 6-Week “Virtual” Training
Tuesdays, February 2-March 8 • 3:00-4:00pm
Based on Diane Malbin’s Into Action training series
Cost is $200.00 for the 6-week series. Please visit website for details.

- Small groups of 4-6 participants to ensure time and space for questions and discussion.
- Classes take place via video-teleconferencing utilizing a secure, HIPAA compliant server, so no travel is necessary for participants making it more convenient for busy schedules or those living in more rural areas. Participants need to have a computer or IPad with video camera, internet connection, and email account.
- No computer downloads necessary for the video-teleconferencing when using Chrome browser. Safari and FireFox require download of a safe plugin provided before the first class is to take place. Internet Explorer is not compatible with the video-teleconferencing.

Adoption Learning Partners

Adoption Learning Partners’ webinars offer helpful support on timely topics and feature the leading experts in the field of adoption. The experts at Adoption Learning Partners present the latest research, draw on real life experience and provide answers to your questions. Visit www.adoptionlearningpartners.org ➔ “catalog” ➔ “Webinars”

Previously Recorded Webinars

- Adopting After Infertility: Are You Ready?
- Adoption and Classroom Success: Beyond the Basics
- An Insider’s Guide to Identity and Adoption: Real Life Stories, Expert Advice
- Are You Sleeping?
- Attachment-focused Parenting: Create a place with your children
- Attending to Needs, Connecting for Life: Dr. Purvis on Attachment • Thursday, February 4, 2016 at 5:00p.m.
- Beyond Culture Camp: A Guide for Parents
- Brothers and Sisters in Adoption: A Discussion with the Experts
- Building Bonds of Attachment: Practical, Expert Advice
- Can We Talk? When Kids Start Asking About Adoption
- Connecting Your Family, Inside and Out
- Expectations and Realities: Parenting an Adopted Child with Special Needs
- Expert Advice on Your Top 5 Attachment Concerns
- FASD: Risk, Development and Intervention
- Food for Thought: The Impact of Poor Nutrition in Early Devel.
- Growing Up Adopted: What Parents Need to Know
- Healthy Eating Habits and Beyond
- Identity in Adoption: Mirrors and Windows
- Inside the Adoption Circle: Perspectives, Conversations, Insights
- International Search & Reunion: It’s a Small World After All
- Is It An Adoption Thing?
- Is That My Birth Mom on Facebook?
- Overwhelmed for the Holidays: An Adoptive Parent’s Guide to Navigating the Holidays
- School’s in Session: 4 Keys to Help Your Adopted Child Thrive
- Sensory Integration and Self-Regulation: Tips for Parenting Sensational Kids
- Sexual Abuse: Recognize, Respond and Protect: Advice for Parenting the Sexually Abused Child
- Snack, Play, Love: The Connection Between Nutrition and Your Child’s Behavior
- Tackling Tough Adoption Talks
- The Scoop on Nutrition and the Adopted Child
- Tired of Timeouts: Discipline, Attachment and the Adopted Child
- Top 10 Things Adopted Kids Wish Their Adoptive Parents Knew
- Where They Once Called Home: Insights into Homeland Tours

Oregon Technical Assistance Corporation

3886 Beverly Avenue NE, Building I, Suite 21, Salem, OR 97305-1373
① 503-364-9943 (telephone) • ② 503-364-1939 (fax) • www.otac.org

Oregon Technical Assistance Corporation (OTAC) promotes full participation in community life for individuals with disabilities, seniors and their families through the delivery of training, technical assistance and related services. If you are interested or would like to speak to someone about an OTAC training program, please contact OTAC at the numbers listed above or visit www.otac.org. Some OTAC trainings have a cost to participants. Registration and information at www.otac.org ➔ Click on “Training Information”