ORPARC Celebrates 15 Years!

By April 1, 1999, adoptive families and professionals surveyed across the state had made it clear through a series of focus groups and interviews over a few years time that state post adoption services were a long overdue need in Oregon. The result manifested in the creation of ORPARC - the Oregon Post Adoption Resource Center.

Fifteen years later, the ORPARC program has evolved into what people have called “a lifesaver,” “a ray of sunshine,” their “hope” and “a place to look for help.” Whether for a state adoptive and/or guardianship family, a professional, or supporting partner agency staff, ORPARC remains a touchstone and vital resource for many.

We are honored to be serving all of you. Happy 15th Anniversary ORPARC!

Since 1999 we have:
- received over 15,000 contacts
- processed more than 20,000 library materials
- trained 7000+ individuals

Now serving:
- 9,016 adoptive & guardianship families
- 12,153 children under age 18

Support the ORPARC Library!
Fred Meyer Community Rewards Program

Fred Meyer customers can now link their Rewards Card to ORPARC by visiting: www.fredmeyer.com/communityrewards

Whenever a customer uses their Rewards Card at Fred Meyer, they will be helping ORPARC’s lending library for free! Visit the above website, click on “Link your Rewards Card Now,” and search for:

Oregon Post Adoption Resource Center

Voice for Adoption

SPEAKING OUT FOR OUR NATION’S WAITING CHILDREN

2013 Adoptive Family Portrait Project

In November, together with ORPARC, Voice for Adoption’s (VFA) 2013 Adoptive Family Portrait Project once again celebrated families who have adopted children from foster care. This annual project raises awareness among members of Congress about the real experiences of families adopting children who have spent time in the foster care system.

Seven participating families from Oregon shared their stories along with a family portrait. Each family was matched with a Senator or Representative from their home state or district. The portraits and stories were featured on display in the Capitol office of each family’s respective Senator or Representative during November, National Adoption Month. This is the second year Oregon had full participation from all seven of our members of Congress.

Congratulations and thank you to these special families, and the Oregon legislators, who participated!

© 503-241-0799 telephone
© 800-764-8367 toll-free
© 503-241-0925 fax

Oregon Post Adoption Resource Center
2950 SE Stark Street, Suite 130
Portland, Oregon 97214

Follow ORPARC on Facebook
orparc@nwresource.org
www.orparc.org
What's new in the ORPARC Library

Library usage is available free to eligible families & professionals

Books for Adults/Professionals
- Addiction and Families: A Survival Guide
- In the System and In the Life: A Guide for Teens and Staff to the Gay Experience in Foster Care
- I’m Adopted!
- Why Was I Adopted? The facts of adoption with love and illustrations

Books for Children/Teens
- How My Family Came to Be - Daddy, Papa and Me
- Out With It: Gay and Straight Teens Write About Homosexuality

CDs
- Beyond Consequences, Logic, and Control: Tweens

Information Packets
- Developing a Parent-to-Parent Support Network

Paquetes de información en español
- Transiciones: Moviendo a los niños con sensibilidad
- Educación Especial: Una Guía para Padres y Defensores (Sexta Edición)

Federal Adoption Tax Credit for Special Needs Adoptions

The American Taxpayer Relief Act of 2012 included a provision that made the adoption tax credit permanent. Unfortunately, it did not make the adoption credit refundable for 2012 or future years, so the credit will only benefit those adoptive families who have federal income tax liability (the amount of federal income tax a family owes to the IRS for the year). The maximum amount of the credit for 2013 will be $12,970.

Although the credit isn’t refundable, families who adopted in 2013 are encouraged to submit IRS Form 8839 (“Qualified Adoption Expenses”) with their 2013 taxes even if they do not have tax liability. And while families will not receive an adoption credit refund with their 2013 taxes, the credit can be carried forward up to five (5) additional years, and families might benefit later if their tax situation changes or the credit is made refundable in the future.

Families can now E-file their 2013 federal tax returns and include IRS Form 8839, which was not an option in previous years. Instructions for Form 8839 can be downloaded from the IRS website or you can call ORPARC to obtain both the instructions and Form 8839.

For additional information, forms and updates, contact ORPARC at 1-800-764-8367 or visit NACAC’s website at www.nacac.org. IRS information available at www.IRS.gov, type “Adoption Credit” in the Search box.

Adoption Tax Credit Working Group
The Adoption Tax Credit Working Group is a national collaboration of organizations and individuals that continues to advocate for refundability of the Adoption Tax Credit. Find out more information at: www.adoptontaxcredit.org.

All Children
All Families
Northwest Resource Associates, and all affiliated programs including ORPARC, was recently awarded the Human Rights Campaign (HRC) initiative All Children—All Families “Seal of Recognition” as a leader in supporting and serving lesbian, gay, bisexual & transgender (LGBT) families.
ORPARC Trainings
Visit www.orparc.org for updates

Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Spanish language interpretation available upon request. Please request these services two weeks in advance.

Portland, OR
Saturday, April 26th
9:00 am to 3:00 pm
Portland Providence Medical Center
Cancer Center Amphitheater
4805 NE Glisan Street, Portland, OR

Register at:
www.BeyondConsequencesLive.com

Eligible ORPARC families should check the box below the registration. Families should then contact ORPARC at 1-800-764-8367 or email orparc@nwresource.org to receive a free copy of one of Heather Forbes books (below) to use as their free admission to this event.

Beyond Consequences Live
with Heather T. Forbes, LCSW

Changing Lives and Bringing Hope to Families!

You’re invited to join Heather T. Forbes, LCSW, author of Beyond Consequences, Logic, and Control: Volume 1, Volume 2 and Dare to Love, for an entire day of training. You’ll gain an empowering understanding of why traditional parenting techniques are ineffective. You will leave fully equipped with a new parenting system that will restore peace to the most chaotic family. This dynamic and interactive event will empower you to make the changes you are seeking. And, best of all, it is FREE with a copy of one of Heather’s parenting books! Your parenting book is your ticket for free admission (you and your spouse or you and a support person).

Reach the Balance: Strategies to Promote Child and Family Wellness

Friday, May 16th ✦ 9:00 am to 3:00 pm
Portland Providence Medical Center
4805 NE Glisan Street, Portland, OR 97213

✓ Speaker’s Event and Resource Fair
✓ Collaboration with Swindells Resource Center
✓ Register at www.providence.org/classes ➔ Online Class Catalog ➔ Speaker’s Event - Reach the Balance

Greg Schell, M.Ed., founder of the Washington State Fathers Network, will present at the General Parent Session (10:00 am to 12:00 noon) in the Providence Cancer Center Amphitheater and again at a Fathers Session (1:00 to 2:00 pm) in Conference rooms A/B. A Resource Fair will follow the morning presentation (12:00-4:00 pm) promoting wellness and resilience in families with children who experience special needs.

Navigating Family Connections

Thursday, May 22nd ✦ 6:00 to 8:00 pm
Department of Human Services
4600 25th Avenue NE, Salem, OR 97301

✓ Registration required. Register with ORPARC at 1-800-764-8367 or email orparc@nwresource.org.
✓ Training to occur at the Marion Co. Adoption Support Grp.
✓ Questions: Contact Kem Sunitsch, 503-378-5289.

This training will review helpful strategies for navigating family connections, offering ways to balance safety with a child’s need to connect with their “first” family. The training will summarize common challenges and roadblocks, along with the potential impact of social media on family connections. Participants will gain tools and ideas to strengthen adoptive and guardianship families, while connecting to their child’s history in a positive way.
Community Resources, Trainings & Events

Center for Improvement of Child and Family Services
PSU Child Welfare Partnership • www.cwpsalem.pdx.edu

METROPOLITAN REGION: METRO TRAINING LINE: 971-673-1822, D2.MetroTrainingCenter@state.or.us

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
<th>Contact Info</th>
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<tbody>
<tr>
<td>April 8</td>
<td>Nurturing the Infant in Care: Birth to 24 months</td>
<td>June 2</td>
<td>Motivating Youth to Make Positive Changes</td>
</tr>
<tr>
<td>April 30</td>
<td>Parenting and Autism Spectrum Disorders</td>
<td>25 de junio (esp.)</td>
<td>Cria~na Diversa y Creativa</td>
</tr>
<tr>
<td>May 1</td>
<td>Connections: Children, Birth Families &amp; Caregivers</td>
<td>July 26</td>
<td>CPR &amp; First Aid</td>
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<tr>
<td>May 13</td>
<td>On the Move—Aging Out of Foster Care</td>
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EASTERN REGION

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<tbody>
<tr>
<td>April 8</td>
<td>Effects of Trauma on Learning in Children 0 to 18</td>
<td>John Day</td>
<td>541-575-0728 x 248, <a href="mailto:sarah.hatfield@state.or.us">sarah.hatfield@state.or.us</a></td>
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<tr>
<td>April 9</td>
<td>Behavior: Pouting to Punching</td>
<td>La Grande</td>
<td>541-963-8571 x 426, <a href="mailto:susan.lernort@state.or.us">susan.lernort@state.or.us</a></td>
</tr>
<tr>
<td>April 10</td>
<td>Behavior: Pouting to Punching</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>April 21</td>
<td>Facilitating Developmental Attachment</td>
<td>Redmond</td>
<td>541-548-9494, <a href="mailto:mikaela.d.wiley@state.or.us">mikaela.d.wiley@state.or.us</a></td>
</tr>
<tr>
<td>April 28</td>
<td>Strong Parents/Strong Children</td>
<td>Madras</td>
<td>541-325-5580, <a href="mailto:roya.leriche@state.or.us">roya.leriche@state.or.us</a></td>
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<tr>
<td>April 29</td>
<td>Relative Caregivers</td>
<td>Ontario</td>
<td>541-889-9194 x 317, <a href="mailto:louise.schneider@state.or.us">louise.schneider@state.or.us</a></td>
</tr>
<tr>
<td>April 30</td>
<td>Helping Children with Visitation</td>
<td>Boardman</td>
<td>541-481-9482 x 224, <a href="mailto:monica.l.gilbertson@state.or.us">monica.l.gilbertson@state.or.us</a></td>
</tr>
<tr>
<td>May 13</td>
<td>Adoption Issues Throughout Life</td>
<td>Hermiston</td>
<td><a href="mailto:carol.caplinger@state.or.us">carol.caplinger@state.or.us</a></td>
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<tr>
<td>May 31</td>
<td>Trauma Informed Parenting</td>
<td>Enterprise</td>
<td>541-523-6423 x 546, <a href="mailto:brooke.mvers@state.or.us">brooke.mvers@state.or.us</a></td>
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<tr>
<td>June 10</td>
<td>Facilitating Developmental Attachment</td>
<td>Baker City</td>
<td>541-523-6423 x 527, <a href="mailto:sandi.baer@state.or.us">sandi.baer@state.or.us</a></td>
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<tr>
<td>June 26</td>
<td>Common Mental Health Issues for Teens in Care</td>
<td>Redmond</td>
<td>541-548-9494, <a href="mailto:mikaela.d.wiley@state.or.us">mikaela.d.wiley@state.or.us</a></td>
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<tr>
<td>June 26</td>
<td>Relative Caregivers</td>
<td>Pendleton</td>
<td>541-966-0866, <a href="mailto:gay.d.davis@state.or.us">gay.d.davis@state.or.us</a></td>
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<tr>
<td>July 26</td>
<td>CPR &amp; First Aid</td>
<td>Boardman</td>
<td>541-481-9482 x 224, <a href="mailto:monica.l.gilbertson@state.or.us">monica.l.gilbertson@state.or.us</a></td>
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<tr>
<td>October 16</td>
<td>Emotional Intelligence: What it is, Why we need it</td>
<td>La Grande</td>
<td>541-963-8571 x 426, <a href="mailto:susan.lernort@state.or.us">susan.lernort@state.or.us</a></td>
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SOUTHERN REGION

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<tr>
<th>Date</th>
<th>Event Description</th>
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<tr>
<td>April 12</td>
<td>Managing Difficult Behaviors in Young Children</td>
<td>Roseburg</td>
<td>541-464-2077, <a href="mailto:jody.l.mezza@state.or.us">jody.l.mezza@state.or.us</a></td>
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<tr>
<td>April 15</td>
<td>Effects of Trauma on Learning in Children 0 to 18</td>
<td>North Bend</td>
<td>541-756-5500 x 259, <a href="mailto:patrice.perez@state.or.us">patrice.perez@state.or.us</a></td>
</tr>
<tr>
<td>April 19</td>
<td>CPR &amp; First Aid</td>
<td>Grants Pass</td>
<td>541-474-3120 x 375, <a href="mailto:kyndra.burdiss@state.or.us">kyndra.burdiss@state.or.us</a></td>
</tr>
<tr>
<td>26 de abril (esp.)</td>
<td>Primeros Auxilios de Infantes, Ninos y Adultos</td>
<td>Springfield</td>
<td>541-726-6644 x 2234, <a href="mailto:marisol.palancares@state.or.us">marisol.palancares@state.or.us</a></td>
</tr>
<tr>
<td>May 7</td>
<td>Fetal Alcohol Spectrum Disorder Fundamentals</td>
<td>Springfield</td>
<td>541-726-6644 x 2234, <a href="mailto:marisol.palancares@state.or.us">marisol.palancares@state.or.us</a></td>
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<tr>
<td>May 12</td>
<td>Parenting in the Digital Age</td>
<td>Roseburg</td>
<td>541-464-2077, <a href="mailto:jody.l.mezza@state.or.us">jody.l.mezza@state.or.us</a></td>
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<tr>
<td>May 20</td>
<td>Connections: Children, Birth Families &amp; Caregivers</td>
<td>Grants Pass</td>
<td>541-474-3120 x 375, <a href="mailto:kyndra.burdiss@state.or.us">kyndra.burdiss@state.or.us</a></td>
</tr>
<tr>
<td>May 21</td>
<td>Loss and Grief</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
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<tr>
<td>May 21</td>
<td>CPR &amp; First Aid</td>
<td>Springfield</td>
<td>541-726-6644 x 2234, <a href="mailto:marisol.palancares@state.or.us">marisol.palancares@state.or.us</a></td>
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<tr>
<td>7 de junio (esp.)</td>
<td>Resolviendo Problemas en una Forma Cooperativa</td>
<td>Springfield</td>
<td>541-726-6644 x 2234, <a href="mailto:marisol.palancares@state.or.us">marisol.palancares@state.or.us</a></td>
</tr>
<tr>
<td>June 12</td>
<td>The Continuum of Attachment</td>
<td>North Bend</td>
<td>541-756-5500 x 259, <a href="mailto:patrice.perez@state.or.us">patrice.perez@state.or.us</a></td>
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<tr>
<td>June 14</td>
<td>Positive Behavior Management</td>
<td>Roseburg</td>
<td>541-464-2077, <a href="mailto:jody.l.mezza@state.or.us">jody.l.mezza@state.or.us</a></td>
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<tr>
<td>June 17</td>
<td>Relative Caregivers</td>
<td>Medford</td>
<td>541-858-3181 x 262, <a href="mailto:jennifer.raleigh@state.or.us">jennifer.raleigh@state.or.us</a></td>
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<tr>
<td>June 26</td>
<td>The Continuum of Attachment</td>
<td>Springfield</td>
<td>541-726-6644 x 2234, <a href="mailto:marisol.palancares@state.or.us">marisol.palancares@state.or.us</a></td>
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<tr>
<td>July 10</td>
<td>Parenting a Child with Special Needs</td>
<td>North Bend</td>
<td>541-756-5500 x 259, <a href="mailto:patrice.perez@state.or.us">patrice.perez@state.or.us</a></td>
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<tr>
<td>July 14</td>
<td>Helping Children with Visitation</td>
<td>Madras</td>
<td>541-325-5580, <a href="mailto:roya.leriche@state.or.us">roya.leriche@state.or.us</a></td>
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<tr>
<td>July 21</td>
<td>Adoption Issues Throughout Life</td>
<td>Klamath Falls</td>
<td>541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a></td>
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<tr>
<td>July 28</td>
<td>Helping Children with Visitation</td>
<td>Roseburg</td>
<td>541-464-2077, <a href="mailto:jody.l.mezza@state.or.us">jody.l.mezza@state.or.us</a></td>
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NETLINK TRAININGS

Training instructions & registration at http://cwpsalem.pdx.edu/distance/resource.htm

<table>
<thead>
<tr>
<th>Morning NetLink Trainings</th>
<th>Event Description</th>
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<tr>
<td>Parenting in the Digital Age</td>
<td>April 10</td>
<td>Building Resilience for Children in Care</td>
<td>April 17</td>
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<tr>
<td>Loss and Grief</td>
<td>May 15</td>
<td>Parenting to a Child's Temperament</td>
<td>May 15</td>
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<tr>
<td>On the Move—Aging Out of Foster Care</td>
<td>June 12</td>
<td>Transiciones: Moviendo a Ni~nos con Sensibilidad (esp.)</td>
<td>21 de mayo</td>
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Confidentiality Issues for Caregivers | June 19

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>April 3</td>
<td>Behavior: Pouting to Punching</td>
<td>Tillamook</td>
<td>503-842-5571 x 305, <a href="mailto:lori.g.meyst@state.or.us">lori.g.meyst@state.or.us</a></td>
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<tr>
<td>April 8</td>
<td>Emotional Intelligence: What is it, Why we need it?</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
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<tr>
<td>April 11</td>
<td>The Foster to Adoption Shift</td>
<td>Oregon City</td>
<td>971-673-7361, <a href="mailto:julia.buzzard@state.or.us">julia.buzzard@state.or.us</a></td>
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<tr>
<td>April 24</td>
<td>Permanency Options for Caregivers</td>
<td>Oregon City</td>
<td>971-673-7361, <a href="mailto:julia.buzzard@state.or.us">julia.buzzard@state.or.us</a></td>
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<tr>
<td>May 6</td>
<td>CPR &amp; First Aid</td>
<td>Albany</td>
<td>541-791-5849, <a href="mailto:kim.e.elliott@state.or.us">kim.e.elliott@state.or.us</a></td>
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<tr>
<td>May 6</td>
<td>Caregiver’s Guide to Bullies, Victims &amp; Bystanders</td>
<td>Newport</td>
<td>541-265-8557 x 222, <a href="mailto:jamie.w.auborn@state.or.us">jamie.w.auborn@state.or.us</a></td>
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<tr>
<td>May 8</td>
<td>Relative Caregivers</td>
<td>Salem</td>
<td>503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a></td>
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<tr>
<td>May 12</td>
<td>Confidentiality Issues for Caregivers</td>
<td>Dallas</td>
<td>503-623-3030 x 225, <a href="mailto:april.barrett@state.or.us">april.barrett@state.or.us</a></td>
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<tr>
<td>May 13</td>
<td>Caregivers and Caseworkers Teamming</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
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<tr>
<td>May 13</td>
<td>Strategies in Successful Fostering</td>
<td>St. Helens</td>
<td>503-366-8340, <a href="mailto:julie.a.nix@state.or.us">julie.a.nix@state.or.us</a></td>
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<tr>
<td>May 13</td>
<td>Supporting Children Exposed to Domestic Violence</td>
<td>Astoria</td>
<td>503-325-9179 x 328, <a href="mailto:suzanna.vermeul-wilson@state.or.us">suzanna.vermeul-wilson@state.or.us</a></td>
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<tr>
<td>May 17</td>
<td>CPT &amp; First Aid</td>
<td>Oregon City</td>
<td>971-673-7361, <a href="mailto:julia.buzzard@state.or.us">julia.buzzard@state.or.us</a></td>
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<td>May 20</td>
<td>Parenting in the Digital Age</td>
<td>McMinnville</td>
<td>503-474-5606, <a href="mailto:greg.reichenberger@state.or.us">greg.reichenberger@state.or.us</a></td>
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<tr>
<td>June 12</td>
<td>Confidentiality Issues for Caregivers</td>
<td>Salem</td>
<td>503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a></td>
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<tr>
<td>June 23</td>
<td>Child Development: The Tween Puzzle</td>
<td>McMinnville</td>
<td>503-474-5606, <a href="mailto:greg.reichenberger@state.or.us">greg.reichenberger@state.or.us</a></td>
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<tr>
<td>June 25</td>
<td>Behavior: Pouting to Punching</td>
<td>Hillsboro</td>
<td>503-681-6984, <a href="mailto:sharon.s.espinal@state.or.us">sharon.s.espinal@state.or.us</a></td>
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<td>July 8</td>
<td>Effects of Trauma on Learning in Children 0-18</td>
<td>Albany</td>
<td>541-791-5727, <a href="mailto:meghan.smith@state.or.us">meghan.smith@state.or.us</a></td>
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<td>July 8</td>
<td>Effects of Trauma on Learning in Children 0-18</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
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<tr>
<td>July 10</td>
<td>Emotional Intelligence: What is it, Why we need it</td>
<td>Salem</td>
<td>503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>July 22</td>
<td>Emotional Intelligence: What is it, Why we need it</td>
<td>St. Helens</td>
<td>503-366-8340, <a href="mailto:julie.a.nix@state.or.us">julie.a.nix@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>August 12</td>
<td>Facilitating Developmental Attachment</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
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</tbody>
</table>

**Webinar Trainings offered by The Center for Adoption Support and Education**

301-476-8525 • 703-425-3703 • caseadopt@adoptionsupport.org

Strengthening Your Family, an empowering and inspiring webinar series, is designed to help foster and adoptive families learn valuable skills to build strong families. In response to participant feedback, the series features new unique topics that have been requested to address. Each month, C.A.S.E. will release a coupon code in their eNewsletter, active for the first 150 registrants of the following month’s webinar. Offer expires after first 150 registrations have been filled. Thereafter, regular registration fee is $25.00. C.A.S.E. thanks Jockey International for making this opportunity possible. Register at [www.adoptionsupport.org/cal/index.php](http://www.adoptionsupport.org/cal/index.php).

- Going the Extra Mile: Launching Adopted Teens with Special Needs .................................. March 17 (live); March 28-April 2 (extended access)
- Building Self-Esteem and Racial Identity in Transracially Adopted Youth .............................. April 24 (live); April 25-30 (extended access)
- Creating Our Families through Adoption: The Real Strengths and Challenges of the LGBT Family .... May 15 (live); May 16-21 (extended)
- What’s Adoption Got To Do With It?: Talking with Children and Teens about Sexuality ...............June 19 (live); June 20-25 (extended)

**IN DEMAND Webinar Series**

C.A.S.E. webinars are a valuable resource for both parents and professionals. C.A.S.E. has made 6 of their best selling webinars available to viewers ANYTIME with their new Pay-Per-View option. For $25, viewers can access any of the following IN DEMAND webinar recordings 24/7. Viewers will have access to the accompanying PowerPoint presentations and can obtain a certificate of completion upon request.

1. Beneath the Mask: Understanding Adopted Teens
2. Talking with Children about Adoption
3. Open Adoption: What it Is and What it Isn't
4. W.I.S.E. UP! for Parents
5. S.A.F.E. at School
6. Too Many Losses, Too Soon
Visit www.providence.org/classes, click on “online class catalog,” and search by class name or location to register. Call 503-215-2429 or 1-800-215-2429 ext. 524 (toll-free), or email Swindells@providence.org for more information.

Autism: Breaking Out of the Bubble Medford Friday, April 3
Sensory PDX – Considerations for Picky Eaters Portland Thursday, April 10
Auditory Processing Disorder Newberg Wednesday & Thursday, April 23-24
Stress Management: Mindfulness-Based Stress Reduction Basic Portland 4 Mondays (04/28, 05/05, 05/12, 05/19)
Sensory PDX – The Resilient Parent Portland Thursday, May 8
Getting Ready for Summer Oregon City Tuesday, May 20
Addressing Challenging Behavior in the Home The Dalles Tuesday, June 17

619 SW 11th Avenue, Suite 102, Portland, OR
1-888-988-FACT (3228) ♦ www.factoregon.org ♦ info@factoregon.org

Transitioning from Early Childhood Special Education to Kindergarten Eugene Wednesday, April 9
Dispute Resolution: Understanding Healthy Team Dynamics Medford Monday, April 14
Advocacy – A Parent’s Tool Box Portland Thursday, May 8
Free Night of Fund – FACT at the Portland Children’s Museum Portland Saturday, May 3

Online Training Opportunities: http://factoregon.org/events/online-learning-opportunities/

Webinar trainings in English:
- Module 1: Disability is Natural
- Module 2: Person-centered Planning
- Module 3: Telling Your Story: Introduction to Advocacy
- Module 4: Transitioning from ECSE to Kindergarten
- Positive Parenting Strategies
- Understanding the IEP: Development, Process, and Your Critically Important Role on the Team

Entrenamientos por internet en español:
- Módulo 1: La Discapacidad es Natural
- Módulo 2: Planeamiento personalizado
- Módulo 3: Contando su historia: Presentación a la Defensa
- Módulo 4: Haciendo la Transición a la Educación Especial de Infancia Temprana al Kinder

Fetal Alcohol & Other Neurobehavioral Conditions: Understanding & Application of a Brain-Based Approach
A 3-day workshop ♦ Presented by Diane V. Malbin, MSW
Thursday-Saturday, June 19-21, 2014 ♦ 9:00 am to 4:00 pm
The Mark Spencer Hotel, 409 SW 11th Avenue, Portland, OR

This training is for professionals, parents and caregivers who live and/or work with children, adolescents, or adults with Fetal Alcohol Spectrum Disorders (FASD) or other neurobehavioral conditions. This workshop provides information about Fetal Alcohol and other neurobehavioral conditions (FA/NB), and the effects of alcohol and other drugs on behaviors of children, adolescents and adults. Contact Wendy Temko at 503-621-1271 or wtemko@fascets.org.

Think:Kids
RETHINKING CHALLENGING KIDS
Collaborative Problem Solving Parent Group
8 Sessions: April 15 thru June 10 ♦ 4:30-6:30 pm
Providence Portland Medical Center
4805 NE Glisan Street, Room HCC8, Portland, OR

Collaborative Problem Solving is an evidence based treatment that focuses on developing an accurate and meaningful understanding of why children may struggle with what skills are needed to be able to successfully solve problems and gives parents a framework for teaching children those specific skills. Contact Beth Putz at 503-346-1482 or putz@ohsu.edu.
Community Resources, Trainings & Events

NACAC Current & Past Webinars

Fees for each webinar are $15 for NACAC members and $20 for non-members. Fees are non-refundable. To learn more about membership, visit http://www.nacac.org/about/membership.html.

NACAC hosted a series of webinars on a variety of topics. Each session was taught by acclaimed speakers with extensive experience. The following past webinars can be purchased to view by visiting www.nacac.org:

- Adoption Tax Credit
- Parenting the Hurt Child
- Healing from Food Insecurity: Beyond the Stash
- Parenting Children Who Have Been Prenatally Exposed
- Understanding The Acting-Out Behavior of Your Adopted Children
- The Teen Years: Brain Development, Impact of Trauma on Growth, Strategies
- Helping Children Heal from Trauma: What Parents/Caregivers Need to Know
- "I'll Tell Them When They're Older Because..." Talking to Children about Their History

Advocates for Families First Hosts Webinars:

Last fall, NACAC, the National Foster Parent Association, and Generations United launched Advocates for Families First: Enhancing Support and Advocacy for Children in Foster, Adoptive, and Kinship Families. This collaboration is designed to ensure that all children and youth receive supported care in a family—foster, kinship, or adoptive—when they cannot remain safely at home. As part of our work, we will help build the capacity of the local organizations to support and advocate on behalf of foster, adoptive, and kinship families. To further this capacity-building goal, NACAC is offering a series of free webinars. The next two are: Developing a Youth Speak Out Advocacy Team (occurred on March 25) and Fundraising for Groups, occurring on Wednesday, April 23 at 10:00 a.m.

If you cannot attend in person, you can access a recorded version. You can also access a recording of Advocates for Families First previous webinar, Starting and Enhancing Support Groups for Adoptive, Foster, and Kinship Families, at http://www.nacac.org/PGwebinar.mov.

Helping Children Manage Feelings and Behaviors

On Thursday, April 24th at 5:00 pm (Pacific time), Sue Badeau offers Helping Children Manage Feelings and Behaviors, a 1.5-hour webinar. All children, particularly those who have experienced trauma, need help and support learning to express and manage a wide array of emotions in order to feel and be safe. In this webinar, trauma-informed approaches to teaching children to manage both their feelings and their behaviors will be shared. Participants will leave with concrete tools to add to their parenting toolbox.

Badeau is a birth and adoptive parent to 22 children, Sue Badeau has been an advocate for youth and family engagement for decades. She is a national child welfare trainer and consultant with more than 30 years of experience in the field.

Adoptive Families has several webinars outlined below available for viewing. Visit www.adoptivefamilies.com/webinars. Click on "Listen to the recording" on the specific webinar of interest. Most of the webinar recordings are currently only available as Windows Media files.

- Inside Transracial Adoption
- Getting Started in Independent Adoption
- Talking about Adoption with Children
- Parenting After Older Child Adoption
- Caring for Your Child's Skin and Hair
- Establishing a Healthy Feeling Relationship
- Skin and Hair Care
- Love Me, Feed Me
- Parenting in Transracial Adoption

The Parent Empowerment Program

Tuesdays, April 8-May 27, 2014, 6:00-8:00 pm
Eastham Community Center, 1404 7th St., Oregon City

Program topics include: Understanding Power in Family Systems; Understanding Components of Change; Identifying Ways Parents Give Up Power; Understanding Parental Guide and Enabling; Identifying Sources of Parent Power; Prevention Strategies for Behavior Problems; and, Strategies for Reclaiming Parent Power.

This training is appropriate for parents interested in learning in a supportive environment. The cost is $199.00 per person (half price for military members). Contact Tim O’Brien at 503-853-6843 or email tobrien_lpc@msn.com for additional questions or to register.
The SPOON Foundation [http://spoonfoundation.org] and Adoption Learning Partners [www.adoptionlearningpartners.org] have produced a series of short (less than 10 minutes) video webinars on feeding and nutrition for adopted and foster children. They can be found at [www.adoptionlearningpartners.org/catalog/videos/bite-sized-tips/index.cfm].

- Habits for Happy and Healthy Mealtimes (for children of all ages)
- The First Doctor’s Visit

**Live & Recorded Webinars from Children’s Home Society & Family Services**
Visit [www.chsfs.org](http://www.chsfs.org) to see a listing and register for Live & Recorded Webinars listed below.

Children’s Home Society & Family Services, 1605 Eustis Avenue, St. Paul, MN 55108

**Live Webinars**
- Adoption Information Meeting: International, Domestic and Waiting Child Programs
- Birth Family: The Past Meets the Present
- Am I “Good Enough?” Adoption and Self-esteem
- Conspicuous Families: Supporting Your Child’s Racial/Ethnic Identity

**Recorded Webinars**
- Assessing Marital Relationships for Professionals
- Be Attachable
- Debt-free adoption
- Understanding the Adoption Tax Credit
- Whose story is this? Protecting your child’s privacy

**Future Webinars**
- Social Work Ethics and Best Practices in Adoption (child welfare professionals only)
- Talking about the Tough Stuff in Adoption with Children

**Northwest Adoptive Families Association**
NAFA is a non-profit, all volunteer support group for pre- and post-adoptive families, and is actively involved in education, advocacy and support for member families in Oregon and SW Washington. $25 annual membership includes a subscription to the NAFA quarterly newsletter. Visit [www.nafaonline.org](http://www.nafaonline.org).

Waiting Families ....................... 05/14, 07/12, 09/10, 11/12, 7-8:30 pm ............ Contact Diane Slaughter, nafawait@gmail.com or 503-819-5209
Baby & Toddler Care Class .......... 05/17, 10/04, 8:30 am-4:30 pm ...................... Registration required: Contact mjbeuhr03@comcast.net
Splash! Pool Party ....................... 04/11, 6:00-9:00 pm, Mt. Scott Community Center Pool .................... Contact Yvette Burling, ibid@hevanet.com
Summer Picnic & Campout .......... July 11-13, Nehalem Bay State Park .................... [www.reserveamericacamping/Nehalem_Bay_State_Park](http://www.reserveamericacamping/Nehalem_Bay_State_Park)
Oregon Family to Family Health Information Center

The Oregon Family to Family Health Information Center (HIC) provides information to families who are navigating the complex world of special health care needs. We are family members ourselves, who have first-hand experience raising a child or youth with a chronic health condition, developmental delay or disability, or emotional/behavioral challenges. For more information, call 1-855-323-6744, email contact@oregonfamilytofamily.org, or visit www.oregonfamilytofamily.org.

Servicios para familias de habla hispana:
Muchas familias en Oregon comparten la experiencia de tener un hijo con necesidades especiales o enfermedades crónicas, y puede ser de ayuda hablar con alguien que ha estado en su situación. Cuando se comunica al Centro de Información de Salud “Familia a Familia” de Oregon, se conecta con un miembro de familia con experiencia como la de usted. Ofrecemos información, educación y recursos en cualquier lugar del estado. Se le puede ayudar a entender y navegar los sistemas que sirven a su hijo.

Llame a los contactos que siguen para ayuda: El área de Medford/Swindells Center: Kathy Keesee, 541-732-5958
Las otras áreas del estado de Oregon: Teresa Gómez, 1-855-323-6744

OTAC promotes full participation in community life for individuals with disabilities, seniors and their families through the delivery of training, technical assistance and related services. If you are interested or would like to speak to someone about an OTAC training program, please contact at the numbers listed above or visit www.otac.org. Some OTAC trainings have a cost to participants. Registration and information at www.otac.org ➔ Click on “Training Information.”

April 1-2 (2 days)* .................... Oregon Intervention System - General Level Workshop ... Roseburg ........ 8:30 am to 4:30 pm
April 15-17 (3 days)* ............... Positive Behavior Intervention & Support –APD ........ Salem ............9:00 am to 4:00 pm
April 23 ................................... Beyond “Behaviors”: Supporting Competence ........ Salem .... Tentative; check website
April 30-May 1 (2 days) ................ Two-Day Person Centered Thinking (PCT) ................ Medford ...........9:00 am to 4:00 pm
May 6 ..................................... I’ve Tried Everything, Now What? .................South Beach .........5:30 to 7:00 pm

Working with African American Adoptive, Foster and Kinship Families
A publication from AdoptUSKids

Did you know?
Did you know that African Americans have been involved in informal adoption long before African American children were entered in the child welfare system, and that it continues to be more commonly practiced in African American families than legal adoption? You can obtain more information about working with African American families in the AdoptUSKids guide, Working with African American Adoptive, Foster, and Kinship Families, at http://goo.gl/Q1Cw5d.

The Children’s Program Spring 2014 Trainings
To register call 503-977-0877 or visit www.childrensprogram.com • 7707 SW Capitol Highway, Portland, OR 97219

Beginners AD/HD Group for Ages 7-12 ................................. Parent Meetings: 2 Mondays, March 31 & May 19, 7:00-8:15 pm
Student Sessions: 8 Thursdays, April 3, 5:00-6:15 pm

Pay Attention to Attention Group ................................................ Parent Meetings: 2 Tuesdays, April 1 & June 17, 5:00 pm
Student Sessions: 8 Tuesdays, April 8-June 10, 5:00-6:00 pm
NRCPFC Teleconferences/Webinars: NRCPFC teleconferences/webinars provide a forum for participants to share their experiences in implementing improved child welfare practices and learn about national trends and research findings. Each teleconference/webinar concludes with a question and answer period. Most teleconferences include a webinar option, allowing participants to view a presentation online while listening via phone. NRCPFC teleconferences are free of charge and are open to state program managers in foster care and adoption, as well as anyone working, involved, or interested in the field of child welfare.

NRCPFC Webcasts: NRCPFC offers a series of free webcasts for state program managers in foster care and adoption and for others working, involved, or interested in the field of child welfare. These webcasts allow participants to view a streaming video of presenters who discuss topics of interest in child welfare, provide resources, and respond to participant questions. Visit www.nrcpfc.org and click on “Teleconferences/Webinars and Webcasts” for a complete listing.

LG BTQ Related Resources

NRCPFC related LGBTQ resources, www.nrcpfc.org
The NRCPFC has compiled listings of resources related to LGBTQ (lesbian, gay, bisexual, transgender, and questioning/queer) issues and child welfare. The information and resources have been organized into the following categories:

LGBTQ Child and Youth in Child Welfare
This section contains resources on LGBTQ children and youth in the child welfare system from: ACF, the Children’s Bureau, and T/TA Network; collaborating organizations; and, the States. Resources include publications, research/reports, information packets, PowerPoint presentations, webinars, webcasts, videos, toolkits, trainings, and curricula. Links to relevant websites are also provided.

LGBT Parents in Child Welfare
This section provides information related to LGBT parents and the child welfare system from: ACF, the Children’s Bureau, and T/TA Network; collaborating organizations; and, the States. It includes resources to support child welfare professionals in working with LGBT-headed resource families, as well as materials for LGBT resource parents. Resources include publications, PowerPoint presentations, research/reports, bibliographies and resource lists, webinars, webcasts, and videos. Links to relevant websites are also provided.

Girls Matter! A new webinar series addressing adolescent girls’ behavioral health launched on February 25th. The 6-part webinar series, sponsored by the SAMHSA (Substance Abuse and Mental Health Services Administration), features national experts discussing research, best practices, and critical thinking for professionals working with girls and young women. For more information or to register online, visit http://womenandchildren.treatment.org/HERR%20page.asp.

February 25..Growing Up Girl: Adolescent Development and the Unique Issues Facing Girls
March 13 ......Girl in the Mirror: Behavioral Health Challenges of Adolescent Girls
April 22........Girls & Substance Use: Trends, Challenges, and Opportunities
May 20..........Digital Girls: Confession, Connection, and Disconnection
June 10........Sanctuary and Supports for Girls in Crisis
July 24........The Power of Youth Development and Recovery Support

Girls Matter! A webinar series addressing adolescent girls' behavioral health...
SESOR
Special Ed Support for parents in Oregon

SESOR, a new Oregon non-profit founded in 2013, is run by parents for parents and provides direct support and information to parents to assist them in working with educators and to become more effective advocates for their children and youth with disabilities. SESOR also provides trained volunteer “IEP Partners” to act in a supporting role at IEP meetings.

📞 503-451-3654 🅱️ info@sesoregon.org
🌐 www.sesoregon.org

8th Annual Grandparents Raising Grandchildren Retreat in Portland

Tuesday, June 3, 2014 • 9:15 a.m. to 2:30 p.m.
Gethsemane Lutheran Church
11560 SE Market Street, Portland, OR 97216

This FREE event provides educational workshops and a place for grandparents to gather together. The event is open to grandparents, and other relatives, age 55 and over, raising children age 18 and younger. Free lunch and door prizes offered. The event is sponsored by Multnomah County Aging and Disability Services’ Family Caregiver Support Program. Please note that due to budget cuts, we are unable to offer childcare this year. Information: Contact Loriann McNeill at 503-988-8210 or email loriann.mcneill@multco.us.

April is Autism Awareness Month

Autism Society of Oregon • 1-888-Autism-1 (288-4761) • www.autismsocietyoregon.org

Oregon has one of the highest rates of autism in the U.S. If you haven’t already, you will meet someone with autism. People with autism want to lead fulfilling lives and make a meaningful contribution to society. Visit the Autism Society of Oregon website for more information about resources, events, and statewide support groups.

Autism Walk-A-Thons
- Central Oregon ..........April 5
- Clatsop County ..........April 12
- Portland ..................April 27

ASO Charity Golf Tournament
2nd Annual ASO Golf Tournament
September 19, 2014 • Pumpkin Ridge Golf Club
12:00 noon Check-In & Lunch • 1:45 Shotgun Start • 6:00 Dinner

News from Marion County Health Department

Download the current issue of Prevention Pieces, the Marion County Health Department newsletter at www.goo.gl/J8baPA

Teen Pregnancy Prevention: Marion County Prevention Team continues to implement Cuidate, a culturally-based comprehensive sexual health education program to reduce HIV and teen pregnancy among Latino youth. It is available to school or community groups of youth ages 13-18. Workshops are also available to help parents talk with children about this issue. Visit MCHDPrevention@co.marion.or.us.

Strengthening Families Program for parents and youth 10-14: Seven-week sessions for parents, teens and families that include fun and interactive activities. Meals may be provided for the family and incentives for participation. There is free childcare for children under age 10.

Stayton Middle School
Wednesday evenings, April 9-May 21
Contact JuliAnn Olson at 503-769-2309
or email fof@wvi.com
English and Spanish

The Old High School
Thursday evenings, April 10-May 22
Contact Jan Holowati at 503-873-0405
or email janh@wavecable.com
English only

Jefferson Middle School
Tuesday evenings, April 1-May 13
Contact Susan W at 541-327-3337 ext. 237
or Jefferson.Together@jefferson.k12.or.us
English only
2014 Adoption-related Summer Camps

<table>
<thead>
<tr>
<th>Camp Name</th>
<th>Dates</th>
<th>Description</th>
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<tbody>
<tr>
<td>Camp Rivendale</td>
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<td>A summer day camp for at-risk youth and those with physical and/or developmental disabilities or behavioral challenges, ages 6-21. Music, dance, drama, visual arts, sports, and aquatics offered.</td>
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<tr>
<td>Camp to Belong NW</td>
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<td>A summer camp dedicated to reuniting brothers and sisters who are placed in separate foster, adoptive or kinship homes.</td>
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<tr>
<td>Heritage Family Camp</td>
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<td>A camp for children adopted transculturally through domestic adoption. Additional camps offered for children adopted transculturally from several cultures.</td>
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<tr>
<td>Holt International</td>
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<td>A camp for international or transracial adoptees, ages 9-16. Campers share common experiences while exploring issues of adoption, race, and identity development.</td>
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<tr>
<td>NAFA</td>
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<td>A no-host camping weekend brought to you NAFA. Camp will be held at Nehalem Bay State Park. Reserve at <a href="http://www.reserveamericacamping/Nehalem_Bay_State_Park">www.reserveamericacamping/Nehalem_Bay_State_Park</a>.</td>
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**Let’s Go Camping!**

Let’s Go Camping! is a fun-filled weekend camping adventure for families NEW to camping and families that could use a refresher. For families without their own equipment, Let’s Go Camping! provides a tent, sleeping bags, sleeping bag liners, mattress pads and use of a camp stove for the weekend at no extra cost. There are 12 weekend events scheduled at various state parks. Campers can choose to arrive on Friday afternoon after 4:00 p.m. or by 10:00 a.m. on Saturday morning when activities begin. Events end by 12:00 noon on Sunday. One vehicle is allowed per family. There is an event focused on Latino families held at Nehalem Bay state park on July 25-27.

These are very secure events with ranger-led activities, staff members and trained volunteers on hand to assist you around the clock. These events have been very popular with single parents, families on a budget, and seniors. The cost for the entire family is $30 for the weekend. Pre-registration and payment are required. Call 1-888-953-7677 to register and/or for more information. Families bring their own food. Please, no pets, alcohol or electronic games. Come have fun, make some great memories with your family outdoors! Visit: http://oregonstateparks.org/index.cfm?do=thingstodo.dsp_letsGoCamping

There are also new Let’s Go activities held this summer in nearby Oregon state parks which include: kayaking, canoeing, hiking, stargazing, birding, or fishing for a few hours. The equipment, instruction and leadership is provided so families can relax and enjoy the day. Activities are open to ages 8 and up (children under 14 need an adult with them), and almost all are free! To find upcoming activities near you, visit www.oregonstateparks.org and click on “Things To Do” or call 1-800-551-6949.

**¡Vamos a Acampar!**

Parque Estatal de Nehalem Bay

¿Tiene usted curiosidad sobre acampar?
¿No tiene el equipo para necesario?

El Departamento de Parques y Recreo del estado de Oregon ofrece una excursión de campamento lleno de diversión para participantes de todas edades. Con equipo adicional, lecciones prácticas, y mucho más, el programa ¡Vamos a Acampar! (“Let’s Go Camping!”) hace que acampar sea fácil, agradable y divertido para toda la familia. Las actividades se enfocan en:

- Lección básica de acampar
- Caminatas por senderos naturales e identificación de plantas
- Historias y cuentos
- Cocina en olla de hierro y seguridad contra los incendios

El campamento específico para familias latinas:
Sábado y Domingo, 26 a 27 de julio de 2014
Parque Estatal de Nehalem Bay

Inscripción y más información:
Favor de llamar al número gratis 1-888-953-7677 o visite la página web www.oregonstateparks.org y haga un clic en “Let’s Go Camping!”