Adoption Tax Credit Is Made Permanent

The legislation to avoid the fiscal cliff (the American Taxpayer Relief Act of 2012) included a provision that made the adoption tax credit permanent. This legislation did not, however, make the adoption credit refundable, so it will only benefit those adoptive families who have federal income tax liability. The maximum amount of the 2012 tax credit is $12,650. The credit will begin to phase out for families with modified adjusted gross incomes above a certain level and will vanish for those with incomes above $230,000.

For 2013 and beyond, the credit will remain flat for special needs adoptions, meaning that those who adopt children from the U.S. who receive adoption assistance can claim the maximum credit regardless of their expenses. For other adoptions (except for step-parent adoptions), parents can claim the credit based on their qualified adoption expenses.

Even though the credit isn’t refundable for 2012, families who adopted in 2012 are encouraged to submit IRS Form 8839 (“Qualified Adoption Expenses”) with their 2012 taxes even if they do not have tax liability. Although families will not receive an adoption credit refund with their 2012 taxes, the credit can be carried forward up to five (5) additional years, and families might benefit later if either their tax situation changes or the credit is made refundable in the future. The IRS made the following recent announcement about filing for the adoption tax credit for 2012:

- Taxpayers claiming the adoption credit will not be able to file their return until late February or early March. An announcement will be placed on www.IRS.gov when the Service is able to process the form.
- Form 1040 federal tax return and Form 8839, “Qualified Adoption Expenses,” must still be mailed to the IRS.
- Taxpayers must maintain supporting documentation when filing their return. They are not required to attach these documents to their return this year.

For additional information and updates, visit the ORPARC website at www.orparc.org, or visit NACAC’s website at www.nacac.org. IRS information available at www.irs.gov, type “Adoption Credit” in the Search box.

Voice for Adoption
SPEAKING OUT FOR OUR NATION’S WAITING CHILDREN

In November, Voice for Adoption’s (VFA) 2012 Adoptive Family Portrait Project once again celebrated families who have adopted children from foster care. This annual project raises awareness among members of Congress about the real experiences and needs of families adopting children who have spent time in the foster care system.

Seven participating families from Oregon shared their stories along with a family portrait. Each family was matched by VFA with a Senator or Representative from their home state or district. The portraits and stories were featured on display in the Capitol office of each family’s respective Senator or Representative during November, National Adoption Month. This is the second year Oregon had full participation from all seven of our members of Congress.

Congratulations and thank you to these special families, and the Oregon legislators, who participated!
### What’s new in the ORPARC Library?

ORPARC would like to thank Barbara Stone of Washington County Department of Human Services, Child Welfare, for her charitable donation to the lending library! Barbara has generously contributed a number of diverse and interesting books that offer valuable perspectives on child development, parenting, attachment and raising daughters. Visit the “Lending Library” tab to download lists of library materials. Call us at 1-800-764-8367 or email orparc@nwresource.org with your library order. Non-return information packets can be ordered directly from the website.

<table>
<thead>
<tr>
<th>Attachment</th>
<th>Books on Child Development</th>
<th>Mental Health</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="attachment.png" alt="Image" /></td>
<td><img src="books.png" alt="Image" /></td>
<td><img src="mental_health.png" alt="Image" /></td>
</tr>
</tbody>
</table>

#### Books on General Parenting
- **A Good Enough Parent**
  - By Bruno Bettelheim
- **Parenting an Only Child**
  - By Julian Newman

#### Teenage Girls
- **Queen Bees and Wannabes**
  - By Rosalind Wiseman

#### Children’s Materials
- **A Forever Family**
  - By Debra Fraser
- **On the Day You Were Born**
  - By Louise Bates Ames

### National Resource Center for Permanency and Family Connections

**NRCPFC Information Packets**

New NRCPFC Information Packets webpage for packets developed in 2011 and 2012 that address various child welfare topics at [www.nrcpfc.org/is/information_packets.html](http://www.nrcpfc.org/is/information_packets.html). The ... of each information packet is to provide an overview of a specific child welfare-related topic and to direct readers to relevant resources.

### Recently updated NRCPFC Hot Topics

- Children Missing from Out-of-Home Care; Spirituality and Faith-Based Initiatives; and, Trauma-Informed Child Welfare. Visit the updated webpages at [www.nrcpfc.org/is/hot_topics.html](http://www.nrcpfc.org/is/hot_topics.html) for a variety of resources from NRCPFC and other members of the Children's Bureau Network, and from collaborating organizations.

### NRCPFC Teleconferences/Webinars & Webcasts


### Save the Dates!

- **Teen Camp**
  - **August 16-18, 2013**
  - Camp Tadmor - Lebanon, OR
- **Young Adult Adoptee Retreats**
  - Sponsored by Chosen International

**“Touched by Adoption” Teen Camp**

FOR YOUNG ADULT ADOPTEES (18-25 yrs old)

Ladies Retreat ~ June 21st - 23rd
Guys Camp Out ~ June 28th - 30th
AT 5 ROCK RANCH - YAMHILL, OR

Fetal Alcohol Spectrum Disorders (FASD) and Helping Higher-Level Thinking Skills (Executive Functioning)

Wednesday, March 13, 2013 in Oregon City

SESSION I: FASD from 9:00 to 11:30 a.m. • SESSION II: Executive Functioning from 1:00 to 3:30 p.m.
Providence Willamette Falls Community Center • 519 15th Street, Oregon City, OR 97045

SESSION I—Fetal Alcohol Spectrum Disorders: Dr. Davies, a pediatrician from the longest-running FASD clinic in the country, will review the basics of Fetal Alcohol Spectrum Disorders and examine the latest research, both on how the brain is affected by prenatal drinking, and promising avenues for intervention, including practical tips for supporting children affected by prenatal alcohol exposure.

SESSION II—Helping Higher-Level Thinking Skills (Executive Functioning): What can improve brain function? Many children with a history of prenatal exposures, stress/trauma, and foster care or adoption have learning difficulties, specifically problems with higher order learning — what we call “executive functioning.” There are now many programs that claim their systems and supplements improve executive skills. This workshop will review these programs and the evidence about whether or not they work, and outline a do-it-yourself way to approach these all-too-common struggles.

The Presenter: Dr. Davies, Clinical Professor of Pediatrics at the University of Washington, co-directs the Center for Adoption Medicine and works at the longest-running FASD clinic in the country. His interest in foster care and adoption started in Russia where he started a summer arts and clown camp for Russian orphans. Dr. Davies has a pediatric practice where 2/3 of his patients were fostered or adopted. He has also created an award-winning online resource for pediatrics and adoption at www.adoptmed.org.

Registration

Register separately for each session at www.providence.org/classes, click on “online class catalog,” search by class name:
1. Session I........ Swindells Speaker Event - FASD - Oregon City
2. Session II........ Swindells Speaker Event - Executive Function - Oregon City

Information & Spanish Language Interpretation

For questions or Spanish language interpretation, contact Michael McGroryt at 1-800-764-8367, ext. 11 or email mmccgrorty@nwresource.org for general information or Spanish language interpretation

The above trainings are a collaboration between:

Collaborative Problem Solving

Facing challenging situations with children & youth

My Child’s Life Care Notebook and Organizer

Hermiston or Pendleton • May or June 2013 • 9:00 a.m. to 5:00 p.m. (registration at 8:30 a.m.)
Site and date to be determined. Please check the ORPARC website for updates.

Registration will be available through the Providence system approximately one month prior to the training. Visit www.providence.org/classes, click on “online class schedule,” and search for Swindells Speaker Event - Hermiston.

Download our complete newsletter at www.orparc.org
### Community Resources, Trainings & Events

**Center for Improvement of Child and Family Services**

**PSU Child Welfare Partnership**  
[www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

---

#### METROPOLITAN REGION:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Contact Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 6</td>
<td>Nurturing the Infant in Care: Birth to 24 Months</td>
<td></td>
<td></td>
</tr>
<tr>
<td>March 13</td>
<td>Effective Communication</td>
<td></td>
<td></td>
</tr>
<tr>
<td>March 22-23</td>
<td>Behavior Crisis Management Training (2 days)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>March 30</td>
<td>Common Mental Health Disorders in Teens</td>
<td></td>
<td></td>
</tr>
<tr>
<td>April 12</td>
<td>CPR &amp; First Aid</td>
<td></td>
<td></td>
</tr>
<tr>
<td>April 18</td>
<td>Memory: Development &amp; Stimulation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>April 22</td>
<td>Child Development &amp; Tweeners Turn the Teen Years</td>
<td></td>
<td></td>
</tr>
<tr>
<td>May 2</td>
<td>Relative Caregivers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>May 8</td>
<td>Adoption Issues throughout Life</td>
<td></td>
<td></td>
</tr>
<tr>
<td>May 29</td>
<td>Child Development &amp; Tweeners Turn the Teen Years</td>
<td></td>
<td></td>
</tr>
<tr>
<td>June 5</td>
<td>Behavior Crisis Management Training (2 days)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### EASTERN REGION

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Contact Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 7</td>
<td>Collaborative Problem Solving II</td>
<td>La Grande</td>
<td>541-963-8571 x 426, <a href="mailto:susan.lemon@state.or.us">susan.lemon@state.or.us</a></td>
</tr>
<tr>
<td>March 12</td>
<td>Parenting Children w/ ADD/ADHD Advanced</td>
<td>The Dalles</td>
<td>541-506-5222, <a href="mailto:jennifer.r.garner@state.or.us">jennifer.r.garner@state.or.us</a></td>
</tr>
<tr>
<td>March 19</td>
<td>Helping Children with Visitation</td>
<td>Boardman</td>
<td>541-481-9482 x 224, <a href="mailto:monica.l.gilbertson@state.or.us">monica.l.gilbertson@state.or.us</a></td>
</tr>
<tr>
<td>March 21</td>
<td>Memory: Development &amp; Stimulation</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>March 25</td>
<td>Relative Caregivers</td>
<td>Madras</td>
<td>541-325-5580, <a href="mailto:roya.licensed@state.or.us">roya.licensed@state.or.us</a></td>
</tr>
<tr>
<td>April 18</td>
<td>Strategies in Successful Fostering</td>
<td>Enterprise</td>
<td>541-426-4558, <a href="mailto:teresa.fisher@state.or.us">teresa.fisher@state.or.us</a></td>
</tr>
<tr>
<td>April 23</td>
<td>Adoption Issues throughout Life</td>
<td>Hood River</td>
<td>541-386-2962 x 231, <a href="mailto:amanda.l.richardson@state.or.us">amanda.l.richardson@state.or.us</a></td>
</tr>
<tr>
<td>April 25</td>
<td>Understanding &amp; Responding to Sexual Behaviors</td>
<td>Redmond</td>
<td>541-693-8938, <a href="mailto:laura.j.eaton@state.or.us">laura.j.eaton@state.or.us</a></td>
</tr>
<tr>
<td>April 30</td>
<td>The Foster to Adoption Shift</td>
<td>Pendleton</td>
<td>541-966-0855, <a href="mailto:lidwinner.machado@state.or.us">lidwinner.machado@state.or.us</a></td>
</tr>
<tr>
<td>May 16</td>
<td>The Continuum of Attachment</td>
<td>The Dalles</td>
<td>541-506-5222, <a href="mailto:jennifer.r.garner@state.or.us">jennifer.r.garner@state.or.us</a></td>
</tr>
<tr>
<td>May 21</td>
<td>Common Mental Health Disorders in Teens</td>
<td>Prineville</td>
<td>541-447-6207, <a href="mailto:jeanine.hilburn@state.or.us">jeanine.hilburn@state.or.us</a></td>
</tr>
<tr>
<td>May 21</td>
<td>Relative Caregivers</td>
<td>Hermiston</td>
<td>541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a></td>
</tr>
<tr>
<td>May 30</td>
<td>Supporting Children Exposed to Domestic Violence</td>
<td>Bend</td>
<td>541-693-8938, <a href="mailto:laura.j.eaton@state.or.us">laura.j.eaton@state.or.us</a></td>
</tr>
<tr>
<td>June 18</td>
<td>Facilitating Developmental Attachment</td>
<td>Pendleton</td>
<td>541-966-0855, <a href="mailto:lidwinner.machado@state.or.us">lidwinner.machado@state.or.us</a></td>
</tr>
<tr>
<td>June 25</td>
<td>Parenting the Child with Autism Spectrum Disorder</td>
<td>Hood River</td>
<td>541-386-2962 x 231, <a href="mailto:amanda.l.richardson@state.or.us">amanda.l.richardson@state.or.us</a></td>
</tr>
</tbody>
</table>

#### WESTERN REGION

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Contact Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 5</td>
<td>Supporting Children Exposed to Domestic Violence</td>
<td>St. Helens</td>
<td>503-397-3292 x 8330, <a href="mailto:janna.m.owens@state.or.us">janna.m.owens@state.or.us</a></td>
</tr>
<tr>
<td>March 9</td>
<td>CPR &amp; First Aid</td>
<td>Newport</td>
<td>503-265-8557 x 222, <a href="mailto:jamie.m.auborn@state.or.us">jamie.m.auborn@state.or.us</a></td>
</tr>
<tr>
<td>March 14</td>
<td>CPR &amp; First Aid</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
</tr>
<tr>
<td>April 4</td>
<td>Methamphetamine Endangered Children</td>
<td>Oregon City</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
</tr>
<tr>
<td>April 9</td>
<td>Trauma Informed Parenting</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
</tr>
<tr>
<td>April 9</td>
<td>Trauma Informed Parenting</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
</tr>
<tr>
<td>April 11</td>
<td>Assertion without Aggression</td>
<td>McMinnville</td>
<td>503-474-5606, <a href="mailto:greg.reichenberger@state.or.us">greg.reichenberger@state.or.us</a></td>
</tr>
<tr>
<td>April 17</td>
<td>Parenting the Child with Autism Spectrum Disorder</td>
<td>Newport</td>
<td>503-265-8557 x 222, <a href="mailto:jamie.m.auborn@state.or.us">jamie.m.auborn@state.or.us</a></td>
</tr>
<tr>
<td>April 23</td>
<td>Nurturing the Infant in Care: Birth to 24 Months</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
</tr>
<tr>
<td>April 25</td>
<td>Motivating Youth to Make Positive Changes</td>
<td>Tillamook</td>
<td>503-842-5571 x 304, <a href="mailto:lori.g.meyst@state.or.us">lori.g.meyst@state.or.us</a></td>
</tr>
<tr>
<td>May 1</td>
<td>Transitioning Children with Sensitivity</td>
<td>Albany</td>
<td>503-791-5736, <a href="mailto:nicole.morrow@state.or.us">nicole.morrow@state.or.us</a></td>
</tr>
<tr>
<td>May 14</td>
<td>Enhancing Teen Attachment</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
</tr>
<tr>
<td>May 15</td>
<td>Facilitating Developmental Attachment</td>
<td>St. Helens</td>
<td>503-397-3292 x 8330, <a href="mailto:janna.m.owens@state.or.us">janna.m.owens@state.or.us</a></td>
</tr>
<tr>
<td>May 16</td>
<td>Ten Tips for Parenting Teens</td>
<td>Oregon City</td>
<td>503-791-5736, <a href="mailto:nicole.morrow@state.or.us">nicole.morrow@state.or.us</a></td>
</tr>
<tr>
<td>May 28</td>
<td>Nurturing the Infant in Care: Birth to 24 Months</td>
<td>Oregon City</td>
<td>971-673-7361, <a href="mailto:julie.buzzard@state.or.us">julie.buzzard@state.or.us</a></td>
</tr>
<tr>
<td>June 5</td>
<td>Managing Difficult Behaviors in Young Children</td>
<td>St. Helens</td>
<td>503-397-3292 x 8330, <a href="mailto:janna.m.owens@state.or.us">janna.m.owens@state.or.us</a></td>
</tr>
<tr>
<td>June 6</td>
<td>Positive Behavior Management (2 days)</td>
<td>Salem</td>
<td>503-378-4784, <a href="mailto:erma.s.brudridge@state.or.us">erma.s.brudridge@state.or.us</a></td>
</tr>
<tr>
<td>June 11</td>
<td>Understanding &amp; Responding to Sexual Behaviors</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
</tr>
<tr>
<td>June 18</td>
<td>Understanding &amp; Responding to Sexual Behaviors</td>
<td>McMinnville</td>
<td>503-474-5606, <a href="mailto:greg.reichenberger@state.or.us">greg.reichenberger@state.or.us</a></td>
</tr>
<tr>
<td>June 21</td>
<td>The Foster to Adoption Shift</td>
<td>Oregon City</td>
<td>971-673-7361, <a href="mailto:julie.buzzard@state.or.us">julie.buzzard@state.or.us</a></td>
</tr>
</tbody>
</table>
**Community Resources, Trainings & Events**

**Center for Improvement of Child and Family Services**
**PSU Child Welfare Partnership** • [www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

### SOUTHERN REGION

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>City</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 12</td>
<td>Trauma Informed Parenting</td>
<td>Klamath Falls</td>
<td>541-850-3650</td>
<td><a href="mailto:denise.reyes@state.or.us">denise.reyes@state.or.us</a></td>
</tr>
<tr>
<td>March 13</td>
<td>Child Development: Toddlers through Pre-Tweens</td>
<td>Grants Pass</td>
<td>541-474-3120 x 375</td>
<td>kynдра.burdис@state.or.us</td>
</tr>
<tr>
<td>March 19</td>
<td>Trauma Informed Parenting</td>
<td>North Bend</td>
<td>541-756-5500</td>
<td><a href="mailto:debra.keeler@state.or.us">debra.keeler@state.or.us</a></td>
</tr>
<tr>
<td>March 20</td>
<td>CPR &amp; First Aid</td>
<td>Springfield</td>
<td>541-726-6644 x 2226</td>
<td><a href="mailto:tammie.k.harris@state.or.us">tammie.k.harris@state.or.us</a></td>
</tr>
<tr>
<td>April 15</td>
<td>Helping Children with Visitation</td>
<td>Grants Pass</td>
<td>541-474-3120 x 375</td>
<td>kynдра.burdис@state.or.us</td>
</tr>
<tr>
<td>April 16</td>
<td>Supporting Children Exposed to Domestic Violence</td>
<td>Medford</td>
<td>541-858-3181 x 262</td>
<td><a href="mailto:jennifer.neill@state.or.us">jennifer.neill@state.or.us</a></td>
</tr>
<tr>
<td>April 24</td>
<td>Managing Difficult Behaviors in Young Children</td>
<td>Lakeview</td>
<td>541-947-2273 x 329</td>
<td><a href="mailto:lori.johnson@state.or.us">lori.johnson@state.or.us</a></td>
</tr>
<tr>
<td>April 24</td>
<td>Facilitating Developmental Attachment</td>
<td>Springfield</td>
<td>541-726-6644 x 2226</td>
<td><a href="mailto:tammie.k.harris@state.or.us">tammie.k.harris@state.or.us</a></td>
</tr>
<tr>
<td>April 24</td>
<td>Child Development: Tweens thru the Teen Years</td>
<td>Medford</td>
<td>541-858-3181 x 262</td>
<td><a href="mailto:jennifer.neill@state.or.us">jennifer.neill@state.or.us</a></td>
</tr>
<tr>
<td>April 26-27</td>
<td>Behavior Crisis Management Training (2 days)</td>
<td>Roseburg</td>
<td>541-464-2077</td>
<td><a href="mailto:jody.Lmezai@state.or.us">jody.Lmezai@state.or.us</a></td>
</tr>
<tr>
<td>May 7</td>
<td>Collaborative Problem Solving</td>
<td>Gold Beach</td>
<td>541-247-5437 x 232</td>
<td><a href="mailto:lain.ham@state.or.us">lain.ham@state.or.us</a></td>
</tr>
<tr>
<td>May 11</td>
<td>Creating Positive Behaviors in Teens</td>
<td>Springfield</td>
<td>541-726-6644 x 2226</td>
<td><a href="mailto:tammie.k.harris@state.or.us">tammie.k.harris@state.or.us</a></td>
</tr>
<tr>
<td>May 15</td>
<td>CPR &amp; First Aid</td>
<td>Springfield</td>
<td>541-726-6644 x 2226</td>
<td><a href="mailto:tammie.k.harris@state.or.us">tammie.k.harris@state.or.us</a></td>
</tr>
<tr>
<td>June 8</td>
<td>CPR &amp; First Aid</td>
<td>Medford</td>
<td>541-858-3181 x 262</td>
<td><a href="mailto:jennifer.neill@state.or.us">jennifer.neill@state.or.us</a></td>
</tr>
<tr>
<td>June 21-22</td>
<td>Behavior Crisis Management Training (2 days)</td>
<td>Springfield</td>
<td>541-726-6644 x 2226</td>
<td><a href="mailto:tammie.k.harris@state.or.us">tammie.k.harris@state.or.us</a></td>
</tr>
</tbody>
</table>

### NETLINK TRAININGS

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
<th>Training instructions &amp; registration at <a href="http://cwpsalem.pdx.edu/distance/resource.htm">http://cwpsalem.pdx.edu/distance/resource.htm</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Parenting to a Child’s Temperament</td>
<td>March 21</td>
<td>Evening NetLink Trainings: 5:30 p.m. to 9:00 p.m. Morning NetLink Trainings: 8:30 a.m. to 12:00 noon</td>
</tr>
<tr>
<td>Child Development: Toddlers through Pre-Tweens</td>
<td>April 18</td>
<td>Loss and Grief</td>
</tr>
<tr>
<td>The Connection: The Child and the Birth Family</td>
<td>May 30</td>
<td>Building Resilience for Children in Care</td>
</tr>
<tr>
<td>Transitioning Children with Sensitivity</td>
<td>June 27</td>
<td>Early Childhood &amp; Brain Development</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Relative Caregivers</td>
</tr>
</tbody>
</table>

**NRCFPC Teleconferences/Webinars:** NRCFPC teleconferences/webinars provide a forum for participants to share their experiences in implementing improved child welfare practices and learn about national trends and research findings. Each teleconference/webinar concludes with a question and answer period. Most teleconferences include a webinar option, allowing participants to view a presentation online while listening via phone. NRCFPC teleconferences are free of charge and are open to state program managers in foster care and adoption, as well as anyone working, involved, or interested in the field of child welfare.

**Participation in a Teleconference/Webinar:** Registration for each teleconference. When registration for a teleconference opens, it is announced in Weekly Update, NRCFPC’s weekly newsletter. Once registration is announced, participants can register online. Each teleconference/webinar is open to 100 participants. Registration is on a first-come, first-served basis. Registered participants receive a confirmation email which includes the call-in details and presentation website link. Registered participants receive a unique call-in pass code which cannot be used by more than one caller. Registered participants receive a reminder email the day before the call which provides a link to downloadable materials for the event. If a participant will not have internet access during the teleconference/webinar, they can download the materials prior to the live event.

Visit [www.nrcfpc.org/events/index.html](http://www.nrcfpc.org/events/index.html) to see scheduled 2013 Teleconferences/Webinars and Webcasts, or to view archived Teleconferences/Webinars and Webcasts.
If you’ve tried using logic, consequences, behavior modification, yelling and isolation with your children, all to find out that none of it worked, or even made things worse, you know what it is like to find yourself beyond your window of tolerance. This parenting training can change all of that. Join Heather T. Forbes, LCSW LIVE for a full-day parent empowerment event like none other! This event will move you from a place of hopelessness to a place full of hope and love. Experience Heather’s book in person! Here is what you will gain from this event:

- Learn how to connect with even the most difficult and resistant child.
- Defeat negative and contradictory beliefs about your child’s future.
- Understand fears about implementing a parenting model that is void of parental consequences.
- See the fear behind statements like, “You can’t make me” or “You’re not my real mom/dad.”
- Learn how to help a child at his core emotional level during times of defiance, aggression, and disrespect.
- See why children and trauma histories are sensitive to stress. Reclaim your own self-love and understand your reactivity that can be beyond your own understanding.
- Find hope.

Peace is possible, healing is possible, and strong relationships with your children are possible. It just takes a new understanding and a new perspective to make sense of all the chaos and turmoil. The best part about this is that it is FREE*... All you need is a copy of one of her books, Beyond Consequences, Logic and Control: Volume 1 or 2 or Dare to Love. Your book is your ticket for free admission for both you and your support person. Heather knows from professional experience, but even more importantly, she knows from her own personal experience with two adopted children that the Beyond Consequences approach works. This training is a gift of healing to you! Register for this event at www.beyondconsequences.com/bcilive/registration-Portland.html. This training is sponsored by the Beyond Consequences Institute, LLC, of Boulder, Colorado (info@beyondconsequences.com).

---

Family And Community Together
619 SW 11th Avenue, Suite 102, Portland, OR 97205
1-888-988-FACT (3228) • 503-227-0346 (fax)
www.factoregon.org • info@factoregon.org

March 6 ..... Understanding the IEP: Development, Process and Your Role ..... Portland, Register at www.factoregon.org
March 7 ..... Bullying Prevention Strategies for Parents .............................................. Clackamas, Sheriff’s Training Center
March 14 ... Communication (iPads, low tech & high tech) ........................................... Portland, UCP Office
April 4 ..... Behavior .............................................................................................................. Portland, Midland Library
April 11 ..... Emergency Preparedness .................................................................................... Portland, UCP Office
May 9 ..... Summer Resources ................................................................................................. Portland, UCP Office
May 21 ..... Understanding the IEP: Development, Process and Your Role ..... Hillsboro, Register at www.factoregon.org
June 10 ..... Behavior ............................................................................................................... Molalla, Foothills Community Church
June 12 ..... Transition to Adulthood ....................................................................................... Oregon City, Providence Willamette Park

Registration is required for these FREE trainings. Childcare offers as space allows. Contact Susan Cushman by calling 503-467-0332 or email scushman@ucpaorwa.org.
Visit www.firstgiving.com/asoautismwalk to register. If you have further questions, please call the Autism Society of Oregon at 503-636-1676, 1-888-288-4761 (toll-free), or email info@oregonautism.com.

Contact the Autism Society of Oregon (ASO) at 1-800-288-4761 or visit www.autismsocietyoregon.org for resources, support, trainings, news and events.

AdoptionMosaic

Upcoming Trainings
March 9 .................................................. Transracial Parenting
March 13 & 20...................... Movie Event: “Somewhere Between”
April 6 ... What & When: Talking about Adoption w/ Your Child
April 9.............................. Adult Adoptee Discussion Group
April 13...................... Adoption Readiness Part 1: Getting Started
April 27........ Adoption Readiness Part 2: Beyond the Basics
April 27................................. Birth Parent Panel
May 12 ......................... Run Mama Run, Mt. Tabor Park

LGBTQ Adoptive Parent Support Group
3rd Thursday of the month • 6:00 to 8:00 p.m.
Q Center, 4115 N Mississippi Avenue, Portland, OR
March 21....................... Guest Speaker, Attachment
April 18...................... Guest Speaker, Estate Planning
May 16 ....................... LGBTQ Adoptive Parent Panel
June 20............................. Social Event ~ Pride Month
July 18 .... Guest Speaker, Pre-/Post-Adoption Support
August 15 ...................... Adult Adoptee Panel

AdoptiveFamilies

“What a difference it makes to come home to a child”

Parenting after Older Child Adoption
March 12, 2013 — 10:00 to 11:00 a.m. • Presented by Regina Kupecky, LSW

Parents who adopt a child beyond infancy, whether from the U.S. foster system or internationally, may have concerns ranging from sleep to school to attachment to sibling relationships to assessing development to talking about the child’s past. Join older-child adoption expert Regina Kupecky, LSW, to ask any questions you have.

Please note that the information offered in the webinar is for educational purposes only. It is not meant to replace careful, direct evaluation and treatment by medical or mental health professionals. To register for this upcoming webinar or to view past webinars, visit www.adoptivefamilies.com/webinars.
Webinar Trainings offered by The Center for Adoption Support and Education
301-476-8525 • 703-425-3703 • caseadopt@adoptionsupport.org
The cost to attend each webinar is $25.00. Please note that these webinars are in the evening from 6:00 to 7:30 p.m. Pacific Time. Register at www.adoptionsupport.org/cal/index.php.

A New Definition of Family: Relationships in Open Adoption ............................................................ Thursday, March 21, 2013 • 6:00-7:30 pm
Untangling the Web: How the Internet is reshaping search, reunion and adoption itself ................................. Thursday, April 18, 2013 • 6:00-7:30 pm
Going the Extra Mile: Launching adopted teens with special needs ...................................................... Thursday, June 7, 2012 • 6:00-7:30 pm
Talking with Children about Adoption ................................................................................................. Saturday, June 9, 2013 • 6:30-9:30 am

Live & Recorded Webinars from Children’s Home Society & Family Services
Visit www.chsfs.org to see a listing and register for Live & Recorded Webinars
Children’s Home Society & Family Services, 1605 Eustis Avenue, St. Paul, MN 55108

Upcoming Live Webinars:
• Social Work Ethics and Best Practices in Adoption (child welfare professionals only)
• Fetal Alcohol Spectrum Disorder
• Talking about the Tough Stuff in Adoption with Children

Recorded Webinars: (view at your convenience)
• Adopting a Child with HIV
• Cleft Lip and Palate
• International Adoption Referrals 101
• International Adoption Post-Placement Medical Visit 101
• Post-Placement 101: The First Year Home
• Nutrition and Institutionalized Children
• Introduction to Nutrition and Feeding for Internationally Adopted Children
• Feeding and Nutrition Considerations for Children with Special Needs: An overview
• Feeding the First Year Home: Transitioning through feeding stages and to a new diet
• Nourish, Nurture, Attach: The feeding relationship and adoption

Northwest Adoptive Families Association • 2013 Calendar of Events
NAFA is a non-profit, all volunteer support group for pre- and post-adoptive families, and is actively involved in education, advocacy and support for member families in Oregon and SW Washington. $25 annual membership includes a subscription to the NAFA quarterly newsletter. Visit www.nafaonline.org.

Splash! Pool Party .............................................. Saturday, April 13, 6-9:00 pm ........................ Contact Yvette Burling, ibid@hevanet.com
NAFA’s Summer Campout ..................... July 19-21, Barton Park, Estacada .................. Visit www.nafaonline.org for registration details or 503-243-1356
Baby & Toddler Care Class ............. June 1 & October 5, 8:30am-4:30 pm ........ Contact Brenda Bonk, adoptnafa@gmail.com
Waiting Families ........................... 03/08, 05/17, 09/13, 11/15, 7-8:30 pm ........ Contact Diane Slaughter, nafawalt@gmail.com or 503-819-5209

Groups sponsored by Adoption Counseling & Education Services (ACES)
www.adoptioncounselingservices.com

Adoptive Parent Training & Support Group
2nd Friday evening of each month, Woodland
Contact Mary Miyakawa, at 503-680-8064

Social Skills and Self-Esteem Workshop’
Girls Group: 8-10 years, 9:30-11:00 am
Girls Group: 6-9 years, 12:00-1:30 pm
1st Saturday of the month
Contact Mary Miyakawa, LCSW, at 503-680-8064

Adoptive Parenting Training & Support Group
1st Tuesday of the month, 7:00-9:00 pm, Portland
Contact Gail Hardman-Woung at 503-314-8591

Free Adoption Support Group
Wednesday Nights, 7:00-9:00 pm, Hillsboro
6-week sessions offered in fall, winter and spring
Contact Linda Sheppard at 503-888-0050
### Providence Child Center

**Swindells Resource Center of Providence Child Center**

#### 2013 Community Education

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 5</td>
<td>Hood River Library, Conference Room, 502 State Street, Hood River, OR 97031</td>
</tr>
<tr>
<td>March 20</td>
<td>Providence Willamette Falls Medical Center, Comm. Health Education Center Auditorium, 519 15th Street, Oregon City, OR 97045</td>
</tr>
<tr>
<td>April 4</td>
<td>Providence St. Vincent Medical Center, Souther Auditorium, 9205 SW Barnes Road, Portland, OR 97225</td>
</tr>
<tr>
<td>April 16</td>
<td>Providence Willamette Falls Medical Center, Comm. Health Education Center Auditorium, 519 15th Street, Oregon City, OR 97045</td>
</tr>
<tr>
<td>March 6</td>
<td>Providence Child Center, Swindells Resource Center, 830 NE 47th Avenue, Portland, OR 97213</td>
</tr>
<tr>
<td>02/18-03/25</td>
<td>Providence Cancer Center, Auditorium, 830 NE 47th Avenue, Portland, OR 97213</td>
</tr>
</tbody>
</table>

These workshops are available free of charge thanks to the generosity of donors.

---

**Adoption Connections of Oregon**

PO Box 10581, Eugene, OR 97440

- [aco@peak.org](mailto:aco@peak.org)
- [www.adoptionconnectionsforegon.org](http://www.adoptionconnectionsforegon.org)

ACO hosts several events throughout the year to adoptive and prospective adoptive families in Lane County. Visit the ACO website to view future events.

---

**FASCETS Training of Trainers**

Fetal Alcohol Syndrome Consultation, Education and Training Services, Inc. (FASCETS)

*Presented by Diane V. Malbin, MSW*

Tuesday through Friday, March 12-15, 2013 • 9:00 a.m. to 4:00 p.m.  
The Mark Spencer Hotel, 409 SW 11th Avenue Portland, OR 97205

This training is only open to previous participants of workshops or trainings given by Diane Malbin. For additional information, please email Wendy at [wtemko@fascets.org](mailto:wtemko@fascets.org) or call: 503-621-1271.

---

**Becoming a Love & Logic Parent**

*Presented by Pinnacle Family Consulting and facilitated by*

- Todd Nicholson, Love & Logic, and
- Liz Delmatoff, Parenting Coach and Family Counselor

3 Friday evenings, March 1, 8 and 15 • 6:30 to 8:30 p.m.  
Brooklyn Business Center  
3701 SE Milwaukie Avenue, Suite C, Portland, OR 97202

Register at 503-270-9325 or [lizdelmatoff@rocketmail.com](mailto:lizdelmatoff@rocketmail.com)

This 3-session series of classes gives participants access to a practical, low stress way of communicating with their child. Anyone who works with children—parents, grandparents, educators, counselors, child-care providers—will benefit from these classes. Classes will address topics such as: stopping arguments and talking back; being motivated to do well in school; making more respectful and responsible decisions; doing chores with no reminders and no hassles; behaving in public; and, being prepared for the real world. The cost for this class is $75.00/person or $125.00/couple.

---

**MindWorks© Series offered by Neurobehavioral Concepts**

MindWorks© Series offered by Neurobehavioral Concepts are presented at Marylhurst University, Willow Room 17600 Pacific Highway, Marylhurst, OR 97036

For additional information and registration visit [www.NeuroBx.com](http://www.NeuroBx.com)

- March 14 ......... Control Issues: Control vs. Counter Control
- May 16 .......... Attachment and Neurodevelopment: The Impact of Neglect, Abuse and Trauma
Oregon Family to Family Health Information Center

The Oregon Family to Family Health Information Center provides information to families who are navigating the complex world of special health care needs. We are family members ourselves, who have first-hand experience raising a child or youth with a chronic health condition, developmental delay or disability, or emotional/behavioral challenges. For more information, Contact Oregon F2F at 1-855-323-6744, email contact@oregonfamilytofamily.org, or visit www.oregonfamilytofamily.org.

When Insurance Won’t Pay: Family to Family Ideas

It is common for children with special needs to require services, equipment, therapies, medications, and other items that are not covered by any health insurance plan or government program. Many families have used these strategies:

- Ask the vendor or provider if they will offer a discounted price or rate if you pay cash.
- Find other families and share the cost of hiring a therapist for group therapy sessions.
- Ask your employer, community groups and houses of worship for local grant funding options.
- Apply for all possible government programs. Many providers will offer payment on a sliding scale to families who can show a rejection letter from a government program.
- Visit www.oregonhelps.org to see which programs you might be eligible for.
- Ask your child’s care coordinator, home visiting nurse, therapist, or school representative about scholarships or funds they are aware of.
- Ask local high school, college, or community service clubs if they can raise funds for your child’s needs as one of their community service activities.
- Ask your child’s therapist if his/her professional organization offers a scholarship fund.
- Accept offers of help from friends and neighbors – make up a list of things they can help with (examples: running errands, rides to appointments, help with chores, respite, babysitting, lawn care, meal preparation, pet care, etc).
- Consider Medical Savings Accounts for pre-tax dollars for uncovered medical expenses.
- Use the local health department, federally qualified health center, or school-based health center to find out if your child can receive free/low-cost immunizations, well-child care or other services.
- Use the Oregon State tax exemption (www.ode.state.or.us/pubs/sped/memos/taxexemption2012.pdf) for a dependent child with a disability
- Earned Income Tax Credit for your child

Oregon Family to Family Online Trainings

The Oregon F2F HIC has compiled a variety of free online trainings from partner organizations and other national/state sources. Oregon F2F gratefully acknowledges the trainers from around the state who share their expertise with staff and families. New topics of interest to families of children with special needs are added regularly. Visit the Oregon F2F website at www.oregonfamilytofamily.org/webinars.html for webinars and updates. Below is a current list of webinars:

| Understanding Oregon’s Systems | Introduction to Oregon’s Medically Fragile, Medically Involved, and Behavior Programs |
| Health, Mental Health, and Safety Topics | Introduction to Oregon’s Children’s Mental Health System |
|                                      | Navigating the Insurance Maze for Families of Children & Youth with Special Health Needs |
|                                      | Genetics Clinic: How Genetic Evaluations are helpful and what is involved |
|                                      | Tips for Successful Office Visits for Children with Autism |
|                                      | Oregon SafeKids Webinars on a variety of Safety-Related Topics |
|                                      | Young People with Early Signs of Psychosis: Introduction to Oregon’s EASA Program |
| For Parents                          | Suffering from Information Overload? Know when to Trust It or Trash It |

Contact the OR F2F Family Liaison at 1-855-323-6744 to discuss this topic.
**Community Resources, Trainings & Events**

**The Children’s Program Winter/Spring 2013 Trainings**
To register call 503-977-0877 or visit [www.childrensprogram.com](http://www.childrensprogram.com) • 7707 SW Capitol Highway, Portland, OR 97219

Beginners AD/HD Group for Ages 7-12.........................................................Parent Meetings: 3 Mondays, April 1, April 29 and June 3, 7:00 pm
Student Sessions: 10 Thursdays, April 4-June 6, 5:00-6:30 pm or 6:30-8:00 pm

Pay Attention to Attention Group ...............................................................Parent Meetings: 2 Tuesdays, April 2 and June 4, 5:00 pm
Student Sessions: 8 Tuesdays, April 9-May 28, 5:00-6:00 pm

---

All Involve Families trainings are held at Trillium Family Services Training Modular, 3415 SE Powell Boulevard, Portland, OR 97202.

March 2 .............. Trauma Informed Practical Applications
March 9 ............. Partner with Youth & Families
April 13 ............. Partner with Youth & Families
May 4.............. Partner with Youth & Families
May 18 .......... Trauma Informed Practical Applications


---

**Grandparent Retreats**

**Portland**

7th Annual Grandparents Raising Grandchildren Retreat
Friday, May 17, 2013 • 9:15 a.m. to 2:30 p.m.
Gethsemane Lutheran Church
11560 SE Market Street, Portland, OR 97216

This **FREE** event provides educational workshops and a place for grandparents to gather together. The event is open to grand-parents, and other relatives, age 55 and over, raising children age 18 and younger. Free lunch and door prizes offered. The event is sponsored by Multnomah County Aging and Disability Services’ Family Caregiver Support Program. Please note that due to budget cuts, we are unable to offer childcare this year. For additional information, contact Loriann McNeill at 503-988-3620 ext. 26263 or loriann.mcneill@multco.us.

**Salem**

10th Annual A Gift of Time Retreat
A weekend retreat for family caregivers and grandparents as parents raising their children’s children
Friday thru Sunday, September 6-8, 2013
Macleay Christian Retreat, Salem, OR

**A Gift of Time** is a weekend retreat for those who have put their lives on hold to care for a loved one. Join others in similar situations for self-renewal, education and a break. Attendees have a chance to relax, meet new people and perhaps reconnect with old friends, attend educational seminars, listen to music, visit resource tables, receive a massage and enjoy wonderful meals all in a delightfully peaceful setting. Contact Janice Wolcot at 503-831-5593 or email agiftoftimeoforegon@gmail.com.

---

**Survey on Adoption Transitions - You Can Help!**

Meeting adoptive parents and transitioning from prior caregivers into adoptive homes are some of the biggest experiences of children’s lives. There is no research today to guide parents and professionals on how best to design these transitions. This survey, conducted by psychologist Dr. Redmond Reams is a first step. The goal is to describe and define what happens currently in transitions ([http://redmondreamsphd.com](http://redmondreamsphd.com)).

*Please visit the survey link below and take less than 10 minutes to complete this confidential and anonymous survey - help children in the future have better designed transitions into their adoptive families. Thank you.*

Survey Link: [https://www.surveymonkey.com/s/K7TGZZR](https://www.surveymonkey.com/s/K7TGZZR)