Who You Gonna Call...ORPARC!

The Oregon Post Adoption Resource Center [ORPARC] offers a variety of services for adoptive and assisted guardianship families. Generally, families know to contact ORPARC for trainings, to check out library materials or to ask for referrals to adoption competent therapists. However, parents may not be as familiar with our additional support services.

Support Services: Did you know that you can contact ORPARC if you need information about how to access mental health services for a child in crisis? We can also provide brief case management and consultation services to families needing assistance to avert or effectively respond to crises. If your child is involved with several agencies, ORPARC staff can help you to navigate these complex systems. ORPARC staff can participate in treatment team meetings with you, either in person or via conference call. We can be an advocate for you and your child while educating the professionals about the unique needs of adoptive and assisted guardianship families.

ORPARC staff are supportive listeners. We listen to you without judgment, we focus on what you as the parent need for yourself and your child. We honor your expertise as the parent of the child in your care.

Our Values: When you contact ORPARC you will be helped and assisted in a caring and considerate manner. We will, at all times, respect the confidential nature of our communication with you and strive to demonstrate a professionalism that will exceed your expectations.
November is National Adoption Month
National Adoption Day ◆ Saturday, November 20th

Since 2000, National Adoption Day has grown from 9 events in its first year to more than 345 events in 2009 with 4,800 adoptions finalized in all 50 states. National Adoption Day is a collective national effort to raise awareness of the 123,000 children in foster care waiting to find permanent, loving families.

For the last ten years, National Adoption Day has made the dreams of thousands of children come true by working with courts, judges, attorneys, adoption professionals, child welfare agencies and advocates to finalize adoptions and find permanent, loving homes for children in foster care.

This year in Oregon, adoptive families are invited to the National Adoption Day celebration on Saturday, November 20th from 9:00 a.m. to 12:00 noon at the Jantzen Beach Center. There will be food, entertainment and activities for children. This free family event is sponsored by Boys and Girls Aid, Heart Gallery, DHS and Oregon Post Adoption Resource Center.

COAA Adoption Fair 2010

Saturday, November 13, 2010
1:00 to 5:00 p.m.
OHSU Center for Health & Healing
3303 SW Bond Avenue, Portland, OR 97239

Celebrate National Adoption Month by attending a Free Adoption Fair. Meet local adoption agencies who will help answer questions. Learn more about this event by visiting the COAA website at www.oregonadoptionagencies.org. This event is sponsored by COAA, Adoption Mosaic, and OHSU Family Medicine Adoption Health Services.

FREE Dental Care!
Mission of Mercy (MOM) is a dental clinic with portable dental stations set up in a large public arena. Dental screenings and services are provided on a first-come, first-served basis, at no charge to those who attend. MOM combines the donated services of dentists, dental hygienists, assistants, lab technicians, and an array of volunteers to provide these free dental services.

Monday, November 22 & Tuesday, November 23, 2010
Doors open at 6:00 a.m. ◆ Oregon Convention Center
777 NE Martin Luther King Jr. Blvd., Portland, OR 97232
Sponsored by the Oregon Dental Association

ORPARC has limited scholarships available to eligible families. Contact us for details.

Douglas County Celebrates National Adoption Day
Douglas County will celebrate adoptive families on Saturday, November 20th. This event will take place at Roseburg High School, 400 West Harvard Avenue, Roseburg. Contact Barry Forte for more details at 541-440-3373 ext. 2073, or email Barry at barry.forte@state.or.us.
**ORPARC Trainings**  
Visit [www.orparc.org](http://www.orparc.org) for updates

**Beneath the Mask: Adoption through the eyes of adolescents**  
*Presented by Debbie Riley, MA  ♦ Training in collaboration with Cascadia Training*

Adoption influences and intensifies the normal tasks adolescents must accomplish (e.g. separation from parents, identity formation, decisions relating to sexuality, etc.). Struggling with this extra layer of challenges and reconciling their past and future identities can trigger mild and sometimes serious emotional/behavioral issues both at home and school – particularly adopted teens who are raised by parents of a different race or culture. Debbie Riley facilitates a compelling training session, weaving in some of the teen-written excerpts included in her book, *Beneath the Mask: Understanding Adopted Teens.*

**Eugene**  
Wednesday, October 20, 2010 • 9:00 am to 5:00 pm  
*Registration at 8:30 am; Lunch on your own*  
Department of Human Services  
1899 Willamette Street, Eugene, OR 97401

**Portland**  
Friday, October 22, 2010 • 9:00 am to 5:00 pm  
*Registration at 8:30 am; Lunch on your own*  
Holladay Park Plaza, Penthouse  
1300 NE 16th Avenue, Portland, OR 97232

Eligible Families:.................Training is free of charge to eligible state adoptive, assisted guardianship, and foster families. Register with ORPARC by calling 1-800-764-8367, 503-241-0799 (Portland Metro) or email [orparc@nwresource.org](mailto:orparc@nwresource.org).

DHS/SNAC Professionals: .....DHS and SNAC staff may attend free of charge on a “space available” basis. Register with ORPARC by calling 1-800-764-8367, 503-241-0799 (Portland Metro), or email [orparc@nwresource.org](mailto:orparc@nwresource.org). 6 CEUs @ $15.00.

Community Partners:..............Community Partners to register with Cascadia Training at 1-800-298-6516, email [cascadia@nwresource.org](mailto:cascadia@nwresource.org), or [www.cascadia-training.org](http://www.cascadia-training.org). There is a registration fee of $145.00 which includes 6 CEUs at no additional fee.

**Openness in Adoption**  
*Making lifelong decisions about openness for your adopted child*

**Bend**  
Monday, October 11, 2010  
9:00 am to 12:00 pm  
Department of Human Services  
1300 NW Wall Street, Suite 104  
Bend, OR 97701

**Clackamas**  
Thursday, November 4, 2010  
6:00 to 7:30 pm  
Department of Human Services  
16440 SE 82nd Drive, Clackamas, OR 97015  
Training delivered at the Clackamas County Adoption Support Group. No registration required. Contact Beth Girard at 503-731-4096 for questions or inquire about childcare.

**Mainteniendo Relaciones Abiertas  ¡Español!**  
*Apoyar y mantener las conexiones con la familia biológica*

**Portland**  
Miércoles, 17 de noviembre • 6:00 a 8:00 de la noche  
10225 East Burnside Street, Portland, Oregon 97216

**Salem**  
Jueves, 28 de octubre • 6:00 a 8:00 de la noche  
Departamento de Servicios Humanos  
4600 25th Avenue, Salem, Oregon 97301

ORPARC trainings are free of charge to DHS adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Depending on the training, others may attend trainings for minimal charge or on a space available basis. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation available upon request. Request these services two weeks in advance.

Register for trainings at:  
1 503-241-0799  1-800-764-8367  
[orparc@nwresource.org](mailto:orparc@nwresource.org)
### Community Partner Trainings & Events

**Center for Improvement of Child and Family Services**  
PSU Child Welfare Partnership • [www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

<table>
<thead>
<tr>
<th>Metropolitan Region</th>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>October 20</td>
<td>Understanding the Sexual Behaviors of Children</td>
<td>Portland</td>
<td>Metro Training Line: 971-673-1822</td>
<td></td>
</tr>
<tr>
<td>October 30</td>
<td>Creating Positive Behaviors in Teens</td>
<td>Portland</td>
<td>Metro Training Line: 971-673-1822</td>
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<tr>
<td>November 3</td>
<td>Loss and Grief</td>
<td>Portland</td>
<td>Metro Training Line: 971-673-1822</td>
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<td>Nov. 5/19</td>
<td>Behavior Crisis Management Training</td>
<td>Portland</td>
<td>Metro Training Line: 971-673-1822</td>
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<td>November 10</td>
<td>CPR &amp; First Aid</td>
<td>Portland</td>
<td>Metro Training Line: 971-673-1822</td>
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<th>Southern Region</th>
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<tr>
<td>October 19</td>
<td>Parenting to a Child’s Temperament</td>
<td>Lakeview</td>
<td>541-947-2273 x 329, <a href="mailto:lori.johnson@state.or.us">lori.johnson@state.or.us</a></td>
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<tr>
<td>October 20</td>
<td>CPR &amp; First Aid</td>
<td>Eugene</td>
<td>541-349-4459, <a href="mailto:tammie.k.harris@state.or.us">tammie.k.harris@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>October 25</td>
<td>Relative Caregivers</td>
<td>Medford</td>
<td>541-776-6120 x 251, <a href="mailto:patt.fisher@state.or.us">patt.fisher@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>October 25</td>
<td>Caregivers and Caseworkers Team: Child Welfare</td>
<td>Klamath Falls</td>
<td>541-850-3650, <a href="mailto:denise.reyes@state.or.us">denise.reyes@state.or.us</a></td>
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</tr>
<tr>
<td>October 26</td>
<td>Caregivers and Caseworkers Team: Child Welfare</td>
<td>Klamath Falls</td>
<td>541-850-3650, <a href="mailto:denise.reyes@state.or.us">denise.reyes@state.or.us</a></td>
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<tr>
<td>November 6</td>
<td>Adoption Issues throughout Life</td>
<td>Roseburg</td>
<td>541-464-2077, <a href="mailto:jody.meza@state.or.us">jody.meza@state.or.us</a></td>
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<tr>
<td>November 8</td>
<td>Nurturing the Infant in Care: Birth to 24 Months</td>
<td>Grants Pass</td>
<td>541-474-3120 x 375, <a href="mailto:kyndra.burdis@state.or.us">kyndra.burdis@state.or.us</a></td>
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<tr>
<td>November 8</td>
<td>Relative Caregivers</td>
<td>Eugene</td>
<td>541-349-4459, <a href="mailto:tammie.k.harris@state.or.us">tammie.k.harris@state.or.us</a></td>
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<tr>
<td>November 13</td>
<td>CPR &amp; First Aid</td>
<td>Medford</td>
<td>541-776-6120 x 251, <a href="mailto:patt.fisher@state.or.us">patt.fisher@state.or.us</a></td>
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<tr>
<td>December 7</td>
<td>Nurturing the Infant in Care: Birth to 24 Months</td>
<td>Roseburg</td>
<td>541-464-2077, <a href="mailto:jody.meza@state.or.us">jody.meza@state.or.us</a></td>
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<th>Date</th>
<th>Event Description</th>
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<th>Contact Information</th>
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</thead>
<tbody>
<tr>
<td>October 18</td>
<td>Supporting Children Exposed to Domestic Violence</td>
<td>Bend</td>
<td>541-693-8940, <a href="mailto:matthew.b.davis@state.or.us">matthew.b.davis@state.or.us</a></td>
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<tr>
<td>Dec. 3/4</td>
<td>Behavior Crisis Management Training</td>
<td>Bend</td>
<td>541-693-8940, <a href="mailto:matthew.b.davis@state.or.us">matthew.b.davis@state.or.us</a></td>
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<tr>
<th>Western Region</th>
<th>Date</th>
<th>Event Description</th>
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<th>Contact Information</th>
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<tbody>
<tr>
<td>October 12</td>
<td>Methamphetamine Endangered Children</td>
<td>Albany</td>
<td>541-791-5717, <a href="mailto:tia.stevens@state.or.us">tia.stevens@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>October 12</td>
<td>Parenting the Child w Autism Spectrum Disorder</td>
<td>Oregon City</td>
<td>503-731-3404 x 4003, <a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>October 13</td>
<td>Taking Note of Your Work with DHS</td>
<td>McMinnville</td>
<td>503-474-5606, <a href="mailto:susan.i.licari@state.or.us">susan.i.licari@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>October 14</td>
<td>Trauma Informed Parenting</td>
<td>Salem</td>
<td>503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>October 14</td>
<td>Collaborative Problem Solving</td>
<td>Dallas</td>
<td>503-623-3030 x 225, <a href="mailto:april.barrett@state.or.us">april.barrett@state.or.us</a></td>
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<tr>
<td>October 14</td>
<td>CPR &amp; First Aid</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
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<tr>
<td>October 21</td>
<td>Understanding the Sexual Behaviors of Children</td>
<td>Astoria</td>
<td>503-325-9179, <a href="mailto:suzanna.vermeul-wilson@state.or.us">suzanna.vermeul-wilson@state.or.us</a></td>
<td></td>
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<tr>
<td>October 23</td>
<td>Creating Positive Behaviors in Teens</td>
<td>St. Helens</td>
<td>503-397-3292 x 8330, <a href="mailto:janna.m.owens@state.or.us">janna.m.owens@state.or.us</a></td>
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<tr>
<td>Oct. 29/30</td>
<td>Behavior Crisis Management Training</td>
<td>Oregon City</td>
<td>503-731-3404 x 4003, <a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
<td></td>
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<tr>
<td>November 9</td>
<td>Caring for Sexual Minority Youth</td>
<td>Beaverton</td>
<td>503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>November 13</td>
<td>Creating Positive Behaviors in Teens</td>
<td>Salem</td>
<td>503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a></td>
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<tr>
<td>November 20</td>
<td>Trauma Informed Parenting</td>
<td>Oregon City</td>
<td>503-731-4003, <a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
<td></td>
</tr>
<tr>
<td>20 de noviembre</td>
<td>Toma Nota con su Trabajo con la Agencia (DHS)</td>
<td>Salem</td>
<td>503-378-5298, <a href="mailto:laura.e.isiordia@state.or.us">laura.e.isiordia@state.or.us</a></td>
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<tr>
<td>December 3</td>
<td>Facilitating Developmental Attachment</td>
<td>Oregon City</td>
<td>503-731-4003, <a href="mailto:julia.buzzardl@state.or.us">julia.buzzardl@state.or.us</a></td>
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<tr>
<td>December 4</td>
<td>The Foster to Adoption Shift</td>
<td>Albany</td>
<td>541-791-5731, <a href="mailto:sarah.c.davis@state.or.us">sarah.c.davis@state.or.us</a></td>
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</tbody>
</table>

### NETLINK TRAININGS

**View NetLink training instructions at [www.orparc.org](http://www.orparc.org) or [https://dhslearn.hr.state.or.us](https://dhslearn.hr.state.or.us)**

**NETLINK TRAININGS**  
**Morning and Evening NetLink Training Sessions**  
8:30 a.m. to 12:00 p.m.  
5:45 p.m. to 8:45 p.m.

**Child Development: Toddlers to Pre-teens**  
October 28  
October 12

**Child Development: Tweens through the Teen Years**  
November 10  
November 18

**Loss and Grief: The Child and the Caregiver**  
December 9  
December 14

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**Fetal Alcohol Spectrum Disorder: Into Action**  
A 3-day training on fetal alcohol spectrum disorder • Presented by Diane V. Malbin, MSW

Thursday thru Saturday, October 28-30 • 9:00 a.m. to 4:00 p.m. • The Mark Spencer Hotel, Portland, Oregon

Training is for parents and professionals who live and/or work with children, adolescents, or adults with Fetal Alcohol Spectrum Disorders.

Cost is $325. Contact Wendy Temko at 503-621-1271 or wtemko@fascets.org for registration and information. Sponsored by FASCETS.
<table>
<thead>
<tr>
<th>Date</th>
<th>Training/Workshop</th>
<th>City</th>
<th>Contact</th>
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<tbody>
<tr>
<td>October 11</td>
<td>Bullying: Is Your Child a Target?</td>
<td>Beaverton</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
</tr>
<tr>
<td>October 11</td>
<td>504 &amp; IDEA: What’s the Difference?</td>
<td>Bend</td>
<td><a href="mailto:sshown@orpti.org">sshown@orpti.org</a></td>
</tr>
<tr>
<td>October 12</td>
<td>ABCs &amp; IEPs: Literacy and the Special Learning</td>
<td>Ontario</td>
<td><a href="mailto:sshown@orpti.org">sshown@orpti.org</a></td>
</tr>
<tr>
<td>October 13</td>
<td>School-wide Systems: RTI and PBIS</td>
<td>Hillsboro</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
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<tr>
<td>October 14</td>
<td>Bullying: Is Your Child a Target?</td>
<td>Portland</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
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<tr>
<td>October 16</td>
<td>American Indian and Alaska Native Children in Special Education</td>
<td>Portland</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<tr>
<td>October 18</td>
<td>ABCs and IEPs: Reading, Literacy and the IEP</td>
<td>Beaverton</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
</tr>
<tr>
<td>October 19</td>
<td>What Parents Need to Know about the IEP</td>
<td>Brookings</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<tr>
<td>October 20</td>
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<td>Portland</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
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<tr>
<td>October 23</td>
<td>Skills for Effective Parent Advocacy</td>
<td>North Bend</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<td>November 2</td>
<td>What Parents Need to Know about the IEP</td>
<td>Roseburg</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<tr>
<td>November 2</td>
<td>Behaviors that Interfere with Learning</td>
<td>Astoria</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
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<td>November 2</td>
<td>What Parents Need to Know about the IEP</td>
<td>Albany</td>
<td><a href="mailto:tpaul@orpti.org">tpaul@orpti.org</a></td>
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<td>November 9</td>
<td>What Parents Need to Know about the IEP</td>
<td>Grants Pass</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<tr>
<td>Nov. 9/10</td>
<td>IEP Partner Training</td>
<td>Tualatin</td>
<td><a href="mailto:kripplinger@orpti.org">kripplinger@orpti.org</a></td>
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<td>November 10</td>
<td>Behaviors that Interfere with Learning</td>
<td>Beaverton</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
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<td>November 15</td>
<td>Are we there yet? Transition Issues for Students with Disabilities</td>
<td>Coos Bay</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<td>November 16</td>
<td>What National American Parents Need to Know about the IEP</td>
<td>Portland</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<td>November 18</td>
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<td>Nov. 19/20</td>
<td>IEP Partner Training</td>
<td>Salem</td>
<td><a href="mailto:kripplinger@orpti.org">kripplinger@orpti.org</a></td>
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<td>December 2</td>
<td>School-wide Systems: RTI and PBIS</td>
<td>Portland</td>
<td><a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a></td>
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<tr>
<td>December 7</td>
<td>Skills for Effective Parent Advocacy</td>
<td>Grants Pass</td>
<td><a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a></td>
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<td>December 9</td>
<td>EI/ECSE</td>
<td>Salem</td>
<td><a href="mailto:tpaul@orpti.org">tpaul@orpti.org</a></td>
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<tr>
<td>February 3</td>
<td>Advocacy Tools and Tips</td>
<td>Salem</td>
<td><a href="mailto:tpaul@orpti.org">tpaul@orpti.org</a></td>
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<td>February 16/17</td>
<td>IEP Partner Training</td>
<td>Medford</td>
<td><a href="mailto:kripplinger@orpti.org">kripplinger@orpti.org</a></td>
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<td>April 5</td>
<td>Advocacy Tools and Tips</td>
<td>Albany</td>
<td><a href="mailto:tpaul@orpti.org">tpaul@orpti.org</a></td>
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<tr>
<td>May 10</td>
<td>Behaviors that Interfere with Learning</td>
<td>Albany</td>
<td><a href="mailto:tpaul@orpti.org">tpaul@orpti.org</a></td>
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</tbody>
</table>

### Ongoing Classes/Events in Clatsop, Marion, Polk, Tillamook & Yamhill

- **Active Parenting of Teens** (8-week class for adults) in Marion County. For information call 503-566-2925
- **Beyond the Basics—Stress Relief Group Class** in Woodburn. Contact Elizabeth at 971-983-5212
- **Decisive Parenting: Powerful Tools for Parents of Teens** in Dallas. Call Juvenile Department at 503-623-2349
- **Families in Action** (6-week family education class) in Silverton. For information call 503-873-0405
- **Families Talking about Changes** (two-session workshop) in Silverton. For information call 503-873-0405
- **Family Life-skill Development** in Silverton. Contact Jean Lasater at 503-588-5825
- **Parenting with Love and Logic** in Silverton. For information call 503-873-0405
- **Second Time Around** (grandparents raising grandchildren) in Tillamook. Contact Ardath Stout at 503-842-8201 ext. 321
- **Second Time Around** (grandparents & other relatives) in Silverton. For information call 503-873-0405
- **Social Skills for Children with Asperger’s or Autism** in Silverton. For information call 503-370-8990

**Building Futures** is for anyone who has an interest in supporting individuals with disabilities as they transition from school to life. Throughout the two-day event there will be presentations by regional and national experts on issues surrounding secondary transition & assistive technology.
Powerful Tools for Caregivers Series  
6-week educational series designed to help family caregivers take care of themselves while caring for a relative or friend with a chronic illness

<table>
<thead>
<tr>
<th>Days</th>
<th>Dates</th>
<th>Location</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays</td>
<td>10/05-11/09</td>
<td>Lake Oswego............</td>
<td>503-635-3758</td>
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<tr>
<td>Tuesdays</td>
<td>10/05-11/16</td>
<td>Tillamook..............</td>
<td>503-815-2270</td>
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<tr>
<td>Wednesdays</td>
<td>10/06-11/10</td>
<td>North Bend.............</td>
<td>541-266-0806</td>
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<tr>
<td>Thursdays</td>
<td>10/07-11/11</td>
<td>Lincoln City541-994-3661 x 7229</td>
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<tr>
<td>Tuesdays</td>
<td>10/12-11/16</td>
<td>Enterprise.............</td>
<td>541-963-3186</td>
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<tr>
<td>Wednesdays</td>
<td>10/13-11/17</td>
<td>Gresham...............</td>
<td>503-491-7572</td>
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</table>

1. No class on 11/09/2010

Adoption Connections of Oregon  
Pine Cone Play Group  
Sunday, October 23rd • 3:00-5:00 pm  
Contact Shula at 541-484-1703  
Parent Salon  
Sunday, Nov. 21st • 1:00-4:00 pm  
Topic: Dealing with racism while traveling and visiting relatives. RSVP to 541-689-1932  
www.adoptionconnectionsoforegon.org

All Adoption Mosaic trainings are in Portland  
971-533-0102 • info@adoptionmosaic.org  
www.adoptionmosaic.org

Strengthening Attachment with Your Child (children 0-6) .......... October 16  
Lifestory Books: Tools for Telling their Histories (1-day class)....October 30  
What & When: Talking with Your Child about Adoption............. November 6  
Adoption Fair in Collaboration with COAA ............................ November 13  
Shoulder to Shoulder Conference presentations .................. November 16  
Adoption Awareness Movie Event: “Off and Running”.............. November 16  
Transracial Parenting(all day)............................................. December 4  
Adoption Readiness ....................................................... December 4 & 5  
Movie Group: Open to the Community ................................. December 14

How to Talk with Your Child About Adoption ....................... November 13  
Location: Oregon Branch Office Conference Room  
9320 SW Barbur Boulevard, #100, Portland, OR 97219  
Cost: $25 per individual or couple  
Register: Beth Miller at 503-244-2440, bethm@holtinternational.org

The Parent Empowerment Program Series  
Delivered by Tim O’Brien, LPC • English and Spanish series available  
The Parent Empowerment Program (PEP) is a series of three modules containing 12 lesson plans. Emphasis of the PEP is placed on empowering parents to reclaim and retain their authority in the home. Parents, as opposed to social service agencies, are identified as the agents of change.

<table>
<thead>
<tr>
<th>Days</th>
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<th>Location</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursdays</td>
<td>09/30-12/09</td>
<td>Wilsonville.............</td>
<td>503-953-5329</td>
</tr>
<tr>
<td>Los martes</td>
<td>21/09-23/11</td>
<td>Milwaukie..............</td>
<td>503-869-2952</td>
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<tr>
<td>Tuesdays</td>
<td>09/28-12/07</td>
<td>Beaverton..............</td>
<td>503-953-5329</td>
</tr>
</tbody>
</table>

1. No class on 11/25/2010; 2. No class on 11/02

Save the Date!  
“Touched by Adoption”  
Spring 2011 Conference  
Saturday, April 10, 2011 • 9:30-3:00  
Spring Mountain Bible Church  
12152 Se Mather Road, Clackamas, OR

Please RSVP by April 7, 2011 to:  
info@choseninternational.org  
Visit www.choseninternational.org for more information

Page 6
What’s new in the ORPARC Library?

Books for Parents

- Attachment-Focused Parenting
- Grandparents as Parents
- Incredible Years Trouble Shooting Guide For Parents Of Children Ages 2-8
- Positive Discipline for Teenagers
- Practical Tools for Foster Parents
- Our FAScinating Journey: Keys to Brain Potential Along the Path of Prenatal Brain Injury, 2nd Edition
- Organized Student: Teaching Children the Skills for Success in School and Beyond
- Fidget to Focus

DVDs for Parents

- Adolescence and Other Temporary Mental Health Disorders
- Behavior Management Using Supportive Control
- Common Sense Parenting Series: Building Relationships
- Common Sense Parenting Series: Correcting Misbehavior
- Common Sense Parenting Series: Helping Kids Succeed in School
- Common Sense Parenting Series: Preventing Problem Behavior
- Common Sense Parenting Series: Teaching Kids to Make Good Decisions
- Foster Parent College: Anger Outbursts (Updated)
- Foster Parent College: Wetting and Soiling
- Foster Parents Working with Birth Parents
- The Happiest Baby on the Block - The New Way to Calm Crying and Help Your Baby Sleep Longer
- The Happiest Toddler on the Block (Spanish track)
- I Am Your Child Series Compilation
- Teaching Children Self-Control
- Tender Healing
- Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason
- Why Don’t They Just QUIT? DVD Roundtable Discussion: What families and friends need to know about addiction and recovery
- World’s Most Dangerous Drug [Methamphetamine] (produced by National Geographic)

Nuevas películas en español (DVD)

- Las Familias Hablan Sobre...Estimulando Actividades Positivas
- Las Familias Hablan Sobre...Los Padres de Crianza
- Las Familias Hablan Sobre...Los Abuelos que como Padres
- Las Familias Hablan Sobre...Los Padres Solteros
- Llegando a la Meta: Éxitos Escolares para Nuestros Hijos
- Padres A Bordo # 1: Preparando a su Hijo para Triunfar en la Escuela
- Padres A Bordo # 2: Estimulando el Comportamiento Positivo
- Padres A Bordo # 3: Reforzando las Habilidades Académicas de su Hijo
- Llámese al número 503-241-0799 o 1-800-764-8367 y pregunte por Miguel o Sandra para pedir materiales en español.

Visit www.orparc.org ➔ “Lending Library” to download categorical lists of library materials. Call 503-241-0799/1-800-764-8367 or email us at orparc@nwresource.org with your library order. Non-return information packets can be ordered directly from the website.
Adoption Tax Credit Expanded

The adoption tax credit has been expanded and extended. On March 23, 2010, the President signed into law the Patient Protection and Affordable Care Act (P.L. 111-148). Prior to this law, the tax credit was set to expire December 31, 2010. Section 10909 of the bill addressed the adoption tax credit. The credit is expanded in the following ways:

- The amount has been increased by $1,000 bringing the total amount to $13,170 for tax year 2010.
- The credit was made refundable for all types of adoptions, allowing families with small tax liabilities to better access the credit (adoptions finalized in 2010 and 2011).
- The credit will be extended through December 31, 2011.

NOTE: The tax credit is applicable to the tax year families finalized the adoption of their child(ren).

Gratitude

Gratitude (grat’i tod’) n. [Fr < ML gratiutudo < L gratis, pleasing: see GRACE ] a feeling of thankfulness; appreciation for favors or benefits received; thankfulness.

Recently, DHS renewed the Oregon Post Adoption Resource Center contract. This will enable us to continue to serve adoptive and legal guardianship families in the year ahead. We are particularly grateful given the current economic crisis in our state. It is evident DHS administration cares about adoptive and guardianship families in Oregon and values post-adoptive services. We are honored to continue to serve you with library services, training, assistance for support groups, information and referral, support and advocacy.

Newsletter via email?

If you would like to receive our newsletter and mailings via e-mail, please call us or email orparc@nwresource.org with your name, address and email. Receiving the newsletter helps us curb our printing and mailing costs so that we can serve families better in other ways.