Behavior Management Approaches for Adoptive and Foster Families

ORPARC is bringing Dr. Richard Delaney, Ph.D., to Eugene on Saturday, May 3rd (see page 4 for details). Dr. Delaney is a nationally known speaker and the author of several books on parenting challenging children. He has years of experience providing therapy to foster and adoptive families and is nationally recognized as an insightful, constructive and creative presenter, trainer and clinician. Please see the materials by Dr. Richard Delaney that are in the ORPARC library on page 8.

Northwest Adoptive Families Association 2008 Conference on Adoption

Saturday, April 26, 2008 ~ 8:30 a.m. to 4:40 p.m.
Oregon Convention Center, Portland Ballroom
777 NE Martin Luther King Blvd., Portland, OR 97232

Keynote Speaker: Patricia Irwin Johnston, MS

Registration & Conference Information
Visit www.orparc.org to download a Conference Brochure and Registration Form. If you do not have Internet, please call NAFA at 503-243-1356 or e-mail information@nafaonline.org.

Scholarship Information
ORPARC has some scholarship funds available for eligible DHS adoptive and assisted guardianship families to attend. Please contact ORPARC at 503-241-0799, 1-800-764-8367, or e-mail orparc@nwresource.org to request a scholarship.

Grandparents Raising Grandchildren Retreat

Thursday, April 3, 2008
9:00 a.m. to 2:30 p.m.
New Columbia Learning Center
4605 N Trenton Street
Portland, OR 97203

There will be a variety of speakers and workshops focusing on issues related to grandparents raising grandchildren as well as fun and relaxing activities. Retreat is free of charge to grandparents and relatives raising children living in Multnomah Co. Call 503-988-4790 for more information or to request a registration form.

3rd Annual Grandparents Raising Grandchildren Conference

Thursday, April 24, 2008 ❖ 9:45 a.m. to 2:30 p.m.
Queen of Peace Catholic Church, 4227 Lone Oak Road SE, Salem

This free conference, sponsored by NorthWest Senior & Disability Services, is for grandparents raising grandchildren, and other seniors parenting again, who reside in Clatsop, Marion, Polk, Tillamook, and Yamhill counties. The conference will offer insightful information about the issues grandparents raising grandchildren face and an opportunity to connect with others. For more information or to register, contact Barbara Masser at 503-304-3439.
2007 Tax Information ~ the IRS may owe you money! 
A memo from the Internal Revenue Service

Does the IRS owe you money? Find out by having your taxes prepared for free at community sites. For more information call 503-243-7765 CASH Oregon or 1-888-227-7669 AARP.

For tax year 2007, households with two or more qualifying children may get back up to $4,716 from the Earned Income Tax Credit. Last year in Oregon over $363 million dollars in Earned Income Tax Credit alone went to over 211,000 families. IRS also estimates that 25% of those that are eligible don’t claim the credit. As tax time approaches, IRA and their community partner CASH Oregon would like to help families by making sure they know about valuable federal and state tax credits for which they may qualify.

The tax credits you may qualify for are the Federal and Oregon Earned Income Tax Credit, the Federal Child Tax Credit, and the Oregon Working Family Child Care Credit. Free tax preparation sites are available statewide. Assistance is also available in Spanish and other languages. Call or visit the following to locate a free tax site:

- Portland Metro Area: CASH Oregon, 503-243-7765 or visit online at www.cashoregon.org
- Statewide tax sites: AARP, 1-888-227-7669 or visit www.aarp.org/taxaide

2007 Federal Tax Benefit Guide from NFPA
Also available from the National Foster Parent Association (NFPA) is the 2007 Federal Tax Benefit Guide for Foster/Adoptive Parents and Kinship Caregivers. The guide includes important tax information and links to all forms needed to complete your taxes. Visit www.nfpaonline.org to download your free copy.

New in the Library
The following titles are recently acquired materials now available in our lending library.

New Books for Parents

- **Brain Gym: Simple Activities for Whole Brain Learning** This book, in first-person story format, includes the 26 Brain Gym® movements and simple instructions for how to perform them correctly. Included are specific routines of movement for specific skills such as reading comprehension and hand-eye coordination. If you know that you or your child has the ability or the information but can’t seem to call upon it at will, you might benefit from this book.

- **The Child’s Own Story: Life Story Work with Traumatized Children** A practice-focused guide to life story work, it shows how this effective tool can be used to help young people recover from abuse and make sense of a disrupted upbringing in multiple homes or families. Though some sections apply more to the system in Great Britain, where it was written, it is a resource for social workers, child psychotherapists, residential care staff, long-term foster parents and other professionals working with traumatized children.

- **I Can’t Get over It: A Handbook for Trauma Survivors** Written for people with post-traumatic stress disorder (PTSD) and their families, this book guides trauma survivors through the healing process one step at a time. It helps readers cope with memories and emotions, explains secondary wounding, and identifies the triggers that reactivate traumatic stress.

- **The Mindful Brain: Reflection and Attunement in the Cultivation of Well-Being** The author of The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are combines physiology, psychology and philosophy to provide insight into how we achieve a state of well being.

- **Odd Girl Out: The Hidden Culture of Aggression in Girls** Catalogues a hidden culture of girls’ aggression in schools that is widespread and chilling, including the silent treatment, note-passing, glaring, gossiping, ganging up, and more. She offers explanations for this behavior and suggestions, for students, parents, teachers and others, of ways to cope.

- **Parenting with Dignity** Mac Bledsoe, a successful father, high school teacher, and coach, presents a dignified way to parent based on the philosophy that whether you want to believe it or not, your children will make ALL the important decisions in their life on their own. This book attempts to teach you how to empower your children to make good decisions.

- **Parenting with Dignity: The Early Years** In this book, Mac Bledsoe applies his five rules of parenting to help parents of children aged two to six overcome the most common and frustrating challenges associated with the toddler and pre-school years, such as: acting out behaviors, eating problems, getting dressed, manners, sibling rivalry, discipline, bedtime, potty training, and more.

- **Teaching Social Skills to Youth** Features step-by-step component behaviors to 182 skills, from the basic (following instructions and introducing yourself) to the complex (managing stress and resolving conflict), and helps youth to recognize when, where, or with whom to use a particular skill. It also shows how to plan skill-based treatment interventions for youth with difficult problems such as substance abuse, aggression, depression, or attention deficits. Includes a CD-ROM that helps readers search for social skills by title, category, or problem behavior and allows printed copies of social skill steps for display.
More New in the Library...

New Books for Kids

- Goose This story for preschoolers through about grade 3 tells of a gosling raised by a family of woodchucks. But despite the best efforts of her family and friends, the goose feels different and sad. So she goes off into the world to learn what she can about herself, where she learns she can fly. She flies back home to her family, surprising everyone, even herself.

- In My Heart From Molly Bang, this warm, reassuring book with vividly colored illustrations and lettering has a mother telling her child how she thinks of that child and finds her/him in her heart in a wildly imaginative list of ways, times, places and circumstances over the course of a typical day. For children 4-8

- Little Rat Sets Sail In this warmly illustrated (by Molly Bang) book, Little Rat has been signed up for sailing lessons but is unhappy about it because she is scared of the water. We see how, with encouragement, she learns to overcome her fear and even look forward to sailing. Ages 4-8

- Nutmeg Gets Adopted (Ages 4-8) A little squirrel goes to live with a new family because his birth mother cannot keep him safe. This book encourages children to explore their own stories and understand some of the painful memories they might have of their early life. Illustrated by Sarah Rawlings, it is intended to be read to children by their adoptive parents. A removable "Practice Guidelines" section offer suggestions and triggers for further discussion which can be developed to suit the needs of each child.

- Nutmeg Gets Cross Ages 4-8 Nutmeg, a small red squirrel, adopted with his younger sister and brother, is having a hard day. It’s his birthday and he gets a card from his birth mom, but his joy is mixed with anxiety and confusion. This story offers a practical way to identify, explore and understand painful feelings that are likely to surface following adoption - often triggered by seemingly happy events such as birthdays or contact with birth siblings, but also by problems at school such as bullying and being behind. A removable "Practice Guidelines" section offer suggestions and triggers for further discussion which can be developed to suit the needs of each child.

- Tye May and the Magic Brush This story, adapted from the Chinese by Molly Bang, tells of a poor, young orphan girl who wakes up one morning with a magic brush that can make whatever she paints real. She uses her new power to help the poor people of the village, which enrages the greedy emperor. He attempts to take the brush and imprison her, but his plan backfires. Eventually harmony is restored to the country side. Throughout, Tye May shows courage, kindness and wisdom.

- When Sophie Gets Angry – Really, Really Angry... Sophie, subject to sudden volcanic melt downs, such as when her sister wants to play with her stuffed gorilla, storms out the door after a series of such incidents. She goes for a walk and climbs a tree and looks out at the world which calms her. This book offers no solutions to a child who rages, but it shows a family that treats her with respect and might help a child like Sophie to better look at herself.

New DVDs

- Building the Bonds of Attachment This two-disk DVD, from a workshop on the author’s method of Dyadic Developmental Psychotherapy is for parents and professionals who live or work with adopted, foster, or biological children with trauma-attachment disorders. He presents techniques for dealing with the child and the behavior and understanding the difference.

- Parenting with Dignity (3 DVDs) Parenting with Dignity teaches parents how to instill a sense of responsible decision making in their kids. A positive approach to parenting that is simple, easily understood, applicable in any situation, and incredibly intuitive. The premise of the philosophy is: “Our children will make all of the most important decisions in their lives - on their own. As parents, the only thing we can do is teach them how to make good decisions.”

- Putting the Pieces Together: Lifebook Work with Children Provides the what, when, how, who and why of building lifebooks. Through interviews with adoptees, adoptive parents, and professionals, it demonstrates what lifebooks are, what they are not, and what they should include; when and how to get started; who should contribute; and most importantly; why they are so indispensable in the lives of adopted and foster children.

- Raising Resilient Rascals 2008 (4 disks) Delivered at 2008 Conference
  Disk 1: Nature & Nurture of the Brain, Dichotomy of FC Adoption, Resilient Rascals in a Raging World
  Disk 2: Bucharest Early Intervention Study, Why My Rascal Goes Ballistic, Question/Answer Panel with Presenters
  Disk 3: Fetal Alcohol Spectrum, Meds & Their Place in Adoption Medicine, Sleep Discussion & Panel
  Disk 4: Families with Anxious Children, “Ow a Little Tea-pot” Relaxation & Self-regulation, Case Panel and Question/Answer session with Presenters

Nuevos materiales en español!

- Cuando Sofia se enoja, se enoja de veras... Libro para niños
  Sofía, una niña que suele erupcionar como un volcán tal como cuando su hermana quiere jugar con su gorila de peluche, sale de la casa con furia después de varios incidentes similares. Ella va de paseo y sube un árbol para mirar al mundo, lo cual le tranquiliza a la niña. Este libro, adecuado para niños de 2 a 7 años de edad, no ofrece respuestas sino demuestra una familia que trata a su niña con respeto y tal vez sea una ayuda a un niño como Sofía para que se evalúe a sí mismo mejor.

- Criar niños con dignidad (“Parenting with Dignity”) DVD en español
  Criar niños con dignidad enseña a los padres cómo fomentar un sentido de llevar a cabo decisiones responsables en los niños. Se presenta una manera positiva de crianza la cual es simple, fácil de comprender, aplicable a cualquier situación, y muy intuitiva. La filosofía de esta obra se base en: “Nuestros hijos harán todas las decisiones importantes en su vida por sí solos. Como padres, lo único que podemos hacer es enseñarles cómo hacer buenas decisiones.”
ORPARC Spring Trainings

**METROPOLITAN REGION**

1. Advocating for Your Child in School
2. Building Positive Relationships with Agencies and Courts While Parenting Grandchildren
   
   Presented by Joan Callendar

New Columbia Learning Center
4605 North Trenton Street, Portland, OR 97203

The above two trainings will occur at the Grandparents Raising Grandchildren Retreat Thursday, April 3, 2008 9:00 a.m. to 2:30 p.m.

The Retreat is free to grandparents and relatives raising children in Multnomah County. Call 503-988-4790 for information or to register.

**WESTERN REGION**

Supporting Sibling Relationships within the Adoptive Family
(Birth, Adoptive & Foster Children)

Thursday, April 17, 2008 6:30 to 8:30 p.m.
Department of Human Services, Child Welfare
15625 SW Greystone Ct., Beaverton, OR 97006

Washington County Adoption Support Group
Questions: Jennifer Ricks at 503-646-7234 ext. 238
Childcare provided

**SOUTHERN REGION**

Behavior Management Approaches for Adoptive and Foster Families

Presented by Dr. Richard Delaney
Saturday, May 3, 2008 9:00 a.m. to 4:00 p.m.
McKenzie Center
2885 Chad Drive
Eugene, OR 97408

**EASTERN REGION**

Training to be announced
May/June 2008
1300 NW Wall Street, Suite 104, Bend, OR 97701

Deschutes County Foster/Adopt Support Group
Questions? Contact Diane Agenbroad at 541-389-5574

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Others may attend trainings for minimal charge and/or on a space available basis. Reimbursement for childcare and travel expense are offered to ORPARC eligible families as funds allow; please request childcare and travel reimbursement upon registration. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Please request these services two weeks in advance.

More Transracial/Transcultural Parenting Issues in Adoption

This training is a continuation of the March 6th training entitled Transracial/Transcultural Issues in Adoption. Participants do not need to have attended Part I.

Presented by Astrid Dabbeni

Date, time and site to be determined. Visit www.orparc.org or call 503-241-0799 for updated training information.
Oregon Adoptive Parent Support Groups
It is recommended that you contact the support group to verify meeting information

**METROPOLITAN REGION (MULTNOMAH COUNTY)**

- Adoption Counseling and Educational Services (ACES), Private, Mary, Hilde or Gail @ 503-522-0839, info@adoptioncounseling.com
- Adoption Mosaic, Private, Information Line: 971-533-0102, info@adoptionmosaic.org, www.adoptionmosaic.org. Adoption Mosaic services all people touched by adoption and sponsors adoption-related workshops, kid’s group, and adult adoptee movie group.
- Adoption Support Group, Legacy Emanuel Hospital, Sponsored by DHS, Janet Payne @ 971-673-2087
- Adoptive and Foster Parent Support Group, Sponsored by Kinship House, Sue or Melissa, 503-460-2796
- Adoptive Dads Support Group, Sponsored by Heritage Adoption Services, Deborah or Sheila @ 503-233-1099
- Adoptive Parent Support Group, Sponsored by Heritage Adoption Services, Deborah or Sheila @ 503-233-1099
- African-American Families Through Adoption (AAFTA), Parent-led, Pam/Rob Vergun @ 503-645-6642, pearlysue@stanfordalumni.org
- Daddies & Papas, A group for gay, bi, trans men raising children, Parent-led, Josh or Stephen @ 503-740-4039, daddiesandpapas@gmail.com
- East County Foster/Adopt Support Group, Parent-led, Cara Dixon-snowangel288@yahoo.com, or Diane Egger @ 503-234-8757 x 11
- Grandparents Raising Grandchildren, Grandparent-led, Carolynn Smith @ 503-309-2146; focus is advocacy for grandparents’ rights
- Grandparents and Relatives as Parents, Sponsored by Urban League, YWCA
- D’Norgia Price @ 503-280-2638, dprice@ulpdx.org
- Loving Hearts RAPP Support Group, Sponsored by Relatives As Parents Program, Cynthia Martin @ 971-207-1765, cynthia.martin@pcc.edu
- Northwest Adoptive Families Association, Private, parent-led, Info @ 503-243-1356, information@nafaonline.org, www.nafaonline.org
- NAFA, an all volunteer support group for adoptive families, is involved in education, advocacy and support for members in OR and WA.
- Parenting Connections: The RAFT (Relative, Adoptive, Foster family Team), Parent-led
  - Contact Debbie @ 503-761-4686, debbie@pterchera.org, www.pterchera.org

**WESTERN REGION**

Benton:
- Kinship Care Group, Sponsored by Old Mill Center, Katy Trautman @ 541-757-2027
- Oregon Family Support Network (OFSN), Parent-led, Agency-led, Parent Group and Life Skills Class for Teens 14-18, Benton Center, Corvallis; Brandy Steiner @ 541-766-6340, brandy.steiner@co.benton.or.us, www.ofsn.org

Clackamas:
- Adoption Support Group, Sponsored by DHS, Beth Girard @ 503-731-4096
- Foster Parent Support Group, for Relative Caregivers, Foster & Adoptive Parents, Sponsored by DHS
  - Linda or Ralph @ 503-557-3792, Tom or Diana @ 503-656-2556
- Grandparent Support Group, Sponsored by DHS, Dawna @ 503-655-2614

Clatsop:
- Clatsop County Foster/Foster Support Group, Sponsored by DHS, Suzanne Vermuel-Wilson @ 503-325-9179 x 328

Columbia:
- Columbia County Support Group for Foster, Relative & Adoptive Families, Sponsored by DHS
  - Janna M. Owens @ 503-397-3292 x 8330 or Julia Nix @ 503-397-3292 x 8340

Lincoln:

Marion:
- Adopting Oregon’s Kids “A-OK” Support Group, Sponsored by DHS, Roberta Lincoln @ 503-947-5214
- Relatives as Parents Support Group, NW Senior & Disability Services, Family Caregiver Support Prog. @ 503-304-3429

Washington:
- Adoption Counseling & Educational Services, Private, Mary/Hilde/Gail @ 503-522-0839, info@adoptioncounseling.com
- African-American Families Through Adoption, Parent-led, Pam/Rob @ 503-645-6642, pearlysue@stanfordalumni.org
- Oregon Adoptive Parents Network (OAPN), Parent-led, Anna @ 503-317-9126, happymomanna@comcast.net
- Washington County Adoptive Parent Support Group, DHS, Jennifer Ricks, 503-646-7234 x 238

Yamhill:
- Grand Families of Yamhill County, Private, Grandparent-led, 2 Chapters in Yamhill County: Newberg and McMinnville
  - Newberg: Lilly or Jim Pinneo @ 503-537-0458; McMinnville: Patti Sullivan @ 503-472-1938 (evening); 971-237-7368 (day)

**OTHER SUPPORT GROUPS OF INTEREST TO ADOPTIVE FAMILIES (STATEWIDE)**

Douglas:
- ADD/ADHD Support Group, Sponsored by Umpqua Valley disAbilities Network; Adults with ADD/ADHD and parents of youth with ADD/ADHD; Contact: 541-672-6336, uvdn@uvdn.org

Multnomah:
- Gimme a Break, Sponsored by United Central Poly Association, Susan Blanchard @ 503-777-4166 x 232
- Talk It Over, Sponsored by Trillium Family Services & Swindells Family Resource Center, A group for families of a child with mental illness, substance abuse, or a serious behavior problem Margaret Puckette @ 503-813-7741, mpuckette@trilliumfamily.org

Washington:
- ADHD Parent Support Group (Hillsboro Satellite of CHADD), Karen, 503-459-2073, kade@adhdadvantage.com
- Autism Society of Oregon, Jenny Schoonbee @ 503-327-9228 or Stacy Cayce @ 503-407-2879, asoregion8@gmail.com

Statewide:
- Tourette Syndrome PDX, Tourette Syndrome Assoc. of W & OR, Erin Farrar, 206-621-2108, tsaregion@yahoo.com
## SOUTHERN REGION

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<tr>
<th>Coos:</th>
<th>Coos County Foster and Adoptive Parent Association, Sponsored by DHS, Marge Scott @ 541-347-4224</th>
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<tr>
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<td>Grandparents ROCK Support Group (Raising Our Children’s Kids), Sponsored by Area Agency on Aging</td>
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<td>Chet @ 541-266-0806, <a href="mailto:ckluther@hotmail.com">ckluther@hotmail.com</a></td>
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<tr>
<th>Jackson:</th>
<th>Jackson County Adoptive Parent Group, Sponsored by DHS</th>
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<td></td>
<td>Deborah Collins @ 541-864-8710, <a href="mailto:deborah.collins@state.or.us">deborah.collins@state.or.us</a>; Rosie Helfer @ 541-776-6120 x 230, <a href="mailto:rosie.helfer@state.or.us">rosie.helfer@state.or.us</a></td>
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<td>Grandparents &amp; Others Raising Relatives, Sponsored by Southern Oregon Headstart, Tina Timmons @ 541-734-5150</td>
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<td>Jackson County Family Support Group, Sponsored by Oregon Family Support Network</td>
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<td>541-210-2487 or e-mail Laura Willey @ <a href="mailto:ofsn.twiley@yahoo.com">ofsn.twiley@yahoo.com</a> or Roxanne Johnson @ <a href="mailto:ofsn.rjohnson@yahoo.com">ofsn.rjohnson@yahoo.com</a></td>
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| Josephine: | Grandparents as Parents (GAP), Two groups meet weekly (Tuesday mornings & Thursday evenings), Jackie Hall, 541-479-9407 |

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<th>Klamath:</th>
<th>Grandparents as Parents &amp; Kinship Caregivers Support Group, Grandparent-led</th>
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<td>Lloyd King @ 541-891-0268, 1-877-215-4576 (toll-free), or e-mail Lloyd at <a href="mailto:gapking@clearwire.net">gapking@clearwire.net</a></td>
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<td></td>
<td>Klamath Foster/Adoptive Association, Debbie Duran @ 541-273-1160 or 541-331-1687</td>
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<th>Lane:</th>
<th>Adoption Connections of Oregon (ACO), Private, parent-led</th>
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<td>Elise Crum @ 541-345-4209, <a href="mailto:aco@peak.org">aco@peak.org</a>, <a href="http://www.adoptionsconnectionsforegon.org">www.adoptionsconnectionsforegon.org</a></td>
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<td></td>
<td>Caregiver Support Group, Relief Nursery, Inc., Lamont Morgan @ 541-343-9706, <a href="mailto:lamontmo@reliefnursery.org">lamontmo@reliefnursery.org</a></td>
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<td>Cottage Grove Support Group, Parent-led, Penelope Pilling @ 541-767-0066</td>
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<td>Elmira-Veneta Support Group, Parent-led, Teresa Donovan @ 541-935-4278</td>
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<td>Florence Support Group, Parent-led, Christina Barrett @ 541-302-0817</td>
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<td>Foster and Adoptive Parent Association of Lane County, Sponsored by DHS</td>
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<td></td>
<td>Andrea Baum @ 541-946-1826, FAAPA of Lane County, PO Box 71531, Eugene, OR 97401</td>
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<td>Junction City Support Group, Parent-led, Shay Crabtree @ 541-520-4521</td>
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<td>Springfield &amp; Newer Foster Parent Support Group, Parent-led, Tiffany Olsen @ 541-744-7977</td>
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## EASTERN REGION

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<tr>
<th>Baker:</th>
<th>Foster and Adoptive Parents Association, Sandi Baer @ 541-523-6423 x 227, <a href="mailto:sandi.baer@state.or.us">sandi.baer@state.or.us</a></th>
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<tr>
<td></td>
<td>Adoptive Parent Support Group, Sponsored by the Attachment Center of Central Oregon</td>
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<td>Lynne Herbert @ 541-389-5446, <a href="mailto:attachco@aol.com">attachco@aol.com</a>, <a href="http://www.attachco.com">www.attachco.com</a></td>
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<td>Deschutes County Foster/Adopt Support Group, Diane Agenbroad @ 541-389-5574</td>
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<td>Gilliam:</td>
<td>OR Family Support Network, Parent &amp; Youth Groups, Michelle Westfall, 541-386-2620, <a href="mailto:michelle.westfall@class.oregonvos.net">michelle.westfall@class.oregonvos.net</a></td>
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<td>Harney:</td>
<td>Harney County Foster/Adopt Support Group, Sponsored by DHS, Cami Roy @ 541-573-2711</td>
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<td>Hood River:</td>
<td>Hood River Foster/Adopt Support Group, Sponsored by DHS, Amanda Richardson @ 541-386-2962</td>
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<td>OR Family Support Network, Parent &amp; Youth Groups, Michelle Westfall, 541-386-2620, <a href="mailto:michelle.westfall@class.oregonvos.net">michelle.westfall@class.oregonvos.net</a></td>
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<td>Jefferson:</td>
<td>Fun Family Building Group, for adoptive and guardianship families, Susan McNelly @ 541-475-6549</td>
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<td>Malheur:</td>
<td>Malheur County Foster/Adopt Support Group, Sponsored by DHS</td>
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<td></td>
<td>Elvira Ramirez @ 541-889-9194 x 324, or Gilbert Deleon @ 541-881-8429</td>
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<td>Morrow:</td>
<td>Morrow County Foster/Adopt Support Group, Sponsored by DHS</td>
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<td>Heidi Justus-Koehler @ 541-481-9482 x 224, <a href="mailto:heiidi.koehler@state.or.us">heiidi.koehler@state.or.us</a></td>
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<td>Sherman:</td>
<td>OR Family Support Network, Parent &amp; Youth Groups, Michelle Westfall, 541-386-2620, <a href="mailto:michelle.westfall@class.oregonvos.net">michelle.westfall@class.oregonvos.net</a></td>
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<td>Umatilla:</td>
<td>Milton-Freewater Relatives as Parents Support Group, Sponsored by Head Start and DHS</td>
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<td>Dee Balmer @ 541-938-4925 x 238, <a href="mailto:dec.balmer@state.or.us">dec.balmer@state.or.us</a>; Susan Phillips, Headstart, @ 541-938-0255</td>
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<tr>
<td>Umatilla County Foster/Adoptive/Relative Parent Educational Support Group, Sponsored by DHS</td>
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<td>Irma Deanda, 541-564-4493, <a href="mailto:irma.deanda@class.oregonvos.net">irma.deanda@class.oregonvos.net</a></td>
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<td>Wasco:</td>
<td>Wasco County Foster/Adoptive Parent Association, Sponsored by DHS, Jenny Garner @ 541-506-5222</td>
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<td>OR Family Support Network, Parent &amp; Youth Groups, Michelle Westfall, 541-386-2620, <a href="mailto:michelle.westfall@class.oregonvos.net">michelle.westfall@class.oregonvos.net</a></td>
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## ESPANOL: GRUPOS DE APOYO PARA PADRES ADOPTIVOS/ PADRES DE CRIANZA

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<tr>
<th>Clackamas:</th>
<th>Departamento de Servicios Humanos, 315 South Beaver Creek Road, Oregon City, OR 97045</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Primer jueves del mes, 5:30 a 7:00 de la tarde, Comuníquese con Gloria Sandoval, 503-731-4120</td>
</tr>
<tr>
<td>Marion:</td>
<td>Departamento de Servicios Humanos, 2045 Silverton Road, Salem, Oregon 97303</td>
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<td>Último miércoles del mes, 6:00 a 9:00 de la noche. En este momento no existe un persona que dirige el grupo (03/07/2008)</td>
</tr>
<tr>
<td>Multnomah:</td>
<td>Departamento de Servicios Humanos, 1425 NE Irving Street, Edifício 200, Cuarto 250, Portland, Oregon</td>
</tr>
<tr>
<td>Washington:</td>
<td>Departamento de Servicios Humanos, DSH, 5920 NE Ray Circle, Hillsboro, Oregon 97124</td>
</tr>
<tr>
<td></td>
<td>Cuarto jueves del mes, 6:00 a 8:00 de la tarde, Comuníquese con Karen Wetzel y Sharon Espinal, 503-646-7234 extension 314</td>
</tr>
</tbody>
</table>
Community Partner Trainings & Events

PSU Child Welfare Partnership Trainings

- www.cwpsalem.pdx.edu

April 9 Understanding/Responding to Sexual Behaviors of Children Burns, 541-573-2086
April 10 Community First Aid and Safety/CPR & First Aid Beaverton, 503-277-6673
April 10 What color is math? Understanding Kids w/ FAS Redmond, 541-475-2292 x
April 12 The Impact of Meth Eugene, 541-686-7555 x 5217
April 17 Children with Special Needs Lakeview, 541-947-2273 x 29
April 17 Grief & Loss Netlink training: http://www.cwpsalem.pdx.edu/netlink
April 19 Facilitating Development Attachment Portland, 971-673-1822
April 22 Lying: Richard Delany, PhD, on DVD Hood River, 541-386-2962 x 231
April 23-30 & May 7-14 Behavior Crisis Management Training (4-day, 10-hour) Portland, 971-673-1822

Oregon Parent Training & Information Center

The Oregon Parent Training & Information Center (OrPTI) has numerous trainings offered around the state. Please visit www.orpti.org for a complete statewide training schedule or contact OrPTI at 1-888-505-2673, 503-581-8156, or e-mail info@orpti.org. Visit www.oregonmegaconference.org to view information about the 2008 Oregon Disability MegaConference. Below are a few of the training topics offered in April, May and June:

- ABCs and IEPs: Incorporating Literacy for Students with Disabilities
- ADHD and Asperger’s
- Anxiety and Related Disorders
- Are we there yet? Transition from High School: Post-Secondary Options
- Becoming an Adult: Rights & Responsibilities after 18
- Grade to Grade Transition: Planning for Success
- Let’s Talk about Fetal Alcohol Syndrome
- Making State Assessment Decisions for Students with Disabilities
- Nothing is Delayed about Puberty

The Children’s Program

Monthly discussion series at 7:00 for parents raising teens
April 1 ~ Planning for the Summer
May 6 ~ High School Credit Alternatives and Credit Recovery
June 3 ~ Preparing for College
$25.00 per person; contact ORPARC for scholarship info.
Classes held at The Children’s Program, 7707 SW Capitol Highway, Portland. Contact The Children’s Program at 503-452-8002 or e-mail childrensprogram@qwest.net.

Trainings by Adoption Mosaic

April 12 ~ What, When: Talking about Adoption w/ Your Child
April 19 ~ Transracial Parenting Series: Workshop A
May 17 ~ Transracial Parenting Series: Workshop B
June 14 ~ Transracial Parenting Series: Workshop C
June 14 ~ Adult Adoptive Panel
To register, call Adoption Mosaic at 971-533-0102 or e-mail info@adoptionmosaic.org.

Oregon Foster Parent Association

2008 Renew Your Spirit Regional Conference
Save the Date! May 2-3, 2008 ~ Bend, Oregon
Call OFPA at 1-888-544-3402 ~ www.ofpa.com
This conference is for foster/adoptive parents and relative caregivers from Crook, Deschutes and Jefferson counties.

Children with Mental Health Issues and Medication: Does One Always Equal the Other?
April 8, 2008 ~ 6:30 to 8:00 p.m. ~ Portland
Register by calling the Swindells Center at 503-215-2429/1-800-833-8899 ext. 52429, or by e-mail at swindells@providence.org.

2008 OR Adolescent Sexuality Conference
“Making It Real”
April 15/16, 2008 ~ Seaside, Oregon
A few of the 16-member steering committee include: Brother to Brother, Multnomah Co. Health Department, Oregon DHS, & Oregon Teen Pregnancy Task Force

Tools for Getting Kids in Sync
April 25, 2008 ~ 8:30 a.m. to 3:30 p.m. ~ Portland
Sponsored by Advanced Pediatric Therapies, Inc.
Download a Registration Form from www.orparc.org.

Northwest Adoptive Families Association

Lifestory Book Workshop
May 31, 2008 ~ 9:00 a.m. to 4:00 p.m.
To register, call Andrea at 503-636-0559 or e-mail akfeltham@comcast.net.
April is Autism Awareness Month

Join us for the following events to help create awareness of autism this April

- Portland Beavers Baseball Team: Sunday, April 6th
  PGE Park, 1844 SW Morrison, Portland, Oregon
  Contact Rachel Kumler at 503-679-4208

- Bounce for Autism!: Friday, April 11th
  Pump It Up, 9665 SW Allen Blvd., #110, Beaverton
  For information visit www.bounceforautism.org

- 6 Annual Autism Walk-A-Thon: Sunday, April 13th
  Oaks Park; Register at www.autismwalkathon.com

- Autism Ball ~ Portland Hilton: Friday, April 18th
  Hilton Ballroom, 921 SW 6th Avenue, Portland
  E-mail theautismball@hotmail.com for tickets

- Sean’s Run from Autism: Saturday, April 29th
  Oaks Park; To learn more, visit www.seansrun.org
  or www.arroautism.org

Above events sponsored by the Autism Society of Oregon
503-636-1676 ♦ 1-888-288-4761 ♦ www.oregonautism.com

Materials by Dr. Richard Delaney in the ORPARC library

- Small Feats—Unsung Accomplishments & Everyday Heroics of Foster & Adoptive Parents
- Fostering Changes: Treating Attachment-Disordered Foster Children
- The Healing Power of the Family
- Parent 2 Parent: A Mentoring Program (Video)
- Raising Cain: Caring for Troubled Youngsters
- Safe Passage: A Summary of the “Parent to Parent” Mentoring Program
- Troubled Transplants

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