Your Pediatrician’s Role in Supporting & Communicating About Adoption

The American Academy of Pediatrics (AAP) now has policy calling upon pediatricians to become informed about adoption, to share their knowledge with adoptive families, and to advise and assist the families with various challenges related to adoption. An educational article posted on American Academy of Pediatrics’ website (www.aappolicy.aappublications.org) provides an overview of such issues as:

- children’s developmental understanding of adoption
- racial and cultural differences
- kinship adoption issues
- communication with children about adoption

The article can also serve as a review for adoptive parents and a primer for extended family, friends, teachers, and respite providers. Contact ORPARC for a printed copy.

Help Your Kids Kick the TV Habit!

A new longitudinal study examining TV habits from birth to adulthood confirms previously established correlations between excessive childhood TV watching, and such health risks as smoking, obesity and high cholesterol. (The Lancet, 7-16-04). The American Academy of Pediatrics recommends children’s TV time be limited to NO MORE THAN 2 hours a day.

Adoption Awareness in the Schools

ORPARC continues to partner with parents in outreaching to school personnel about adoption issues. Please contact us to obtain a packet of material, which includes the video “Family Diversity in the Classroom: The Adopted Child” to present to your local teacher or school.

November is Adoption Awareness Month

Three Statewide Adoption Conferences

Co-sponsored by ORPARC Northwest Adoptive Families Association

2004 Adoption Conference

Saturday, October 30, 2004 – 9:00 a.m. to 4:30 p.m.
Double Tree Hotel at Lloyd Center, Portland
Call 503-243-1356 or visit www.nafaonline.org to register

Keynote speaker: Dr. Joyce Maguire Pavao
National Adoption Expert

Dr. Joyce Maguire Pavao is the founder and CEO of Center for Family Connections, Inc. in Cambridge, MA. Dr. Pavao has received many awards and honors, and has written “The Family of Adoption.” She states that her most valuable credential is that she has experienced life as an adopted person and she has love and great respect for both her birth and adoptive families.

Shoulder to Shoulder Conference

Working Together for a Healthier Tomorrow

Thursday, November 4, 2004 – 8:30 a.m. to 5:00 p.m.
Double Tree Hotel at Janzten Beach, Portland
Keynote speaker: Marcia Lowry of Children’s Rights, Inc.
Visit http://dhstraining.hr.state.or.us to register

Adoptive Families of Lane County

3rd Annual Adoption Conference

Saturday & Sunday, November 13/14, 2004, Eugene
Call 541-344-1599 to register

Congratulations!

25 therapists have completed the PSU Post Graduate Certificate Program in Adoptive Family Therapy! These therapists serve the following counties:

Clackamas, Coos, Jackson, Josephine, Lane, Lincoln, Marion, Multnomah, Umatilla, Union and Washington

Contact ORPARC or your local DHS to obtain the names of the certificate holders. The second year of the Certificate Program is beginning this month. Visit our website at www.orparc.org and click the announcement.

Recurso en español

No se olvide que hay varios recursos en español en nuestra biblioteca. Si desea uno de nuestros entrenamientos en español, por favor avísenos. Si desea asistir a cualquiera de nuestros entrenamientos, se le ofrecerá interpretación. Simplemente avísenos con dos semanas de anticipación. No dude en comunicarse con nosotros por cualquier de sus asuntos.

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New in the Library

Children’s Books

Nip Bullying in the Bud

Bullying – repeated verbal, physical, or emotional harassment – is not merely an unavoidable childhood rite of passage. Bullying is harmful to both the victims and its perpetrators. The most effective way to reduce bullying is through education. This book shares stories of children who have come to terms with their bullying behavior. The book provides tips on what kids can do and what adults can do.

Resources:

Department of Health and Human Services has initiated a national campaign – “Take a Stand. End A Bully’s Life.” Visit the website to learn more about bullying prevention programs, tips on how to help bullied children, and “What I can do” campaign.

ORPARC Resources:

- The Daily Bullying: A Guide for Parents and Teachers
- Bullying Prevention: A Guide for Parents and Teachers
- Break the Cycle of Violence

Don’t Ignore Bullying: Take immediate action if your child is being bullied, or is reported for bullying behavior. Select the collaboration of teachers, school counselors, and parents to help your family support system.

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