ORPARC Celebrates – National Adoption Month & Adoption Day!

The month of November, National Adoption Month, and Saturday, November 18th, National Adoption Day, are special times here at ORPARC! We recognize and celebrate Oregon’s wonderful adoptive families, and the dedicated professionals who support them - while also bringing awareness to the many children in foster care still waiting to find permanent, loving families. Learn more about the national efforts at www.ChildWelfare.gov/adoption or www.NationalAdoptionDay.org.

2017 Angel in Adoption: Congratulations Toni Ferguson!

ORPARC is thrilled to announce that our own Toni Ferguson, clinical lead Family Support Specialist, has been selected by Senator Jeff Merkley as his “Angel in Adoption” for 2017! The Congressional Coalition on Adoption Institute’s Angel in Adoption Program (www.ccainstitute.org) helps federal legislators to recognize individuals who have made significant contributions to the field. Toni’s nomination was centered around her incredibly dedicated and much valued ongoing work with post adoptive families, including the professionals who serve them. Countless families have voiced their appreciation at having been strengthened and stabilized through Toni’s truly heartfelt investment in her daily post adoption efforts. Congratulations Toni – we are so very proud of you!

ORPARC welcomes ORIMHA!

ORPARC is delighted to announce a new collaboration with our valued partner ORIMHA. ORIMHA is a statewide network of parents & professionals developed to support the emotional health and well-being of all Oregon’s infants, toddlers and their families. Courtesy of ORIMHA, ORPARC now hosts an Infant Mental Health-related library collection that compliments and enhances ORPARC’s existing infant topical materials. Together, ORPARC and ORIMHA will continue to build upon this collection when possible, in order to continue our shared mission of educating Oregon’s foster and adoption parents & professionals. In addition, ORPARC’s library services will be made available to all ORIMHA individual and organizational members, even if they are not already ORPARC users. ORPARC and ORIMHA will also continue to partner on additional projects, including featured trainings and outreach. Welcome ORIMHA!

New LGBTQ Adoptive Parent Support Group!

ORPARC’s new Online LGBTQ Adoptive Parent Support Group is a welcoming, private forum for Oregon’s adoptive & assisted guardianship families eligible for ORPARC services. Members can connect with other LGBTQ parents in a safe, convenient environment, moderated by ORPARC Family Support Specialists. Members can ask questions, share experiences and celebrate the joys & triumphs of adoptive parenting while supporting one another through the challenges. For more information or to join the private Facebook group, please contact Michael McGrorty, LGBTQ Resource Specialist (mmcgrorty@nwresource.org), or Arah Gould, Family Support Specialist (agould@nwresource.org) or call 503-241-0799 or 1-800-764-8367.
2017 Shoulder to Shoulder Conference
“Strengthening Children & Families”

Please join us at the 19th Annual Shoulder to Shoulder Conference at the Red Lion Hotel on the River at Jantzen Beach. There is a Pre-Conference Event on Sunday, October 29th and the full conference will occur on Monday, October 30th. Registration and scholarships applications will be available September 1st. Cost is $75.00 by October 16th & $95.00 on/after October 17th. Continuing Education Credits & Certificates of Attendance are available. Professional & adoptive/foster/kinship parent scholarships are available and due by October 6th.

Pre-Conference Event

SUNDAY, OCTOBER 29, 2017
5:30 to 8:00pm

Trauma Doesn’t Tell Time
Presented by Robyn Gobbel, LCSW

Monday, October 30, 2017
8:30am to 4:45pm

Nevertheless, She Persisted
Presented by Angela Tucker

Workshop Session A—10:00-11:15am

- Attachment: How Ours Impacts Theirs (Part 1)
- Sleep in Foster Care and Adoption
- Psychological Evaluations of Children and Parents: What Questions can the Data Answer? (Part 1)
- Obstacles and Stepping Stones: A Child’s Adoption Journey
- Equity and Inclusion of LGBTQ Individuals (Part 1)
- Navigating the Mental Health System (Workshop 1)
- Cognitive Supports for People with FASDs and Other Developmental Disabilities (Part 1)

Workshop Session B—11:30am-12:30pm

- Attachment: How Ours Impacts Theirs (Part 2)
- Building Understanding for Indian Child Welfare Act (ICWA) Compliance and Knowledge
- Psychological Evaluations of Children and Parents: What Questions can the Data Answer? (Part 2)
- How to Protect your Home & Health while Fostering
- Equity and Inclusion for LGBTQ Individuals (Part 2)
- Navigating the Special Education System (Workshop 2)
- Cognitive Supports for People with FASDs and Other Developmental Disabilities (Part 2)

Workshop Session C—2:00-3:15pm

- Amplifying the Voices of Alumni of Care
- Kids and Quackery
- The Myth of Objectivity: Understanding Implicit Bias (Part 1)
- 10 Things I’ve Learned about Handling Domestic Violence Cases
- Keys to the Puzzle: Unlocking Solutions and Strategies in Working with Birth Parents, Foster Parents, and DHS Child Welfare
- Navigating the Juvenile Justice System (Workshop 3)
- Working with Children Exposed to Trauma and Adverse Childhood Experiences (Part 1)

Workshop Session C—3:30-4:30pm

- The Transitioning of Children from Foster to Adoptive Homes: Data on Current Practices
- Understanding and Supporting Healthy Growth and Mealtimes for Children in Foster Care
- The Myth of Objectivity: Understanding Implicit Bias (Part 2)
- Sex Trafficking
- Navigating the Developmental Disabilities System
- Working with Children Exposed to Trauma and Adverse Childhood Experiences (Part 2)

Families & Caseworkers: Your Input Will Help!

The move from a foster home to an adoptive home is a crucial event in the lives of children in the child welfare system. Yet there is no published data on what is current casework practice! The intent of this study, conducted by popular local Oregon psychologist Dr. Redmond Reams, is to gather information on what actually happens during these transitions to guide caseworkers and caregivers, inform policymakers, and open discussions about what is best practice for children & families. Please visit the link below to complete this 10-minute survey. On behalf of Dr. Reams, ORPARC, and Oregon’s children, thank you for taking the time to help!

Foster & Adoptive Parent Survey
https://www.surveymonkey.com/r/K7TGZZR

Caseworker Survey
https://www.surveymonkey.com/r/JX6QGRN
Facetime: Life, Family & Parenting in an age of Digital Attachments

Presented by Doreen Dodgen-Magee, Psy.D.
Friday, September 15, 2017 • 9:00am-12:00pm
Providence Portland Medical Center, Cancer Center Amphitheater
4805 NE Glisan Street, Portland, OR 97213

Technology touches every family today! Please join ORPARC, Swindells Resource Center, and Dr. Doreen Dodgen-Magee, Psy.D., at a free presentation and discussion about how technology shapes our brains and lives. The presentation will explore:

- Spending time online and its impacts on youths' brains, relationships and sense of self.
- Individualized alternatives to screen time.
- Benefits of current technology in the context of your family's overall health.
- Helpful assisted technologies for youth with special healthcare needs.

Resilience

Presented by Dr. Amy Stober
Thursday, September 28, 2017
6:00-9:00pm
Providence Portland Medical Center
Cancer Center Amphitheater
4805 NE Glisan Street
Portland, OR 97213

Please check ORPARC website at www.orparc.org ➔ Announcements for future description.

Executive Function and FASD: Understanding a Brain-based Approach

Presented by Eileen Devine
Tuesday, October 24th • 6:00-9:00pm
Providence Newberg Medical Center
1001 Providence Drive
Newberg, OR 97838

Join us for this free conference for families and primary caregivers. Our expert will address the different behaviors and symptoms associated with Fetal Alcohol Spectrum Disorder (FASD) including memory and language comprehension. Eileen Devine, LCSW, and mother of a child with FASD, believes that individuals living with FASD can live full and meaningful lives and that those supporting them can do so successfully when utilizing a brain-based approach.

ADHD: A Family Approach

Presented by Aaron Tabacco
Saturday, October 14, 2017 • 9:00am-1:30pm
Central Oregon Community College, 2030 SE College Loop, Redmond, OR 97756

Swindells Resource Center, in collaboration with the Oregon Post Adoption Resource Center, Oregon Department of Education and Deschutes County Health Services, invites you to save the date, Saturday, October 14th for a special event. Join us as Dr. Tabacco discusses the most current scientific evidence about ADHD, interventions, and finding family health and balance amid the challenges and joys of children with ADHD. Professional Development Units (PDUs) and Certificates of Attendance are available.

Aaron Tabacco, RN, BSN, PhD, is a neurodevelopmental nurse specialist, a researcher in family management of childhood Attention Deficit Hyperactivity Disorder (ADHD) at the OHSU School of Nursing, and the Program Director of Nursing at Linfield College. Aaron is driven in part by his personal experiences as a father of three sons (21, 18, 15) who each live with ADHD and co-occurring conditions.

The trainings listed above are in collaboration with Swindells Resource Center. The trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Spanish language interpretation is available upon request. Please request these services two weeks in advance.
What's New in the ORPARC Library

The 45 books below were donated by the Oregon Infant Mental Health Association (ORIMHA). ORPARC thanks ORIMHA for their thoughtful donation and partnership.

2. An Activity-Based Approach to Developing Young Children's Social Emotional Competence
3. Attachment Disorganization
4. Being in Charge: Reflective Leadership in Infant/Family Programs
6. Case Studies in Infant Mental Health: Risk, Resiliency, and Relationships
7. Contexts of Early Intervention: Systems and Settings
8. Diagnosis and Treatment of Feeding Disorders in Infants, Toddlers, and Young Children
9. Diagnostic Classification Casebook, DC:0-3 Casebook
11. Early Childhood Mental Health Consultation
12. Enhancing Early Attachments: Theory, Research, Intervention, and Policy
13. Finding Hope in Despair: Clinical Studies in Infant Mental Health
14. Handbook of Early Childhood Intervention
15. Handbook of Infant, Toddler, and Preschool Mental Health Assessment
16. How Culture Shapes Social-Emotional Development
17. Infant Mental Health Services: Supporting Competencies/Reducing Risks
18. Infant Previewing: Predicting and Sharing Interpersonal Outcome
21. Lying a Parent to Death in the Early Years: Guidelines for the Treatment of Traumatic Bereavement in Infancy and Early Childhood
22. Mothers, Babies, and Their Body Language
24. Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment
25. Promoting Positive Parenting: An Attachment-Based Intervention
26. Psychoanalytic Therapy with Infants and Parents: Practice, Theory, and Results
27. Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment
28. Secure Relationships: Nurturing Infant/Toddler Attachment in Early Care Settings
29. Seeing is Believing
30. Sensory Integration and Self-Regulation in Infants and Toddlers: Helping Very Young Children Interact with Their Environment
31. Short-Term Parent-Infant Psychotherapy
32. The Circle of Security Intervention: Enhancing Attachment in Early Parent-Child Relationships
33. The Emotional Life of the Toddler
34. The Functional Emotional Assessment Scale (FEAS) for Infancy and Early Childhood: Clinical and Research Applications
35. The Handbook of Training and Practice in Infant and Preschool Mental Health
36. The Neurobehavioral and Social-Emotional Development of Infants and Children
37. The Power of Questions: Building Quality Relationships With Families
38. The Practice of Psychoanalytic Parent-Infant Psychotherapy: Claiming the Baby
39. The Tender Years: Toward Developmentally Sensitive Child Welfare Services for Very Young Children
40. Tools for Tots, Sensory Strategies for Toddlers and Preschoolers
41. Treating Parent-Infant Relationship Problems: Strategies for Intervention
42. Watch, Wait, & Wonder: A Manual Describing a Dyadic Infant-led Approach to Problems in Infancy and Early Childhood
43. What’s Going on in There? How the Brain and Mind Develop in the First Five Years of Life
44. Young Children and Foster Care: A Guide for Professionals
45. Young Children and Trauma
Eastern Region

September 14 .......... Children Can Hear .................................................. Bend ............... 541-548-9480, liaa.baraney-thomsen@state.or.us
September 19 .......... Motivating Youth to Make Positive Change .................. The Dalles ............ 541-506-5222, tracy.l.gower@state.or.us
October 17 ........ Parenting Methamphetamine Exposed Children ............... Burns ............ 541-573-2086 x 2225, stacie.m.coleman@state.or.us
October 18 .......... Loving and Letting Go .................................................. Bend ............... 541-548-9480, liaa.baraney-thomsen@state.or.us
November 7 .......... Managing Difficult Behaviors in Young Children .......... Prineville ........ 541-548-9480, liaa.baraney-thomsen@state.or.us
November 9 .......... Parenting Methamphetamine Exposed Children .......... The Dalles ............ 541-506-5222, tracy.l.gower@state.or.us
December 7 .......... Effects of Trauma on Learning in Children 0-18 ............... The Dalles ............ 541-565-3014, susan.lissman@state.or.us

Southern Region

September 6 .......... Fetal Alcohol Spectrum Disorder Fundamentals .......... Roseburg ........ 541-464-2135, bethany.d.chappell@state.or.us
September 6 .......... Permanency Options for Caregivers ............................... Klamath Falls ........ 541-850-6807 lori.oconnor@state.or.us
September 12 .......... Transitioning Children with Sensitivity ......................... Grants Pass ........ 541-956-2983, kyndra.burdis@state.or.us
September 13 .......... Collaborative Problem Solving .................................. Medford ............ 541-732-4043, susanne.m.kelley@state.or.us
September 16 .......... CPR & First Aid ...................................................... Klamath Falls ........ 541-850-6807, lori.oconnor@state.or.us
September 26 .......... Parenting in the Digital Age ........................................ North Bend ........ 541-756-5500 x 2277, kimberly.lowry@state.or.us
September 28 .......... Children Can Hear .................................................. Springfield ........ 541-726-6644 x 2274, eloapatria.mapfumo@state.or.us
September 30 .......... CPR & First Aid ...................................................... Springfield ........ 541-726-6644 x 2274, eloapatria.mapfumo@state.or.us
October 4 .......... A Caregiver’s Guide to Bullies, Victims, Bystanders .......... Medford ............ 541-732-4043, susanne.m.kelley@state.or.us
October 5 .......... Understanding the Sexual Behaviors of Children ................. Roseburg ........ 541-464-2135, bethany.d.chappell@state.or.us
October 5 .......... Foster Parents in Juvenile Court ...................................... Klamath Falls ........ 541-850-6807, lori.oconnor@state.or.us
October 12 .......... What Your Mother Said .................................................. Springfield ........ 541-726-6644 x 2274, eloapatria.mapfumo@state.or.us
October 26 .......... Parenting Methamphetamine Exposed Children .......... North Bend ........ 541-756-5500 x 2277, kimberly.lowry@state.or.us
November 4 .......... CPR & First Aid ...................................................... Springfield ........ 541-726-6644 x 2274, eloapatria.mapfumo@state.or.us
November 8 .......... Self-Harm: Putting the Puzzle Pieces Together ................. Grants Pass ........ 541-956-2983, kyndra.burdis@state.or.us
November 8 .......... Parenting in the Digital Age ........................................ Roseburg ........ 541-464-2135, bethany.d.chappell@state.or.us
November 8 .......... Educational Rights of Children ..................................... Medford ............ 541-732-4043, susanne.m.kelley@state.or.us
November 16 .......... You & Them .......................................................... Springfield ........ 541-726-6644 x 2274, eloapatria.mapfumo@state.or.us
November 16 .......... Loving and Letting Go .............................................. North Bend ........ 541-756-5500 x 2277, kimberly.lowry@state.or.us
November 16 .......... You & Them .......................................................... Klamath Falls ........ 541-850-6807, lori.oconnor@state.or.us

Western Region

September 11 .......... Common Mental Health Issues for Teens in Care .......... Albany ............ 541-791-5734, susan.juster@state.or.us
September 13 .......... The Foster to Adoption Shift .................................. Albany ............ 541-791-5737, honor.l.harvel@state.or.us
September 14 .......... Understanding the Sexual Behaviors of Children .......... Tillamook ........ 503-842-5571 x 306, caly.b.turman@state.or.us
October 10 .......... Facilitating Developmental Attachment ........................ Astoria ........ 503-325-9179 x 328, suzanna.veurel-wilson@state.or.us
October 13 .......... Facilitating Developmental Attachment ........................ Oregon City ........ 971-673-7361, julia.buzzard@state.or.us
November 3-4 .......... Behavior Crisis Management Training ......................... Albany ............ 541-791-5982, christina.sterling@state.or.us
November 4 .......... CPR & First Aid ...................................................... Oregon City ........ 971-673-7361, julia.buzzard@state.or.us
December 13 .......... Caring for the Sexually Abused Child ............................ Oregon City ........ 971-673-7361, julia.buzzard@state.or.us

Spanish Language Trainings
14 de septiembre .......... Comunicación Efectiva ....................................... Salem ............ 503-378-5298
20 de septiembre .......... Desarrollo Infantil: De Niño Pequeño al Preadolescente .... Portland ............ 971-673-1822
19 de octubre ............ Tí y Yo .......................................................... Springfield ........ 541-726-6644 extensión 2237
9 de noviembre .......... Desarrollar la Capacidad de Recuperación de los Niños en Cuidado .......... Salem ............ 503-378-5298
2 de diciembre .......... Comunicación Efectiva ....................................... Springfield ........ 541-726-6644 extensión 2237
Fetal Alcohol & Other Neurobehavioral Conditions:
Understanding & Application of the FASCETS Brain-Based Approach

October 12-14, 2017 (Thursday-Saturday) • 9:00am-4:00pm
The Mark Spencer Hotel, 409 SW 11th Avenue, Portland, OR 97205
This workshop is designed for professionals, parents and caregivers who live and/or work with children, adolescents, or adults with Fetal Alcohol Spectrum Disorders or other neurobehavioral conditions. It will provide current research and a framework to support application of a brain-based approach. The goal is to increase understanding, reduce frustration, expand options and enhance collaboration across systems. Case examples of successful outcomes following identification and accommodations are central to this training. Suzanne C. Emery is certified by FASCETS as a facilitator of the Neurobehavioral Model.
## Community Resources, Trainings & Events

**Swindells Resource Center of Providence Child Center**  
*Serving families of children with special needs*  
**2017 Community Education**

Visit [www.providenceoregon.org/swindellsevents](http://www.providenceoregon.org/swindellsevents) to register for events by Swindells Resource Center. If you have any questions or need assistance registering, please call the Providence Resource Line at 503-574-6595 or 1-800-562-8964 or email swindells@providence.org.

<table>
<thead>
<tr>
<th>Event Title</th>
<th>Date and Time</th>
<th>Location</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Managing Caregiver Stress</strong></td>
<td>Tuesday, September 12th • 9:00am-11:00am</td>
<td>Providence St. Vincent Medical Center, Stanley Family Room 21-23, 9135 SW Barnes Road, Portland, OR 97225</td>
<td>Swindells Resource Center is pleased to partner with Powerful Tools for Caregivers (PTC) to offer this free workshop. PTC is an educational program that teaches tools to take care of yourself while caring for your child or grandchild with special health or behavioral needs. This workshop will help to: recognize personal signs and symptoms of stress; learn steps to manage stress; identify stress reducers and practice relaxation tools; make an action plan; and, learn about the PTC program &amp; 6-week class series.</td>
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<tr>
<td><strong>Facetime: Life, Family &amp; Parenting in an age of Digital Attachments</strong></td>
<td>Friday, September 15th • 9:00am-12:00pm</td>
<td>Providence Portland Medical Center, Cancer Center Amphitheater, 4805 NE Glisan Street, Portland, OR 97213</td>
<td>Technology touches every family today! Please join ORPARC, Swindells Resource Center, and Dr. Doreen Dodgen-Magee, Psy.D., at a free presentation and discussion about how technology shapes our brains and lives. The presentation will explore: Spending time online and its impacts on youths’ brains, relationships and sense of self; Individualized alternatives to screen time; Benefits of current technology in the context of your family’s overall health; and, Helpful assisted technologies for youth w/ special healthcare needs.</td>
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<tr>
<td><strong>Sibshops</strong></td>
<td>Saturday, September 16th • 9:30am-12:00pm</td>
<td>Providence Child Center, 830 NE 47th Avenue, Portland, OR 97213</td>
<td>Sibshops are lively, pedal-to-the metal, award-winning celebrations of the many contributions made by brothers and sisters of kids with special needs. They reflect a belief that brothers and sisters have much to offer one another.</td>
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<tr>
<td><strong>Resilience</strong></td>
<td>Thursday, September 28th • 6:00-9:00pm</td>
<td>Providence Portland Medical Center, Portland. More information to come!</td>
<td>To be held at Providence Portland Medical Center, Portland. More information to come!</td>
</tr>
<tr>
<td><strong>Powerful Tools for Caregivers</strong></td>
<td>Wednesdays, 10/04-11/08, 6:00-9:00pm</td>
<td>Providence St. Vincent Medical Center, 9135 SW Barnes Road, Portland, OR 97225</td>
<td>Join us for this 6-week educational series designed to help family caregivers take care of themselves.</td>
</tr>
<tr>
<td><strong>Developing Our Children’s Skills</strong></td>
<td>For Families of Children with Challenging Behaviors</td>
<td>Wednesdays, 09/20-10/25 • 6:30-8:30pm, Mountainview Christian Church, 1890 NE Cleveland Ave., Gresham, OR 97030</td>
<td>Join us for this 6-week parenting class for families and caregivers of children with special needs. The program provides parenting strategies in a highly interactive group setting. Class topics include: early childhood development; routines, rituals and development; development and behavior; prevention tools for challenging behaviors; and, new parenting skills &amp; stress reduction techniques. Mountainview Christian Church will provide childcare. Please contact 503-492-1200 to reserve a space.</td>
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<tr>
<td><strong>Sensory PDX: Understanding Sensory Processing Disorder</strong></td>
<td>Thursday, October 12th • 7:00-9:00pm</td>
<td>Providence Portland Medical Center, Cancer Center Amphitheater, 4805 NE Glisan Street, Portland, OR 97213</td>
<td>Join Sharron Donnelly, MS, OTR/L, at this free presentation on Sensory Processing Disorder. Sharron will assist parents, professionals, and caregivers in understanding: sensory processing and difficulties that may be attributable to sensory processing disorders; the essential ingredients of an effective sensory diet; the impact of sensory processing on attention, learning, behaviors, and social interaction; and, Take-away tools that can help a child get “in sync” in the classroom, home, or clinic.</td>
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<tr>
<td><strong>ADHD: A Family Approach</strong></td>
<td>Saturday, October 14th • 9:00am-1:30pm</td>
<td>Central Oregon Community College, 2030 SE College Loop, Redmond, OR 97756</td>
<td>Join us as Dr. Tabacco discusses the most current scientific evidence about ADHD, interventions, and finding family health and balance amid the challenges and joys of children with ADHD. Professional Development Units and Certificates of Attendance are available.</td>
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<td><strong>Executive Function and FASD: Understanding a Brain-based Approach</strong></td>
<td>Tuesday, October 24th • 6:00-9:00pm</td>
<td>Providence Newberg Medical Center, 1001 Providence Drive, Newberg, OR 97838</td>
<td>Free conference for families and primary caregivers. Our expert will address the different behaviors and symptoms associated with Fetal Alcohol Spectrum Disorder (FASD) including memory and language comprehension. Eileen Devine, LCSW and mother of a child with FASD, believes that individuals living with FASD can live full and meaningful lives and that those supporting them can do so successfully when utilizing a brain-based approach.</td>
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</table>
FACT Oregon’s mission is to empower Oregon families experiencing disability in their pursuit of a whole life by expanding awareness, growing community, and equipping families.

Building attachment with your current or future child is essential to stabilizing the family in the short or long-term. Successful parents benefit from understanding how the attachment dynamic functions in all relationships; especially the one they have with their children. Training delivered by Leah Brookner, MSW, MA, ABD.

Boys & Girls Aid
018 SW Boundary Court, Portland, OR 97239
Saturday, September 9, 2017
10:00am to 2:30pm
Cost is $50 per individual/$80 per couple. To register, call 503-542-2301 or email training@boysandgirlsaid.org

Attachment Theory for adoptive, foster & step families

- Discuss adult attachment styles
- Build concrete skills in developing attachment for children adopted out of foster care
- Help participants to view behaviors through an attachment lens

Serving Benton, Clackamas, Central Oregon, Lincoln, Lane, Polk, Yamhill, and Washington counties
1300 Broadway Street NE, Suite 403, Salem, OR 97301
① 503-363-8068 ② 1-800-323-8521 ⑧ www.ofsn.org
Community Resources, Trainings & Events

Oregon Family to Family Health Information Center

The Oregon Family to Family Health Information Center (HIC) provides information to families who are navigating the complex world of special health care needs. We are family members ourselves, who have first-hand experience raising a child or youth with a chronic health condition, developmental delay or disability, or emotional/behavioral challenges. For more information, call 1-855-323-6744, email contact@oregonfamilytofamily.org, or visit www.oregonfamilytofamily.org.

Parent Partners
In Your Community
Contact a parent partner in your area for support, information and help for your particular situation.

Free Workshops by the Oregon Family to Family Health Information Center

Your Child’s Health Care: Become a Strong Advocate to Help Your Child with Special Needs
Monday, September 18, 2017 • 10:00am to 12:00pm
Confederated Tribes of The Grand Ronde
4445 SW Barbur Boulevard, Suite 101, Portland, OR 97239

Resources and More! Information You Can Use Now to Help Your Child With Special Needs
Monday, October 16, 2017 • 10:00am to 12:00pm
Confederated Tribes of The Grand Ronde
4445 SW Barbur Boulevard, Suite 101, Portland, OR 97239

The above two trainings are open to Native American families only. To register, call 855-323-6744 (leave name & phone number) or visit https://www.surveymonkey.com/r.Fall2017RSVP or email signorin@ohsu.edu. Thank you to our Partner: Confederated Tribes of The Grand Ronde!

The Oregon Family to Family Health Information Center is available to come to your support group or community meeting and deliver trainings on the topics of Transition to Adult Health Care, Healthcare Advocacy, and Resources and More. Please call 855-323-6744 or email signorin@ohsu.edu for more information.

Oregon Consortium of Family Networks (OCFN)

OCFN consists of 7 family-driven organizations around the state that help connect families and build communities for children and youth who experience disability. Each of these networks creates opportunities for families to connect in many ways such as through fun activities in the community, one-to-one conversations, small group conversations, or through learning/training activities.

1. Central Oregon Disability Support Network (CODSN): Deschutes, Crook and Jefferson counties, 541-548-8559, dianna@codsn.org
2. Creating Opportunities: Polk, Yamhill and Marion counties, 503-559-3674
3. Families Engaging and Thriving Together: Douglas County, 541-670-2750, ilt@featt.org
5. Families for Community: Jackson and Josephine counties, kimberly@familiesforcommunity.org
6. ROCCOS Family Network: Gilliam, Wheeler, Morrow, Grant, Harney & Lake counties, dana@roccosfamilynetwork.org
7. Families Connected: Lane County, 541-343-5256, laura.dahill@arclane.org
18th UCP Family Conference on Cerebral Palsy
Saturday, October 7, 2017 • 9:00am to 4:30pm
Roth’s Fresh Market, 1130 Wallace Road NW
Salem, OR 97304
Cost is $30 per person before 10/02/2017.
Visit the following website to see the schedule and register:
http://UCP2017familyconference.kintera.org

Classes will be held at Holt’s headquarters:
250 Country Club Road, Eugene, OR 97401
September 23 | October 14
November 11 | December 2
9:00am to 2:30pm
Cost is $100.00 per parent for the entire series. To reserve your spot and receive registration instruction, email your name/s and contact information to:
marissar@holtinternational.org

This TBRI® training series is a family-based intervention designed for those currently caring for children who have experienced relationship-based traumas such as: Institutionalization, Multiple foster placements, Abuse, and Neglect. For the past ten years, Drs. Purvis and Cross have been implementing and evaluating TBRI®, and their strategies have proven extremely effective in creating healing environments for children who have come from “hard places.” These parent workshops will be facilitated by Marissa Robello, LMSW, CSWA, Social Worker for Holt’s Oregon Branch and Clinical Services and Abbie Smith, LCSW, Director of Clinical Services at Holt International Children’s Services and adoptive parent. Both Marissa and Abbie have trained under Dr. Purvis and Dr. Cross and are TBRI® Educators.

Northwest Adoptive Families Association • www.nwadoptivefamilies.org
NAFA is made up of families from all types of adoption: foster, domestic, and international. NAFA provides support and education to families just beginning the adoption process through raising children into adulthood.

Eastside Neighbor Group …………………..09/16, 10:30am-12:00pm …………………………. Normandale Park, 5700 NE Halsey Street, Portland, OR
Baby & Toddler Care Class …………………10/14, 8:30am-4:30 pm ………………………………………….Contact Mary at mjbeuhler03@frontier.com
LGBTQ Training & Educational Resources

HRC’s All Children—All Families is launching a series of new 60-minute webinars featuring agency leaders and expert trainings, highlighting promising practices in serving LGBTQ children, youth and families.

**School-Based Advocacy for LGBTQ Youth in Foster Care**

*Thursday, September 28, 2017
9:00-10:00am*

LGBTQ foster youth experience higher rates of bullying and are more likely to drop out of school — but positive, affirming school environments can truly be a lifeline for this population. In this webinar, you will learn about the risk factors for LGBTQ youth in education settings and how this intersects with their out-of-home care status. You will also explore best practices to help ensure that LGBTQ foster youth have a welcoming and supportive school experience; and learn about school resources, behaviors and policies that can encourage the healthy development of LGBTQ youth and create the building blocks for their lifelong opportunities and academic success.

**The Role of Youth Advocates in Developing Affirming Families for LGBTQ Youth**

*Wednesday, October 25, 2017
10:00-11:00am*

Many agencies understand the need to develop more affirming families for LGBTQ youth in care, yet struggle to meet the family-based placement needs of this vulnerable population. In this webinar, You Gotta Believe, an agency in Coney Island, NY, will present the strategies behind its innovative and impactful model for engaging Youth Advocates in finding permanent families for adolescents, including LGBTQ youth in particular.

**Promising Practices for Working with Transgender & Non-Binary Foster & Adoptive Parents**

*Thursday, November 16, 2017
11:00am-12:00pm*

In this webinar, All Children—All Families will preview its new resource guide for child welfare professionals on how to welcome, affirm, recruit and best serve transgender and non-binary (TGNB) foster and adoptive parents. This new publication covers promising practices for creating gender-inclusive agency environments and draws from testimonials from agency administrators, legal & policy experts as well as TGNB foster and adoptive parents.

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**Supporting Healthy Relationships and Sexuality**

Redmond Grange
707 Kalama Avenue, Redmond, OR 97756

*Sept. 19th: Sexuality & People with Intellectual Disabilities
9:00am-3:30pm*

This workshop begins by looking at various “realizations” that people need to have when working with those who have an intellectual disability who wish to express their sexual/relationship needs. In the afternoon, a quick and fun look at the mythologies of sexuality and disability will be explored. This is a full day workshop with lunch included for professionals and families.

*Sept. 20th: The Ethics of Touch
9:00am-12:00pm*

Establishing healthy boundaries within agencies between those who provide care and those who receive care is a fundamental “must”. Care providers are thrown into a confusing relationship with those in care: Are we friends? Are we family? This workshop will look at everything from the type of hugs which are acceptable in care to how we identify ourselves and our relationship to those in care. This is a half day workshop for professionals, families and self-advocates.

**Registration Information:** Cost is $30.00. Scholarships are available for families and self-advocates. Call 541-548-8559 or email diana@codsn.org.

**Event Sponsors:** Good 2 Go Oregon, Oregon Training and Consultation (OTAC), PacificSource, Deschutes County, and Central Oregon Disability Support Network.
Grandparents Raising Grandchildren

Would you like to test an online parent-training program made just for you?

- Do you have a grandchild between the age of 2 and 8 who you provide primary care for?
- Do you feel stressed or are you worried that your grandchild has behavioral difficulties like temper tantrums, irritability, or angry outbursts?
- Do you need help with managing your grandchild’s behavior but do not have the time or money to go to standard therapy sessions?

We are looking for grandparents willing to pilot an online parent training program. Eligible participants will receive free evidence based parent-training services tailored for grandparents raising grandchildren. You will receive many free resources including downloadable worksheets and modeling videos. Additionally, you will be compensated $30 for your participation. Grandparents are the subject of the study; no grandchildren will be involved. The 8-week online program can be accessed through home computers (desktop, laptop) or through library computers. Contact Haley Gordon Murphy at 540-231-8808 or VTgrandparentstudy@gmail.com for more information.

The Children’s Program—Fall 2017 Groups, Classes & Workshops
To register call 503-977-0877 or visit www.childrensprogram.com • 7707 SW Capitol Highway, Portland, OR 97219

All Workshops & Training are held in Portland

The Incredible Years ........................................................................................................ 12 Sessions: Mondays, 09/18-12/04 ............... 4:00-5:15pm
Girls’ Dinner Out ............................................................................................................. 12 Sessions: Tuesdays, 09/19-12/05 ............... 4:00-5:15pm

Seeing My Time ............................................................................................................. 6 Student Meetings, Mondays, 09/25-10/30 ........... 5:30-7:00pm
Mindful Parenting: Developing Emotionally Intelligent Children ................................................................ 4 Parent Meetings, Tuesdays, 10/03-10/24 .......... 5:30-7:00pm
Girls Group ...................................................................................................................... 6 Parent Meetings, Thursdays, 10/12-11/16 ........... 4:00-5:00pm

Tantrums, Meltdowns & Rage: Parenting Strategies for Calming the Storm ........................................................................ 3 Parent Meetings, Mondays, 10/30, 11/13, 11/27 .... 6:00-8:00pm
Beginner’s AD/HD Group ............................................................................................... 2 Parent Meetings, Mondays, 10/16 & 12/11 ........... 6:00-7:15pm

Pay Attention to Attention (Intensive Weekend Format) .................................................................................. 1 Parent Meeting, Friday, 10/20 ......................... 6:30-8:30pm

Skills for Middle School Success ..................................................................................... 3 Parent/Student Meetings, Tuesdays, 11/07-11/21 .. 5:30-7:00pm

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