National Adoption Day Celebration | Saturday, November 17, 2018

Visiting families & children basked in a “state of love” at our offices this year! There were so many fond & familiar faces, including stars like Project Linus back again to wrap us in snuggles, and forest friends like Fred Meyer’s “Fred Bear,” and “Frank” the bat from Signal Light Puppet Theatre. Our star photographers deserve the spotlight themselves: Skot Lindstedt Photography and Molly Ree Photography, plus, prints again generously donated by Washington Street DocuMart. All of you are amazing supporters of these families!


We love and celebrate our helpful volunteers: custom art by Tal Hadar; ORPARC Interns Jessica Rogers & Josh Padove; Evan Brazie; Piper Gibson; Hazel Gould; Noah Radetsky; Amber Thomas; and diehard regulars Oregon Central Office DHS staff Sara Fassett, Francine Florendo, and Kathy Steiner. Finally, a big thank you to Oregon’s state adoptive families!

Voice for Adoption

SPEAKING OUT FOR OUR NATION’S WAITING CHILDREN

2018 Adoptive Family Portrait Project

In November, together with ORPARC, Voice for Adoption’s (VFA) 2018 Adoptive Family Portrait Project once again celebrated families who have adopted children from foster care. This annual project raises awareness among members of Congress about the real experiences of families adopting children who have spent time in the foster care system. Seven participating families from Oregon shared their stories along with a family portrait. Each family nationwide was matched with a Senator or Representative from their home state or district. The portraits and stories were featured on display in the Capitol office of each family’s respective Senator or Representative during November, National Adoption Month. This is the eighth year Oregon had full participation from all seven of our Congress members.

We are so proud to be Oregonians! Congratulations and thank you to these special families, and to each of the Oregon legislators who participated!
Happy Holidays Adoption and Guardianship Families!

As we are in the midst of the holiday season, it is a great time to take notice and be thankful for the wonderful adoption and guardianship families who have opened their homes to our children. We truly appreciate all the hard work you do to make a special home and have a positive impact on the children of Oregon. We understand you have the fun, rewarding, and challenging job, and our unit is very fortunate to offer support to you all.

To all of our guardianship assistance families, we would like to remind you of the ability to add a successor guardian to your current agreement with us. A successor guardian can be named in the Guardianship Assistance Agreement in the event something tragic happens and both (or one, if only one) guardians pass away or become incapacitated. When a successor guardian is named, the child remains eligible for guardianship assistance and the successor guardian may receive a guardianship assistance payment if other requirements are met, such as obtaining an approved fingerprint background check. The potential successor guardian(s) would need to be named on a new agreement before something unfortunate were to transpire. Please contact your assigned coordinator if you would like to add a successor guardian to your guardianship assistance agreement. **If you already have a successor guardian named, no need to call us. Please note, this is only for guardianship families.**

It is important for our unit to have your updated address and contact information. If there have been changes to your contact information, please contact our unit at 503-947-1134. This is especially important as it could affect your subsidy payment.

Congratulations to our own Karen Cremer, who has decided to embark on the wonderful journey of retirement. She will be greatly missed, and we will do our best to diligently fill her position in a timely manner. We also have a wonderful new addition to the team, Julie Lerum. Additionally, one of our coordinators, Lindsay Armstrong, has changed her name to Lindsay Williams. As we have had quite a few changes, please see the contact information provided below and feel free to contact us:

**Caseload distribution by last name of the adoptive/guardian family**

<table>
<thead>
<tr>
<th>Last Name of Family</th>
<th>Coordinator</th>
<th>Telephone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-C</td>
<td>Brenda Weitman</td>
<td>503-945-6729</td>
<td><a href="mailto:brenda.weitman@state.or.us">brenda.weitman@state.or.us</a></td>
</tr>
<tr>
<td>D-I</td>
<td>Mike Plumb</td>
<td>503-945-6632</td>
<td><a href="mailto:michael.plumb@state.or.us">michael.plumb@state.or.us</a></td>
</tr>
<tr>
<td>J-N</td>
<td>Barbara Schlewitz</td>
<td>503-947-5311</td>
<td><a href="mailto:barbara.schlewitz@state.or.us">barbara.schlewitz@state.or.us</a></td>
</tr>
<tr>
<td>O-R</td>
<td>Cathy Reeves</td>
<td>503-945-5685</td>
<td><a href="mailto:cathy.r.reeves@state.or.us">cathy.r.reeves@state.or.us</a></td>
</tr>
<tr>
<td>S-Z</td>
<td>Lindsay Williams</td>
<td>503-947-5371</td>
<td><a href="mailto:lindsay.k.williams@state.or.us">lindsay.k.williams@state.or.us</a></td>
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<th>Last Name of Family</th>
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</thead>
<tbody>
<tr>
<td>A-G</td>
<td>Vacant</td>
<td>503-945-6642</td>
<td>Vacant</td>
</tr>
<tr>
<td>H-O</td>
<td>Julie Lerum</td>
<td>503-947-5370</td>
<td><a href="mailto:julie.l.lerum@state.or.us">julie.l.lerum@state.or.us</a></td>
</tr>
<tr>
<td>P-Z</td>
<td>Sue Bakke</td>
<td>503-947-5312</td>
<td><a href="mailto:susan.bakke@state.or.us">susan.bakke@state.or.us</a></td>
</tr>
</tbody>
</table>
Race & Adoption
Tuesday, February 19, 2019 • 6:00pm - 8:00pm
Salem Hospital Building A, Rooms A61 & A62 • 890 Oak Street SE, Salem, OR 97301

Please join facilitator Astrid Castro of Astrid Castro Consulting for a free presentation & conversation around the lifelong commitment we make in transracial adoptions to explore matters of race & identity, confront racism in all its forms, and develop new skills & perspectives. What role do race & racism play in your adoptive family? What are the personal experiences that inform how you talk to adopted children in your life about where they are from? Where do you need to grow to be the best resource you can be for children who are adopted? While particularly of relevance to families directly in transracial adoptive families, this conversation will also raise questions of how we talk to children about important issues like race and identity, adoption, and cultural appropriation. See full flier here.

Collaborative training between Oregon Humanities and ORPARC.
Registration: Call ORPARC at 503-241-0799, 1-800-764-8367, or email orparc@nwresource.org

Transitions: When Children Have to Move

Part I Morning Session: 9:00am - 12:00pm
Despite what can sometimes be described as heroic efforts, we can’t stop children from having to navigate difficult transitions during their time in foster care. We CAN take important steps to ease these transitions, decreasing the risk of traumatic grief and increasing the possibility of resilience. Successful transitions require adults to be thoughtful, present, and attuned to children’s needs. This workshop will cover the neurobiology behind why transitions are so challenging, what adults can do to less the trauma of a transition, how to support children through the intensity of their feelings related to another transition, and the importance of open, honest, and authentic communication with even the youngest of children.

About the Presenter: Robyn Gobbel, LCSW, is a psychotherapist specializing in adoption, attachment, and trauma. She is the founder of the Central Texas Attachment & Trauma Center. She is a speaker, trainer, and writer whose greatest superpower is being with people in a way that makes them feel seen, gotten, heard, and deeply cared for.

ATTEND ONE OR BOTH SESSIONS!
See full flier here.

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<th>Time and Date</th>
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<tbody>
<tr>
<td>Southern Oregon</td>
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<tr>
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<td></td>
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Grief in Foster & Adopted Children (and Families)

Part II Afternoon Session: 1:00pm - 4:00pm
Foster Care & Adoption always begins with loss. Grief is inherent, although when and how children experience, express, and process their grief varies substantially. When parents, professionals, therapists and other helpers honor the grief inherent in foster care & adoption and understand the complexities of their losses, we open ourselves up to being more fully present for children to process their grief. This workshop will cover the losses inherent in foster care and adoption, grief related to adoption (including ambiguous loss), understanding why children grieve for abusive and neglectful families, supporting children through big, confusing, and overwhelming feelings, and how to notice if our own feelings may be being triggered and preventing us from being full present for children.

And don’t forget that... We have Gobbel webinars GALORE in the ORPARC library! Contact us to borrow titles like:

- Attachment: How Ours Impacts Theirs
- Jump OUT of the Trauma Tornado
- Untangling Disorganized Attachment
- How to Talk about the Hard Truths in Adoption
- And more!
Additions to the ORPARC Library

Library usage is available free to eligible families & professionals

ORPARC’s new **Openness** packet is a guide to understanding and nurturing contact with birth families and explores many facets of openness, including mediation, search and reunion, social media and openness, and how to honor all members of the adoption triad.

ORPARC’s updated **Transitions** packet contains a variety of materials to assist both caseworkers and families in preparing a child for transitions. It includes suggested activities to build attachment and age-specific transition checklists to be prepared by the child’s caregiver to assist the new family in learning about the child.

**Not Again, Little Owl** is a therapeutic picture book for children who are moving from a temporary to a permanent family. It focuses on children who have had multiple transitions. This is not a fairy tale, but a powerful and moving story which gets alongside the child’s experience. It has been written for foster carers, adopters, and professionals supporting children.

Full of pizzazz and adventure, **The Gingerbread Girl** takes children on an explorative journey of emotions, survival challenges, and determination. Written from a trauma perspective, unlike the traditional Gingerbread Boy story, it has a different ending that shows how even in the most challenging of situations, you can still remain in a place of personal power and confidence.

“I do not know a more precious gift to offer families than our help with loving connections.” – Deborah Gray

ORPARC is excited to add Deborah D. Gray’s new book **Promoting Healthy Attachments: Hands-On Techniques to Use with Your Clients** to our library! Deborah’s latest book is written for therapists but has information that savvy parents will also want to explore. She draws on her 30 years of practice experience to integrate the newest research on the brain and how it is impacted by the complex trauma that many children adopted from the child welfare (foster care) system experience. Beginning with her thoughtful introduction, Deborah provides the reader with hands on activities and emphasizes the importance of play, which is so often overlooked as a therapeutic and attachment building exercise for busy parents. Thank you, Deborah, for another amazing set of tools for therapists (and the parents they encourage)! Check it out from the ORPARC library, OR, dig in and use Deborah’s generous DISCOUNT CODE (http://wwnpag.es/gray18) that she has offered so that you can buy your own copy! Deborah is a cherished PNW trainer for both the foster & adoption PSU Child Welfare Partnership Training Program and Cascadia Training. Many thanks to you Deborah – you are so appreciated!
### Community Resources, Trainings & Events

**Center for Improvement of Child and Family Services**  
**PSU Child Welfare Partnership**  
[www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

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<thead>
<tr>
<th>METROPOLITAN REGION</th>
<th>18286 NE Glisan St, Portland, OR 97220</th>
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<tr>
<td><strong>January 22</strong>......</td>
<td><strong>Caring for the Sexually Abused Child</strong></td>
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<tr>
<td><strong>March 15-16</strong>.....</td>
<td><strong>Behavior Crisis Management Training</strong></td>
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<tr>
<td><strong>April 9</strong>.........</td>
<td><strong>Parenting in the Digital Age</strong></td>
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<td><strong>April 23</strong>........</td>
<td><strong>Behavior: Pouting to Punching</strong></td>
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<td><strong>May 11</strong>.......</td>
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### NetLink Trainings

**Morning NetLink Trainings**
- **Parenting a Child with Special Needs**
  - January 17
- **Ten Tips for Parenting Teens**
  - February 21
- **Children Can Hear**
  - March 14
- **Permanency Options for Caregivers**
  - April 4
- **Parenting to a Child’s Temperament**
  - May 16
- **Self-Harm: Putting the Puzzle Pieces Together**
  - June 6

**Evening NetLink Trainings**
- **Collaborative Problem Solving**
  - January 15
- **Caregivers and Caseworkers Teaming**
  - February 12
- **Effects of Trauma on Learning in Children 0 to 18**
  - March 12
- **Confidentiality: Not Just a Good Idea, it’s the Law**
  - April 2
- **Strong Parents/Strong Children**
  - May 7
- **Caregivers and the Juvenile Court**
  - June 4

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### Advocating for Adoption Assistance

**Webinar**
- **Tuesday, January 22, 2019 • 12:00pm**

> Often when government funding is tight, legislators cut adoption assistance programs, and advocates need to be ready to respond. Even if your adoption assistance program isn't under threat, proactive advocacy can maintain and enhance important benefits for children adopted from foster care. Learn how to advocate for adoption assistance programs by registering for the webinar today.

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### Save the Date:

**NACAC 45th Annual Conference**
- Pre-conference: July 17, 2019
- Full conference: July 18-20, 2019
- Las Vegas, Nevada
- View more information at [https://www.nacac.org/get-training/conference/](https://www.nacac.org/get-training/conference/)

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### Oregon Family Support Network

**“We are families and youth working together to promote mental, behavioral, and emotional wellness for other families and youth through education, support, and advocacy.”**

4275 Commercial Street SE, Suite 180, Salem, OR 97302
- 📞 503-363-8068 • ☎ 1-800-323-8521 • [www.ofsn.org](http://www.ofsn.org)

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**Oaks Park Roller Rink**
- 5:00pm - 7:00pm

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**April 14, 2019**

**FAMILY SKATE NIGHT**
Building Resiliency in Families and Organizations

Thursday, January 17, 2019 • 6:00pm - 8:00pm
Innovative Service Building • 9414 NE Fourth Plain Road, Vancouver, WA 98662

This workshop will cover compassion fatigue and burnout, developing self-care plans, reducing relational stress in marriages and other partnerships, and building resiliency as a parent of a child with behavioral symptoms.

Sibshops: for Brothers and Sisters, ages 5-12, of Kids with Special Developmental Needs

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>Saturday, February 9</td>
<td>9:30am - 12:00pm</td>
<td>Providence St. Vincent Medical Center</td>
<td>9205 SW Barnes Road, Portland, OR 97225</td>
</tr>
<tr>
<td>Saturday, March 2</td>
<td>9:30am - 12:00pm</td>
<td>Providence Milwaukie Hospital</td>
<td>10150 SE 32nd Avenue, Milwaukie, OR 97222</td>
</tr>
<tr>
<td>Saturday, April 6</td>
<td>9:30am - 12:00pm</td>
<td>Providence Newberg Medical Center</td>
<td>1001 Providence Drive, Newberg, OR 97132</td>
</tr>
</tbody>
</table>

Sibshops are lively, pedal-to-the-metal, award-winning celebrations of the many contributions made by brothers and sisters of kids with special needs. Sibshops acknowledges that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in between. They reflect a belief that brothers and sisters have much to offer one another – if they are given a chance. The Sibshops model mixes information and discussion activities with new games designed to be unique, offbeat and appealing to a wide ability range. Sibs ages 5-12! Snacks will be provided for the sibs. If there are any specific diet restrictions, please feel free to send along a snack. Register soon by calling 503-215-2429, space is limited.

The Center for Adoption Support and Education

www.adoptionsupport.org ➔ Education & Resources ➔ For Parents & Families ➔ Webinars

Webinar of the Month

The Self-Driven Child: How Promoting a Sense of Control Lowers Stress & Increases Motivation in Children & Teens

January 24, 2019
10:00am - 11:30am

Presented by Dr. William Stixrud and Ned Johnson

In-demand webinars available any time for a small fee of $10.00

• Beneath the Mask: Understanding Adopted Teens
• Emotional Regulation and Relaxation Techniques for Parent and Child I & II
• Empowering Children to Handle Questions/Comments about Adoption
• Parenting Your Child/Teen with Fetal Alcohol Spectrum Disorder (FASD)
• Taking the Fear Out of Open Adoption
• Talking with Children about Adoption
• Too Many Losses, Too Soon: Loss and grief among foster and adopted children
• We are still Family: Supporting Relationships between Separated Siblings

The National Child Traumatic Stress Network (NCTSN) was created to raise the standard of care and increase access to services for children and families who experience or witness traumatic events. Contact info@nctsn.org • www.nctsn.org

The NCTSN offers a new fact sheet to parents and professionals to understand why teens don’t disclose sexual assault. The fact sheet also contains information on how to support teens after disclosure of a sexual assault and the benefits of disclosure. To download this resource, click here. The NCTSN also has over two hundred webinars available free of cost on their website. Topics of webinars include:

• Trauma and Intellectual and Development Disabilities (IDD) Toolkit
• Traumatic Separation in the Child Welfare and Kincare Systems
• Addressing Transition Issues for Young Foster Children
• Engaging Schools: Developing School/Mental Health Partnerships
• Trauma and Distress Across Generations
Parenting a Second Time Around Support Group

Grandparents or relatives raising relative children are welcome to join the monthly support group. The group meets on the second Monday of the month from 10:00am - 12:00pm in the upstairs conference room at the NorthWest Senior and Disability Services building.

<table>
<thead>
<tr>
<th>Meeting Date</th>
<th>Topic of Support Group Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 11, 2019</td>
<td>“The Importance of Connecting with Community Resources in Your Community” with Patie Taylor from New Perspectives speaking on community resources for relatives as parents. Patie leads the grandparent support group through New Perspectives as a Family Support Partner.</td>
</tr>
<tr>
<td>March 11, 2019</td>
<td>“Overcoming Anger, Grief, Anxiety, and Depression when Raising Grandkids” with Joan Callander Dingle, author of <em>Raising Children of Drug Users &amp; Alcoholic</em>. Joan will present on some of the feelings we experience as relatives as parents.</td>
</tr>
</tbody>
</table>

Support group topics may change without advanced notice. There is no need to register in advance for this support group if you are parenting a second time around. If you would like additional information about the group, please contact Suzy Deeds at 503-304-3429 or suzy.deeds@nwsds.org. You may also contact 503-304-3420 for additional information about the Relatives as Parents Program.

Race and Racism: Talking with Children

Sunday, February 3, 2019 • 1:00pm - 5:00pm
2740 SE Powell Boulevard, Portland, OR 97202

In this four hour workshop we will cover our own biases and hesitations when talking about race and racism, the role race and racism play in your family and community, what being a race ally REALLY means as a parent of a person of color, and more.

Cost: $60 individual, $90 couple

Transracial Adult Adoptee Discussion Panel

Sunday, April 7, 2019 • 1:00pm - 3:00pm
2740 SE Powell Boulevard, Portland, OR 97202

This two hour panel offers a rare opportunity to listen as five adoptees have an open and honest conversation about our lived experiences as Transracial Adoptees. You will have a chance to hear our recommendations and insights first hand as we share our stories.

Cost: $30 individual, $60 couple

Culture Nights

First & Third Wednesdays 5:30pm - 7:30pm | Dinner at 5:30, activities to follow
5135 NE Columbia Boulevard, Portland, OR 97218

Culture Night is a time for families and community members to come together and share a meal, to learn traditions, crafts, and to practice intertribal powwow drumming and dancing. Culture Nights feature guest speakers, arts instructors and volunteers who guide community members to explore the many traditions of our diverse cultures.

Youth must be accompanied by a guardian or advocate.

All ages and levels of knowledge are welcome and encouraged to attend!
Free expression art workshops are back! All workshops are free and supplies are provided.

Children and Youth: 2nd Sunday of each month, 1:00pm - 2:30pm

Adults: 4th Sunday of each month, 3:00pm-5:00pm

Cedar Hills Rec Center
11640 SW Park Way, Portland, OR 97225

Please register in advance so we have enough supplies!

Join us for a free, autism-friendly swimming event!

This is open to the whole family, no music and no judgement. Please RVSP.

1st Saturday of each month, from 4:00pm - 5:45pm

Oregon City Swimming Pool
1211 Jackson Street, Oregon City, OR 97045

Pizza provided, but bring snacks for special diets.
Oregon Family to Family Health Information Center

The Oregon Family to Family Health Information Center (HIC) provides information to families who are navigating the complex world of special health care needs. OregonF2FHIC is available to come to your support group or community meeting and deliver trainings on the topics of Transition to Adult Health Care, Healthcare Advocacy, and Resources and More. Please call 855-323-6744 or email signorin@ohsu.edu for more information.

Parent Partners
In Your Community
Contact a parent partner in your area for support, information and help for your particular situation

Southern Coast.......................... Karen Plagmann, plagmann@ohsu.edu
Northern Coast.......................... Dawn Jackson, jacksdaw@ohsu.edu
Portland Metro........................... Shauna Signorini, signorin@ohsu.edu
All of Oregon.............................. Lydia Dennehy, dennehy@ohsu.edu
All of Oregon.............................. Tamara Bakewell, bakewell@ohsu.edu
Spanish-speaking (all Oregon)........ Marisa Marquez, 503-931-8930, marquez@ohsu.edu

Free Workshops by the Oregon Family to Family Health Information Center

Your Child’s Health Care:
Become a Strong Advocate to Help Your Child with Special Needs

Thursday, February 21, 2019 • 6:30pm - 8:00pm
Pediatric Therapy Services
304 NE Hood Avenue, Gresham, OR 97030

If your child requires frequent medical or therapy appointments, this training is for you. We will explore ways to manage insurance issues, learn about appeals, gain tips to communicate effectively with your child’s providers, learn how to help your children advocate for themselves, and much more. Join us for activities and discussion, refreshments, a mini resource fair featuring materials from more than 100 special needs programs and services, and sharing with other families of children with special needs. Please RSVP at 503-666-1333.

Northwest Adoptive Families Association • www.nwadoptivefamilies.org
NAFA is made up of families from all types of adoption: foster, domestic, and international.
NAFA provides support and education to families just beginning the adoption process through raising children into adulthood.

February 3 .............Jump High & Celebrate Adoption! .......... 4:00pm - 6:00pm ..................Sky High, Beaverton, OR
April TBD .............Splash! NAFA Swim Party ................... TBD ..................East Portland Community Center, Portland, OR
July 12-14 .............Annual Campout ............................... 3:00pm - 11:00am .......Nehalem Bay State Park, Nehalem, OR

Oregon Consortium of Family Networks (OCFN)
OCFN is a project of the Oregon Council on Developmental Disabilities and the Office of Developmental Disability Services

1. Bridging Communities: Jackson and Josephine counties, 541-690-6542
   info@bcoregon.org
2. Central Oregon Disability Support Network (CODSN): Deschutes, Crook, and Jefferson counties, 541-548-8559, dianna@codsn.org
3. Creating Opportunities: Polk, Yamhill, and Marion counties, 503-559-3424, support@creatingops.org
5. Family and Community Together (FACT): Clackamas, Clatsop, Columbia, Hood River, Lincoln, Multnomah, Tillamook, Wasco, and Washington counties, 503-786-6082, support@factoregon.org
6. Families Connected: Lane County, 541-343-5256 x113, laura.dahill@arclane.org
HRC Foundation and Clark University are conducting a survey of LGBTQ people to explore the impact of potential discrimination in the foster care and adoption systems in the U.S. The study will help advocates understand the barriers faced by prospective LGBTQ parents-seeking to provide homes to children in need. The survey will also examine how the lack of nationwide non-discrimination protections for LGBTQ people affects prospective adoptive and foster parents.

All LGBTQ people over the age of 18 are invited to participate in the survey at the following URL address:

https://hrc.az1.qualtrics.com/jfe/form/SV_0eTU6EXVP83tWhD?S=B

Family Equality Council is excited to announce the launch of their National Network of LGBTQ Family Groups! The National Network empowers, educates, and supports LGBTQ family groups and community leaders across the country. Have you ever considered starting a group? Do you currently run a group or work with a community agency or center who offers family programming? If so, consider joining the National Network of LGBTQ Family Groups. Membership is free, learn more and apply online at

www.familyequality.org/network

ORPARC’s LGBTQ Adoptive Parent Support Group

ORPARC’s Online LGBTQ Adoptive Parent Support Group is a welcoming, private forum for Oregon’s adoptive & assisted guardianship families eligible for ORPARC services. Members can connect with other LGBTQ parents in a safe, convenient environment, moderated by ORPARC Family Support Specialists. For more information or to join the private Facebook group, please contact Michael McGrorty, LGBTQ Resource Specialist (mmcgrorty@nwresource.org), or Arah Gould, Family Support Specialist (agould@nwresource.org) or call us at 503-241-0799 or 1-800-764-8367.
ORPARC is proud to present the first ever U.S. cohort for Richard Rose’s Certificate in Therapeutic Life Story Work! Participants spent three days growing, learning, and PLAYING with Richard last week and look forward to finishing their certification in April. All ORPARC Family Support Specialists will be certified in Therapeutic Life Story work and are eager to put their new knowledge to use supporting Oregon’s state adoptive and guardianship families, and their workers.

Are you also interested in becoming a certificate holder? Never fear! Richard will be returning in June to repeat the program with a second Therapeutic Life Story Work cohort.

Certificate in Therapeutic Life Story Work with Richard Rose

Oregon Post Adoption Resource Center (ORPARC) and international Life Story Work expert Richard Rose (AAP, MBA, BPhil, PGSwE, PQCCA, C.QSW) of Child Trauma Intervention Services in the UK are thrilled to debut the first and only U.S. based Certificate in Therapeutic Life Story Work beginning in 2019.

This certificate is currently only available in Australia and the UK!

In this six full day, six month intensive series, Master’s level (or higher) attendees will train with Richard Rose to gain an in-depth understanding of therapeutic life story work practice, and its incredible healing potential for children or adults who have experienced trauma or hardships that impact their ability to grasp a cohesive life narrative.

Cost is $1,250 which includes: 6 full days of training with complimentary CEUs, a copy of Richard’s book, awarding of the specialty Certificate, and all attendees who complete the series will be entered into a Directory of Therapeutic Life Story Work Certificate holders.

- Part I: June 2nd - 4th 2019, 9:00am - 5:00pm
- Part II: September 9th -11th 2019, 9:00am - 5:00pm

ORPARC Office (2950 SE Stark Street, Suite 130, Portland, OR)

Interested? Please email us at ORPARC@nwresource.org

For more details about the certificate program visit our website

Still can’t get enough of Therapeutic Life Story Work? Check out Richard Rose’s books from our library! *The Child’s Own Story, Life Story Therapy with Traumatized Children,* and *Innovative Therapeutic Life Story Work* are all helpful guides designed to enable children to explore, question, and understand the past events of their lives. These books provide effective tools that can be used to help children and young people recover from abuse and make sense of a disrupted upbringing in multiple homes or families.