

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Support Groups

Material Title: **Adopted Youth Support Group -- Manual**

Author: ORPARC Staff Loveland, Aura Lee *Non-Return Items* 2001

This manual contains eleven pages of step-by-step directions based on activities that were carried out in a support group that met in 2001. In addition, it contains selected activity sheets from a NACAC manual entitled "Family Preservation: The Second Time Around," which were used by the adopted children and the facilitators in the 2001 support group.

Material Title: **Developing a Parent-to-Parent Support Network**

Author: North American Council on Adoptable Children *Information Packets* April 2009 26 pages

This manual is intended to help parents and family advocates learn how to set up parent-to-parent networks to provide post-adoption support in their own communities. The document provides information on six model peer support programs and explores in detail NACAC's MN ASAP parent support network.

Material Title: **Effective Adoption Support Groups for Families (2 CDs)**

Author: Ardell Brackley, Michelle Hirst and Bernadette Hicks *CDs* 8/5/2011 28 minutes

Presented by Ardell Brackley and Michelle Hirst of Children's Friend & Service, and Bernadette Hicks of Adoption Rhode Island at the 37th NACAC Conference 2011 in Denver, Colorado. This training will explore the effect of support groups on both adoptive and pre-adoptive parents and the children in their care. Come learn how supportive it is for a family to meet with others who are having the same experiences and feelings. We'll discuss how separate parent and child support groups help parents and children stay together and work through the hard times.

Material Title: **Empowering Grandparents Raising Grandchildren: A Training Manual for Group Leaders**

Author: Carole Cox *Books* 2000 120 pages

A 14-session workshop designed to help grandparents who are raising their grandchildren alone. Professionals who use the manual can revise and expand upon the themes presented here to fit the needs of their particular work groups. Includes useful tips on communicating effectively with kids on drugs, sex, and sexually transmitted diseases, dealing with loss and abandonment, developing and maintaining self-esteem, dealing with their special behavior problems, as well as appropriate ways of instilling and maintaining rules in the home.

Material Title: **Innovative Adoptive and Foster Parent Groups across the Country (2 CDs)**

Author: NACAC Conference 2006 CD *CDs* 2006 3 hours

This institute provides information on innovative ways to identify the needs of and deliver support to parents in support groups. The speakers discuss how to conduct a needs assessment, develop a plan, and have a clear vision. You will hear from other creative support group leaders about what they are doing to stay energized and be proactive.

Material Title: **Starting and Nurturing Adoptive Parent Groups: A Guide for Leaders**

Author: Janet Jerve *Non-Return Items* 2002 67 pages

Produced by NACAC, this guide has chapters on types of groups, getting started, developing group identity, managing meetings, becoming nonprofit, financial planning and fund raising, and rejuvenating your group.

Material Title: **Tips and Techniques for Adoptive Parent Support Groups**

Author: Oregon Department of Human Resources *Non-Return Items* 14 pages

This pamphlet, produced by the state of Oregon, discusses the objectives and functions of various types of support group; organizational considerations such as time, place, size, who would facilitate, etc; considerations around group process; and more.

Material Title: **Transracial Support Groups: Gaining Cultural Confidence through Community Connections (CD)**

Author: Jeri Okamoto Floyd and Clara Chiu *CDs* 2006 90 minutes

This presentation, from the 2006 NACAC Conference, focuses on how transracial adoptive family support groups and parents can create positive ties to a child's birth heritage and facilitate racial, ethnic, and cultural connections through community outreach and programming.

Support Groups

Material Title: **Wasn't love supposed to be enough? Biographies of a Long-Term Adoptive Parent Support Group and Services for Adoptive Families**

Author: Barbara D. VanSlyck, Et. Al *Books* 1998 342 pages

This book chronicles the life experiences of several families who have participated in a support group for adoptive families. It contains a compilation of information and advice for families and professionals who are touched by adoption. There is also general information on support groups including a chapter on adopted youth groups.