

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Sexual Abuse

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Material Title: **Adoption and the Sexually Abused Child**  
 Author: Joan McNamara and Bernard H. McNamara *Books* 1990 164 pages

This anthology in twelve chapters draws on the experience and wisdom of a variety of experts, covering a wide range of issues in the complex area of adoption and sexually abused children.

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Material Title: **Adoptive Family as a Healing Resource for the Sexually Abused Child, The: A Training Manual**  
 Author: Deborah Minshew and Chrisan Hooper *Books* 1990 83 pages

Recognizing the importance of placing sexually abused children in families where they will be loved by trustworthy adults, and can feel worthy of being loved and cared for, these authors present a guide to help prepare adoptive parents to develop healthy family environments for such at-risk children. The manual describes how to integrate the sexually abused child successfully into the adoptive family, and includes advice on the management of inappropriate sexual behavior.

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Material Title: **Best of Adopted Child: For Parents Adopting Children Affected by Substance or Sexual Abuse**  
 Author: Lois Melina *Journals/Newsletters* 1982 to 1997

This collection of articles from 1982 to 1997 includes pieces on how cocaine and alcohol affect the unborn, hereditary vs. environmental influences on alcoholism, hyperactivity, and the effects and symptoms of sexual abuse.

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Material Title: **Child Who Has Been Sexually Abused, The**  
 Author: ORPARC *Information Packets* 22 pages

Part One, "What Is Sexual Abuse And How Does It Affect Children?" defines sexual abuse, gives anecdotal examples, lists symptoms, and outlines effects on children in different age groups. Part Two, "Parenting The Child Who Has Been Sexually Abused," defines three roles for adoptive and foster parents with concrete steps parents can take to fulfill those roles. It provides hypothetical "case studies" and asks thought-provoking questions related to those situations. Part Three shows how the parent can support the healing of a child who has been sexually abused.

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Material Title: **Creating Felt Safety (Audio-Part 1 of 2)**  
 Author: Robyn Gobbel *DVDs* 2017 74 minutes

This two-part webinar address the three places children are looking to determine if they are safe- and it's happening below conscious awareness! This means we can't TELL them they are safe- we have to create environments in which they can FEEL safe. Regulated, connected children who FEEL SAFE behave well. This two-part webinar will give you concrete tools that will help to create a sense of felt safety for your child, bringing more calm, connection, and FUN to your family.

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Material Title: **Creating Felt Safety (Audio-Part 2 of 2)**  
 Author: Robyn Gobbel *DVDs* 2017 52 minutes

This two-part webinar address the three places children are looking to determine if they are safe- and it's happening below conscious awareness! This means we can't TELL them they are safe- we have to create environments in which they can FEEL safe. Regulated, connected children who FEEL SAFE behave well. This two-part webinar will give you concrete tools that will help to create a sense of felt safety for your child, bringing more calm, connection, and FUN to your family.

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 Author: Robyn Gobbel *DVDs* 2017 74 minutes

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## Sexual Abuse

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Material Title: **Creating Sexual Safety in Adoption and Foster Care (2 CDs)**  
Author: NACAC Conference *CDs* 2011 84 minutes

This material is a recording from the NACAC Conference in August 2011. Presented by Wayne Duehn, School of Social Work, University of Texas at Arlington (retired). In this session, workers will develop knowledge and skills to help parents address the needs of adopted children who have been sexually abused. Discover how to enable parents to create a healing milieu to counteract the negative impact of trauma on a child's psychosocial and cognitive development, and to enhance positive self-esteem. Learn how to help adoptive families become the central ingredient in their children's recovery.

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Material Title: **Family Influences on Childhood Behavior and Development: Evidence-Based Prevention and Treatment Approaches**  
Author: Thomas Gullotta and Gary M. Blau *Books* 2008 327 pages

This collection of 13 essays intended for clinicians examines factors associated with families in distress and factors that promote healthy coping skills and resilience. The first 5 chapters explore what family means today, circumstances that can make family life challenging or painful, and how prevention and treatment approaches can help. The next 8 chapters focus on potentially distressing events, including adoption, divorce, stepfamilies, lesbian and gay families, foster care, parents with mental illnesses, physical abuse, and sexual abuse.

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Material Title: **Father-Daughter Incest**  
Author: Judith L. Herman *Books* 1981 249 pages

New Afterword 2000: Through an intensive clinical study of forty incest victims and numerous interviews with professionals in mental health, child protection, and law enforcement, Judith Herman develops a composite picture of the incestuous family. In a new afterword, Herman offers a lucid and thorough overview of the knowledge that has developed about incest and other forms of sexual abuse since this book was first published.

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Material Title: **Fawn's Touching Tale: A story for children who have been sexually abused**  
Author: Irene Wineman-Marcus and Agnes Wohl, LCSW, ACSW *Children's Books* 5/26/18 30

i. Introduction to Parents, School Personnel and Psychotherapists: There are many books aimed at the prevention of sexual abuse; few story books are geared for children that deal with the profound emotional aftermath. This book is unique because it offers the use of engaging animal protagonists, which allows the child to work through painful emotions in a less threatening and more effective manner. Among the most universal issues for the sexually abused child are: the mixed feelings toward the abuser, the dread and wish to be loved, the difficulties of disclosing the abuse, the fear of being blamed and/or of not being believed. The effects frequently culminate in a sense of vulnerability, damaged self-esteem, guilt and faulty defenses against the feelings of being hurt. This can lead to a wide range of self-destructive behavior in childhood and adulthood. This gentle, "child friendly", animal tale provides children with a story they can listen to again and again. Parents, psychotherapists and school professionals can use this book as a point of entry into complex feelings that the youngster, or any sexually abused person might experience. Our hope is that with the help of this book, the child will begin the process of healing and gradual resumption of his or her healthy psychological development.

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Material Title: **Guide For Parents of Children Who Molest, A**  
Author: Eliana Gil *Books* 1995 30 pages

This pamphlet is for parents who face a crisis when their child molests, and who must resolve their own feelings of denial, anger and shame while helping their child through this difficult time. This is particularly stressful when there is sibling sexual abuse.

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Material Title: **Handbook of Social Work in Child and Adolescent Sexual Abuse**  
Author: Carolyn Hilarski *Books* 2008 270 pages

This collection of essays for professionals encompasses the spectrum of child and adolescent sexual abuse. It offers practical, up-to-date, and compassionate methods for supporting and treating those immediately affected, and it provides the latest information on assessment, management, prevention, and policy.

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Material Title: **Healing Power of Play, The: Working with Abused Children**  
Author: Eliana Gil *Books* 1991 196 pages

This book, for professionals working with abused children, examines Play Therapy and abused children from the perspective of Gil's work with five specific cases. She offers the backgrounds of these cases and describes her work with the children in each example.

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Material Title: **Healing The Incest Wound: Adult Survivors in Therapy**  
Author: Christine A. Courtois *Books* 1988 355 pages

This book, written for therapists, begins with a general introduction by category, type, characteristics, and family and individual dynamics. In the next section the symptoms, short-term aftereffects, and long-term elaborations of incest are examined from four perspectives. The final section describes the salient issues and strategies of incest therapy, which may involve a combination of individual, group, couples and family therapy.

## Sexual Abuse

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Material Title: **Helping Children with Sexual Behavior Problems: A Guidebook for Professions and Caregivers**  
 Author: Toni Cavanagh Johnson *Books* 2016 44 pages

When young children engage in behaviors related to sex and sexuality that are not within the normal range for their age and stage of life, caregivers struggle with how to guide the children, understand and manage the behaviors. This booklet provides detailed help for the parents/caregivers of children twelve and younger with worrisome sexual behaviors. These guidelines take into account the neighborhood, home and familial environment in which the child lives, the child's temperament and developmental stage, and the possible contribution of the caregivers. The booklet begins with nine pages, which help the reader understand children with sexual behavior problems (CSBP). Healthy environments for the CSBP are then detailed with guidelines for healthy boundaries.

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Material Title: **Internet Crimes Against Children Task Force (2 CDs)**  
 Author: CD *CDs* 1999

This interactive CD-ROM, produced by the Internet Crimes Against Children Taskforce, offers stories for grades K-2; grades 3-6; middle & high school; and for parents/communities, that allow participants to interact and make safe choices, while alerting viewers to the array of dangers that are out there.

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Material Title: **It's My Body: A Book to Teach Young Children How to Resist Uncomfortable Touch\* (Children's Materials)**  
 Author: Lory Freeman *Children's Books* 1982 24 pages

This illustrated book for preschool children teaches them about boundaries and the difference between "good" and "bad" touches. Also discusses appropriate responses to unwanted touching . Also available in Spanish

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Material Title: **My Body Is Private\* (Children's Materials)**  
 Author: Linda Walvoord Girard *Children's Books* 1984 25 pages

Pictures by Rodney Pate. This book gives us glimpses into the day-to-day life of Julie, the prepubescent girl who is the book's narrator. Readers learn that there are welcome and unwelcome forms of touching, and how to tell someone when you are not comfortable with being touched or held. The message is pretty straight-forward but it avoids being alarmist.

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Material Title: **Not in Room 204: Breaking the Silence of Abuse\* (Children's Material)**  
 Author: Shannon Riggs *Children's Books* 2007 29 pages

This beautifully illustrated (by Jaime Zollars) winner of the 2007 Oregon Book Award for children's literature focuses on the grade school classroom of Mrs. Salvador, who instills basic values such as honesty, neatness, and courteousness. The day after she talks to the class about reporting inappropriate touching, one of her students comes forward.

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Material Title: **One Small Boat: The Story of a Little Girl, Lost Then Found**  
 Author: Kathy Harrison *Books* 2006 224 pages

From the author of Another Place at the Table, this book focuses on five-year-old Daisy, one of the numerous children the Harrisons have taken in over the years. It is a story of real people, warts and all, who struggle to bring a safe haven to children who have endured extraordinary hardships and of the realities of the systems in place to protect them.

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Material Title: **Parenting the Sexually Troubled Child (4 CDs)**  
 Author: Kathy Nordahl *CDs* 2000 3 hours

This October 18, 2000 training, designed to assist parents with assessing the severity of their child's behaviors along with practical interventions when children need help, was presented to a small group of parents with time for questions and consultation. (4 CDs)

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Material Title: **Parenting the Sexually Troubled Child (Audiotape)**  
 Author: Kathy Nordahl *Audiotapes* October 18, 2000 3 hours

This October 18, 2000 training, designed to assist parents with assessing the severity of their child's behaviors along with practical interventions when children need help, was presented to a small group of parents with time for questions and consultation.

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Material Title: **Psychological Assessment of Sexually Abused Children and Their Families**  
 Author: William N. Friedrich *Books* 2002 279 pages

This book for professionals examines purposes of psychological evaluation and sets forth a theoretical framework for assessment of children believed to have been sexually abused and their families. Nineteen appendixes (41 pages) follow the text.

# Sexual Abuse

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Material Title: **Sexual Safety in Adoption and Foster Care: A Prerequisite to Healing (2 CDs)**

Author: CD *CDs* 2008

In this presentation, recorded at the 2008 NACAC Conference in Ottawa, adoption workers learn how to help adoptive parents create a healing milieu to counteract the negative impact of past trauma on a child's psychosocial and cognitive development and to enhance positive self-esteem. Learn how to enable adoptive families to become the central ingredient in the recovery of these children.

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Material Title: **Sexuality: Your Sons and Daughters with Intellectual Disabilities**

Author: Karin Melberg Schwier *Books* 2000 196 pages

From this book, parents will learn how to interact with their children-no matter their age or ability-in a way that increases self-esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships. Parents share the joys and challenges of raising a child with an intellectual disability and offer helpful advice and practical strategies. Individuals with intellectual disabilities explain, too, what is important to them.

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Material Title: **Sexually Reactive and Aggressive Children (VHS)**

Author: Ed-Net Series *Videotapes* 1996 2 hours

EXPLICIT LANGUAGE: This panel presentation includes foster parents and two professionals. A continuum of behaviors is described for children from birth to age 12. In the first half, professionals, highlight the components of a good assessment (locating behavior along the continuum?) and types of treatment. In the second half, foster parents detail practical tips for living with children who act out sexually. The importance of supervision; establishing trust, boundaries, confidentiality and safety; open communication; and sex education are emphasized.

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Material Title: **Sexually Reactive Children in Adoption and Foster Care**

Author: Joan McNamara *Books* 1994 138 pages

This anthology discusses the complicated intertwining of abuse and attachment and the need to effectively respond to children's abuse-reactive behaviors.

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Material Title: **Telling Secrets: An Artists Journey Through Childhood Trauma**

Author: Jane Orleman *Books* 1998 113 pages

Artist/author, Jane Orleman's frank, explicit paintings here are graphic and unsparing in their power. Through a generous selection of visual images and text, this work expresses the legacy, in an individual life, of childhood physical and sexual trauma, and the transformations that take place when healing occurs.

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Material Title: **Too Scared to Cry: Psychic Trauma in Childhood**

Author: Lenore Terr *Books* 1990 340 pages

Child psychologist, Lenore Terr presents tales of terror, related to her by young victims of severe childhood trauma, in a way that is at once fascinating and educational. She shows how this trauma has affected not only the children, but all of us.

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Material Title: **Treating Abused Adolescents**

Author: Eliana Gil *Books* 1996 206 pages

This book offers practical, step-by-step guidance for mental health professionals, demonstrating how they can communicate and work more effectively with adolescents who have suffered from abuse.

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Material Title: **Treating Children with Sexually Abusive Behavior Problems**

Author: Jan Burton *Books* 1998 254 pages

This book provides "Guidelines For Practice" in the first part, which describes different approaches and treatments. The second part offers activities in each of the areas of Accountability, Empathy, Coping with Trauma, Relationship Skills, Sexuality, and the power of the Treatment Plan. The book links together individual, group and family treatment into one integrated, comprehensive program that treats both the perpetrator and victim in tandem.

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Material Title: **Treating Sexually Abused Children in Adoptive Families**

Author: Helen L. Swan *Books* 1993 71 pages

This book presents the "Adoption/Sexual Abuse Treatment Model" (ASAT), an approach designed to integrate sexual abuse treatment and adoption theory into a systemic framework. The treatment progresses through four phases beginning before placement, and at each phase, the roles and tasks of each team member (parents, therapist, case worker, etc.) are spelled out. Although therapists are the intended audience, adoptive parents and adoption workers will also benefit from the insights and structure laid out in this book.

## Sexual Abuse

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Material Title: **Treating the Aftermath of Sexual Abuse: A Handbook for Working with Children in Care**  
Author: Osmond *Books* 1998 144 pages

This handbook is intended to guide caregivers and other professionals as they learn to understand the child's story in the signs and signals that he or she gives them through behavior. As caregivers become careful, thoughtful listeners, they will be able to use day-to-day events in helping the child tell his or her story, understand how abuse has shaped the child's life, and find the path to healing.

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Material Title: **Understanding Children's Sexual Behaviors: What's Natural and Healthy**  
Author: Cavanagh Johnson Toni *Books* 2015 44 pages

This is an attractive, easy-to-read, highly informative and practical booklet for parents, foster and adoptive parents, therapists, teachers, school counselors, mental health providers, child protective services workers, CASA, police, and anyone else who wants to understand children's sexual behaviors. The booklet is designed to help understand what is healthy sexual behavior and development in children up to twelve years of age in addition to what is concerning and what may be abusive sexual behavior by children.

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Material Title: **Understanding Your Child's Sexual Behavior: What's Natural and Healthy**  
Author: Toni Cavanagh Johnson *Books* 1999 186 pages

This readable, easily understood book for parents and caregivers explains children's developing sexuality -- when their behaviors are normal and when to be concerned. It focuses on children from birth to approximately 12 years, providing valid strategies to both understand the behavior and respond to it.

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Material Title: **Very Touching Book, A...for Little People and for Big People (Children's Materials)**  
Author: Jan Hindman *Children's Books* 1983 50 pages

This book is intended to be read and shown to a child by a parent. Through pictures and words, it teaches appropriate and inappropriate touching. It is written on a child's level, but the cartoon like illustrations are anatomically correct to avoid confusion.

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Material Title: **Wetting and Soiling: Foster Parent College (DVD)**  
Author: DVD *DVDs* 2004 42 minutes

With abused and neglected children, the toilet can become a battleground of emotional upset and rebellion - as well as a window into a child's past. This course examines five types of problems: wetting as an emotional outlet, wetting as self-defense, classic wetting problems, soiling and smearing feces, constipation and withholding stools. Includes discussion guide and questionnaire.

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