

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Sensory Integration

Material Title: **Answers to Questions Teachers Ask About Sensory Integration**

Author: Carol Stock Kranowitz and Stacey Szklut *Books* 2001 50 pages

This handbook/guidebook, from the author of *The Out-of-Sync Child*, is full of forms, checklists, usable descriptions and definitions, monitoring charts, diagnostic devices, to-do lists, and other practical tools to help parents and teachers monitor and understand their children's functioning.

Material Title: **Attaching Through Love, Hugs and Play**

Author: Deborah D. Gray *Books* 2014 196 pages

Capturing the warmth and fun of forming close relationships with children, this book offers simple advice to parents of children who find it difficult to attach and bond - whether following adoption, divorce or other difficult experiences. Attachment therapist Deborah D. Gray describes how to use the latest thinking on attachment in your daily parenting. She reveals sensory techniques which have proven to help children bond - straightforward activities like keeping close eye contact or stroking a child's feet or cheeks - and explains why routines like mealtimes and play time are so important in helping children to attach. The book offers positive ideas for responding to immediate crises like difficult behavior and meltdowns, but importantly also offers longer-term strategies to help children to develop the skills they need to cope as they grow up - the ability to plan, concentrate and be in control of their emotions.

Material Title: **Brain Gym: Simple Activities for Whole Brain Learning**

Author: Paul E. and Gail E Dennison *Books* 1986 36 pages

This book, in first-person story format, includes the 26 Brain Gym movements and simple instructions for how to perform them correctly. Included are specific routines of movement for specific skills such as reading comprehension and hand-eye coordination. If you know that you or your child has the ability or the information but can't seem to call upon it at will, you might benefit from having a copy of Brain Gym.

Material Title: **Case Studies in Infant Mental Health: Risk, Resiliency, and Relationships**

Author: Joan J. Shirilla and Deborah J. Weatherson *Books* 2002 203 pages

Offers 12 real-life stories written by infant mental health specialists about their work with young children and families. Each case study also reveals the supervision and consultation that supported the specialist, and the specialist's interaction with the larger service system.

Material Title: **Fragile X Syndrome: Medical and Educational Approaches Toward Intervention (Audiotape)**

Author: Randy Jenssen Hagerman *Audiotapes* 1994 90 minutes

This 90-minute audio cassette contains a discussion of medical and educational approaches toward the treatment of individuals with Fragile X Syndrome. This discussion includes a framework for understanding sensory integration theory as it applies to the child's functional roles as family member, student and member of the community.

Material Title: **How Does Your Engine Run?: A Leader's Guide to The Alert Program for Self-Regulation**

Author: Mary Sue Williams *Books* 1996 130 pages

This "Leader's Guide" is intended for professionals who use sensory integration techniques. Those who are unfamiliar with this theory can implement the program with consultation from an occupational therapist or other professional trained in sensory integration. All will find the introductory booklet (See next entry.) useful, whether or not they are familiar with sensory integration theory.

Material Title: **How To Be A Superhero Called Self-Control!**

Author: Lauren Brukner *Children's Books* 2016 112 pages

Meet Self-Control, a superhero who wants to teach young children his super powers of self-control! Anxiety, frustration, anger, and other difficult feelings won't stand a chance against their new-found powers. Self-Control teaches children with emotional and sensory regulation difficulties aged approximately 4-7 how to calm themselves using self-massage, deep pressure, breathing exercises, and activities such as making an imaginary list and finding their own peaceful place. This illustrated book also features an appendix with photocopiable super power charts, reinforcers, and reminder tools to ensure that parents, teachers, and other professionals can support children in upholding superhero strategies even after the book has been read.

Material Title: **Love is a Start: The Real Challenges of Raising Children with Emotional Disorders**

Author: Donna Shiels *Books* 1999 326 pages

Telling of her own courageous experience with two adoptive sons, Shiels demonstrates the incredible progress that is possible for children with neurological impairments.

Sensory Integration

Material Title: **Making Sense of Sensory Integration (Audiotape)**

Author: Audio *Audiotapes* 1998 75 minutes

This tape and accompanying 37 page booklet with reproducible checklists and resource material tell parents and caregivers what SI is, how problems with SI affect children, how a diagnosis is made and what the appropriate treatment might be, and how SI difficulties might affect the child and family in their daily lives – at home, at school, and in the community.

Material Title: **Misunderstood Child, The: Understanding Sensory Integration (Audiotape)**

Author: Lynnette Burke *Audiotapes* February 2006 4 hours

This tape of an ORPARC sponsored training at PSU explores the role Sensory Integration (defined as the ability to organize and process sensory input and to use that information to respond to the demands of our daily lives) plays in the lives of some children neurologically affected by pre-natal exposure to drugs or alcohol, or early exposure to violence, terror, or severe neglect. In other words, many of the children the state places into foster and adoptive homes! This video highlights the power of understanding Sensory Integration and its relationship to children's behavior.

Material Title: **Misunderstood Child, The: Understanding Sensory Integration (CD)**

Author: Lynnette Burke *CDs* February 2006 4 hours

This tape of an ORPARC sponsored training at PSU explores the role Sensory Integration (defined as the ability to organize and process sensory input and to use that information to respond to the demands of our daily lives) plays in the lives of some children neurologically affected by pre-natal exposure to drugs or alcohol, or early exposure to violence, terror, or severe neglect. In other words, many of the children the state places into foster and adoptive homes! This video highlights the power of understanding Sensory Integration and its relationship to children's behavior.

Material Title: **No Longer A SECRET: Unique Common Sense Strategies for Children with Sensory or Motor Challenges**

Author: Doreit Bialer *Books* 2011 238 pages

This invaluable resource by Dr. Lucy Jane Miller and Doreit Bialer helps teach cost effective, functional, on the spot tips to use for children with sensory issues at home, at school, or in a community setting. Any parent, teacher, or therapist can use this book and help a child with sensory or motor issues!

Material Title: **Out-of-Sync Child Has Fun, The: Activities for Kids with Sensory Integration Dysfunction**

Author: Carol Stock Kranowitz *Books* 2006 324 pages

The first accessible guide to examine Sensory Processing Disorder, The Out-of-Sync Child touched the hearts and lives of thousands of families. Carol Stock Kranowitz presents more than one hundred playful activities specially designed for kids with SPD.

Each activity in this inspiring and practical book is SAFE—Sensory-motor, Appropriate, Fun and Easy—to help develop and organize a child's brain and body. Whether your child faces challenges with touch, balance, movement, body position, vision, hearing, smell, and taste, motor planning, or other sensory problems, this book presents lively and engaging ways to bring fun and play to everyday situations.

Material Title: **Out-Of-Sync Child, The: Recognizing and Coping with Sensory Integration Dysfunction**

Author: Carol Stock Kranowitz *Books* 1998 260 pages

If your child is difficult, picky, oversensitive, clumsy, unpredictable, inattentive or a combination of these, he or she may have Sensory Integration Disorder, a frequently misdiagnosed condition that can lead to abnormal activity levels, problems with motor coordination, or inappropriate sensitivity to sensation and movement. "The Out-of-Sync Child" explains how to recognize and treat children with this common disorder.

Material Title: **Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment**

Author: Georgia DeGangi *Books* 2000 371 pages

This book represents state of the art coverage of the latest theory, research and treatment strategies for infants and children with problems of regulation. Designed for mental health professionals and occupational therapists working with infants and children, this comprehensive book provides the most recent advances in addressing disorders of self-regulation. Screening and assessment procedures are described in detail to help the reader evaluate self-regulation, attention, sensory processing, and parent-child interactions in infants and children. This book is the first of its kind to integrate treatment approaches from the fields of infant/child mental health and sensory integration.

Sensory Integration

Material Title: **Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In - When to Worry and When Not to Worry**

Author: Perri Klass, M.D. and Eileen Costello, M.D. *Books* 2003 360 pages

From the fourth-grade girl who never gets invited to a birthday party because classmates think she's "weird", to the geek who is terrific at math but is failing every other subject, quirky children are different from other kids in ways that they – and their parents – have a hard time understanding. They present a host of challenges that standard parenting books fail to address. Seasoned pediatricians Perri Klass and Eileen Costello provide expert guidance that families with quirky children so desperately need. Illuminating the confusing list of terms often applied to quirky children - from Asperger's Syndrome and "nonverbal learning disability" to "obsessive-compulsive behavior" and Sensory Integration Dysfunction, the authors also discuss various therapy options, coping strategies, and available medications. Most of all, they will help quirky kids lead rich, fulfilling lives at home, at school, even on the playground.

Material Title: **Raising A Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Integration Issues**

Author: Lindsey Biel and NancyPeske *Books* 2005 339 pages

This handbook has chapters on finding and working with occupational therapists; practical solutions for daily problems; a wide range of developmental issues; advocating for your child at school; special challenges for teenagers; empowering your child in the world; and much more.

Material Title: **Raising Resilient Rascals 2008: Disc 1 (DVD)**

Author: DVD *DVDs* 2008 3 hours

This disk includes the following presentations from the 2008 conference: "The Nature and Nurture of the Brain" with Julian Davies; "The Dichotomy of Foster Care Adoption" with Paulette Caswell; and "Raising Resilient Rascals in a Raging Rambunctious World" – on sensory processing – with Stephen T. Glass.

Material Title: **Seeing Clearly: A Synergistic Blend of Behavioral Optometry and Occupational Therapy Focused on Enhancing Visual Perception**

Author: Lois Hickman *Books* 2000 22 pages

This booklet provides an overview of the development of vision, with a checklist of warning signs of vision problems – based on the studies of behavioral optometry; a discussion of the importance of integrating all the senses equally in the development of optimal visual skills – rooted in the field of occupational therapy; and practical, playful activities designed to improve visual skills in both adults and children.

Material Title: **SenseAbilities: Understanding Sensory Integration**

Author: Maryann Colby Trott *Non-Return Items* 1993 69 pp

This booklet, written in easy-to-understand language for parents of children who have problems integrating sensory input, opens the door to understanding and treating the disorder. It introduces some of the difficulties the child may encounter, examines specific types of problems related to the disorder, and offers ways to help remediate those problems. Suggested techniques are straightforward and nurturing, respecting the child's dignity. They are easy to implement and fun too.

Material Title: **Sensory Integration (DVD)**

Author: TCU Institute of Child Development *DVDs* 2010 10 minutes

A key element of typical development is the capacity to process and regulate environmental input. Sadly, children who have experienced prenatal exposure to drugs or alcohol, early trauma, abuse or neglect, are at high-risk for sensory disorders. In this lecture, developmental psychologist and Director of the Texas Christian University Institute of Child Development, Dr. Karyn Purvis, explains risk factors and warning signs for Sensory Processing Disorders and offers practical interventions for parents and professionals. This DVD features a Q&A session that explores common questions about sensory disorders.

Material Title: **Sensory Integration and Self-Regulation in Infants and Toddlers: Helping Very Young Children Interact with Their Environment**

Author: G. Gordon Williamson and Marie E. Anzalone *Books* 2001 130 pages

Every child has a unique pattern of taking in and responding to information from the senses. Written for a multidisciplinary audience of infant-family professionals, the authors integrate knowledge from a variety of fields to help readers understand sensory development, and learn about effective assessment and intervention approaches.

Material Title: **Sensory Integration and the Child**

Author: A. Jean Ayres *Books* 2005 168 pages

This volume explains sensory integrative dysfunction, how to recognize it, and what to do about it. Helpful tips, checklists, question-and-answer sections, and parent resources make it informative and useful. Indispensable reading for parents, this book is also an excellent way to improve communication between therapist, parents and teachers.

Sensory Integration

Material Title: **Sensory Processing for Parents: From Roots to Wings (DVD)**

Author: DVD *DVDs* 1998 28 minutes

This DVD presents information about sensory processing disorders, addressing difficulties in motor coordination/planning, self-regulation and sensory defensiveness. Children are seen doing the kinds of sensory activities that help them to be successful in daily life and to feel good about themselves. Parents explain the impact these difficulties have had on the lives of their children. A major focus of this video is on strategies for addressing these sensory concerns.

Material Title: **Sensory Processing for Parents: From Roots to Wings (VHS)**

Author: *Videotapes* 1998 28 minutes

This video presents information about sensory processing disorders, addressing difficulties in motor coordination/planning, self-regulation and sensory defensiveness. Children are seen doing the kinds of sensory activities that help them to be successful in daily life and to feel good about themselves. Parents explain the impact these difficulties have had on the lives of their children. A major focus of this video is on strategies for addressing these sensory concerns.

Material Title: **Sensory World, A: Making Sense of Sensory Disorder (DVD)**

Author: TCU Institute of Child Development *DVDs* 2010 98 minutes

This DVD offers insight and understanding about sensory issues that may make it difficult for a child to function at home and school. Parents and professionals will learn to recognize the difference between sensory problems and problem behaviors and how to help children overcome everyday struggles that hamper their success.

This encouraging video features Dr. Karyn Purvis and Dr. David Cross, child development researchers from Texas Christian University's Institute of Child Development, and Carol Kranowitz, author of the best seller "The Out of Sync Child". These experts offer proven interventions and practical exercises to help children cope with sensory issues which will lead to enriched relationships and improved self-esteem and learning.

Material Title: **Songames For Sensory Integration (CD)**

Author: Belle Curve Records *CDs* 1999 87 minutes

This tape and accompanying 37 page booklet offers 25 therapist-created "Songames" to enhance oral motor skills, and expressive language play, while decreasing tactile, auditory, visual and sensory defensiveness in kids from age 3 to 8.

Material Title: **Songames For Sensory Integration (Audiotape)**

Author: Belle Curve Records *Audiotapes* 1999 87 minutes

This tape and accompanying 37 page booklet offers 25 therapist-created "Songames" to enhance oral motor skills, and expressive language play, while decreasing tactile, auditory, visual and sensory defensiveness in kids from age 3 to 8.

Material Title: **Teachers Ask About Sensory Integration (Audiotape)**

Author: Carol Stock Kranowitz and Stacey Szklut *Audiotapes* 1999 05 minutes

This tape and accompanying 42-page booklet with reproducible checklists is for you to share with any teacher willing to make an attempt to understand why problems in sensory integration affect learning, to learn useful strategies for helping these kids engage and focus, and to improve the educational and social performance of kids with SI challenges.

Material Title: **Too Loud, Too Bright, Too Fast, Too Tight: What to Do If You Are Sensory Defensive in an Overstimulating World**

Author: Sharon Heller *Books* 2002 308 pages

The author of this book about treating people who have sensory integration difficulties is herself sensory defensive. She shows how the condition, if untreated, can cause secondary effects, and she offers practical treatments based on a recognition that this is a neurological, not a psychological condition.

Material Title: **Tools for Tots: Sensory Strategies for Toddlers and Preschoolers**

Author: Diana A. Henry, Maureen Kane-Wineland, and Susan Swindem *Books* 2007 53 pages

This book is designed to offer practical sensory options to improve the ability of toddlers and preschoolers to function in their environments at home, in child care centers and in school.
