

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Pre-adopt

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Material Title: **Adopting a Toddler: What Size Shoes Does She Wear?**  
 Author: Denise Harris Hoppenhauer *Books* 2002 192 pages

This book dubs itself "A Comprehensive Guide to Toddler Adoption," and that's a pretty accurate description. Intended for those planning to adopt, it covers different types of adoption (domestic, international, ...) and offers ideas for every part of the process, including chapters on naming your child, baby showers, wardrobe, child safety, mealtime, bath time, toilet training, and much more. Though much of this book focuses on pre-adoption, there is also post-adoption information.

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Material Title: **Best of Adopted Child: For Waiting or New Adoptive Parents**  
 Author: Lois Melina *Journals/Newsletters* 1982 to 199.

This collection of articles from 1982 to 1993 includes pieces on rituals to enhance the sense of family, bonding and attachment, and paradoxes and problems around disclosing your child's adoption.

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Material Title: **Open Adoption, Open Hearts (2 CDs)**  
 Author: Terri Kirby, Lisa Rankins, Jennifer and M. Gerrits *CDs* 8/4/2011 27 minutes

Presented by Terri Kirby, adoptive parent, Lisa Rankins, birth mother, Jennifer Gerrits of the Saint John Adoptive Parents Association, New Brunswick, and Michelle Gerrits, adoptee, New Brunswick at the 37th NACAC Conference 2011 in Denver, Colorado. This workshop profiles two families' open adoption experiences. A birth mother and the woman who adopted her son will share their journey, which began on opposite sides of a courtroom. They developed a strong bond and learned about love, trust, patience, and understanding. In the second story, a parent and an adopted teen share how they gradually opened an adoption from foster care. The presentation will include practical information for parents considering connecting with their children's birth family.

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Material Title: **Story of Megan, The\* (Children's Materials)**  
 Author: Daniel Gregg *Children's Books* 1980 15 pages

Megan is so anxious about the thought of being adopted that her tummy feels funny! She wonders what it means to be adopted, and what being part of a forever family will be like for her. When she meets the mom and dad who will adopt her she wonders "How can I fit into this family?" The Story of Megan addresses some of the questions and feelings that children may have when going into adoption.

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Material Title: **Supporting An Adoption**  
 Author: Pat Holmes *Books* 1982 21 pages

Written for friends and relatives, this booklet explains how they can be sensitive and helpful to the prospective or current adoptive family.

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Material Title: **With Eyes Wide Open: A Workbook for Parents Adopting International Children Over Age One**  
 Author: Margi Miller *Books* 1996 155 pages

Although this series of intellectual and emotional exercises in workbook format is intended for those about to adopt internationally, much of the book is relevant to the adoption of any child over the age of one, especially a transracial adoption. It addresses acting out, adjustment issues, testing, culture shock, separating from caretakers, bonding to a rejected child, and consequences of early childhood rejection.