

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Neurological

Material Title: **Assessing, Treating and Living with FAS/ARND (VHS)**
 Author: Ed-Net Series *Videotapes* 1996 2 hours

This panel format presents three very knowledgeable individuals—a nationally recognized physician, a social work expert in the field, and an adoptive mother of four alcohol affected children – with special skills in accessing educational resources. (Note: Since taping there was a 1997 change in the Federal statute, Individuals with Disabilities Education Act--IDEA) The physiological issue is the organic brain damage of these children. The frustrating behaviors result from their brains working differently. Their environment must be adapted for improved behavior.

Material Title: **Attachment Dance, The (DVD)**
 Author: TCU Institute of Child Development *DVDs* 2008 16 minutes

The attachment relationship between parents and their children is one of the most cherished experiences of our lives. In the Attachment Dance, developmental psychologist and Director of the TCU Institute of Child Development, Dr. Karyn Purvis, explores the attachment experiences of neuro-typical children and children with histories of harm. Dr. Purvis explains how to recognize features of the attachment relationship and teaches parents and caregivers how to explore their own attachment styles and facilitate healing for the children in their care. In this lecture, Dr. Purvis aims to deepen understanding of attachment issues, both theoretically and practically, and provide a solid foundation for parents and their children.

Material Title: **Brain, The: Effects of Childhood Trauma (DVD)**
 Author: Bruce Perry *DVDs* 2002 29 minutes

Trauma in childhood can have devastating effects on the developing brain. Current research confirms that trauma can activate various systems in the brain that actually change neuron response and cognitive pathways. Children who experience on-going high levels of arousal due to trauma will develop systems in their brains that cause them to be constantly hyper-aroused and hyper-vigilant. These changes can result in severe problems for children, adolescents, and adults in learning ability, mood, bonding, and attachment, and in problem-solving.

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Material Title: **Brain-Based Parenting: The Neuroscience of Caregiving for Healthy Attachment**
 Author: Daniel & Jonathan Hughes & Baylin *Books* 2012 272 pages

In this groundbreaking exploration of the brain mechanisms behind healthy caregiving, attachment specialist Daniel A. Hughes and veteran clinical psychologist Jonathan Baylin guide readers through the intricate web of neuronal processes, hormones, and chemicals that drive—and sometimes thwart—our caregiving impulses, uncovering the mysteries of the parental brain.

Material Title: **Change Your Brain Change Your Life**
 Author: Daniel G Amen *Books* 1998 305 pages

Dr. Amen presents the case that many behavioral disorders formerly considered psychological actually have a biological basis. Through the lens of new brain imaging techniques, you can see what depression, anxiety, temper, impulsiveness and obsession look like in the brain. Dr. Amen gives practical suggestions for overcoming these problems and gives tools for optimizing the brain and improving life.

Material Title: **Child With Special Needs, The**
 Author: Stanley Greenspan *Books* 1998 479 pages

This comprehensive approach to developmental challenges including autism, PDD, language and speech problems, Down syndrome, cerebral palsy, ADD, and other related disorders helps parents and professionals "get beyond the label" and understand each child's unique profile.

Neurological

Material Title: **Children from Hard Places and the Brain (DVD)**

Author: TCU Institute of Child Development *DVDs* 2014 20 minutes

This video explores the impact of trauma on a developing brain and explains how fear and chronic stress damage the structure, wiring, and chemistry of the brain. This puts children at risk for a lifetime of social, learning, and behavioral problems if there isn't intervention. Children from Hard Places and the Brain features experts Dr. Tina Payne Bryson, Dr. Karyn Purvis, and Dr. David Cross, and offers practical advice and tips for leading children of all ages – even teens – to new levels of healing.

Material Title: **Children With Disabilities**

Author: Mark Batshaw *Books* 1997 788 pages

The revised edition of Children with Handicaps (1986) presents thorough, authoritative chapters on the basics of chromosomes, heredity, prenatal diagnosis and fetal therapy, growth before birth, and the first weeks of life, and continues with in-depth, yet accessible coverage of all types of disabilities and their management. Useful to a wide audience of professionals and parents, and impressive in its scope and conciseness.

Material Title: **Disciplina Sin Lagrimas**

Author: Daniel Siegel *Libros en español* 2015 280 pages

Los expertos pioneros Tina Payne Bryson y Daniel J. Siegel, autor best seller del New York Times, explora lo ultimo en desafios de crianza: la disciplina. Destaca la fascinante relacion entre el desarrollo neurologico de los ninos y la forma en que un padre reacciona al mal comportamiento. Este libro proporciona una ruta eficaz y compasiva para hacer frente a las rabietas, tensiones y lagrimas, sin causar una escena. / Highlighting the fascinating link between a child's neurological development and the way a parent reacts to misbehavior, No-Drama Discipline provides an effective, compassionate road map for dealing with tantrums, tensions, and tears, without causing a scene.

Material Title: **Facilitating Behavioral Change (DVD)**

Author: TCU Institute of Child Development *DVDs* 2008 25 minutes

One of the most commonly asked questions for the staff at the TCU Institute of Child Development is how to deal with "problem behaviors." Tragically, children with history of abuse, neglect, or trauma are more likely to display these behaviors that are driven by fear. In Facilitating Behavioral Change, Dr. Karyn Purvis, a developmental psychologist and Director of the TCU Institute of Child Development, explores the concepts of Connecting and Correcting Principles, key elements in the Trust-Based Relational Intervention (TBRI-SM), the unique approach developed by Dr. Purvis and her team. This lecture provides practical insights and tips on how to use TBRI-SM tactics in real-life situations.

Material Title: **Fetal Alcohol Spectrum Disorder: Reasons, Not Excuses, for Behaviors (3 CDs)**

Author: NACAC Conference *CDs* 8/4/11 45 minutes

This material is a recording of a presentation from the 37th NACAC Conference in August 2011. Presented by Kari Fletcher from the North American Council on Adoptable Children in Minnesota and Eileen Bisgard of NOFAS Colorado. Children with FASD often struggle with behavior. This workshop will explore the connection between brain and behavior in order to help caregivers and professionals develop more effective intervention strategies. Participants also consider the importance of helping the person with FASD learn about their disability and the reason (not excuses!) why they struggle.

Material Title: **Ghosts from the Nursery: Tracing the Roots of Violence**

Author: Robin Karr-Morse and Meredith S. Wiley *Books* 2013 326 pages

When this book was published in 1997, it was lauded for providing scientific evidence that violence can originate in the womb and become entrenched in a child's brain by preschool. This revised edition continues to shift the conversation among parents and policy makers toward more preventative measures, incorporating significant advances in the field of neurobiological research over the past decade.

Material Title: **Healing Research (DVD)**

Author: TCU Institute of Child Development *DVDs* 2007 28 minutes

For decades, scientists have studied how children's brains and behaviors are impacted by prenatal exposure to drugs and alcohol, trauma, abuse, and neglect. In this nearly 90-minute lecture, Dr. Karyn Purvis, developmental psychologist and Director of the TCU Institute of Child Development, reviews a wide range of research that gives insight into developmental deficits that drive many behaviors of at-risk children. Dr. Purvis explains the science in easy-to-understand terms to help parents and caregivers understand how psychological changes in children can be induced by early harm. Dr. Purvis helps parents and caregivers see the "real child" beneath their child's behavior.

There are occasional references to God and quotations from The Bible.

Neurological

Material Title: **Learning Disabilities and Your Child**

Author: Lawrence Greene

Books

1983

286 pages

This "Survival Handbook" explains how to diagnose learning disabilities ranging from dyslexia and hyperactivity to language disorders and tuning out. It offers helpful advice on choosing the right school or program for your child and on getting the support you need. Anecdotes, where parents and children speak out, as well as step-by-step programs that you can begin right now, make this unique book a vital guide for parents and teachers of learning disabled children.

Material Title: **Living with a Brother or Sister With Special Needs: A Book for Siblings* (Children's Materials)**

Author: Donald Meyer

Children's Books

1996

135 pages

This sophisticated book for children, which addresses a wide range of disabilities, can be a resource for parents and teachers too. It focuses on the intensity of emotions that siblings of special needs children experience, and the hard questions they ask.

Material Title: **Love is a Start: The Real Challenges of Raising Children with Emotional Disorders**

Author: Donna Shilts

Books

1999

326 pages

Telling of her own courageous experience with two adoptive sons, Shilts demonstrates the incredible progress that is possible for children with neurological impairments.

Material Title: **Making Sense of Sensory Integration (Audiotape)**

Author: Audio

Audiotapes

1998

75 minutes

This tape and accompanying 37 page booklet with reproducible checklists and resource material tell parents and caregivers what SI is, how problems with SI affect children, how a diagnosis is made and what the appropriate treatment might be, and how SI difficulties might affect the child and family in their daily lives – at home, at school, and in the community.

Material Title: **Medications, Behavioral Management and Child Welfare**

Author: J.P. Bourguignon

Books

1990

71 pages

This book describes indications and contra-indications for medications prescribed to treat behavioral problems in "systems children."

Material Title: **Mindsight: The New Science of Personal Transformation**

Author: Daniel J. Siegel, MD

Books

2010

261 pages

From anxiety to depression and feelings of shame and inadequacy, from mood swings to addictions, OCD, and traumatic memories, most of us have a mental "trap" that causes recurring conflict in our lives and relationships. Daniel J. Siegel, M.D., a clinical professor of psychiatry at the UCLA School of Medicine and co-director of the UCLA Mindful Awareness Research Center, shows us how to use mindsight to escape these traps. Through his synthesis of a broad range of scientific research with applications to everyday life, Dr. Siegel has developed novel approaches that have helped hundreds of patients free themselves from obstacles blocking their happiness. By cultivating mindsight, all of us can effect positive, lasting changes in our brains—and our lives.

Material Title: **Misunderstood Child, The: Understanding Sensory Integration (Audiotape)**

Author: Lynnette Burke

Audiotapes

February 200

4 hours

This tape of an ORPARC sponsored training at PSU explores the role Sensory Integration (defined as the ability to organize and process sensory input and to use that information to respond to the demands of our daily lives) plays in the lives of some children neurologically affected by pre-natal exposure to drugs or alcohol, or early exposure to violence, terror, or severe neglect. In other words, many of the children the state places into foster and adoptive homes! This video highlights the power of understanding Sensory Integration and its relationship to children's behavior.

Material Title: **Misunderstood Child, The: Understanding Sensory Integration (CD)**

Author: Lynnette Burke

CDs

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Material Title: **Neurobehavioral and Social-Emotional Development of Infants and Children, The**

Author: Ed Tronick

Books

2007

571 pages

Tronick has gathered together his most influential writings in a single, essential volume. Organized into five parts—(I) Neurobehavior, (II) Culture, (III) Infant Social-Emotional Interaction, (IV) Perturbations: Natural and Experimental, and (V) Dyadic Expansion of Consciousness and Meaning Making—this book represents his major ideas and studies regarding infant-adult interactions, developmental processes, and mutual regulation.

Neurological

Material Title: **Neurobiology of Attachment-Focused Therapy, The: Enhancing Connection & Trust in the Treatment of Children & Adolescents**

Author: Jonathan & Daniel Baylin & Hughes *Books* 2016 304 pages

This groundbreaking book explores, for the first time, how the attachment-focused family therapy model can respond to this question at a neural level. It is a rich, accessible investigation of the brain science of early childhood and developmental trauma. Each chapter offers clinicians new insights—and powerful new methods—to help neglected and insecurely attached children regain a sense of safety and security with caring adults. Throughout, vibrant clinical vignettes drawn from the authors' own experience illustrate how informed clinical processes can promote positive change.

Material Title: **Neurochemistry of Fear, The (2 DVDs)**

Author: TCU Institute of Child Development *DVDs* 2008 20 minutes

The fundamental goal of this seminar is to empower parents and professionals to become healers in the lives of at-risk children and to discuss interventions developed through our work with families of at-risk children. Tragically, children who have been harmed, neglected, and/or abused are at significantly increased risk for behavioral disorders, relationship failures, and early onset mental illness. In this 2-disc DVD, developmental psychologist and Director of the TCU Institute of Child Development, Dr. Karyn Purvis, presents specific skills and insights garnered from research with at-risk children on how to disarm fear responses that drive their aberrant behavior. Dr. Purvis explains concepts to help caregivers and parents understand a child's brain chemistry and how neurotransmitter testing can be used to enhance therapeutic approaches.

Material Title: **No Longer A SECRET: Unique Common Sense Strategies for Children with Sensory or Motor Challenges**

Author: Doreit Bialer *Books* 2011 238 pages

This invaluable resource by Dr. Lucy Jane Miller and Doreit Bialer helps teach cost effective, functional, on the spot tips to use for children with sensory issues at home, at school, or in a community setting. Any parent, teacher, or therapist can use this book and help a child with sensory or motor issues!

Material Title: **Our FAScinating Journey: Keys to Brain Potential Along the Path of Prenatal Brain Injury**

Author: Jodee Kulp *Books* 2012 200 pages

Our FAScinating Journey will introduce readers to another winding path in working with prenatally exposed children. Jodee illuminates this path with lights that shine the hope of possibilities for these special kids. On your journey through these pages you will:

- Discover creative approaches in reaching and loving children with attachment issues.
- Understand how alcohol affects the growing brains of children.
- Become familiar with brain terminology.
- Uncover ideas to help a child nutritionally.
- Wade through school and behavior issues with tears, laughter and strategies you may not have tried.
- Meet professionals who have helped the Kulp family help Liz grow.
- Loose yourself in a myriad of ideas within the appendix.
- Smile as you get to know Liz, a very real teen who is determined to be the best she can be in spite of FASD.

Material Title: **Out-Of-Sync Child, The: Recognizing and Coping with Sensory Integration Dysfunction**

Author: Carol Stock Kranowitz *Books* 1998 260 pages

If your child is difficult, picky, oversensitive, clumsy, unpredictable, inattentive or a combination of these, he or she may have Sensory Integration Disorder, a frequently misdiagnosed condition that can lead to abnormal activity levels, problems with motor coordination, or inappropriate sensitivity to sensation and movement. "The Out-of-Sync Child" explains how to recognize and treat children with this common disorder.

Material Title: **Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment**

Author: Georgia DeGangi *Books* 2000 334 pages

This book, designed for mental health professionals and occupational therapists working with infants and children, describes in detail, specific treatment approaches for problems of mood regulation, sensory processing, attention, sleep, feeding, and play and social interactions. Comprehensive case presentations are included in each chapter to demonstrate this innovative and integrated treatment approach.

Material Title: **Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment**

Author: Alicia F. Lieberman and Patricia Van Horn *Books* 2008 366 pages

This eloquent book presents an empirically supported treatment that engages parents as the most powerful agents of their young children's healthy development. Child-parent psychotherapy promotes the child's emotional health and builds the parent's capacity to nurture and protect, particularly when stress and trauma have disrupted the quality of the parent-child relationship. The book provides a comprehensive theoretical framework together with practical strategies for combining play, developmental guidance, trauma-focused interventions, and concrete assistance with problems of living. Filled with evocative, "how-to-do-it" examples, it is grounded in extensive clinical experience and important research on early development, attachment, neurobiology, and trauma.

Neurological

Material Title: **Raising Resilient Rascals Takes Flight! 2010: Disc 2 (DVD)**

Author: DVD *DVDs* 2010 3 hours

Disk 2 DVD includes the following presentations from the Raising Resilient Rascals Takes Flight! 2010 Conference: "Understanding and Building Childhood Executive Functioning," presented by Gwen A. Lewis, Ph.D, A.B.Pd.N; "Enhancing Executive Function," presented by Julia M. Bledsoe, MD; "Panel Discussion: Advocating for your child's school needs."

Material Title: **Reaching Out To Children With FAS/FAE**

Author: Diane Davis *Books* 1994 198 pages

Written specifically for those who parent, teach or counsel children with fetal alcohol syndrome and fetal alcohol effects. It discusses causes, the diagnosis of FAS/FAE, and characteristics commonly seen in these kids. It also offers hands-on techniques for establishing guidelines at home and school.

Material Title: **Seeing Clearly: A Synergistic Blend of Behavioral Optometry and Occupational Therapy Focused on Enhancing Visual Perception**

Author: Lois Hickman *Books* 2000 22 pages

This booklet provides an overview of the development of vision, with a checklist of warning signs of vision problems – based on the studies of behavioral optometry; a discussion of the importance of integrating all the senses equally in the development of optimal visual skills – rooted in the field of occupational therapy; and practical, playful activities designed to improve visual skills in both adults and children.

Material Title: **SenseAbilities: Understanding Sensory Integration**

Author: Maryann Colby Trott *Non-Return Items* 1993 69 pp

This booklet, written in easy-to-understand language for parents of children who have problems integrating sensory input, opens the door to understanding and treating the disorder. It introduces some of the difficulties the child may encounter, examines specific types of problems related to the disorder, and offers ways to help remediate those problems. Suggested techniques are straightforward and nurturing, respecting the child's dignity. They are easy to implement and fun too.

Material Title: **Sensory Processing for Parents: From Roots to Wings (VHS)**

Author: *Videotapes* 1998 28 minutes

This video presents information about sensory processing disorders, addressing difficulties in motor coordination/planning, self-regulation and sensory defensiveness. Children are seen doing the kinds of sensory activities that help them to be successful in daily life and to feel good about themselves. Parents explain the impact these difficulties have had on the lives of their children. A major focus of this video is on strategies for addressing these sensory concerns.

Material Title: **Smart Moves: Why Learning Is Not All In Your Head**

Author: Carla Hannaford, PhD *Books* 1995 214 pages

The body's role in thinking and learning is presented in a readable format, thoroughly supported by scientific research. Hannaford, a neurophysiologist and educator, tells us why we must move and shows us how to move to fully activate our learning potential. Her insights will be of immediate value to learners of all ages, from the gifted to the so-called learning-disabled.

Material Title: **Songames For Sensory Integration (CD)**

Author: Belle Curve Records *CDs* 1999 87 minutes

This tape and accompanying 37 page booklet offers 25 therapist-created "Songames" to enhance oral motor skills, and expressive language play, while decreasing tactile, auditory, visual and sensory defensiveness in kids from age 3 to 8.

Material Title: **Songames For Sensory Integration (Audiotape)**

Author: Belle Curve Records *Audiotapes* 1999 87 minutes

This tape and accompanying 37 page booklet offers 25 therapist-created "Songames" to enhance oral motor skills, and expressive language play, while decreasing tactile, auditory, visual and sensory defensiveness in kids from age 3 to 8.

Material Title: **Spark: The Revolutionary New Science of Exercise and the Brain**

Author: John J. Ratey and Eric Hagerman *Books* 1/1/13 304

Did you know you can beat stress, lift your mood, fight memory loss, sharpen your intellect, and function better than ever simply by elevating your heart rate and breaking a sweat? The evidence is incontrovertible: aerobic exercise physically remodels our brains for peak performance.

In SPARK, John Ratey, MD embarks upon a fascinating journey through the mind-body connection, illustrating that exercise is truly our best defense against everything from depression to ADD to addiction to menopause to Alzheimer's. Filled with amazing case studies (such as the revolutionary fitness program in Naperville, Illinois, that has put the local school district of 19,000 kids first in the world of science test scores), SPARK is the first book to explore comprehensively the connection between exercise and the brain. It will change forever the way you think about your morning run.

Neurological

Material Title: Teachers Ask About Sensory Integration (Audiotape)

Author: Carol Stock Kranowitz and Stacey Szklut *Audiotapes* 1999 05 minutes

This tape and accompanying 42-page booklet with reproducible checklists is for you to share with any teacher willing to make an attempt to understand why problems in sensory integration affect learning, to learn useful strategies for helping these kids engage and focus, and to improve the educational and social performance of kids with SI challenges.

Material Title: Teenage Brain, The: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults

Author: Frances E. Jensen, MD and Amy Ellis Nutt *Books* 2015 293 pages

Drawing on her research, knowledge, and clinical experience, internationally respected neurologist – and mother of two boys – Frances E. Jensen, MD, offers a revolutionary look at the adolescent brain, providing remarkable insights that translate into practical advice both for parents and teenagers.

Material Title: Trauma-Informed Adoption Practices: The Healing Power of Adoptive Families (3 CDs)

Author: NACAC Conference *CDs* 8/4/2011 45 minutes

This material is a recording from the 37th NACAC Conference in August 2011. Presented by Wayne Duehn of the School of Social Work, University of Texas at Arlington and Sherry Anderson of Three Rivers Adoption Council in Pennsylvania. This workshop will expose the cutting edge of recent findings related to the effects of trauma on the neurobiology of the developing brain. This information forms the basis for developing trauma-informed treatment strategies that provide safety, a sense of belonging, and resiliency, while also promoting recovery. Participants and listeners receive tools that guide the process of trauma resolution and gather tips to use with families.

Material Title: Traumatic Experience and the Brain

Author: Dave Ziegler *Books* 2002 164 pages

From the author of Raising Children Who Refuse to be Raised, this book describes the human brain, its structure and function. It describes the role of the brain in adaptation and how trauma affects perception of self, of others, and of events. Ziegler provides case examples and offers treatment suggestions. Though slanted toward professionals, it is written in a way that parents might also gain insight into their traumatized children.

Material Title: Understanding Behaviors of Alcohol/Drug Affected & Neurologically Impaired Children (Audiotape)

Author: Diane Malbin *Audiotapes* June 3, 2001 5 hours

From ORPARC with Diane Malbin: Malbin explains why traditional parenting and teaching techniques often fail with children affected by prenatal exposure to drugs or alcohol. She shows parents how to understand and work differently with the behavioral symptoms often exhibited by these children and what strategies and techniques do work and why. Also explored are primary and secondary behaviors and diagnoses that can overlap FAS/E, such as ADHD, Reactive Attachment Disorder, learning disabilities, and Oppositional Defiant Disorder.

Material Title: Understanding Behaviors of Alcohol/Drug Affected & Neurologically Impaired Children (CD)

Author: Diane Malbin *CDs* June 3, 2001 53 minutes

From ORPARC with Diane Malbin: Malbin explains why traditional parenting and teaching techniques often fail with children affected by prenatal exposure to drugs or alcohol. She shows parents how to understand and work differently with the behavioral symptoms often exhibited by these children and what strategies and techniques do work and why. Also explored are primary and secondary behaviors and diagnoses that can overlap FAS/E, such as ADHD, Reactive Attachment Disorder, learning disabilities, and Oppositional Defiant Disorder.

Material Title: What's Going on in There? How the Brain and Mind Develop in the First Five Years of Life

Author: Lise Eliot, Ph.D. *Books* 1999 533 pages

Drawing upon the exploding research in this field as well as the stories of real children, What's Going On in There? is a lively and thought-provoking book that charts the brain's development from conception through the critical first five years. In examining the many factors that play crucial roles in that process, What's Going On in There? explores the evolution of the senses, motor skills, social and emotional behaviors, and mental functions such as attention, language, memory, reasoning, and intelligence.