

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## International

Material Title: **Adopted (DVD)**

Author: Barb Lee *DVDs* 2008 80 minutes

This DVD, by first-time director Barb Lee, reveals the grit rather than the glamour of transracial adoption, going deep into the intimate lives of two well-meaning families and showing us the subtle challenges they face. One family is just beginning the process of adopting a baby from China, the other family's Korean daughter is now 32 years old. Prompted by her adoptive mother's terminal illness, she tries to create the bond they never had. The results are riveting, unpredictable and telling. While the two families are at opposite ends of their respective journeys, their stories converge to show us that love alone isn't enough to make a family work.

Includes the companion DVD, "Adopted: We Can Do Better", with more than two hours of experts' advice to help families clarify their intentions, cope with grief, identify themselves as a mixed-race family, foster identity for their transracial adopted children, and become educated about the politics of international adoption.

Material Title: **At Home in this World ... A China Adoption Story\* (Children's Materials)**

Author: Jean MacLeod *Children's Books* 2003 15 pages

This book is a reflection of a pre-adolescent girl on what she knows of her adoption from China, and the strength she gains from her acceptance and experience. It addresses the underlying feelings and emotions that a China adoptee experiences and enables pre-teen readers to put their early lives into perspective, while emphasizing the supportive love that encircles them within their own families.

Material Title: **Baby, We Were Meant for Each Other: In Praise of Adoption**

Author: Scott Simon *Books* 2010 193 pages

In this warm, funny and wise new book, NPR's award-winning and beloved Scott Simon tells the story of how he and his wife found true love with two tiny strangers from the other side of the world. It is a book of unforgettable moments: When Scott and Caroline get their first thumb-sized pictures of their daughters, when the small girls are placed in their arms, and all the laughs and tumbles along the road as they become a real family.

Material Title: **Coffee Can Kid, The\* (Children's Materials)**

Author: Jan M. Czech *Children's Books* 2002 24 pages

This is a story about a story. Six-year old Annie asks her adoptive father to tell her again about her Korean birthmother and how she came to be adopted. While Annie listens to her father, the coffee can becomes, in her hands, alternately a drum, a shaker and a chest containing a dear treasure.

Material Title: **Cross-Cultural Adoption: How to Answer Questions from Family, Friends, and Community**

Author: Amy Coughlin and Caryn Abramowitz *Books* 2004 148 pages

This book, geared toward families who have adopted internationally, might offer insights to families who have adopted US kids. The first chapter "The Questions Kids Ask," presents 18 typical questions with ideas for answering them on both a little kid level and on a more mature level. The second chapter, "Do's and Don'ts for Grown-Ups," offers just that. The final chapter gives factual information about 8 countries.

Material Title: **Dark Matter of Love, The (DVD)**

Author: Sarah McCarthy *DVDs* 2013 33 minutes

Masha, an eleven year old Russian girl, learns to love her adoptive American family. Masha is adopted along with five year old twins Marcel and Vadim. Can this family form the bonds of attachment and thrive in their adoption? They are aided by Professor Emeritus Dr. Robert Marvin, who has spent a lifetime developing a program to help children learn to love. An encouraging movie, the audience has the honor of watching the Diaz family triumph.

Material Title: **Dim Sum, Bagels, and Grits: A Sourcebook for Multicultural Families**

Author: Myra Alperson *Books* 2001 183 pages

This book, for families adopting multiculturally, offers personal as well as professional insights into such topics as combining cultures, confronting prejudice, developing role models, and locating multicultural resources. It contains a 47-page list of publications and a 33-page list of "Goods and Services."

## International

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Material Title: **Families Are Different\* (Children's Materials)**

Author: Nina Pellegrini *Children's Books* 1991 26 pages

Nico doesn't like looking different than her parents, who adopted her from Korea, until her mother points out that there are "different kinds of families . . .glued together" by love. Soon Nico starts to notice the differences in the families she sees. Now she doesn't feel so bad. She's just like everyone else – she's different!

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Material Title: **Happy Adoption Day\* (Children's Materials)**

Author: John McCutcheon and JuliePaschiks *Children's Books* 1996 24 pages

This illustrated book for young children is written in verse and presents images of a happy family who has adopted internationally. It is based on a song by John McCutcheon which can be found, among other songs, on the audiotape "Celebration of Family," which is also available in our library.

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Material Title: **I Love You Like Crazy Cakes\* (Children's Materials)**

Author: Rose Lewis *Children's Books* 2002 23 pages

This book for very young children, warmly illustrated by Jane Dyer, tells the story of an American woman's adoption of a baby girl from a Chinese orphanage. All runs smoothly for both.

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Material Title: **Outer Search Inner Journey: An Orphan and Adoptee's Quest**

Author: Peter F. Dodds *Books* 1997 274 pages

In this riveting memoir a woman in post World War II Germany relinquishes her infant son Peter to an orphanage where he's adopted by American parents and brought to the United States. Separated from family of origin and ancestral homeland, Peter grows up alienated in a family and culture he doesn't understand. He returns to Germany believing happiness will come when finding his German family and reclaiming ethnic identity. But Peter's hopes are crushed as his search twists into a desperate struggle to escape a labyrinth of total despair. Set against the backdrop of the Cold War, this is the story of a man's spiritual transformation where the protagonist must ultimately confront himself.

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Material Title: **Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years**

Author: Patty Cogen *Books* 2008 412 pages

Though written with international adoptions in mind, this book has much that is relevant to domestic adoptions as well, including bonding; development of a positive self image; telling the child's story from the child's point of view; handling sleep problems, meal time problems, and resistance to house rules; etc.

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Material Title: **Sister for Matthew, A\* (Children's Materials)**

Author: Pamela Kennedy and Amy Wummer *Children's Books* 2006 28 pages

This illustrated book tells of Mathew, a young boy whose parents decide to adopt a baby girl from China. At first Matthew doesn't know if he likes the idea. Things are fine the way they are, his friend has a little sister "and she was a pain." Furthermore, he worries that his parents are adopting because they aren't happy with him. Eventually he comes around and likes the idea of an adopted younger sister.

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Material Title: **Understanding Southeast Asian Cultures: Guidance from Cultural Perspectives and Behavioral Health and Social Work Practice (Second Edition)**

Author: Chareundi Van-Si *Books* 1999 94 pages

This book for professionals, examines the cultures of Indochina (Vietnam, Cambodia, and Laos) and how they differ from Western culture. Chapters include, "Historical Background;" "General Cultural Traits and Implications;" "Cultural Values in Comparison;" "Identifying Indochinese Names;" "Offensive Behaviors: Do's and Don'ts;" "Culturally Sensitive Approaches;" etc.

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Material Title: **We See the Moon\* (Children's Materials)**

Author: Carrie A. Kitze *Children's Books* 2003 30 pages

This book is designed to help adopted children talk and ask questions about their birthparents, using the moon as an imaginative tool to help them connect to their feelings. The book is affirming of both adoptive and birth families. Jinshan Peasant Paintings from China provide colorful illustrations.

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