

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Grandparents/Relatives

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Material Title: **Assessing Kinship Families (Audiotape)**

Author: Dr. Joseph Crumbley *Audiotapes* 1998 74 minutes

With humor and insight, Dr Crumbley discusses a range of issues faced by families who adopt or foster-parent relatives.

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Material Title: **Assessing Kinship Families (CD)**

Author: Dr. Joseph Crumbley *CDs* 1998 74 minutes

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Material Title: **Becoming Naomi Leon**

Author: Pam Munoz Ryan *Children's Books* 2005 272 pages

Naomi Soledad Leon Outlaw has had a lot to contend with in her young life, her name for one. Then there are her clothes (sewn in polyester by Gram), her difficulty speaking up, and her status at school as "nobody special." But according to Gram, most problems can be overcome with positive thinking. And with Gram and her little brother, Owen, Naomi's life at Avocado Acres Trailer Rancho in California is happy and peaceful...until their mother reappears after seven years of being gone, stirring up all sorts of questions and challenging Naomi to discover and proclaim who she really is.

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Material Title: **Caregiver Helpbook, The: Powerful Tools for Caregivers**

Author: Health System Legacy *Books* 2006 230 pages

This book is designed to provide caregivers with tools to increase self care and give them confidence in handling difficult situations, emotions and decisions. Topics include tools designed to help caregivers reduce personal stress, communicate feelings and needs, use community services, deal with emotions such as anger, guilt and depression; and make tough caregiving decisions. A Spanish Language edition is also available.

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Material Title: **Challenge of Adopting a Relative, The (VHS)**

Author: Ed-Net Series *Videotapes* May 2000 90 minutes

An ORPARC Ed-Net Training: A panel of adoptive grandparents and adoption professionals explore the changing relationships of kinship adoptions, divided loyalties, handling visits, keeping children safe, re-adjusting your dreams, finding the supports you need, and managing stress.

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Material Title: **Empowering Grandparents Raising Grandchildren: A Training Manual for Group Leaders**

Author: Carole Cox *Books* 2000 120 pages

A 14-session workshop designed to help grandparents who are raising their grandchildren alone. Professionals who use the manual can revise and expand upon the themes presented here to fit the needs of their particular work groups. Includes useful tips on communicating effectively with kids on drugs, sex, and sexually transmitted diseases, dealing with loss and abandonment, developing and maintaining self-esteem, dealing with their special behavior problems, as well as appropriate ways of instilling and maintaining rules in the home.

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Material Title: **Grandparent's and Other Relative's Guide to Raising Children with Disabilities, A**

Author: Generations United *Information Packets* 2013 62 pages

Generations United, with the support of the CVS Caremark Charitable Trust, developed this packet to equip the caregivers, including those that provide full and part time care to relative children, with the national resources they need to help their children thrive, now and in the future.

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Material Title: **Grandparents as Parents: A Survival Guide for Raising a Second Family**

Author: Sylvie de Toledo *Books* 1995 275 pages

This is a sensitive, practical guide to legal and social services available to you and your new family, and to ways of coping with your new role and changing family dynamics.

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Material Title: **Grandparents Raising Grandchildren (DVD)**

Author: Fanlight Productions *DVDs* 2000 22 minutes

This video, which tells the stories of three grandparents who have taken on sole responsibility for raising their children's children, exposes some of the difficulties surrounding this growing phenomenon. Mostly older single women, grandparents are often ineligible for the financial supports available to foster families, yet they may face issues that are enormously complex emotionally as well as financially.

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Material Title: **I Love You from the Edges: Lessons from Raising Grandchildren**  
Author: Karen Best Wright *Books* 2014 124 pages

I Love You from the Edges is Karen's love story of raising her young granddaughters for several years, letting them capture her heart, her life, and her soul, and then having to give them back - resulting in a painful, yet spiritual journey of love, healing, and reunion. Along with her story, she includes suggestions on the "how's, what's and why's" one should consider when beginning the journey of raising someone else's child. Included is the health and wellness assessment program Karen designed specifically for grandparents and relatives raising children.

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Material Title: **Inside Kinship Care: Understanding Family Dynamics and Providing Effective Support**  
Author: David Pitcher *Books* 2014 245 pages

This book takes an in-depth look at what goes on 'inside' kinship care. It explores the dynamics and relationships between family members that are involved in kinship care, including mothers, grandparents, siblings and the wider family. Chapters also discuss issues such as safeguarding, assessment, therapy, encouraging permanence, placement breakdown, support groups and cultural issues. The final part of the book looks at kinship care from an international perspective, with examples from New Zealand, Australia, South Africa and the United States.

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Material Title: **Kinship Care: Birth Mothers Speak Out (DVD)**  
Author: Dr. Joseph Crumbley *DVDs* 2004 24 minutes

A panel of birth mothers respond to a series of questions about having children who lived in kinship care. Some of the panelists will also discuss their experience of living in kinship care with their children. The birth mothers discuss: (1) how they explained to the children why they were living with relatives (2) how they interacted and were involved with their children and relative caregiver (3) how their children were effected and felt about their parents' incarceration, substance abuse, absence or inability to care for them (4) the challenges and approaches used to re-unite with their children, and become a family again. Discussion topics and questions will also accompany each DVD.

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Material Title: **Kinship Care: Relative Care Givers Speak Out (DVD)**  
Author: Dr. Joseph Crumbley *DVDs* 2004 24 minutes

A panel of relative caregivers discuss the emotional and transitional issues they and the children experienced as a kinship family; how they establish relationships and authority with the children in their care; approaches they use in helping the children adjust to kinship care and separation from their parents; how they keep the birth parents involved; and the impact incarceration, substance abuse, and the parent's absence has had.

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Material Title: **Kinship Care: Teens and Young Adults Speak Out (DVD)**  
Author: Dr. Joseph Crumbley *DVDs* 2004 24 minutes

A panel of young people discuss how they felt about living with relatives, and not with their parents; the challenges of accepting their relatives in a parental role; how their parents' incarceration, substance abuse and absence effected them; what explanations were given to them, and how they reacted; what interactions and supports from their birth parents and relatives helped them to adjust; and the challenges to re-uniting with their birth parents and separating from their relatives. Discussion topics and questions will also accompany DVD.

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Material Title: **Kinship Parenting Toolbox, The: A unique guidebook for the kinship care parenting journey**  
Author: Kim Phagan-Hansel, editor *Books* 2015 302 pages

With 7.1 million grandchildren living with their grandparents and 4.7 million children living with "other relatives", according to the 2010 census, almost 12 million children in America today are being raised in kinship care. This group of kinship providers comes with unique needs and challenges that are often difficult to address. The outcome for millions of children depend on the resources and support these families can access. This book helps build resources for these families, in the hopes that children's lives will be profoundly, positively impacted.

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Material Title: **Let's Talk About Living with a Grandparent (Children's Material)**

Author: Susan Kent *Children's Books* 2000 22 pages

Provides narratives of different children's experiences in living with a grandparent, along with explaining the various reasons why. It covers how relationships can change including what the benefits and difficulties can be for children and their grandparent(s).

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Material Title: **Oregon's Legal Guide for Grandparents and Other Relatives Raising Children – 2016**

Author: Oregon Department of Human Services *Non-Return Items* 2012 75 pages

Many families in Oregon find themselves with the unexpected opportunity of caring for their relatives' children. The willingness to step up and provide care and support can be a gift to both the child and the relative. However, the relative needs to understand his or her legal options and obligations when raising a young child. This guide discusses legal topics grandparents and other relatives need to know when caring for a young child. Information applies to all minors in the elder's home.

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Material Title: **Our Gracie Aunt\* (Children's Materials)**

Author: Jacqueline Woodson *Children's Books* 2002 30 pages

Intended for kids age 5-9, this book, with expressive watercolor illustrations by Jon J Muth, tells the story of Johnson and his older sister Beebee, children whose mother has left many times before, but never for this many days. A Social worker comes and takes them to stay with their Aunt Gracie whom the children hardly know.

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Material Title: **Questions to ask yourself: A book for Kids like you who live with their Grandparents\*(Children's Materials)**

Author: Collaboration *Information Packets* 05-2005 18 pages

ORPARC has this booklet as a PDF printable file. It was created with the assistance of:

- Aging and Disability Services of Multnomah County
  - Lifespan Respite Care Network of Multnomah County
  - Oregon Post Adoption Resource Center
  - The Princess Royal Trust for Carers
  - Nickey
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Material Title: **Raise the Blue: The Practical and Humorous Guide to Foster and Kinship Care**

Author: Marcia Sindone *Books* 2004 397 pages

This book, by an experienced therapeutic foster parent, has chapters on discipline; fostering children age 0-6; fostering age 7-12; fostering teenagers; sexual abuse; protection plans and crisis plans; and more. Though its focus is foster care, it has much to offer adoptive families.

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Material Title: **Raising Our Children's Children**

Author: Deborah Doucette-Dudman *Books* 1996 226 pages

This is a book for grandparents about families who have weathered the severest storms and emerged, perhaps not unscathed, but certainly unbowed and ready to help others.

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Material Title: **Relatives Raising Children: A Guide to Finding Help and Hope**

Author: Marianne Takas *Books* 2005 166 pages

This book is based on what long-term relative caregivers (and family services professionals who work with them) have learned about raising relative children. It is designed to provide useful information, strategies, and ideas, and to help link you with others who can help. Marianne Takas, has worked on behalf of children as an attorney, a youth worker, a parent, and a foster parent.

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Material Title: **Relatives Raising Children: An Overview of Kinship Care**

Author: Dr. Joseph Crumbley *Books* 1997 111 pages

This book provides professionals and organizations the information they need to develop and provide services for kinship caregivers, kinship families, children and parents. Topics discussed are common clinical issues, intervention strategies, legal implications, and policy and program recommendations.

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Material Title: **Sacred Work of Grandparents Raising Grandchildren, The**

Author: Elaine Williams *Books* 8/5/11 201 pages

The Sacred Work of Grandparents Raising Their Grandchildren is the first book that contains answers and stories to address these unique issues and challenges—from one grandparent to another. You'll enjoy the practical suggestions on how grandchildren can manage and solve some of their own problems, while learning how to cope with your own distinctive life challenges.

As a parenting grandparent, a kinship caregiver, a teacher, or a social service worker, you must read this book for invaluable insight. No other book takes on the complex challenges that parenting grandparents face with such depth and truth. How relieved and grateful you'll be for the inspiration, knowledge and wisdom by the time you reach the conclusion!

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## Grandparents/Relatives

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Material Title: **Second Time Around: Help for Grandparents Who Raise Their Children's Kids**  
Author: Joan Callander *Books* 1999 160 pages

This hands-on, how-to book of solid parenting skills is a pleasurable blending of practical information, true stories, and letters to Zach, letters that are honest, loving, funny, and touching. It tells a story the Milwaukie, Oregon-resident author has lived, based on her daughter and grandson and her search for healing for her family.

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Material Title: **Sometimes It's Grandmas and Grandpas Not Mommies and Daddies**  
Author: Gayle Byrne *Children's Books* 2009 32 pages

Sometimes It's Grandmas and Grandpas shares a child's experience living with and being cared for by grandparents through the eyes of a cheerful and delightful little girl. Uplifting watercolor illustrations give extra warmth to this caring and loving story, to which a growing number of children can identify—over 4.5 million children in the United States are primarily cared for by a grandparent. Poignant moments expressing the child's curiosity and questions give way to comforting and playful exchanges at home with Nonnie and Poppy. Spending the day with this grandparent-led family, we see that it's not always Mommies or Daddies that care for children, and that's okay!

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Material Title: **Sticking Together: Kinship Care & Financial Care**  
Author: NEFE & CWLA *Non-Return Items* 2003 60 pages

This handbook from the National Endowment for Financial Education and Child Welfare League of America, focusing primarily on grandparents raising grandchildren, examines legal, emotional, social, financial and medical considerations. It covers such basic needs as food, clothing, shelter, education, child care, transportation and medical and dental care. It is a non-return item that you may keep for continued reference.

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Material Title: **Tender Healing (DVD)**  
Author: Spaulding for Children *DVDs* 1997 40 minutes

A Video Curriculum for Foster, Adoptive and Kinship Care Parents, with Drs. Vera Falhberg, Richard Delaney and Joseph Crumbley. This DVD features three segments designed to help parents and professionals better understand issues related to helping troubled children. The three components include: Part 1: Helping Children Make Transitions; Part 2: Helping Children Build Attachments; and, Part 3: Effective Strategies for Discipline Designed for parents caring for children in the child welfare system who have been abused or neglected.

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Material Title: **Ticklebelly Hill: Grandparents Raising Grandchildren**  
Author: Hilda Osborne *Books* 2002 92 pages

This book was written for all those grandparents who are raising the children of their children. It is meant to be a light-hearted, yet serious look at life after the grandchildren move in. My husband and I are among the many thousands of grandparents who are raising grandchildren. When the children first came to live with us, I was filled with mixed emotions. I was thrilled to have my grandchildren near me, and happy that I was able to provide a safe, stable home for them. At the same time, I was heart-broken that my daughter could not provide a home for her children. The shadow of guilt hung over me, asking what I had done wrong, how should I have done things differently. As a parent, I know I made mistakes. All parents do. Our children, however, are also influenced by the acts of others, acts that we as parents may not become aware of until it is too late.

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Material Title: **To Grandma's House We ... Stay**  
Author: Sally Houtman *Books* 1999 185 pages

This book is a road map to guide grandparents through the uncharted territories of parenting a second generation of children. It offers practical solutions to real-life problems that families face when traditional roles and relationships are redefined. Houtman takes grandparents by the hand and leads them; through the obstacle course of emotions, conflicts and social considerations that many would otherwise face alone.

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Material Title: **Ultimate Guide to Grandmas and Grandpas, The (Children's Material)**  
Author: Sally Lloyd-Jones *Children's Books* 2008 30 pages

This is an enjoyable book to read with your children about fun and sometimes silly things to do with grandmas and grandpas.

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