

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Autism/Asperger's

---

Material Title: **1001 Great Ideas for Teaching & Raising Children with Autism or Asperger's (Revised and Expanded 2nd Edition)**

Author: Ellen Notbohm, Veronica Zysk and Temple Grandin *Books* 2004 327

This Revised and Expanded 2nd Edition contains more than 600 fresh ideas and tried-and-true tactics in excess to the original edition. Many ideas pick up where the first edition left off, offering modifications for older kids, honing in on Asperger's challenges, and enhancing already-effective ways to help your child or student achieve success at home, in school, and in the community.

---

Material Title: **1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders**

Author: Ellen Notbohm and Veronica Zysk *Books* 2004 207 pages

The 7 chapters in this book offer strategies and considerations regarding sensory integration, communication and language, behavior, daily living skills, social skills, teaching and education, and Special Education law. Not a book on theory, it offers page after page of practical, Martha Stewart style ideas that you or others working with your child can apply.

---

Material Title: **Activity Schedules for Children with Autism: Teaching Independent Behavior**

Author: Lynn E. McClannahan *Books* 1999 106 pages

An activity schedule is a set of pictures or words that cues a child (or adolescent or adult) to engage in a sequence of activities. This book shows parents and professionals how to assess a child's readiness to use activity schedules; how to prepare activity schedules; how to use the schedules and monitor progress; etc.

---

Material Title: **All Cats Have Asperger Syndrome \*(Children's Materials)**

Author: Kathy Hoopmann *Children's Books* 2006 65 pages

Touching, humorous and insightful, this book evokes the joys and challenges of raising a child who is different. It leaves the reader with a sense of dignity, individuality and potential of people with Asperger Syndrome.

---

Material Title: **Asperger Syndrome: Living Outside the Bell Curve (DVD)**

Author: DVD *DVDs* 2008 18 minutes

This DVD looks at Asperger students in general and focuses on 12-year-old Andrew. Dr. Tina Iyama, M.D., U of Wisconsin Children's Hospital, explains causes, symptoms, and strategies for coping with Asperger Syndrome. Andrew shows that with appropriate supports it's possible to flourish outside the accepted social and educational bell curve.

Subtitles for the deaf and hard-of-hearing (SDH) available.

---

Material Title: **Asperger's and Girls**

Author: Tony Attwood, et. Al *Books* 2006 150 pages

After Dr. Attwood's 4 and a half pages on Aspergers and girls, are essays from five women who are experts in the field and from three successful adult women diagnosed with Aspergers including Temple Grandin, Ph. D. They cover topics such as diagnoses, education, puberty, relationships, and careers; experts in the field share practical advice for both caregivers and the women and girls who are affected by Asperger's.

---

Material Title: **Autism Essentials DVD Training Program (DVD)**

Author: Monique Simpson *DVDs* 2005 *irs. 15 min.*

Every child with autism is unique. So no matter what therapy you choose for your child, you need a solid foundation of knowledge and understanding of their unique autistic features before deciding on the best course of treatment for them. The 8-disk DVD set "Autism Essentials DVD Training Program: is uniquely designed to rapidly increase your knowledge of your own child's sensory, emotional, thinking, learning and behavioural patterns. It will provide you with invaluable information and empower you with the skills and practical know-how to create a powerful vision for your child's treatment, giving you confidence and hope. You will learn some of the most effective strategies, techniques and therapy ideas to help your child. We show you what to do and take the time to explain exactly how to do it in ways that are easy to understand and apply. Without even realizing it, you will be creating a powerful, respectful, fun and motivating learning environment for your child. Companion Autism Essentials Training Program Manual is also available.

---

Material Title: **Autism Essentials Training Program Manual**

Author: Monique Simpson *Books* 2004 148 pages

Companion training manual for Autism Essentials DVD Training Program. See description under DVD.

# Autism/Asperger's

---

Material Title: **Autism Guidebook for Washington State: A resource for individuals, families and professionals**  
Author: Autism Task Force *Books* July 2009 74 pages

This guidebook offers basic concepts in providing supports for individuals with Autism Spectrum Disorder (ASD). The ATF created a focus that provides familiarity with best practices in assessment, the provision of treatment and care, and some understanding of the arrangement and interrelationships of agency systems, laws and serves that apply. The information and recommended strategies and modifications were compiled by committees and agreed upon by the Caring for Individuals with Autism in Washington Task Force, referred to as the Autism Task Force or ATF.

---

Material Title: **Autism Treatment Guide**  
Author: Elizabeth K. Gerlach *Books* 998 (revised) 109 pages

This booklet is a list of autism treatments and resources for parents and professionals.

---

Material Title: **Early Start Denver Model for Young Children with Autism: Promoting Language, Learning and Engagement**  
Author: Sally Rogers and Geraldine Dawson *Books* 2010 208 pages

From leading authorities, the state-of-the-art manual presents the Early Start Denver Model (ESDM), the first comprehensive, empirically tested intervention specifically designed for toddlers and preschoolers with autism. Supported by the principles of developmental psychology and applied behavior analysis, ESDM's intensive teaching interventions are delivered within play-based, relationship-focused routines. The manual provides structured, hands-on strategies for working with very young children in individual and group settings to promote development in such key domains as imitation; communication; social, cognitive, and motor skills; adaptive behavior; and play. Implementing individualized treatment plans for each child requires the use of an assessment tool, the Early Start Denver Model Curriculum Checklist for Young Children with Autism. A nonreproducible checklist is included in the manual for reference, along with instructions for use. This book is primarily intended for practitioners but parents are an essential member of the autistic child's interdisciplinary team and will benefit from the knowledge of this "innovative, evidence-based intervention."

---

Material Title: **Emergence: Labeled Autistic**  
Author: Temple Grandin *Books* 1986 180 pages

Temple Grandin tells the story of how she went from a fear-gripped, autistic childhood to become a successful professional, a world leader in her field. An astonishing true story, a chronicle of perseverance, courage, and the loving wisdom of a few adults who saw in Grandin what others couldn't, *Emergence* offers new hope and insight into the tragedy of autism and the vast potential of the human spirit.

---

Material Title: **Fabric of Autism, The: Weaving the Threads Into a Cogent Theory**  
Author: Judith Bluestone *Books* 2005 187 pages

Infused with rare insights into the impetus behind autistic behaviors, this book weaves the various threads of autism into a "make-sense" theory, hard won through personal experience and decades of study. From neuroscientific research, explanations of developmental processes and clinical outcomes emerge the probable causes of autism.

---

Material Title: **I Am Utterly Unique: Celebrating the Strengths of Children with Asperger Syndrome and High-Functioning Autism \*(Children's Materials)**  
Author: Elaine Marie Larson *Children's Books* 2006 52 pages

Discover the unique characteristics and abilities of children with Asperger Syndrome and high-functioning autism from A to Z. This book, laid out in an A-to-Z format, celebrates the extraordinary gifts and unique perspectives that children with ASD possess. Each page of this playful alphabet book presents one of the children's many talents and abilities. The kid-friendly illustrations and clever text create a positive portrayal of children with ASD.

---

Material Title: **Inside the World of Autism**  
Author: Time Magazine *Journals/Newsletters* May 6, 2002 11 pages

The cover story is on Autism.

---

Material Title: **Just This Side Of Normal: Glimpses Into Life with Autism**  
Author: Elizabeth King Gerlach *Books* 1999 139 pages

In this collection of vignettes about raising a child with autism, Gerlach is able to convey the confusions, distress and yearnings of a parent who is deeply worried about her son, but she also shows moments of joy at watching this engagingly "different" child grow and learn.

# Autism/Asperger's

---

Material Title: **My Next Steps: A Parents' Guide to Understanding Autism (DVD)**

Author: University of Washington Autism Center *DVDs* 2008 *irs. 30 min.*

This DVD serves as a road map for parents dealing with the first time diagnosis of a child with autism and seeks to provide answers to the many questions that arise during the journey through treatment. This DVD was funded by the Washington State legislature and produced by the University of Washington Autism Center. My Next Steps contains over 2.5 hours of content and is divided into two parts: "Part 1: What is Autism?" and "Part 2: What Can I Do?" (Spanish Language Subtitle Track Available)

"Mis próximos pasos: Una guía para padres sobre comprender el autismo"  
(Subtitulado en español)

Este DVD sirve como un mapa para padres que enfrentan la diagnosis de un niño con autismo y provee respuestas a las muchas preguntas que sobresalen durante el camino del tratamiento. Este DVD recibió fondos de la legislatura del estado de Washington y fue producido por El Centro de Autismo de la Universidad de Washington. "Mis Próximos Pasos" contiene más de 2.5 horas de material y está dividido en dos partes: "Parte 1: ¿Qué es el autismo?" y "Parte 2: ¿Qué puedo hacer yo?"

---

Material Title: **No Longer A SECRET: Unique Common Sense Strategies for Children with Sensory or Motor Challenges**

Author: Doreit Bialer *Books* 2011 238 pages

This invaluable resource by Dr. Lucy Jane Miller and Doreit Bialer helps teach cost effective, functional, on the spot tips to use for children with sensory issues at home, at school, or in a community setting. Any parent, teacher, or therapist can use this book and help a child with sensory or motor issues!

---

Material Title: **Oasis Guide to Asperger Syndrome, The: Advice, Support, Insight, and Inspiration**

Author: Patricia Romanowski Bashe, Barbara L. Kirby and Tony Attwoo *Books* 2001 435 pages

Part One describes what Asperger Syndrome is, what it looks like, and how it is diagnosed. Part Two, "Taking Control," discusses how to relate to having a child with AS, building the foundation for success, options and interventions, medication, and Special Education basics. Part Three, "The Whole Child," explores your child's emotional, social and school life and challenges of growing up.

---

Material Title: **On the Spectrum: Children and Autism (DVD)**

Author: First Signs DVD *DVDs* 2008 24 minutes

On the Spectrum: Children and Autism is a 24-minute educational video, created in collaboration with the UMDNJ-Robert Wood Johnson Medical School, The New Jersey Center for Outreach and Services for the Autism Community, Inc. (COSAC), and First Signs, Inc. The video outlines the diagnostic criteria for autism spectrum disorders, provides the guidelines for conducting a developmental screening, and describes how to relay developmental concerns to parents. Differences in development are vividly demonstrated through videotaped examples of typical and atypical behavior in children from four to thirty-six months of age. On the Spectrum draws upon clinical expertise, with interviews of some of the nation's top experts in the field. - descriptions adapted from First Signs, Inc. website.

---

Material Title: **Parenting Across the Autism Spectrum: Unexpected Lessons We Have Learned**

Author: Maureen F. Morrell and Ann Palmer *Books* 4/27/06 220

Maureen F. Morrell and Ann Palmer are raising two very different children: Justin, a whirlwind of activity and mood swings, who is supervised in a residential farm community, and Eric, quiet and passive, who lives independently at college. The authors give an account of the striking similarities as well as the stark differences in their experiences of parenting children at opposite extremes of the autism spectrum.

The two mothers speak openly about their children's diagnosis and early childhood through to adolescence, young adulthood and the day they leave home. They give a moving account of the challenges they faced and the surprising consolations they found along their sons' very different paths in life. Through their friendship and two decades of shared experiences of parenting an ASD child, each has gained a clear understanding of her own strengths and limitations, as well as those of her child.

Parenting Across the Autism Spectrum offers a personal perspective and practical guidance for parents at the start of their journey with autism, especially those whose children are newly diagnosed. It also provides useful insights for professionals working with individuals across the autism spectrum and their families. The book was elected the 2007 Autism Society of America's Outstanding Literary Work of the Year.

---

Material Title: **Pervasive Developmental Disorders: Finding a Diagnosis and Getting Help**

Author: Mitzi Waltz *Books* 1999 400 pages

Designed for parents, adults diagnosed with PDD-NOS and Atypical PDD, and professionals, this book shows how medications, therapies, and educational techniques can address symptoms and improve the lives of people with PDD. In some cases the results can be spectacular. Waltz includes a range of stories from parents who are raising children with PDD to cover such topics as: getting a diagnosis; treatment options; and coping with diagnosis and treatment.

---

## Autism/Asperger's

---

Material Title: **Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In - When to Worry and When Not to Worry**

Author: Perri Klass, M.D. and Eileen Costello, M.D. *Books* 2003 360 pages

From the fourth-grade girl who never gets invited to a birthday party because classmates think she's "weird", to the geek who is terrific at math but is failing every other subject, quirky children are different from other kids in ways that they – and their parents – have a hard time understanding. They present a host of challenges that standard parenting books fail to address. Seasoned pediatricians Perri Klass and Eileen Costello provide expert guidance that families with quirky children so desperately need. Illuminating the confusing list of terms often applied to quirky children - from Asperger's Syndrome and "nonverbal learning disability" to "obsessive-compulsive behavior" and Sensory Integration Dysfunction, the authors also discuss various therapy options, coping strategies, and available medications. Most of all, they will help quirky kids lead rich, fulfilling lives at home, at school, even on the playground.

---

Material Title: **Special Diets for Special Kids**

Author: Lisa Lewis *Books* 2011 239 pages

The first part of the book describes dietary intervention in detail, from both a scientific and a personal approach. Studies have shown that children with autism have a marked deficiency of enzymes that break down gluten and casein, which may explain why GFCF diets have yielded positive results for many children. The second part of the book is an easy-to-follow cookbook, containing over 200 recipes like: banana-nut pancakes; tortillas/wraps; shepherd's pie; chili; cakes and cookies; blueberry muffins; chicken nuggets; mock mac and cheese; turkey dressing - and many more!

---

Material Title: **Thinking in Pictures and Other Reports from My Life with Autism**

Author: Temple Grandin *Books* 1995 206 pages

In this unprecedented book, Grandin delivers a report from the country of autism. Writing from the dual perspectives of scientist and autistic person, she tells how that country is experienced by its inhabitants and how she managed to breach its boundaries to function in the outside world. What emerges is the document of an extraordinary human being, one who in gracefully and lucidly bridging the gulf between her condition and our own, sheds light on the riddle of our common identity.

---

Material Title: **Understanding Autism**

Author: Geoffrey Cowley *Journals/Newsletters* July 31, 2001 9 pages

A Newsweek Magazine cover story on Autism. More Kids Than Ever Are Facing The Challenge of 'Mindblindness.' The Causes Are Still A Mystery, But Research Is Offering New Clues To How The Brain Works.