### Baby Owl Lost Her Whoo

Cindy R. Lee  
2014  
30 pages

Do you have a bossy child at home or a child obsessed with control? Professionals know that children become controlling when they are afraid. Parents who don’t know this spend all their energy fighting for control and are left feeling frustrated, angry and confused. Baby Owl Lost Her Whoo teaches children WHY they need to let go of control. When left to manage on her own, Baby Owl freezes in the cold, eats only sweets and forgets to brush her beak! A book designed to teach concepts developed by Dr. Karyn Purvis, this story cleverly teaches children that parents are indeed in charge. When children know a safe loving adult is in charge, they can let go of control and spend their time laughing, playing and exploring.

### Doggie Doesn't Know No

Cindy R. Lee  
2015  
30 pages

It is sooooo hard for children to accept “no!” Parents frequently experience whining, back-talk and defiance when they deny their child’s request. Children can learn to accept “no” smoothly by practicing and understanding the concept of “accepting no.” While living on his own, little stray Doggie was able to do whatever he pleased and was never told “no.” On a cold snowy day he was invited to live with a family in a warm cozy home. Doggie was told “no” many times as he learned the rules of the household! This darling book includes Parenting Tips for Parents and facilitates your child’s ability to understand the concept of “accepting no.”

### The Elephant with Small Ears

Cindy R. Lee  
2016  
32 pages

Elly’s ears won’t grow because she is so scared! Little elephants with small ears can get into all kinds of trouble when they can’t hear their parents instructions. Find out how Elly’s parents learn to help her feel safe so her ears can grow. The Elephant with Small Ears teaches the concept of “listening and minding” to your child while reminding parents about the importance of connecting with children to help them feel safe. Reading The Elephant with Small Ears with your child will help you and your child understand the importance of how traditional parenting techniques are not effective with children from hard places.

### It’s Tough to Be Gentle: A Dragon’s Tale

Cindy R. Lee  
2015  
34 pages

Dex has the sweetest heart and the roughest touch. He breaks his toys, has difficulty with personal space, and has an energy level that idles on high! Dex deeply desires to play with a family of baby birds, but his request is denied until he can learn to be gentle and kind. Join this misunderstood dragon as he creatively learns how to have a gentle touch. It’s Tough to Be Gentle: A Dragon’s Tale, helps children understand the gentle and kind concept and the Teaching Tips for Parents provides parents with information on how they can empathize with a child similar to Dex. It’s Tough to Be Gentle: A Dragon’s Tale is designed to teach Trust Based Relational Intervention (TBRI ®) principles developed by Dr. Karyn Purvis and Dr. David Cross at the Institute of Child Development.

### The Penguin and the Fine-Looking Fish

Cindy R. Lee  
2015  
38 pages

Sweet little penguin was separated from all that was familiar to him. This left him sad and confused. He began to be disrespectful to all those around him because his heart was filled with hurt. In this tender book, Penguin goes in search of a pet to love and love him back. He befriends a beautiful fish who takes him on a journey of healing as he discovers what it means to show respect to himself and others. Penguin and the Fine-Looking Fish will help teach your children the importance of showing respect and gets to the heart of why this concept is vital to engaging in healthy relationships.

### The Redo Roo

Cindy R. Lee  
2015  
34 pages

Sweet little Roo is full of energy and excitement which is more than fine when he is playing outside. But, when Roo is asked to sit still, be quiet and keep his hands to himself at school he runs into some not-so-fun trouble. Discover how Roo’s teachers find creative solutions to helping Roo succeed in an environment that was not built for his energetic level of exploration. Reading The Redo Roo will help you and your child replace, time-outs, lectures and consequences with the “redo” parenting technique and help empower you to succeed.

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List compiled by Oregon Post Adoption Resource Center [ORPARC] as a resource list. All materials listed here are available for check out to eligible adoptive/guardianship families in Oregon and the professionals who serve them.
<table>
<thead>
<tr>
<th>Title</th>
<th>Publisher</th>
<th>Year</th>
<th>Duration</th>
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<tbody>
<tr>
<td>The Attachment Dance (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2008</td>
<td>2 hours and 16 minutes</td>
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<tr>
<td>Attachment: Why It Matters (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2012</td>
<td>2 hours and 30 minutes</td>
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<tr>
<td>The Connected Child</td>
<td>Karyn Purvis</td>
<td>2007</td>
<td>234 pages</td>
</tr>
<tr>
<td>Children from Hard Places and the Brain (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2014</td>
<td>1 hour 20 minutes</td>
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<tr>
<td>Crianza Basada en la Confianza: Cómo crear cambios duraderos en la conducta de su hijo (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2014</td>
<td>4 horas</td>
</tr>
<tr>
<td>Empowering, Connecting and Correcting Principles: Healing Children Through Trust and Relationships (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2010</td>
<td>1 hour 55 minutes</td>
</tr>
<tr>
<td>Facilitating Behavioral Change (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2008</td>
<td>1 hour and 25 minutes</td>
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</table>

The attachment relationship between parents and their children is one of the most cherished experiences of our lives. In the Attachment Dance, developmental psychologist and Director of the TCU Institute of Child Development, Dr. Karyn Purvis, explores the attachment experiences of neuro-typical children and children with histories of harm. Dr. Purvis explains how to recognize features of the attachment relationship and teaches parents and caregivers how to explore their own attachment styles and facilitate healing for the children in their care.

This DVD explores the critical role of attachment in a child’s development. Most of us think of attachment as a loving bond between parent and child. But, what happens if a child doesn’t get nurturing, consistent care from a loving parent early in life? Can a parent love a child or a child love a parent, but still not feel securely connected? And what are the consequences of insecure attachments? Here, adoptive parents share their struggles and successes in pursuit of these answers.

Written by two research psychologists specializing in adoption and attachment, this book is intended to help adoptive parents build bonds of affection and trust with their adopted child, effectively deal with any learning or behavioral disorders, and discipline their child with love without making him or her feel threatened.

This video explores the impact of trauma on a developing brain and explains how fear and chronic stress damage the structure, wiring, and chemistry of the brain. This puts children at risk for a lifetime of social, learning, and behavioral problems if there isn’t intervention. Children from Hard Places and the Brain features experts Dr. Tina Payne Bryson, Dr. Karyn Purvis, and Dr. David Cross, and offers practical advice and tips for leading children of all ages – even teens – to new levels of healing.

Esta serie está compuesta en dos DVD y ofrece una riqueza de sabiduría acerca de los comportamientos asociados con el trauma. Los doctores Purvis y Cross instruyen a las familias y cuidadores usando experiencias de la vida real para resolver los problemas y muestran unas habilidades y estrategias prácticas al aplicar los principios de la intervención relacional basada en la confianza (“TBRI” por sus siglas en inglés). Los padres en todo el mundo elogian al sistema de TBRI por haberles dado una esperanza en momentos de crisis y soluciones prácticas que pueden beneficiar a la toda la familia.

In this nearly two-hour presentation, Dr. Karyn Purvis, a developmental psychologist, explains her research-based approach with children who come from what she calls “hard places”. These are children who have been exposed to drugs and alcohol in utero or suffered abuse, trauma or neglect early in life. She explains how harm during these critical stages of brain growth cause significant disruption in a child’s development and behaviors and offers strategies to overcome these deficits.

One of the most commonly asked questions for the staff at the TCU Institute of Child Development is how to deal with “problem behaviors.” Tragically, children with history of abuse, neglect, or trauma are more likely to display these behaviors that are driven by fear. In Facilitating Behavioral Change, Dr. Karyn Purvis, a developmental psychologist and Director of the TCU Institute of Child Development, explores the concepts of Connecting and Correcting Principles, key elements in the Trust-Based Relational Intervention (TBRI-SM), the unique approach developed by Dr. Purvis and her team. This lecture provides practical insights and tips on how to use TBRI-SM tactics in real-life situations.

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Healing Research (DVD)
TCU Institute of Child Development 2007 1 hour and 28 minutes
For decades, scientists have studied how children's brains and behaviors are impacted by prenatal exposure to drugs and alcohol, trauma, abuse, and neglect. In this nearly 90-minute lecture, Dr. Karyn Purvis, developmental psychologist and Director of the TCU Institute of Child Development, reviews a wide range of research that gives insight into developmental deficits that drive many behaviors of at-risk children. Dr. Purvis explains the science in easy-to-understand terms to help parents and caregivers understand how psychological changes in children can be induced by early harm. Dr. Purvis helps parents and caregivers see the "real child" beneath their child's behavior.

Healthy Touch (DVD)
TCU Institute of Child Development 2008 51 minutes
Touch is a universal language - more dynamic and powerful than any other form of communication. More than an integral part of everyday life; touch is essential to our very existence. The Healthy Touch DVD explores the importance of touch, particularly as a tool for promoting healing and developing deeper connections between parents of children. It features child development experts, Dr. Karyn Purvis and Dr. David Cross, founders of the TCU Institute of Child Development, and renowned researcher, Dr. Tiffany Field, Director of the Touch Research Institute at the University of Miami Miller School of Medicine, among other renowned experts. This nearly 50-minute video also explores research about touch and offers practical ways to add healthy touch in our lives on a daily basis.

The Neurochemistry of Fear (DVD)
TCU Institute of Child Development 2008 2 hours and 20 minutes
The fundamental goal of this seminar is to empower parents and professionals to become healers in the lives of at-risk children and to discuss interventions developed through our work with families of at-risk children. Tragically, children who have been harmed, neglected, and/or abused are at significantly increased risk for behavioral disorders, relationship failures, and early onset mental illness. In this 2-disc DVD, developmental psychologist and Director of the TCU Institute of Child Development, Dr. Karyn Purvis, presents specific skills and insights garnered from research with at-risk children on how to disarm fear responses that drive their aberrant behavior. Dr. Purvis explains concepts to help caregivers and parents understand a child's brain chemistry and now neurotransmitter testing can be used to enhance therapeutic approaches.

Playful Interaction: Unlocking the Mysteries of Nurturing Human Relationships (DVD)
TCU Institute of Child Development 2009 2 hours and 6 minutes
Play puts the fun in fundamental - central to a child's well-being now and in the future. Through play, children learn to develop the social and emotional skills they need to succeed in life. This DVD highlights the importance of playful interactions, especially children with histories of trauma, abuse, or neglect. The practical examples through The Institute of Child Development's Hope Connection Summer Camp show how playful interactions: promote attachment through attuning and engaging the child, disarm fear responses, teach problem solving skills, teach self-regulation skills, teach social skills, can correct children and connect after correcting.

Sensory Integration (DVD)
TCU Institute of Child Development 2008 2 hours and 10 minutes
A key element of typical development is the capacity to process and regulate environmental input. Sadly, children who have experienced prenatal exposure to drugs or alcohol, early trauma, abuse or neglect, are at high-risk for sensory disorders. In this lecture, developmental psychologist and Director of the Texas Christian University Institute of Child Development, Dr. Karyn Purvis, explains risk factors and warning signs for Sensory Processing Disorders and offers practical interventions for parents and professionals. This DVD features a Q&A session that explores common questions about sensory disorders.

A Sensory World (DVD)
TCU Institute of Child Development 2010 98 minutes
This DVD offers insight and understanding about sensory issues that may make it difficult for a child to function at home and school. Parents and professionals will learn to recognize the difference between sensory problems and problem behaviors and how to help children overcome everyday struggles that hamper their success. This encouraging video features Dr. Karyn Purvis and Dr. David Cross, child development researchers from Texas Christian University's Institute of Child Development, and Carol Kranowitz, author of the best seller “The Out of Sync Child”. These experts offer proven interventions and practical exercises to help children cope with sensory issues which will lead to enriched relationships and improved self-esteem and learning.

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<tr>
<td>TBRI for Teens (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2015</td>
<td>2 hours and 14 minutes</td>
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<tr>
<td>Developing a trusting relationship with any teenager can be a challenge. For teenagers with traumatic backgrounds of abuse, neglect or broken homes, it’s especially challenging for both the teens and the adults who care for them. TBRI for teens follows a dozen youth, ages 11-18, and a dozen staffers from the Methodist Children’s Home in Wasco, Texas as they try a new approach called Trust-Based Relational Intervention (TBRI). Watch as the team reveals the remarkable changes that result from the TBRI approach.</td>
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<tr>
<td>TBRI: An Overview (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2014</td>
<td>37 minutes</td>
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<tr>
<td>This short video explains the principles and concepts behind Trust-Based Relational Intervention®, a proven method for enriching the lives of at-risk, vulnerable children, adolescents, and their families. Trauma can impair language, sensory processing, and coping skills, and can lead to perplexing behaviors that are often mistaken for aggression or mental illness. This video features world-renowned experts who share research that documents how consistently positive experiences with loving caregivers can re-wire a child’s brain for lasting change.</td>
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<tr>
<td>A TBRI Pocket Guide: Trust-Based Caregiving</td>
<td>TCU Institute of Child Development</td>
<td>2012</td>
<td>18 pages</td>
</tr>
<tr>
<td>This convenient, pocket-sized guide to the basic principles of Trust-Based Relational Intervention® is an ideal reference for caregivers and professionals seeking to use TBRI® to meet the needs of children and youth from “hard places.” Included are practical strategies for Empowering, Connecting, and Correcting through activities, reflective questions, and sample situations and responses.</td>
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<tr>
<td>Trust-Based Parenting: Creating Lasting Changes in Your Child’s Behavior (DVD)</td>
<td>TCU Institute of Child Development</td>
<td>2011</td>
<td>3 hours and 35 minutes</td>
</tr>
<tr>
<td>This DVD set offers in-depth training for parents of children with trauma-based behavioral issues. The Trust-Based Relational Intervention (TBRI) is an intervention model created by developmental psychologists Dr. Karyn Purvis and Dr. David Cross, founders of the Institute of Child Development at Texas Christian University. It is based on more than a decade of research and hands-on work with vulnerable children and their families. Dr. Purvis coined the phrase &quot;children from hard places&quot; to describe children who have experienced abuse, neglect, abandonment and/or trauma in early development. Their survival behaviors can be confusing, frustrating, and difficult to manage even for the most patient and loving parents.</td>
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