

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

LGBTQ Issues

Material Title: **A Legal Guide for Lesbian & Gay Couples (Eleventh Edition)**

Author: Hayden Curry, Denis Clifford & Frederick Hertz *Books* 2002 173 pages

Laws designed to protect married heterosexual couples don't apply to lesbian and gay couples - you need to take specific legal steps to define and protect your relationships in the eyes of the law. This practical, plain-English guide shows lesbian and gay couples how to: make practical decisions about living together; obtain domestic partner benefits; make medical decisions for each other in times of illness or incapacity; take care of a partner's finances in times of absence or incapacity; leave property to each other; understand the practical and legal aspects of having and raising children through adoption, donor insemination, surrogacy or foster parenting.

Material Title: **Adopting Our Two Dads: A story about the Leffew Family *(Children's Materials)**

Author: Luca Panzini *Children's Books* 2014 33 pages

Based on the true story of the Leffew family, daddy Brian, daddy Jay, Daniel and Selena, we follow them through the story of their adoption and learn how this family was formed. An increasing number of lesbian, gay, bisexual, and transgender (LGBT) couples are having children through surrogacy, co-parenting, donor and adoption. Every child deserves a book that reflects their lives. This book also shows that families come in many different combinations, and helps children from all backgrounds understand more about families with same-gendered parents.

Material Title: **Adoption by Lesbians and Gay Men: A New Dimension in Family Diversity**

Author: David Brodzinsky and Adam Pertman *Books* 2012 251 pages

Adoption by Lesbians and Gay Men explores the gamut of historical, legal, sociological, psychological, social casework, and personal issues related to adoption by sexual-minority individuals and couples. Leading experts in a variety of fields address--and often shatter--the controversies, myths, and misconceptions hindering efforts by these individuals to adopt and raise children. What makes this book all the more valuable is that it provides insights and specific recommendations for establishing empirically validated best practices for working with an important sector of our society, for treating all prospective and current parents fairly and equally, and, perhaps most importantly, for increasing a still largely untapped resource for providing families for children who need them.

Material Title: **Antonio's Card *(Children's Material)**

Author: Rigoberto González *Children's Books* 2005 31 pages

Antonio has two mother figures which makes it difficult to explain to his classmates. During Mother's Day card making time and after school, when his mom's partner picks him up, Antonio doesn't know how to deal with peer pressure. He is teased often and this confuses him because he loves his moms and his family. This book nicely portrays one boy's struggle to fit in without hurting anyone's feelings. The book is written in English and Spanish on each page. The love in the story overpowers the basic illustrations. A feel good read.

Material Title: **Best Best Colors - Los Mejores Colores* (Children's Material)**

Author: Eric Hoffman *Children's Books* 1998 26 pages

Nate loves all of the wonderful colors he sees in his everyday life. When his Mamma Jean and Mamma Laura ask him about his favorite color, he wonders, "How can I choose just one?" This delightful picture book takes you on a journey with Nate as he figures out that he can like a lot of different colors and have a lot of different friends. This book is bilingual with words in English and Spanish.

Nate ama todos los maravillosos colores que ve en su vida cotidiana. Cuando su mamá Jean y su mamá Laura le preguntan acerca de su color favorito, se pregunta, "¿Cómo puedo elegir sólo uno?" Este maravilloso libro de imágenes le lleva a un viaje con Nate mientras él descubre que a él le pueden gustar un montón de diferentes colores y que puede tener un montón de diferentes amigos. Este libro es bilingüe, con palabras en Inglés y Español.

Material Title: **Beyond Magenta: Transgender Teens Speak Out *(Children's Materials)**

Author: Susan Kuklin *Children's Books* 2014 176 pages

Author and photographer Susan Kuklin met and interviewed six transgender or gender-neutral young adults and used her considerable skills to represent them thoughtfully and respectfully before, during, and after their personal acknowledgment of gender preference. Portraits, family photographs, and candid images grace the pages, augmenting the emotional and physical journey each youth has taken. Each honest discussion and disclosure, whether joyful or heartbreaking, is completely different from the other because of family dynamics, living situations, gender, and the transition these teens make in recognition of their true selves.

LGBTQ Issues

Material Title: **Daddy and Papa: A Story About Gay Fathers in America (DVD)**
Author: Johnny Symons *DVDs* 2003 57 minutes

Through the stories of four families, including the filmmaker's own, this film explores the growing phenomenon of gay fatherhood and its impact on American culture. It delves into the particular challenges facing gay men who decide to become dads, including surrogacy, interracial adoption, the complexities of gay divorce, and the battle for full legal status as parents.

Material Title: **Daddy, Papa, and Me* (Children's Materials)**
Author: Lesléa Newman *Children's Books* 2009 17 pages

This hard back book child sized book written for very young children presents a family with two fathers engaged in everyday parenting activities.

Material Title: **Family Influences on Childhood Behavior and Development: Evidence-Based Prevention and Treatment Approaches**
Author: Thomas Gullotta and Gary M. Blau *Books* 2008 327 pages

This collection of 13 essays intended for clinicians examines factors associated with families in distress and factors that promote healthy coping skills and resilience. The first 5 chapters explore what family means today, circumstances that can make family life challenging or painful, and how prevention and treatment approaches can help. The next 8 chapters focus on potentially distressing events, including adoption, divorce, stepfamilies, lesbian and gay families, foster care, parents with mental illnesses, physical abuse, and sexual abuse.

Material Title: **Family Therapy Magazine: May/June 2004**
Author: Periodical *Periodicals* May/June 2004 8 articles

This issue of Family Therapy Magazine, a journal of the American Association for Marriage and Family Therapy, is dedicated to "Adoption Trends and the Role of Family Therapy." It contains eight articles on adoption. The magazine can be checked out of the ORPARC library just as books or tapes can. Contact us by phone or email if you would like to borrow a copy of this unique issue.

Material Title: **Gay Men Choosing Parenthood**
Author: Gerald P. Mallon *Books* 2004 147 pages

This book uses case studies, interviews and research to present an affirming look at gay parenthood. It presents the journey of gay males who have become parents through foster care, adoption and other kinship relationships. Social climate, support service issues, and comparison to heterosexual parenting are explored.

Material Title: **Gender Book, The**
Author: Mel & Jay Reiff Hill & Mays *Books* 2014 90

the GENDER book A gender 101 for everyone Follow the adventures of Boston's personal gender exploration in the GENDER book, a colorful, all-ages visual primer on the world of gender. You'll meet along the way new friends: drag queens and kings, intersex folks, genderqueer individuals, and others under the transgender umbrella. They'll introduce you to new and familiar topics in a way that is accessible, nonjudgmental, and fun! Enjoy the 90-page fully illustrated book in one sitting, or come back to it again and again. You'll appreciate the countless hours of research, more than 200 questionnaires, and dozens of one-on-one interviews with members of the communities depicted. The result represents an agreement of many diverse community voices and a huge step forward in the world of gender

Material Title: **Growing Up Trans: Inside the Struggles and Choices Facing Transgender Kids and Their Families (DVD)**
Author: PBS *DVDs* 2015 our 30 mins

Go on an intimate and eye-opening journey inside a new frontier. Told from the perspective of parents, doctors, and, most revealing of all, eight transgender kids themselves, ranging in ages from 9 to 19, FRONTLINE takes a powerful look at this new generation, exploring the medical possibilities, struggles, and choices transgender kids and their families face today.

Material Title: **Heather Has Two Mommies* (Children's Material)**
Author: Lesléa Newman *Children's Books* 2009 25 pages

This is a "special twentieth anniversary edition of the classic children's book with the enduring message that will appeal to readers of all ages and backgrounds: the most important thing about any family is that all of the people in it love each other". This edition includes a retrospective by the author.

LGBTQ Issues

Material Title: **Helping Your Transgender Teen; A Guide for Parents (Second Edition)**

Author: Irwin Krieger

Books

Going through puberty and adolescence presents unwelcome changes for many transgender youth, and this book provides advice to parents of transgender teens to help them understand what their child is experiencing and feeling during this challenging time.

Addressing common fears and concerns that parents of transgender teens share, the book guides them through steps they can take with their child, including advice on hormones and surgery and how to transition socially. It addresses the recent increase in teens presenting with non-binary identities, and reflects major legal, social and medical developments regarding transgender issues. The author's insights are gained from his professional experience of providing psychotherapy regarding gender identity. He provides resources and further reading to help parents expand their knowledge.

Although aimed predominantly at parents, this book is useful for anyone working with teenagers and young adults as it provides many answers to common questions about adolescent gender identity.

Material Title: **House for Everyone, A; A Story to Help Children Learn about Gender Identity and Gender Expression**

Author: Jo Hirst

Children's Books

05/21/2018

32

At lunchtime, all of Tom's friends gather at school to work together building their house. Each one of them has a special job to do, and each one of them has a different way of expressing their gender identity.

Jackson is a boy who likes to wear dresses. Ivy is a girl who likes her hair cut really short. Alex doesn't feel like 'just' a boy, or 'just' a girl. They are all the same, they are all different - but they are all friends.

A very simple story that challenges gender stereotypes and shows 4 to 8 year olds that it is OK to be yourself. An engaging story that is more than just an educational tool; this book will assist parents and teachers in giving children the space to explore the full spectrum of gender diversity and will show children the many ways they can express their gender in a truly positive light.

Material Title: **How My Family Came to Be - Daddy, Papa and Me* (Children's Materials)**

Author: Andrew R. Aldrich and Mike Motz

Children's Books

2003

22 pages

"The day I was born was a happy day."

Told with simple words and playful illustrations, this book clearly addresses for a young audience the changing makeup of families. The story grew out of the author's need to explain to his son how their family came to be and what "family" means. Narrated from the perspective of a school-aged child, the book shows how his family was created and that families are made up of people who love each other.

Material Title: **In the System and In the Life: A Guide for Teens and Staff to the Gay Experience in Foster Care**

Author: Youth Communication

Professional Materials

2003

The special challenges of coming out while in care are explored through stories by gay and straight teens and staff. Activities for every story make this book ideal for staff training or classes.

Material Title: **King & King & Family* (Children's Materials)**

Author: Linda de Hann and Stern Nijland

Children's Books

2004

28 pages

It's time for King Lee and King Bertie's royal honey-moon. Hippos, crocodiles, and snakes - oh my! Little do the regal travelers know that the jungle holds much more - perhaps even the secret to fulfilling their hearts's fondest wish for a family of their own.

Originally published in the Netherlands, King & King presents same-sex marriage as a viable, acceptable way of life within an immediately recognizable narrative form, the fairy tale.

Material Title: **Lesbian and Gay Families: Redefining Parenting in America**

Author: Jill S. Pollack

Books

1995

106 pages

This book introduces the reader to seven gay or lesbian families. Their firsthand testimony becomes a vehicle for exploring the many roads to parenthood including adoption, alternative insemination, and previous heterosexual relationships. Pollack establishes that love, not heterosexuality, makes a family.

Material Title: **Lesbian and Gay Foster and Adoptive Parents**

Author: Gerald M. Mallon

Books

2006

96 pages

This book explores myths and prejudices that influence attitudes towards lesbians and gay men as parents, examines how the development of legislation over the years has influenced perceptions of lesbians and gay men as parents, and explores ways for social workers to more effectively support lesbian and gay adopters and foster parents once they have been matched with a child or youth.

LGBTQ Issues

Material Title: **Lesbian and Gay Foster Care and Adoption (Second Edition)**
Author: Stephen & Janet Hicks & McDermott *Books* 7/19/2018 269

The authors outline how the experience of adopting and fostering has changed for lesbian, gay, bisexual and transgender (LGBT) people over the years, major changes in policy, and what the research can tell us about LGBT parenting. They interview families involved at different stages of the fostering and adoption process, from those undergoing assessments through to the experienced foster carers and adopters who were interviewed for the first edition of this book 20 years previously. While the number of LGBT people adopting or fostering has increased since then, some of the very real challenges still endure - including social stigma, homophobia and discriminatory policies - and families share some of the strategies they have used to help to address them.

Material Title: **Lesbian and Gay Fostering and Adoption**
Author: Stephen Hicks *Books* 1999 199 pages

This book presents a collection of personal accounts given by singles and couples in Great Britain who have fostered or adopted children. It also includes an editorial essay which examines the many issues involved when lesbians or gay men choose this method of building a family

Material Title: **Lesbians and Gay Men as Foster Parents**
Author: Wendell Ricketts *Books* 1991 166 pages

Through facts, arguments and personal stories, Mr. Ricketts diffuses stereotypes and clearly shows both the need for and the goodness of lesbian and gay foster parents. This book will be of immense value to agency administrators, policy makers, social workers, and all members of the helping professions.

Material Title: **Let's Get This Straight: The Ultimate Handbook for Youth with LGBTQ Parents* (Children's Materials)**
Author: Tina Fakhrid-Deen *Children's Books* 2010 176 pages

In Let's Get This Straight, Tina Fakhrid-Deen and COLAGE, a national movement of children, youth, and adults with one or more lesbian, gay, bisexual, transgender and/or queer (LGBTQ) parent/s, are on a mission to provide kids of LGBTQ parents with the tools they need to: become more self-aware and affirming; maintain healthy relationships with their parents; address discrimination and heterosexism and combat homophobia; discuss important questions about what it means to be part of an LGBTQ family; build strong self-esteem and sense of belonging; respond effectively when challenged about being in a sexual minority family; reduce the isolation, fear, shame, and confusion that can be associated with having gay parents.

Material Title: **Love Makes a Family: Gay Parents in the 90's (VHS)**
Author: Remco Kobus *Videotapes* 1991 16 minutes

By Remco Kobus, Marla Leech, and Daniel Veltri. In this video, we meet a lesbian single mother who shares parenting with the gay father of her son; a lesbian couple who care for one's children by a previous marriage; and a gay male couple with two adopted sons. Also interviewed are a clinical psychologist and a therapist who work with gay families. These appealing case studies provide an affirmation of gay parenting rather than a how-to manual.

Material Title: **Mom and Mum are Getting Married!* (Children's Material)**
Author: Ken Settington *Children's Books* 2004 24 pages

"When Rosie finds out that her two mothers are planning to get married, she has only one worry...will she get to be a flower girl?" This children's book features "a joyful celebration of love and family in a changing world". This is a book for early elementary age children.

Material Title: **Mommy, Mama, and Me* (Children's Material)**
Author: Lesléa Newman *Children's Books* 2009 17 pages

This hard back child sized book written for very young children presents a family with two mothers engaged in everyday parenting activities.

Material Title: **One Dad, Two Dads, Brown Dad, Blue Dads* (Children's Material)**
Author: Johnny Valentine *Children's Books* 1994 27 pages

This humorous book for elementary age children uses the concept of blue dads to introduce the idea of how there are similarities among all dads even if they are a different color. It allows a child to examine differences in light of how people still share common traits.

Material Title: **Our Daughters and Sons: Questions and Answers for Parents of Gay, Lesbian and Bisexual People**
Author: PFLAG *Books* 1995 23 pages

This booklet, from Parents, Families and Friends of Lesbians and Gays (PFLAG), addresses questions commonly asked by parents of children who are gay. It covers such topics as the definition of homosexuality, religion, STD's, and how parents can be supportive of their children during the "coming out" process. In addition, this booklet contains a list of many other helpful resources for both gay people and their parents.

LGBTQ Issues

Material Title: **Out With It: Gay and Straight Teens Write About Homosexuality* (Children's Materials)**

Author: Youth Communication *Children's Books* 1996 113 pages

Young people today are aware of gays and lesbians in almost every area of their lives, yet they rarely get a chance to talk openly about it. Here, young people speak in their own voices about the myriad ways they encounter - and deal with - homosexuality. Their brave and honest work provides a point of departure for teen readers trying to make sense of some very complicated issues.

Material Title: **Phoenix Goes to School; A Story to Support Transgender and Gender Diverse Children**

Author: Michelle Finch *Children's Books* 07/19/2018 40

Phoenix wants to wear her favourite purple dress to express her gender, but she is scared of being bullied on her first day of school. Follow Phoenix's journey as she arrives at school, makes some friends, stands up for herself, and helps us learn to be true to who we really are.

Material Title: **Sissy Duckling, The* (Children's Material)**

Author: Harvey Fierstein *Children's Books* 2002 37 pages

In this story for young children, the main character, a juvenile duck named Elmer, enjoys such non-traditional activities as baking and puppet shows and as a result he becomes the object of bullying and ridicule, even by his father, until an event occurs that changes the way the rest of the duck population views Elmer. The reviews of this children's book describe this as "an incredibly empowering book for boys who've felt different or picked on" and "a parable in which individuals succeed when they stay true to themselves."

Material Title: **Tango Makes Three, And* (Children's Material)**

Author: Justin Richardson and Peter Parnell *Children's Books* 2005 28 pages

This young children's story is based upon true events that occurred at the Central Park Zoo. Two male penguins, Roy and Silo, who became a couple, successfully adopt, incubate, hatch and nurture a fertile egg from another penguin couple. Her name is Tango. She is often seen in the company of her two proud fathers proving once again "that all kinds of love can create a family."

Material Title: **The Adoption Reader: Birth Mothers, Adoptive Mothers, and Adopted Daughters Tell Their Stories**

Author: Susan Wadai-Ells *Books* 1995 272 pages

With eloquence and conviction, more than thirty birth mothers, adoptive mothers and adopted daughters explore what is a deeply emotional, sometimes controversial and always compelling experience that affects millions of families and individuals. These personal essays and stories are informed by the contemporary adoption movement and raise timely issues that illustrate its complexity, among them: open and closed adoption, cross-cultural adoption, the birth record debate, the experience of biracial adoptees, adoption by lesbian couples, and the search for identity.

Material Title: **Transgender Child: A Handbook for Families and Professionals, The**

Author: Stephanie A. Brill *Books* 2008 252 pages

This comprehensive first of its kind guidebook explores the unique challenges that thousands of families face every day raising their children in every city and state. Through extensive research and interviews, as well as years of experience working in the field, the authors cover gender variance from birth through college. How can I best raise my gender variant or transgender child with love and compassion, even when I barely understand the issues ahead of us? And what is gender, anyway? These questions and more are answered in this book offering a deeper understanding of gender variant and transgender children and teens.

Material Title: **Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary, The**

Author: Stephanie A. Brill *Books* 2016 338 pages

There is a generational divide in our understandings of gender. This comprehensive guidebook helps to bridge that divide by exploring the unique challenges that thousands of families face every day raising a teenager who may be transgender, non-binary, gender-fluid or otherwise gender-expansive. Combining years of experience working in the field with extensive research and personal interviews, the authors cover pressing concerns relating to physical and emotional development, social and school pressures, medical considerations, and family communications. Learn how parents can more deeply understand their children, and raise their non-binary or transgender adolescent with love and compassion.

Material Title: **Ultimate Guide for Gay Dads, The; Everything You Need to Know About LGBTQ Parenting But Are (Mostly) Afraid to Ask**

Author: Eric Rosswood *Books* 2017 248

How Is This Parenting Guide Different From Others? Unlike other parenting books that have whole chapters focusing on things specifically related to mothers (such as how to get the perfect latch when breastfeeding), this parenting book replaces those sections with things relevant to gay dads. It covers topics like how to find LGBT friendly pediatricians, how to find LGBT friendly schools, how to childproof your home with style, how to answer awkward and prying questions about your family from strangers, examples for what two-dad families can do on Mother's Day, and much more. The book also includes parenting tips and advice from pediatricians, school educators, lawyers, and other same-sex parents.

LGBTQ Issues

Material Title: **Velveteen Father, The**

Author: Jesse Green

Books

1999 240 pages

Being a parent was not a high priority for acclaimed journalist and novelist Jesse Green, but when, at the age of 37, he fell in love with a man who had recently adopted a baby boy, fatherhood suddenly fell into his lap. In this warm, humorous, deeply personal book, Green recounts the unexpected journey he and his partner traveled together on the road to parenthood.

Material Title: **Vincent the Vixen: A Story to Help Children Learn about Gender Identity**

Author: Alice Reeves

Children's Books

Vincent is a fox who loves to play dress-up with their brothers and sisters, but when they always choose to dress up as female characters, Vincent's siblings begin to wonder why. Vincent knows they are actually a girl more than anything else, and with the support of friends and family they transition to living as their true self. This is the fun and sensitive story of one fox's journey to realise their gender identity and the importance of being who you are.

Part of the Truth & Tails series, which aims to eliminate prejudices and encourage acceptance in young children aged 4-8, this story of growing up transgender is accompanied by hand-drawn, watercolour illustrations.

Material Title: **We Are... GLBTQ (DVD)**

Author: DVD

DVDs

2007 40 minutes

This DVD features the voices of youth and their caregivers and also a professional from Lifespan who provided definitions, cautions, facts vs. myths that would be very helpful to any family who is parenting a GLBTQ youth. Some of the youths' stories speak about the risks of coming out, such as the rejection and ostracization that they experience. Both youths in foster care and adoption were featured.

Material Title: **What if Someone I Know Is Gay? Answers to Questions About Gay and Lesbian People* (Children's Materials)**

Author: Eric Marcus

Children's Books

2007 138 pages

Aimed at teenagers, this book breaks down the stereotypes surrounding homosexuality. Written in question-and-answer form, the author answers real questions from real teenagers about everything from sex to religion. He pushes aside all of the myths and misinformation to help kids understand what being gay is really all about.