Parent Workshop

Building bonds and resilience through stories and nurturing touch

Benefits for the Home:
- Enhance self-regulation skills
- Strengthen bonds & create memories
- Hands on activities & practical tips for more enjoyable homework time
- Develop boundaries and limits with humor
- Reduce stress
- Increase sleep

For Parents of School-Age Children

Benefits for at School:
- Better understanding of boundaries
- Ability to self-regulate
- Reduces stress & provides coping skills
- Body and spatial awareness
- Develops respect for self and others

February 9th
9:30am-3:30pm
Lunchbreak 12:30-1:30
Northwest Health Foundation
221 NW Second Ave. Suite 300
Portland, OR

Scholarships
$25/person or $40/couple

Regular Cost
$75/person or $60/couple

Facilitated by:
Melissa Enter
International MISA trainer
Certified infant massage inst.
connectedbytouch@gmail.com

For more information:
connectedbytouch.com
MINI MISP PRACTITIONERS TRAINING

Story Massage, Fun, Games, and Active Learning
Teaching Consent, Boundaries, & Respect

- Calms and builds connections in classrooms and homes
- Strengthens social skills, family bonds, and improves sibling relationships
- Promotes better sleep

MISP is fun for children of all abilities!

February 8th
9:30am-4:00pm
Lunchbreak 12:30-1:30
Northwest Health Foundation
221 NW Second Ave. Suite 300
Portland, OR

Open to: MISP instructors, infant massage instructors, and others currently working with toddlers and preschoolers

Special Introductory Cost: $125.00
Regular Price: $162.50

Presented by Melissa Enter
Certified Intl MISA Trainer
info@misa-usa.com to register