



Collaborative Problem Solving



This 4-hour training provides an overview of the Collaborative Problem Solving [CPS] model, as described in the book *The Explosive Child*. Dr. Ross Greene developed this model specifically for children who are inflexible and become easily frustrated, leading to explosive anger or melt downs. Utilizing the CPS model has been found to help reduce and alleviate explosive or meltdown behavior, as parents and kids learn to solve problems together in ways that are mutually satisfying and help reduce conflict.

CPS has been applied to “ordinary” kids as well as to children with disabilities or mental health issues, and used with children with a wide range of social, emotional and behavioral challenges. It can also be used by school staff which allows for consistency in the child’s life.

In this training we will explore reasons why your child becomes easily frustrated, how to work through the frustrating moments, and how to take a proactive approach in preventing the explosive behavior. We will also go over the steps of Collaborative Problem Solving. Come join us and learn with other parents and caregivers how this model can be applied in your home.

Presenter: Nicole Russell, MSW, ORPARC Family Support Specialist
Nicole is a Family Support Specialist with Oregon Post Adoption Resource Center. She graduated in 2009 with her Master in Social Work from Portland State University. She is also the recipient of the NASW 2009 Community-Based Practice Award. She has worked with children, youth, and families in various capacities. After receiving her bachelor’s degree, she worked within a school-based mental health program, providing support in behavior supported classrooms within elementary schools.

When: Saturday, September 18, 2010
Time: 9:00 a.m. to 1:00 p.m.
Where: Department of Human Services
Conference Room 1
1937 West Harvard Avenue
Roseburg, OR 97471

**Register by contacting ORPARC at 1-800-764-8367
or email orparc@nwresource.org**

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Others may attend trainings for minimal charge and/or on a space available basis. Reimbursement for childcare and travel expense are offered to ORPARC eligible families as funds allow; please request childcare and travel reimbursement upon registration. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Request these services two weeks in advance.