

# The Children's Program ~ Summer 2008 Classes For Parents and Students

## **Co-parenting Teens with ADHD: A Workshop for Couples**

June 21, 2008 ~ 10:00 a.m. to 12:00 noon

Instructor: Allan Cordova, Ph.D.; Cost: \$95

This psycho-educational workshop is geared for parents who are interested in support and education, viewed through the lens of the marital/co-parenting relationship. We will focus on the challenges of parenting teens with ADHD and reinforce strategies for coming together as parents and partners. The first half of the session will include a review of diagnostic and treatment issues for teens with ADHD. The second half of the session will focus on "best practices" for supporting teens' independent functioning, dealing with behavioral/emotional challenges, and staying "on the same page" with your co-parent/spouse.

## **Fractions, Decimals and Percents Review for 6th and 7th graders**

July 22-24, 2008 ~ 10:30 to 11:45 am

Instructor: Susan Turner; Cost: \$150

Spend three mornings reviewing the important foundation skills of fractions, decimals and percents. Class meets for 75 minutes on three consecutive mornings.

## **Basic Algebra Fundamentals Refresher for 8th-10th graders**

July 22-24, 2008 ~ 12:30 to 2:00 p.m.

Instructor: Susan Turner; Cost: \$175

In three 90 minute meetings this class will revisit two essential algebra concepts: positive and negative numbers and learn to solve basic equations.

## **Improve Study Skills While Preparing for the Written Driver's Permit Test**

*Dates/times determined by the group*

Instructor: Susan Turner; Cost: \$150

Sharpen study skills while preparing for the written portion of the driver's exam. Using the Oregon Driver's Manual as a text, students practice reading for content, note-taking and test-taking skills. The material is motivating and prepares students for the written portion of the driver's exam. The techniques can be applied to test-taking and studying for all subjects. Class will meet for four 60 minute sessions.

## **Enrich Your Marriage – Improve Your Parenting**

Saturday, July 26, 2008 ~ 9:00 a.m. to 12:00 noon

Instructor: Allan Cordova, Ph.D.; Cost \$120 per couple

This 3-hour workshop is geared for couples struggling with the competing demands of marriage and parenting. Using the PREP approach, this workshop will cover topics including the "spillover" between marriage and parenting, effective problem solving, and the special issues of living with young children and teens. The approach is fast-paced, engaging and interactive.

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## **Study Skills Class for Middle/High School Students**

**Students entering grades 9,10,11,12:** August 11-14, 2008 ~ 9:30 to 11:30 a.m.

**Students entering grades 6, 7, 8:** August 18-21, 2008 ~ 9:30 to 11:30 a.m.

Instructor: Susan Turner; Cost: \$240

This intensive class teaches students to: plan, set goals, organize their time and materials, take notes, summarize and remember information from text and lectures, study for tests, and communicate with teachers. Class meets on four consecutive mornings.

## **Improve Your Child's Memory: A Workshop for Parents**

Tuesday, August 19, 2008 ~ 6:00 to 8:00 p.m.

Instructor: Jeff Sosne, Ph.D.; Cost: \$95

This workshop introduces memory strategies that can help children learn math facts, spelling words, vocabulary definitions and other information important to school success. Almost any student will benefit from multi-sensory techniques that enable them to learn more quickly and retain information more easily.

## **FALL 2008 SESSION:**

### **AD/HD Beginner's Group Therapy Program**

Monday, October 6, 2008 ~ 7:00 p.m.

This innovative group for students ages 7-11 begins with a parents-only meeting on Monday, October 6, 2008 at 7:00 pm. Student sessions begin Thursday, October 9, 2008. Call to receive registration materials.

### **Asperger Syndrome**

Also this fall, the Children's Program will present a group for students having Asperger Syndrome

# Registration Form

Student's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Previous client? Yes  No

Address: \_\_\_\_\_

Telephone (home): \_\_\_\_\_

Telephone (day): \_\_\_\_\_

Telephone (cell): \_\_\_\_\_

Session/Dates: \_\_\_\_\_ Fee \$: \_\_\_\_\_

Session/Dates: \_\_\_\_\_ Fee \$: \_\_\_\_\_

Payment: Check (payable to Children's Program)  MC  Visa  Discover

Card # \_\_\_\_\_ Exp: \_\_\_\_\_

Send Registration Form to The Children's Program at the following address:

The Children's Program  
7707 SW Capitol Highway  
Portland, OR 97219  
503-452-8002  
[childrensprogram@qwest.net](mailto:childrensprogram@qwest.net)  
[www.childrensprogram.com](http://www.childrensprogram.com)