

CONCORDIA UNIVERSITY

RESPIRE DAY

February 25, 2012 – 12:00 to 4:30pm



This event gives the parents and caregivers of children (ages 3-14) with disabilities a much needed break and opportunity to escape the stress involved in caring for a child with special needs. It allows parents and caregivers time to run errands, complete neglected housework, spend time with their spouse, or simply go to a movie or take a nap.

Concordia's Nursing, Social Work, Healthcare Administration, Exercise Sports Science, Education and Psychology departments will work together with student volunteers to plan, organize and staff a safe, fun and enjoyable event for all involved.

PRE-REGISTRATION REQUIRED go to: WWW.CU-PORTLAND.EDU/RESPIRE

FOR MORE INFORMATION CALL: Mona Fuerstenau (360) 624-3847

SPONSORED BY:



Concordia University 2811 NE Holman Street Portland, OR 97211
www.cu-portland.edu

A CHRISTIAN UNIVERSITY PREPARING LEADERS FOR THE TRANSFORMATION OF SOCIETY

*Parents are asked to provide any food their child(ren) will need during this time due to different dietary needs and restrictions.