



The Journey

 www.orparc.org 

Volume XXXXVII

Fall 2011

ORPARC is a program of Northwest Resource Associates

November is National Adoption Awareness Month *Celebrate National Adoption Day on November 19th!*



In celebration of **National Adoption Awareness Month** and **National Adoption Day**, the **Oregon Department of Human Services (DHS)**, **Boys & Girls Aid (BGAID)**, **Oregon Post Adoption Resource Center (ORPARC)**, and other Oregon adoption advocates are joining together for a free, fun family event to celebrate the joys of adoption. Whether you are a family who has already adopted or you are exploring adoption for the first time, we welcome your attendance!

With more than 107,000 children in foster care waiting to be adopted in the United States, the need in Oregon is great. Children in your own communities are waiting for permanent and loving families.

Join us at **Lloyd Center Mall** in Portland from **11:00 a.m. to 3:00 p.m.** on **Saturday, November 19th** to learn more about adoption, and enjoy free, family-friendly festivities like face painting and clowns, story-time, adoptive family photo shoots, giveaways and much more. This is a not-to-miss adoption event for the entire family! **Celebrate the joys of adoption**, and help advocate for the many children still waiting for a family to call their own.



National Adoption Day Televised Adoption Special *The Stars Are Out Tonight...For The Kids* Saturday, November 19, 2011 ♦ 5:00 to 8:00 p.m.

Don't miss watching ***The Stars Are Out Tonight...For The Kids*** airing on the **Discovery Fit & Health Network**. Highlighting our nation's waiting children, this show will feature profiles and stories of children in foster care waiting to be adopted, including children right here in the Pacific Northwest! Learn about children around the United States in need of loving adoptive families.

State of Oregon Budget Cuts Affecting ORPARC

In April 2011, ORPARC received notice of potential program elimination due to statewide budget cuts. Through the compelling efforts and hard work of many, we are very thankful to report that we will continue to provide services, although with a 30% reduction to our budget. The following services will remain, some at a reduced frequency:

- ◆ Information, Assistance, Referral to Services
- ◆ In-Depth Consultation, Advocacy and Support by phone
- ◆ Parent Education and Trainings (reduced to 6-8 a year)
- ◆ Lending Library (replacement/acquisitions on hold)
- ◆ Support Groups (consultation by phone)
- ◆ Website and Seasonal Newsletter
- ◆ Reduced Bi-lingual Services
- ◆ Outreach by mail and phone

We are grateful to all of you who spoke out on behalf of continuing services for post adoptive families, and who supported ORPARC through this time. We hope that in the future our services will be fully restored, and we look forward to assisting Oregon's state adoptive and guardianship families for many years to come.

☎ 503-241-0799 telephone
☎ 800-764-8367 toll-free
☎ 503-241-0925 fax

Oregon Post Adoption Resource Center
2950 SE Stark Street, Suite 130
Portland, Oregon 97214

 Follow ORPARC on Facebook
✉ orparc@nwresource.org
🌐 www.orparc.org

ORPARC welcomes Kendra Morris-Jacobson as Director of Oregon Programs



Kendra oversees the general functioning of three programs housed and based in Oregon, including the Oregon Post Adoption Resource Center (ORPARC), the Oregon Adoption Resource Exchange (OARE), and the Washington State Resource Family Lending Library (WSRFL). While Kendra's role at ORPARC is more administrative, she is extremely proud of the inspiring and important work that ORPARC staff do on a daily basis with families. Likewise, Kendra is equally impressed with the strength, resilience and commitment of the adoptive/guardianship families that ORPARC serves.

Kendra has spent well over 15 years in foster care adoption, including work with Boys & Girls Aid, the Dave Thomas Foundation for Adoption, and Voice for Adoption. As a prior editor, writer and adoption recruiter, she has captured the stories of hundreds of foster and adoptive children and families, and it has fueled her enthusiasm for this cause. In previous clinical work at Oregon Health Sciences University, Kendra counseled children and families, led groups for adolescent depression, and contributed to research projects. In her spare moments, Kendra cherishes family time with her husband, sons and rambunctious white shepherd; and gardens and bakes.



ORPARC welcomes Azizi Evans as Administrative Assistant

Azizi joined ORPARC as an Administrative Assistant in August 2011. After earning her Associates of Arts from Portland Community College in 2008 she continues her education, pursuing a BA in History from Portland State University. Azizi helps maintain the lending library, performs a variety of welcoming tasks, keeps families updated on the ORPARC website, and assists the staff in preparation for upcoming and ongoing trainings. In her free time, Azizi enjoys time with her children exploring local entertainment and volunteering in her community in an effort to give back. Welcome Azizi!

Calling All Therapists!

Certificate Program: Adoption & Foster Family Therapy

Oregon DHS, ORPARC, and PSU's Graduate Schools of Social Work & Education have created the Oregon Certificate Program in Adoption and Foster Family Therapy. The Certificate Program provides 100 hours of advanced education and training for licensed mental health professionals (at the Master's level and above) in the specialized theories and practices for addressing the needs of adopted children who have histories of abuse and neglect. In particular, mental health professionals learn how to identify and build on family strengths, and coach adoptive and foster families in alternative approaches, expectations and interactive strategies for helping their children.

This program increases the number of accessible and affordable mental health professionals for adopted/foster children and their families. A directory of professionals who have completed this training certificate is available on the ORPARC website.

If you know of a therapist who would benefit from this training, please have them contact Kellie Herold at 503-725-8539 or e-mail kellie@pdx.edu.

13th Annual
**Shoulder to Shoulder
Conference**
November 1, 2011

Coming of age

Oregon Convention Center
777 N.E. Martin Luther King Jr. Blvd.
Portland, OR 97232
Visit our Web site at www.stsconference.com

ORPARC has limited scholarships available to eligible families. Contact us for details.

Douglas County Honors Adoptive Families on National Adoption Day

Saturday, November 19 ♦ 11:00 to 1:00
Roseburg High School
400 W Harvard Avenue, Roseburg

Contact Barry Forte at 541-440-3373 x 2073,
or email Barry at barry.forte@state.or.us.

Accessing OHP services for your child or young adult

On August 29th, the state launched “OR-KIDS,” Oregon’s new Statewide Automated Child Welfare Information System, which contains information for clients served under DHS-Children, Adults and Families (CAF) Division. Under the new system, children keep their biological case Oregon Health Plan (OHP) Recipient ID (also known as Prime Number) up to the point of adoption finalization. At the point the adoption finalization case is opened a new prime number is assigned. This means your child will receive a new Medical Care ID and coverage notice showing the current OHP managed care enrollments for the new prime number. CAF is working to ensure continuous coverage and enrollments for children with new prime numbers. Should your family encounter any difficulty accessing covered OHP services, please do not hesitate to contact the resources at the end of this article.

Private Health Insurance

Under your child’s adoption assistance agreement, if you requested OHP coverage, you are not obligated to provide private health insurance. However, with private health insurance there is the potential for a broader array of coverage than the OHP may provide alone. If you have a change, addition, or loss of private insurance for your child, please notify your adoptions assistance coordinator. They will work with you to complete an insurance verification form. Depending on the change, your child may be sent an updated OHP managed care coverage notice and ID card.

Changes to the OHP Prioritized List

The OHP “prioritized list” of covered services is reviewed and often adjusted on October 1st each year. With the global budget crisis, some OHP services covered last year are no longer funded. For information about planned changes, visit www.oregon.gov/OHA/OHPR/HSC/docs/IM/10_11.pdf (letter addressed to Senator Courtney).

Healthy Kids Coverage

For children who have “aged out” of adoption or guardianship services, there is an avenue to provide OHP Plus coverage through your child’s 18th year. On or around your child’s 18th birthday the Child Welfare Federal Compliance Unit conducts a continuing medical eligibility review and a new case number is established for continuous coverage up to your child’s 19th birthday. This process is meant to be invisible to parents. As your child nears their 19th birthday, it is vitally important to respond to any requests for new/changed information. At age 19 a youth may not be eligible for the OHP Plus level of coverage. The eligibility determination will include a review for all types of eligibility. Again, please remember to respond to all requests for medical and financial resource information within the given timelines.

Questions?



- ◆ Child’s Eligibility: Contact the following individuals in the Child Welfare Federal Compliance Unit:
 - Leslee V. Star, leslee.vstar@state.or.us, 503-947-2598
 - Margaret “Marj” L Roberts, margaret.l.roberts@state.or.us, 503-945-5720
- ◆ OHP managed care enrollments/billing matter: Contact DMAP Client Services Unit, 1-800-273-0557.
- ◆ Contact ORPARC at 1-800-764-8367, orparc@nwresource.org, or on the web at www.orparc.org.

Submitted by Tamara Hammack-Ryan, Medical Assistant Resource Coordinator, DHS - Children, Adults & Families

New Grandparent Support Groups



Grandparent Support Group in Beaverton

For grandparents or relatives 55 years or older in Washington County

Meets 3rd Tuesday of the month
5:30 to 7:30 p.m.

Beginning Tuesday, October 18th
Standard TV & Appliance

3600 SW Hall Boulevard, Beaverton, OR

Contact Mariko Clark at 503-684-6289
Misty Mountain Family Counseling Center

Grandparents and Other Relatives Raising and Parenting Children in Portland

For grandparents and other relatives who were most likely not expecting to be raising children at this time in their lives



Meetings are held every other Friday
(10/07; 10/21; 11/04; 11/18; 12/02; 12/16; 12/30)
10:30 a.m. to 12:00 noon

Bridge Meadows

8502 North Wayland Avenue, Portland, OR 97203

Contact Liisa Heard at 503-285-6565 ext. 2, Program Supervisor,
Impact NW North Portland Senior Center





Trainings, Events & Announcements



Center for Improvement of Child and Family Services PSU Child Welfare Partnership ♦ www.cwpsalem.pdx.edu

METROPOLITAN REGION

15 de octubre	<i>Primeros Auxilios de Infantes, Niños y Adultos</i>	Portland	Línea de Registración: 971-673-1822
October 17	<i>Parenting to a Child's Temperament</i>	Portland	Metro Training Line: 971-673-1822
October 29-30	<i>Behavior Crisis Management Training (2 days)</i>	Portland	Metro Training Line: 971-673-1822

SOUTHERN REGION

October 15	<i>Creating Positive Behaviors in Teens</i>	Medford	541-776-6120 x 224, jennifer.neill@state.or.us
October 18	<i>Supporting Children Exposed to Domestic Violence</i>	North Bend	541-756-5500 x 251, frannie.mcmahon@state.or.us

EASTERN REGION

October 20	<i>Helping Children with Visitation</i>	La Grande	541-963-8571 x 426, susan.lemon@state.or.us
October 25	<i>Collaborative Problem Solving</i>	The Dalles	541-506-5222, jennifer.r.garner@state.or.us
October 29	<i>Creating Positive Behaviors in Teens</i>	Bend	541-693-8938, laura.j.eaton@state.or.us

WESTERN REGION

October 11	<i>Executive Functions: Stop, Look and Listen</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us
October 20	<i>Fetal Alcohol Spectrum Disorder Fundamentals</i>	Astoria	503-325-9179 x 328, suzanna.vermeul-wilson@state.or.us
October 25	<i>Strategies in Successful Fostering</i>	Albany	541-791-5717, tia.stevens@state.or.us
October 26	<i>Collaborative Problem Solving</i>	Oregon City	503-731-4003, julia.buzzard@state.or.us
October 29	<i>CPR & First Aid</i>	Newport	541-266-8557 x 538, kelly.eoff@state.or.us

NETLINK TRAININGS Training instructions & registration at <http://cwpsalem.pdx.edu/distance/resource.htm>

<i>Morning NetLink Trainings</i>	<i>8:30 a.m. to 12:00 p.m.</i>	<i>Evening NetLink Trainings</i>	<i>5:30 p.m. to 9:00 p.m.</i>
<i>Relative Caregivers</i>	October 13	<i>Ten Tips for Parenting Teens</i>	October 11
<i>Supporting Children exposed to Domestic Violence</i>	November 13	<i>Apoyando a los niños expuestos a violencia doméstica</i>	17 de noviembre
<i>Permanency Options for Caregivers</i>	December 1	<i>Confidentiality for Foster Parents</i>	December 13



2011 7th Annual Adoptive Family Portrait Project

www.voice-for-adoption.org ♦ voiceforadoption@gmail.com

This November, Voice for Adoption's (VFA) 2011 Adoptive Family Portrait Project will once again celebrate families who have adopted children from foster care. The primary goal of the project is to raise awareness among members of Congress about the real experiences and needs of families that have adopted children who were in the foster care system. During the project, family stories and portraits are featured in the Washington, D.C. offices of the participating members of Congress for the month of November. For 2011, VFA hopes to particularly emphasize the importance of post-adoption support for adoptive families. Here in Oregon we are thrilled to report that for the first time in the project's history every single Oregon Congressional member is participating! The following families will be featured in these Congressional offices:

- ♦ Senator Ron Wyden—Lisa and Wendy's family
- ♦ Senator Jeff Merkley—The Robbins family
- ♦ Representative Greg Walden—The Ebert family
- ♦ Representative Kurt Schrader—The Germond family
- ♦ Representative Peter DeFazio—The Hart-Smith family
- ♦ Representative Earl Blumenauer—The Stumbo-Leonardi family

Congratulations and thank you to all of these above participants for representing our state!



Community Partner Trainings & Events



Oregon Parent Training and Information Center (OrPTI) is now a program under the umbrella of the r.i.s.e. Center. For more information about trainings & events, please visit the r.i.s.e. Center website at www.oregonrisecenter.org.

2288 Liberty Street NE, Salem, OR 97301
503-581-8156 ♦ 1-888-505-2673 (toll-free)
503-391-0429 (fax)
1-888-891-6784 (Special Ed Help Line)
info@oregonrisecenter.org (email)

Date	Training/Workshop	City	Contact
October 11	<i>Is Your Child a Target of Bullying?</i>	Albany	tpaul@oregonrisecenter.org
October 11	<i>Planning, Organizing and Preparing for Your Child's IEP Meeting</i>	Brookings	jwiley@oregonrisecenter.org
October 12	<i>Is Your Child a Target of Bullying?</i>	Portland	vhaight@oregonrisecenter.org
October 13	<i>Grade-to-Grade Transition: Planning for Success</i>	John Day	sshown@oregonrisecenter.org
October 18	<i>ABCs and IEPs; Reading, Literacy and Children with Disabilities</i>	Astoria	vhaight@oregonrisecenter.org
October 18	<i>Section 504 and IDEA: What's the same and what's different?</i>	Newport	tpaul@oregonrisecenter.org
October 18	<i>IEP 101</i>	Pendleton	sshown@oregonrisecenter.org
October 18	<i>Understanding Child Development: For Parents of Young Children</i>	Medford	jwiley@oregonrisecenter.org
October 19	<i>Is Your Child a Target of Bullying?</i>	Beaverton	vhaight@oregonrisecenter.org
October 29	<i>IEP Boot Camp (9:00 a.m. to 3:00 p.m., lunch provided)</i>	Portland	vhaight@oregonrisecenter.org
November 1	<i>Preventing Behavioral and Academic Failure: RTI & PBIS</i>	Portland	vhaight@oregonrisecenter.org
November 3	<i>Preventing Behavioral and Academic Failure: RTI & PBIS</i>	Beaverton	vhaight@oregonrisecenter.org
November 8	<i>Preventing Behavioral and Academic Failure: RTI & PBIS</i>	Wilsonville	vhaight@oregonrisecenter.org
November 15	<i>Entering Kindergarten from ECSE: What Parents Need to Know</i>	Astoria	vhaight@oregonrisecenter.org
November 16	<i>The IEP Dance: Learning the Steps</i>	Philomath	tpaul@oregonrisecenter.org
November 16	<i>Entering Kindergarten from ECSE: What Parents Need to Know</i>	Portland	vhaight@oregonrisecenter.org
November 17	<i>IEP Boot Camp</i>	Tillamook	tpaul@oregonrisecenter.org
November 29	<i>IFSP, EI, ECSE: What Does It Mean?</i>	Portland	vhaight@oregonrisecenter.org
December 9	<i>IEP Goals: Are your child's adequate and appropriate?</i>	Springfield	maryannbarber.ofsn@yahoo.com
December 15	<i>IFSP, EI, ECSE: What Does It Mean?</i>	Beaverton	vhaight@oregonrisecenter.org

6th Annual Building Futures Conference
Youth with Disabilities Secondary Transition
Monday & Tuesday, October 24-25, 2011
Sheraton Portland Airport Hotel
8235 NE Airport Way, Portland, OR 97220

http://www.orpti.org/events/BFC_Homepage.html



Building Futures is for anyone who has an interest in supporting individuals with disabilities as they transition from school to life. Throughout the two-day event there will be presentations by regional and national experts on issues surrounding secondary transition & assistive technology.



Adoption Connections of Oregon

10th Annual Conference

Attachment and Development in Adoption

Saturday, November 12, 2011 ♦ 10:00 a.m. to 2:00 p.m.

Oregon Research Institute

1715 Franklink Blvd., Riverfront Research Park, Eugene

Lunch included with pre-registration. Register at the ACO website:

www.adoptionconnectionsoforegon.org, or email aco@peak.org.

Suggested donation of \$10-25; make tax-deductible checks payable to "Adoption Connections of Oregon," P.O. Box 10581, Eugene, OR 97440. No one turned away for lack of funds.

The Neurological, Interpersonal, and Personal Impact of Technology-Only Entertainment

Presented by Dr. Doreen Dodgen-Magee

Thursday, November 3, 2011 ♦ 9:00 a.m. to 4:30 p.m.

City of Hillsboro Civic Center Auditorium

150 East Main Street, Hillsboro, OR 97123

As entertainment and education become increasingly driven by, technological tools, children's brains, relationships, and senses of self are short-changed. Training topics include: *neurological, social and interpersonal impact of technology-only entertainment; how to enhance family relationships and develop self-esteem and interpersonal relatedness in children; impact of violent video games, social networking, and texting; and, internet addiction and its effects on children.* For more information on this training, visit:

www.co.washington.or.us/Juvenile/Training/sponsored-training.cfm



Community Partner Trainings & Events



Fetal Alcohol and Other Neurobehavioral Conditions

Understanding & Application of a Brain-based Approach

Presented by Diane V. Malbin, MSW

Thursday thru Saturday, October 20-22, 2011 ♦ 9:00 a.m. to 4:00 p.m.
The Mark Spencer Hotel, 409 SW 11th Avenue Portland, OR 97205

For parents and professionals who live and/or work with children, adolescents, or adults with Fetal Alcohol Spectrum Disorders or other neurobehavioral conditions. The cost of the 3-day training is \$325.00. For registration, contact Wendy Temko at 503-621-1271 or email wtemko@fascets.org. Sponsored by FASCETS (www.fascets.org).



Adoption Connections of Oregon

Annual Harvest Party

Saturday, October 22, 2011 ♦ 1:00 p.m.
Junction City, OR 97419

Participants will carve and paint pumpkins, go on a scavenger hunt, press apples for cider, and enjoy the fall day on the beautiful Crum Family Farm. Dress appropriately. Email elisecrum@comast.net for more information.



Adoption Mosaic trainings are in Portland

971-533-0102 ♦ info@adoptionmosaic.org

www.adoptionmosaic.org

<i>Adoption Readiness</i>	October 29-30
<i>Shoulder to Shoulder Conference presentations</i>	November 1
<i>Adoption Fair in Collaboration with COAA</i>	November 5
<i>Adult Adoptee Movie Group</i>	December 6
<i>Adoption Readiness</i>	January 21-22
<i>Strengthening Attachment with Your Child (children 0-6)</i>	January 28
<i>Strengthening Attachment with Your Child (children age 7+)</i>	January 28
<i>Transracial Parenting</i>	February 11
<i>Birth Parent Panel</i>	February 25
<i>What & When: Talking with Your Child about Adoption</i>	March 10
<i>Adult Adoptee Movie Group</i>	March 13

Resource Group at the GEM

October 11th & 25th ♦ 11:30 a.m. to 1:00 p.m.
Swindells Child Disability Resource Center of Salem
2475 Lancaster Drive NE, Suite B-1, Salem, OR

Bring your lunch and join other families for a time of resource sharing and conversation about presenting needs and solutions for children and families with special health needs/disabilities. For more information contact Dee Tafolla at 503-585-4262 or email janet-dee.tafolla@providence.org.

Powerful Tools for Caregivers Series

6-week educational series designed to help family caregivers take care of themselves while caring for a relative or friend with a chronic illness

Days	Dates	Location	Contact
TBD	10/11-11/15	Tuesdays	503-413-5658
Portland.....	10/12-11/16	Wednesdays	503-288-8303
Corvallis	10/12-11/16	Wednesdays	541-757-9616
Hillsboro	01/05-02/09/2012 .	Thursdays	503-846-3089
Beaverton.....	01/17-02/21/2012 .	Tuesdays	503-648-8010



Positive Parenting for Challenging Behaviors

Friday, October 21st ♦ 10:30 a.m. to 1:00 p.m.
Troutdale Library, 2451 SW Cherry Park Road

This FREE training will provide participants with information about behavior, communication and effective simple proactive strategies that can help to decrease challenging behavior and increase independence. To register or for questions, please call 1-888-988-3228, select Option #1 or email registration@factoregon.org.



FREE Dental Care!

November 21 & 22 ♦ Opens at 6:00 a.m.
Oregon Convention Center

777 NE Martin Luther King Jr. Boulevard, Portland, OR 97232

Mission of Mercy (MOM) is a dental clinic providing dental screenings and services **free of charge** on a first-come, first-served basis.



Trainings, Events & Announcements



Trainings presented by Marion County Health Department

Teens & Drugs: What's the Story?

This is a 3-hour family workshop on adolescent alcohol, tobacco and other drug trends in Oregon, facts about marijuana and other drugs, problem gambling and other addictions, prevention, intervention and resources. The workshop is open to interested community members, ages 12 and up. Parents attend with your teens. To register, call 503-981-2461.

- ✓ Monday, November 28th ♦ 6:30-9:30 p.m.
Silverton Hospital, 342 Fairview Street, Silverton
- ✓ Monday, January 23, 2012 ♦ 6:30-9:30 p.m.
Stayton, OR 97383 (Call for location)
- ✓ Monday, February 27, 2012 ♦ 6:30-9:30 p.m.
Salem Hospital, 939 Oak Street SE, Building D, Salem
- ✓ Monday, April 23, 2012 ♦ 6:30-9:30 p.m.
Silverton Hospital, 342 Fairview Street, Silverton
- ✓ Monday, May 29, 2012 ♦ 6:30-9:30 p.m.
Stayton, OR 97383 (Call for location)

Los jóvenes y las drogas: ¿Qué onda?

Un taller de 3 horas en total que trata sobre las tendencias del uso de alcohol, el tabaco, y otras drogas en los adolescentes en el estado de Oregon. Se distribuirá información de prevención, intervención y recursos sobre la marihuana y otras drogas y adicciones. Para personas 12 años y mayor. Padres, favor de asistir con sus hijos adolescentes. Llame al número 503-981-2462.

- ✓ Lunes, 24 de octubre ♦ 6:30 a 9:30 de la noche
Wellspring Center, 1475 Mt. Hood Ave., Woodburn
- ✓ Lunes, 19 de marzo, 2012 ♦ 6:30 a 9:30 de la noche
Wellspring Center, 1475 Mt. Hood Ave., Woodburn



The Children's Program Spring 2011 Trainings

To register call 503-452-8022 #1 or visit www.childrensprogram.com ♦ 7707 SW Capitol Highway, Portland, OR 97219

- ✓ **Skills for School Success for Middle School Students**—4 Mondays, beginning November 21, 2011; 5:00 to 6:30 p.m.
- ✓ **Enrich Your Marriage: Improve Your Parenting**—This workshop will be scheduled on a weekend morning
- ✓ **Yoga Calm, Ages 7-12 Years**—Mondays, beginning October 3, 2011; 4:00 to 5:00 p.m.
- ✓ **Social Skills/Friendship Groups**—Late fall or early winter 2011
- ✓ **Educate Parents and Fundraise for Your School!** Contact The Children's Program for more information



Fostering Adoption to Further Student Achievement Act

The Fostering Adoption to Further Student Achievement Act became law as an amendment to the College Cost Reduction and Access Act (Public Law 110-84). This law revised the definition of "independent student" to extend to **youth who were in foster care on or after their 13th birthday, even if they have subsequently been adopted.** On the FAFSA form question number 52 on the application pertains to this. IF you were in foster care ON or AFTER your 13th birthday you would mark YES to this question. Your college may request you to prove this, so you would then need to obtain documentation from the Department of Children and Families, or your adoption decree might be sufficient. Basically, independent student status excuses your parents' income from the equation making your financial aid award greater. Visit http://voice-for-adoption.org/sites/default/files/FAFSA%20factsheet_updated2010.pdf for information.

Foundations Offering Scholarships

- | | |
|--------------------------------------|---|
| Beat the Odds Scholarship: | http://www.cdfny.org/index.php?option=com_content&task=view&id=93&Itemid=102 |
| Fostering a Future Scholarship: | http://www.childrensactionnetwork.org/scholarship.htm |
| Foster Care to Success: | http://fc2success.org (previously known as Orphan Foundation of America) |
| Stewardship Foundation: | http://www.stewardshipforkids.org |
| Education and Training Vouchers: | http://www.nrcyd.ou.edu |
| Guardian's Scholars: | http://www.fullerton.edu/guardianscholars |
| States with College Tuition Waivers: | http://www.nacac.org/adoptionssubsidy/factsheets/tuition.html |
| General Scholarship Site: | http://www.fastweb.com |





Community Partner Trainings & Events



Webinar Trainings offered by The Center for Adoption Support and Education

301-476-8525 ♦ 703-425-3703 ♦ caseadopt@adoptionssupport.org

The cost to attend the webinar is \$25.00. Please note that this webinar is in the evening 6:00 to 7:30 p.m. Pacific Time. Register at www.adoptionssupport.org/cal/index.php.

Talking with Children about Adoption

October 27 ♦ 6:00 to 7:30 p.m. (Pacific Time)

Parents often lack confidence when it comes to discussing adoption with their children. This webinar teaches parents what children think and feel about adoption at different developmental stages and how to share their child's adoption story. The presenter will address participants' specific concerns and questions regarding "what, when and how" to share difficult/sensitive information as well as how to respond to children's questions. Participants will learn how to initiate comfortable communication with children who do not ask questions.

Too Many Losses Too Soon: Loss and Grief in Adopted Children

November 17 ♦ 6:00 to 7:30 p.m. (Pacific Time)

It is critical that adoptive parents have a good understanding of the impact of loss on their children. Parents are often puzzled, worried, frustrated and sometimes overwhelmed by their children's behaviors and are not sure what to do. Participants will come away with a greater understanding of the unique losses experienced by adopted children, and the critical factors that influence children's reaction to loss.

Building Self-Esteem & Racial Identity in Transracially Adopted Youth

December 6 ♦ 6:00 to 7:30 p.m. (Pacific Time)

What do transracially adopted youth need for healthy racial identity development? What influences their ability to develop cohesive racial identity and positive sense of well-being? How can parents equip their children to cope with racial discrimination? In addition to exploring these answers, this webinar will include a review of preliminary research findings to help guide parents as they support their child's racial identity.



Parent-Child Attachment ♦ The Child Welfare Team

Two new classes offered by FosterParentCollege.com

www.fosterparentcollege.com

ORPARC has set aside limited funds to reimburse eligible families to take online trainings. Contact us at 503-241-0799, 1-800-764-8367, or email orparc@nwresource.org for information. Other online classes include:

- Behavior Management** *Anger Pie, Children with Autism, Child Anxiety Disorders, ADHD/ADD/ODD, RAD, Self-Harm, Stealing, Running Away, Wetting and Soiling, Sexualized Behavior, Sleep Problems, Lying, Fire-setting, Anger Outbursts, Eating Disorders*
- Parent Strategies** *Substance-Exposed Infants, Child Safety and Supervision, Culturally Competent Parenting, Grief & Loss in the Care System, Child Abuse & Neglect, House Safety, Relationships: Strengthening Communications, Working with Schools, Working with Birth Parents I: Visitation, Kinship Care, Positive Parent I, II & III, Safe Parenting*

Ongoing Classes/Events in Clatsop, Marion, Polk, Tillamook & Yamhill

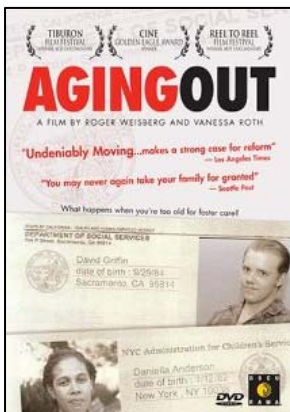
- Active Parenting of Teens* (8-week class for adults).....Marion County For information call 503-566-2925
- Beyond the Basics—Stress Relief Group Class*.....WoodburnContact Elizabeth at 971-983-5212
- Decisive Parenting: Powerful Tools for Parents of Teens*DallasCall Juvenile Department at 503-623-2349
- Families in Action* (6-week family education class)Silverton..... For information call 503-873-0405
- Families Talking about Changes* (two-session workshop).....Silverton..... For information call 503-873-0405
- Family Life-skill Development*.....Marion County Contact Jean Lasater at 503-588-5825
- Parenting with Love and Logic*Silverton..... For information call 503-873-0405
- Second Time Around* (grandparents raising grandchildren).....Tillamook Contact Ardath Stout at 503-842-8201 ext. 321
- Second Time Around* (grandparents & other relatives)Silverton..... For information call 503-873-0405
- Social Skills for Children with Asperger's or Autism*.....Easter Seals Therapy Center For information call 503-370-8990
- Strengthening the Family*Silverton..... For information call 503-873-0405



CD additions to the ORPARC Library



- Advanced Parenting: Understanding Trauma and Activities that Heal
- Behavior Detectives: Helping Parents and Professionals to be Super Sleuths and Solve the Mystery of Children's Misbehavior
- Building the Foundation of the Family: How Relationship Strengthening Helps Adoptive Families Thrive
- Creating Sexual Safety in Adoption and Foster Care
- Diagnostic Conundrums
- Effective Adoption Support Groups for Families
- Family Diversity in Education: Foster Care, Kinship Care, Adoption and the Schools
- Fetal Alcohol Spectrum Disorder: Reasons, Not Excuses, for Behaviors
- For the Love of My Child: Estate Planning for Parents of Children with Special Needs
- Forgiveness: How Foster and Adoptive Parents Can Learn to Forgive
- Forming Adoptee and Adoptive Family Identity: Psychological and Communication Perspectives
- From Chaos to Calm
- Helping Children Heal from Trauma: What Parents and Caregivers Need to Know
- I'll Tell You When You Are Older Because...
- Microscope with a Wide-Angle Lens: A Complete Look at Your Adopted Child Using a Bio-Psycho-Social Model
- Open Adoption, Open Hearts
- Out of Home Placement Issues with Adopted Youth
- Parenting Adopted Adolescents: Understanding and Appreciating Their Journeys
- Supporting Adoptees through Search and Information Seeking
- Supporting Foster and Adoptive Families Through Crisis
- Trauma-Informed Adoption Practices: The Healing Power of Adoptive Families



Film Review: "Aging Out"

Reviewed by Azizi Evans, ORPARC staff

This DVD is available in the ORPARC lending library

This documentary film follows three foster kids, David, Daniella, and Risa, as they prepare to age out of the foster care system. As one prepares for parenthood, another for college, and another settles for a less than salient future, their stories open up a window for us to see how their lives in foster care have affected them and their understanding of emancipation and adulthood. All three featured foster children yearn deeply for independence and for the power to direct their own futures, something that they have had little control over their whole lives. With little or no family support, they all take the plunge. Interviews with David and his original foster parents paint a picture of a disturbed child whose needs outweigh the family's ability to provide, adding to the atmosphere of uncertainty and hopelessness his story reflects. Struggling to make sense of his life and decisions, David's tale leaves a lasting impression. We also see pregnant Daniella grudgingly comply with foster care as she weighs the benefits of independence against the necessity of financial security. As she fights to keep her new family intact, she must make choices and sacrifices that will provide her with the future she has envisioned for them. Described by the director of the film as foster care's "golden girl," Risa's story, the final character, begins full of hope and determination. Goal-oriented and driven, Risa refuses to become a statistic as she gives the fight of her life to find success in a world unfamiliar to many youth in foster care. As she faces unforeseen obstacles and continues to battle the demons of her childhood, hers is a story of extreme highs and gripping lows. This film is an intimate view into the lives of three young adults as they address age-appropriate concerns like education, employment, social standing, family and future, but from the complicated standpoint of foster children preparing to age out.



Research Studies



Adopted from Foster Care?

If you were adopted through the foster care system after the age of 8 years we want to hear your story!

If you are between the ages of 18-25 we would like for you to consider being part of a research study designed to explore and gain insight into the journey from foster care to adoption.

- ♦ Participation is voluntary and involves the completion of surveys and possibly an in-depth interview.
- ♦ Participants completing the surveys only will receive a \$10 gift card to Wal-Mart or Target [your choice]. Participants who also complete the in-depth interview will receive an additional \$15 gift card.

Please contact us at **303-642-6232** or via email at faidu10@gmail.com for further information or visit our Facebook page: **Foster/Adoptive Identity**. Click on the link on the info page on Facebook to begin the process online.

Transracial Adoption Study

Dr. Leigh Leslie, University of Maryland
301-405-4011 ♦ lleslie@umd.edu



UNIVERSITY OF
MARYLAND
COLLEGE OF HEALTH AND HUMAN PERFORMANCE
Department of Family Studies



**The Center
for Adoption
Support and
Education**

The University of Maryland's Department of Family Science, in conjunction with the Center for Adoption Support and Education (CASE), are initiating a national survey of transracially adopted adolescents and their families, and they are currently looking for participants for this important research project. If you are an adoptive parent of a teen, this might be your opportunity to be part of a national, cutting-edge research project that could lead to improved services and resources for families like yours. The specific focus of this study is to examine the impact of family characteristics on the overall adjustment, self-esteem and racial identity of children of color adopted by Caucasian parents.

Who can participate? If you are a white adoptive parent of at least one child of color who was placed or adopted by the age of 4 and who is now between the ages of 14-19 please call or email today.

What will I have to do? Both parent and child will be asked to complete a completely confidential 20-minute survey.

Who do I contact? For more information or to participate in the study, contact Dr. Leigh Leslie by calling 301-405-4011 or email lleslie@umd.edu.

Brain Imaging Research Study at OHSU—IRB Study # 5239

Joel Nigg, Ph.D., Oregon Health & Science University, 3181 SW Sam Jackson Park Road, Portland, OR 97239

The Oregon Health Sciences University (OHSU) in Portland is conducting a brain imaging research study. The study is seeking children participants ages 7 and 13 with a diagnosis of high functioning Autism Spectrum Disorder. Participants must be in good health and speak English as their first language. Compensation is available for children and parents participating in the study. Call 503-494-1001 for more information.

What we are studying?

- ♦ We are studying the differences in the brains of children and adolescents with and without Autism. We will use Magnetic Resonance Imaging (MRI) and mood, thinking and behavior assessments to find out about the differences.

If your child participates, what will they be doing?

- ♦ One, two or three visits for a total of about 6-9 hours of time:
 - Visit 1: Parent completes a diagnostic interview. Child completes a play-based diagnostic evaluation.
 - Visit 2: Child will have their mood and behavior assessed and a practice MRI (this MRI is not real).
 - Visit 3: Child will have a 1-hour MRI at the OHSU Advanced Imaging Research Center and an optional saliva sample (this optional sample collection could occur at a separate visit if preferred).

Compensation:

- ♦ Children will receive \$60 total and a color image of their brain.
- ♦ Parents will receive \$80 total.