

“Wounded Children, Healing Homes”: Understanding Foster/Adoptive Child Crises

All parents experience crises and challenges. However, adoptive parents and guardians are faced with challenges that families raising birth children don't share. And at times, these additional challenges can escalate into full-blown crises. Crises for children adopted or in a guardianship can be triggered by events, anniversaries, or even times of the year that remind children of losses or traumatic experiences. Common triggers for crises are:

- ◆ Birthdays
- ◆ Mother's Day
- ◆ Moving
- ◆ Divorce of adoptive parents
- ◆ Illness or death of a parent or grandparent
- ◆ Visits from the social worker
- ◆ Visits with members of the birth family
- ◆ School assignments (the dreaded Family Tree, etc.)
- ◆ Transition to a new school/graduation from high school
- ◆ Holidays
- ◆ Court hearings
- ◆ Death of a pet

Parents can prevent or alleviate foster- and adoption-related crises for most common triggers through: strategies that help them anticipate and avoid triggers; promoting communication and understanding that the child is now safe and protected; and, expressing empathy and support as the child moves through his grief process. Generalized survival skills for parents include:

- ◆ Acknowledge the child's grief. Don't assume grief will disappear if losses are not discussed. The only way out of grief is "through."
- ◆ Network with other adoptive & guardianship families. These families understand the challenges of parenting a traumatized child. Others may offer solutions that won't be relevant or useful for these families.

Continued on page 7

Welcome New ORPARC Staff Members!



Sandy Carter Templeman Family Support Specialist

Sandy joins the team of ORPARC as the new Family Support Specialist. She comes from an educational and work experience background in social services, training, program development, and business. She lived in Mexico for 13 years, is Spanish-speaking, and worked 10 years as the director of a Latino non-profit agency in Portland. She is an advocate for special needs children within the Special Education system. Sandy is the mother of a trans-racially adopted child and is very excited to be a part of ORPARC.



Carole Lattin Administrative Assistant

Carole Lattin joins ORPARC as the new Administrative Assistant. In addition to home educating her children, Carole has volunteered in several capacities over the years and is currently the Outreach Coordinator for the Pink Phoenix Dragon Boat team, where you can also find her paddling in her free time. Carole is honored to serve as a part of the ORPARC team and looks forward to assisting adoptive families.

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Grandparent Conferences & Retreats



Klamath Falls

Grandparents as Parents Conference of Klamath County

Friday, September, 24 ♦ 8:30 a.m. to 4:15 p.m.
New Horizon Fellowship

1909 Homedale Road, Klamath Falls, OR 97603

- ✓ Registration & Continental Breakfast at 8:30 am
- ✓ Lunch will be provided at no cost
- ✓ Conference is free to relative caregivers
- ✓ Caregivers from other counties are welcome

Registration and Information

Contact Lloyd King at 541-891-0268, 1-877-215-4576,
or e-mail Lloyd King at gapking@clearwire.net

Salem

7th Annual

A Gift of Time Retreat

*A weekend retreat for family caregivers and relatives
raising a grandchild or other kin*

Friday thru Sunday, August 27-29, 2010

Macleay Christian Center, Salem, Oregon

Registration

A Gift of Time Retreat

Janice Wolcott, Team Coordinator

PO Box 383, Dallas, OR 97338

503-831-5593 ♦ 503-559-4001

jjwolcpcn@earthlink.net

Thank you to our kind supporters!



ORPARC is a registered non-profit organization and welcomes donations. Please contact Audrey Riggs at 503-241-0799 x 20 or email ariggs@nwresource.org for more information.

- 👉 Dave Jackson of Willamette Express, moving and installation of library cabinets
- 👉 Kelly DeLany, donation of office equipment
- 👉 Janet Hazel, training at 2010 Grandparent Retreat
- 👉 Lis Baccigalupi of TechKnowSolve, database work
- 👉 Paula Scales, Kaiser matching pledge
- 👉 Lisa Beatty, donation
- 👉 Tami Brucker, donation

Friends of ORPARC

In June a new project, "Friends of ORPARC," was launched. The goals of the group are to help raise awareness and funds for ORPARC. The team is initially meeting every other month to develop ideas for fundraising and awareness opportunities for the organization.

We are looking for smart and enthusiastic people from a variety of professions who would be able to meet six times a year and be willing to sponsor a house party or other simple fundraising event. We currently have a retired teacher, a deputy district attorney, an archivist, a stay-at-home parent, an attorney, and an anesthesia technician manager on the team. Please contact Audrey Riggs at 503-241-0799 x 20 or ariggs@nwresource.org for additional information.



Información para familias que hablan español



Centro de Recursos Pos-adoptivos de Oregon ("ORPARC")

Les recordamos que el Centro de Recursos Pos-adoptivos de Oregon ("ORPARC" en las siglas en inglés) tiene varios recursos para familias que hablan español. Dos miembros del equipo de ORPARC—Sandra y Miguel—hablan español y ofrecen apoyo familiar a los padres y les ayudan a resolver los asuntos y problemas que ustedes, como padres, enfrentan todos los días. La biblioteca de ORPARC tiene varios títulos en español sobre una variedad de temas y los materiales se prestan gratis con el envío pagado (vea la página 6 para nuevos materiales en la biblioteca). No duden en llamarnos si tienen cualquier pregunta sobre la adopción o si necesitan apoyo o ayuda para conectarse con recursos en el estado. Llámennos al número 503-241-0799 o 1-800-764-8367, extensiones 18 (Sandra) y 11 (Miguel).

Grupos de Apoyo para Padres de Crianza y Padres Adoptivos

Condado Multnomah

Tercer miércoles del mes
6:00 a 9:00 de la noche

DHS, 10225 East Burnside Street
Portland, Oregon 9721

Sra. Irene Phipps, 971-673-1838

Condado de Clackamas

Primer jueves del mes
5:30 a 7:00 de la noche

DHS, 315 South Beavercreek Road
Oregon City, OR 97045

Gloria Sandoval, 503-731-4120

Condado de Washington

Cuarto miércoles del mes
6:00 a 8:00 de la noche

DHS, 5350 NE Elam Young Parkway
Hillsboro, Oregon 97124

Sharon Espinal/Lupe Huerta, 503-681-6924

ORPARC Trainings

Visit www.orparc.org for updates

Register for trainings at:

☎ 503-241-0799 ☎ 1-800-764-8367

✉ orparc@nwresource.org

Metropolitan Region

Strategies for an itchy, smelly, loud, bright world:

Sensory Integration Challenges

Presented by Oregon Technical Assistance Corporation
Wednesday, September 15, 2010 ♦ 9:30 am to 1:00 pm
Oregon Post Adoption Resource Center
2950 SE Stark Street, Suite 130, **Portland**, OR 97214

Beneath the Mask:

Understanding Adopted Teens

Presented by Debbie Riley, MA
Friday, October 22, 2010 ♦ 9:00 am to 5:00 pm
Holladay Park Plaza, Penthouse Suite
1300 NE 16th Avenue, **Portland**, OR 97232
Collaboration with Cascadia Training

Southern Region

Collaborative Problem Solving

Saturday, September 18, 2010 ♦ 9:00 am to 1:00 pm
Department of Human Services
Conference Room 1
1937 West Harvard Avenue, **Roseburg**, OR 97471

Beneath the Mask:

Understanding Adopted Teens

Presented by Debbie Riley, MA
Wednesday, October 20, 2010 ♦ 9:00 am to 5:00 pm
Department of Human Services
2885 Chad Avenue, **Eugene**, OR 97408

Western Region

Openness in Adoption

Supporting & Maintaining Connections with Birth Family

McMinnville

Thursday, September 23, 2010 ♦ 6:30 to 8:30 pm
Department of Human Services
368 NE Norton Lane, McMinnville, OR 97128

Salem

October 2010 ♦ 6:00 to 8:00 pm
Specific date and site to be determined
Call us or visit www.orparc.org for update

Eastern Region

Openness in Adoption

Supporting & Maintaining Connections with Birth Family

Baker City

Monday, September 20, 2010 ♦ 6:00 to 8:00 pm
Baker County Library
2400 Resort Street, Baker City, OR 97814

Bend

October 2010 ♦ 6:00 to 8:00 pm
Specific date and site to be determined
Call us or visit www.orparc.org for update

Entrenamientos en español

Manteniendo Relaciones Abiertas

Apoyar y mantener las conexiones con la familia biológica

Portland

Miércoles, 18 de agosto de 2010
6:00 a 8:00 de la noche
10225 East Burnside Street
Portland, Oregon 97216

Salem

Octubre de 2010
6:00 a 8:00 de la noche
Fecha y sitio se determinará.
Llámenos para más información.

Ontario

Martes, 21 de septiembre de 2010
6:00 a 8:00 de la noche
Departamento de Servicios Humanos
186 East Lane, Ontario, OR 97914

ORPARC trainings are free of charge to DHS adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Depending on the training, others may attend trainings for minimal charge or on a space available basis. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation available upon request. Request these services two weeks in advance.



Community Partner Trainings & Events



Center for Improvement of Child and Family Services PSU Child Welfare Partnership ♦ www.cwpsalem.pdx.edu

METROPOLITAN REGION

31 de julio	<i>Primeros Auxilios de Infantes, Niños y Adultos</i>	1425 NE Irving, Suite 250, Portland	Registration: 971-673-1822
Aug. 5/12	<i>Positive Behavior Management</i>	1425 NE Irving, Suite 250, Portland	Registration: 971-673-1822
Aug. 13/14	<i>Behavior Crisis Management</i>	1425 NE Irving, Suite 250, Portland	Registration: 971-673-1822
August 16	<i>The Continuum of Attachment</i>	1425 NE Irving, Suite 250, Portland	Registration: 971-673-1822

WESTERN REGION

August 12	<i>Education Rights of Children and Youth</i>	Salem	erma.s.brundidge@state.or.us , 503-378-4784
August 24	<i>Supporting Children Exposed to Domestic Violence</i>	Albany	sonya.villasenor@state.or.us , 541-967-2060

SOUTHERN REGION

July 29	<i>Children who Experience Sexual Trauma</i>	Roseburg	jody.meza@state.or.us , 541-464-2077
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EASTERN REGION

August 19	<i>Children who Experience Sexual Trauma</i>	Hermiston	irma.deanda@state.or.us , 541-564-4493
August 19	<i>Defensive Parenting</i>	Hermiston	irma.deanda@state.or.us , 541-564-4493

NETLINK TRAININGS

View NetLink training instructions at www.orparc.org or <https://dhslearn.hr.state.or.us>

<i>Morning and Evening NetLink Training Sessions</i>	8:30 a.m. to 12:00 p.m.	5:45 p.m. to 8:45 p.m.
<i>Enhancing Teen Attachment</i>	July 29	July 15
<i>Child Development: Parenting to a Child's Temperament</i>	August 12	August 12
<i>Nurturing the Infant in Care: Birth through 24 Months</i>	September 2	September 16
<i>Child Development: Toddlers to Pre-tweens</i>	October 28	October 12
<i>Child Development:: Tweeners through the Teen Years</i>	November 10	November 18
<i>Loss and Grief - The Child and the Caregiver</i>	December 9	December 14

Oregon Parent Training & Information Center

Contact OrPTI at 1-888-505-2673, 503-581-8156, or info@orpti.org, www.orpti.org

Date	Training/Workshop	City	Contact
July 21	<i>504 & IDEA: What's the Difference?</i>	Bend	sshown@orpti.org
July 27	<i>Age of Majority and Social Security: Two topics parents should know about</i>	La Grande	sshown@orpti.org
August 3	<i>Is Your Child a Target of Bullying?</i>	Ontario	sshown@orpti.org
August 10	<i>Skills for Effective Parent Advocacy</i>	Beaverton	vhaight@orpti.org
August 11	<i>Skills for Effective Parent Advocacy</i>	Portland	vhaight@orpti.org
August 20	<i>Career Exploration Day, Oaks Park Amusement Park</i>	Portland	dbethell@orpti.org
August 20	<i>Walk to Work! When You Work You Win!, Oaks Park</i>	Portland	dbethell@orpti.org
August 24	<i>Welcome to Special Education: The Basics</i>	Salem	lskipworth@orpti.org
August 25	<i>Is Your Child a Target of Bullying?</i>	Condon	sshown@orpti.org
August 28	<i>Saturday Sessions!</i>	The Dalles	rwortman@orpti.org
September 9	<i>Are we there yet? Moving to and through Adulthood with a Disability</i>	Beaverton	vhaight@orpti.org
September 11	<i>Saturday Sessions!</i>	Bend	sshown@orpti.org
September 21	<i>Oregon Diploma</i>	Beaverton	vhaight@orpti.org
October 3	<i>Bullying Awareness "Race to be Aware" Walk/Run and Resource Fair</i>	Salem	dbethell@orpti.org

Child Behavior Online Study

Are you a parent of a child between the ages of 5 and 18? If so, we need you to help us to learn more about the effects of drug and alcohol use during pregnancy. This anonymous online research takes approximately 20 minutes to complete and involves answering questions about your child's history and behavior. Parents with children that were and also were not exposed to cigarettes, marijuana, alcohol, and methamphetamine during early development are needed. Adoptive parents, foster parents, and grandparents are all invited to participate. For more details, please contact Brian Piper, Ph.D., piperb@ohsu.edu, Department of Behavioral Neuroscience Oregon Health and Science University or visit <http://tinyurl.com/yjrfhva>.



Community Partner Trainings & Events



Ongoing Classes/Events in Clatsop, Marion, Polk, Tillamook & Yamhill

<i>Active Parenting of Teens</i> (8-week class for adults).....	Marion County.....	For information call 503-566-2925
<i>Beyond the Basics—Stress Relief Group Class</i>	Woodburn	Contact Elizabeth at 971-983-5212
<i>Families in Action</i> (6-week family education class)	Silverton.....	Contact Jan at 503-873-0405
<i>Family Life-skill Development</i>	Marion County.....	Contact Jean Lasater at 503-588-5825
<i>Decisive Parenting: Powerful Tools for Parents of Teens</i>	Dallas.....	Call Juvenile Department at 503-623-2349
<i>Love and Logic</i>	Silverton.....	Contact Jan at 503-873-0405
<i>Making Parenting a Pleasure</i> (parents with children 0-8)	Silverton.....	Contact Jan at 503-873-0405
<i>Second Time Around</i> (grandparents raising grandchildren).....	Tillamook.....	Contact Ardath Stout at 503-842-8201 ext. 321
<i>Second Time Around</i> (grandparents & other relatives)	Silverton.....	Contact Jan at 503-873-0405
<i>Social Skills for Children with Asperger's or Autism</i>	Easter Seals Therapy Center....	For information call 503-370-8990
<i>Strengthening the Family</i>	Silverton.....	Contact Jan at 503-873-0405



All Adoption Mosaic trainings are in Portland
 971-533-0102 ♦ info@adoptionmosaic.org
www.adoptionmosaic.org



Adoption Connections of Oregon

A Day at the Ballpark

Sunday, August 1st at 2:05 p.m.

ACO will be the featured non-profit group at The Eugene Emerald's game vs. Spokane Indians. Tickets are \$9 each and \$3 will go to ACO. Group tickets will be in the same section. More details to follow...contact a board member today to order your tickets.

Email aco@peak.org for questions.

ACO trainings are in Lane County

www.adoptionconnectionsoforegon.org

<i>Adoption Readiness (2-day class)</i>	July 31 & August 1
<i>Movie Group: "Off and Running" (Adult adoptee only)</i>	September 14
<i>Non-Adopted Sibling Kids' Group, Parent Orientation</i>	September 18
<i>African-American Hair Care (3-class series)</i>	Sept. 19, Oct. 3, Oct. 17
<i>Non-Adopted Sibling Kids' Group (6-class series)</i>	September 20
<i>Common Threads Adult Adoptee Group (6-class series)</i>	September 20
<i>Transracial Parenting (all-day class)</i>	September 25
<i>Birth Mother Panel</i>	October 2
<i>Strengthening Attachment with Your Child (children ages 0-6)</i>	October 16
<i>Lifestory Books: Tools for Telling their Histories (one-day class)</i>	October 30



www.holtinternational.org
info@holtinternational.org

Classes

How to Talk with Your Child About Adoption..... Sept. 25, Nov. 13

Location: Oregon Branch Office Conference Room
 9320 SW Barbur Boulevard, #100, Portland, OR 97219

Cost: \$25 per individual or couple

Register: Beth Miller at 503-244-2440, bethm@holtinternational.org

Holt Summer Picnics: RSVP online or contact Sally at 888.355.HOLT x 137

Location:	Portland	Eugene
Where:	Camp Angelos, Lodge	Camp Harlow
When:	Saturday, July 17, 2010	Saturday, August 7, 2010
Time:	11:00 a.m. to 3:00 p.m.	11:00 a.m. to 3:00 p.m.

Foster and Adoptive Parent Association of Lane County



2010 Summer Picnic

Sunday, August 22nd ♦ 1:00 to 5:00

Richardson Park in Fern Ridge
 Picnic theme *is Hawaiian Luau.*

There will be food and fun things to do for the entire family. Dress up in Hawaiian attire or come as you are and have a great time. Please register or email questions to Christina Sutton at fosterfamilypicnic@yahoo.com and list your name, phone number and number of adults and children that will be attending.



Newsletter via e-mail?

If you would like to receive our newsletter and mailings via e-mail, send an e-mail to ORPARC at orparc@nwresource.org with your name and address, and write "Email Newsletter" in the subject line. Receiving the e-newsletter will help ORPARC curb printing and mailing costs. And, it is also better for the environment!

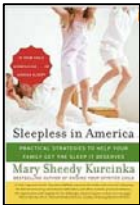
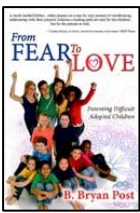




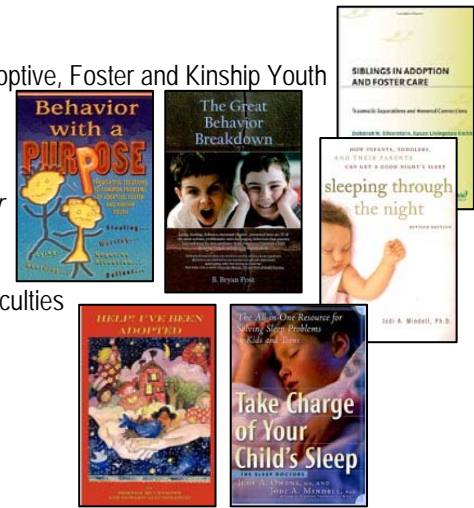
What's new in the ORPARC Library?



Books for Parents

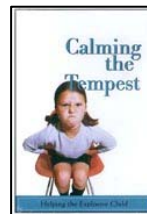


- 📖 Attachment-Focused Parenting
- 📖 Attention Deficit Disorder: A Different Perception
- 📖 Behavior with a Purpose: Thoughtful Solutions to Common Problems of Adoptive, Foster and Kinship Youth
- 📖 Beyond Consequences, Logic, & Control, Volume 2
- 📖 Caring for Drug-Exposed Infants (DVD also)
- 📖 From Fear to Love: Parenting Difficult Adopted Children
- 📖 The Great Behavior Breakdown: *Lying, stealing, defiance, incessant chatter*
- 📖 Help I've Been Adopted
- 📖 Keys to Parenting an Adopted Child
- 📖 Practical Guide to Caring for Children and Teenagers with Attachment Difficulties
- 📖 Ninety-Nine Ways to Drive Your Child Sane
- 📖 The No-Cry Sleep Solution for Toddlers and Preschoolers: Gentle Ways to Stop Bedtime Battles and Improve Your Child's Sleep
- 📖 Recognizing and Managing Children with Fetal Alcohol Syndrome/Effects
- 📖 Siblings in Adoption and Foster Care
- 📖 Sleepless in America: Is Your Child Misbehaving...or Missing Sleep?
- 📖 Sleeping Through the Night, Revised Edition: How Infants, Toddlers, and Their Parents Can Get a Good Night's Sleep
- 📖 Take Charge of Your Child's Sleep: The All-in-One Resource for Solving Sleep Problems in Kids and Teens
- 📖 Ticklebelly Hill: Grandparents Raising Grandchildren
- 📖 Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families



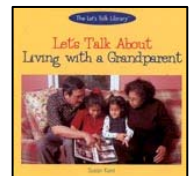
DVDs and VHS tapes for Parents

- 📺 Calming the Tempest: Helping the Explosive Child (DVD)
- 📺 Caring for Drug-Exposed Infants (DVD)
- 📺 Parenting the Traumatized Child and Understanding the Traumatized Child (2 DVDs)
- 📺 True/Not True: When Memory Can Be Trusted (VHS & DVD)
- 📺 Understanding Children with Disrupted Attachment, Parenting Children with Disrupted Attachment, and Caring for Children with Disrupted Attachment (3 DVDs)



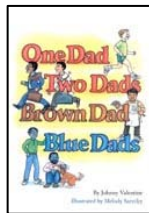
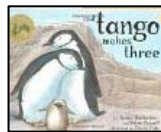
Children's Books

- 📖 Something to Tell the Grandcows
- 📖 The Blue Day Book for Kids: A Lesson in Cheering Yourself Up
- 📖 The Ultimate guide to Grandmas & Grandpas
- 📖 Let's Talk About Living with a Grandparent



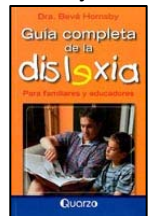
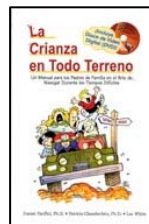
Materials for Children of LGBTQ Parents

- 📖 And Tango Makes Three
- 📖 Antonio's Card/La tarjeta de Antonio (bilingual)
- 📖 Best Best Colors: Los mejores colores (Anti-Bias Books for Kids) (Spanish Edition)
- 📖 Daddy, Papa, and Me
- 📖 Heather Has Two Mommies
- 📖 Living in Secret
- 📖 Mommy, Mama, and Me
- 📖 Mama and Mum are Getting Married
- 📖 One Dad, Two Dads, Brown Dad, Blue Dads
- 📖 The Sissy Duckling



Nuevos materiales en español

- 📖 La Crianza en Todo Terreno (un libro que incluye un DVD)
- 📖 Esperanzas para el Autismo y Dificultades de Comportamiento y Aprendizaje: Un trabajo en progreso
- 📖 Guía completa de la dislexia: Para familiares y educadores
- 📖 Niños y Adolescentes Dificiles: Soluciones a problemas de conducta y de crecimiento mediante la terapia en tiempo breve
- 📖 Mi hijo se distrae en la escuela: Mitos y realidades sobre el déficit de la atención
- 📖 Hiperactivo Impulsivo Distraído...¿Me conoces? Guía acerca del déficit atencional para padres, maestros y profesionales (segunda edición)



Visit www.orparc.org → "Lending Library" to download categorical lists of library materials. Call 503-241-0799/1-800-764-8367 or email us at orparc@nwresource.org with your library order. Non-return information packets can be ordered directly from the website.

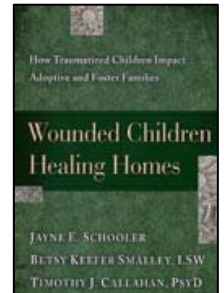
“Wounded Children, Healing Homes” ~ Understanding Foster/Adoptive Child Crises

Continued from page 1

- ◆ Don't overreact to behaviors; not all behaviors are related to adoption or foster care.
- ◆ Don't under-react to adoptive-related issues. Your child may be afraid to express his sadness regarding earlier losses or traumas, fearing that you will interpret this as an act of disloyalty.
- ◆ Get as much information as possible about the child's birth family and history.
- ◆ Communicate openly and honestly about the child's history. Encourage the child to have realistically positive feelings about his birth family. He must feel good about his “roots” to enjoy positive self-esteem.
- ◆ Remember the child is able to love more than one set of parents at the same time. Your child should not be asked to choose. It is natural and expectable that he will have strong feelings for people who have cared for him or who should have cared for him.
- ◆ Be alert for reactions to trauma-related triggers.
- ◆ Much of the child's grief and anger regarding abandonment and divided loyalties are directed toward the birth mother. This anger is often transferred to the adoptive mother (a dynamic known as “splitting”). The mother/ child relationship can become very strained. For two-parent households, parents should balance who is doing the limit setting and keep communication open to avoid splitting.
- ◆ Choose your battles and win the war. You can't work on everything at once. Avoid control battles.

Raising children is rewarding but stressful business. Adoptive and guardianship parents are vulnerable to even higher levels of stress related to raising children. Some of the added stressors for these families include:

- ◆ Unmet expectations regarding adoption or guardianship and family life
- ◆ Feelings of failure and resulting guilt
- ◆ The impact of adoption or guardianship on other relationships (with the spouse, other children in the family, extended family, close friends)
- ◆ Coping with child's needs or challenging behaviors
- ◆ Dealing with multiple service providers (or the lack of adoption competent service providers)
- ◆ School issues
- ◆ Difficulty in finding substitute caregivers to provide occasional respite or relief
- ◆ Managing either openness in the relationship with primary parents or the lack of a relationship with birth parents (including the psychological, rather than physical, presence of birth family members)



The above article is adapted from “Wounded Children, Healing Homes” (2009) by Jayne Schooler, Betsy Keefer Smalley, and Tim Callahan. Reprinted with permission from the Foster Parent College Connections newsletter. Foster Parent College provides online training for foster, adoptive and kinship parents. For more information visit www.fosterparentcollege.com. To purchase “Wounded Children, Healing Homes” visit www.SocialLearning.com. Families and professionals can also borrow this book from the ORPARC lending library.



Calling All Therapists! Certificate Program in Therapy with Adoptive and Foster Families

Adoptive families, encourage your therapist to learn about this wonderful program!

The Oregon Department of Human Services, Oregon Post Adoption Resource Center and Portland State University's Graduate Schools of Social Work and Education have developed The Oregon Certificate Program in Adoption and Foster Family Therapy. The Certificate program provides 100 hours of advanced education and training for licensed mental health professionals (at the master's level) in the specialized theories and practices for addressing the needs of adopted children who have histories of abuse and neglect.

This important program increases the number of accessible and affordable mental health professionals for adopted/foster children and their families. A directory of mental health professionals who have completed this training certificate is available on the ORPARC website.

Please contact Kellie Herold at 503-725-8539 or e-mail kellieh@pdx.edu for more information.

Oregon Technical Assistance Corporation

www.otac.org

On Wednesday, September 15th, Oregon Technical Assistance Corporation (OTAC) will be delivering a training on behalf of ORPARC entitled "Strategies for an itchy, smelly, loud, bright world: Sensory Integration Challenges" (see training details on page 3). Below is short description of the services and mission of OTAC.

OTAC is a non-profit organization established in 1984 to provide training and technical assistance to organizations/agencies who support individuals with disabilities, seniors, and families. OTAC training programs are founded on the values and principles of person centered thinking and Positive Behavior Support. OTAC's work with families provides training that will help them to better understand and respond to their child's unmet needs for daily essentials such as communication, predictability, fun, belonging and well-being in a proactive, non-aversive way. With the family and others who provide supports, OTAC facilitates the development of life plans that focus on a person's unique interests, strengths, gifts and resources as a foundation for all aspects of planning. For more information, please visit the OTAC website at www.otac.org or contact Mary Anne Seaton at maseaton@otac.org.

Descripción en español

La Corporación de Asistencia Técnica de Oregon ("OTAC" en las siglas en inglés) es una organización no lucrativa que promueve la participación plena en la vida comunitaria de personas con incapacidades, adultos mayores, y sus familias por medio de la entrega de capacitación, asistencia técnica, y otros servicios relacionados. OTAC se ha comprometido a ayudar en el desarrollo de apoyos y sistemas asociados que permitan a los individuos con cuidado de largo plazo a vivir la vida al máximo. *El miércoles, 15 de septiembre, OTAC presentará un entrenamiento sobre la Integración Sensorial en la oficina de ORPARC (vea los detalles en la página 3 del boletín). Interpretación al español disponible; favor de avisar a ORPARC con anticipación al llamar 503-241-0799 extensión 11 o 18.*

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