



*Assisting families on  
their lifelong journey*

# The Journey

 [www.orparc.org](http://www.orparc.org) 

Volume XXXVII

Fall 2008

ORPARC is a program of Northwest Resource Associates

## ORPARC hosts meeting with representative from Senator Gordon Smith's office

On August 27th, Danny Fernandez, Investigative Assistant for the Senate Committee on Aging representing Senator Gordon Smith's office, met with ORPARC staff and community partners to discuss the unique needs of grandparents raising grandchildren. Representatives from DHS, grandparents, Child Welfare Partnership Foster-Adopt Trainers, and Kinship House attended. All participated in the dialogue with Mr. Fernandez and as a result of this meeting and others throughout Oregon, Mr. Fernandez will report about his findings to the Senate Committee on Aging.

## Policy Alert

House Passes H.R. 6893  
Child Welfare Bill

On September 17th the House passed the Fostering Connections to Success and Increasing Adoptions Act of 2008 (HR 6893). The Bill is now in the Senate, and the hope is it will be voted on before the end of September. Visit [www.nacac.org](http://www.nacac.org) to download a summary of the Bill.

## ORPARC as a resource Letter from an Adoptive Parent

"To all adoptive parents, my name is Suzanne and I am the adoptive mother to 2 children, a sibling group. If you have never used "ORPARC" you are missing out. It's a great resource at your fingertips, phone or computer, and if they don't have what you are looking for, they will try and get it for you. It's a wonderful resource for us parents looking for help. Thanks, Suzanne."

## Help ORPARC Save Money!

*ORPARC is looking at alternative ways to keep costs down while continuing to provide quality services and resources to families. Sending our newsletter to you by email is one way we can do that.*



We are currently spending roughly 55 cents for each of the more than 6,000 newsletters that we print and mail each quarter. The total is around \$3,400 per printing or about \$13,600 per year. As a result, we have been forced to produce an abbreviated version – this 4-page newsletter has been cut back from 8 pages – and we are considering going to three instead of four printings per year.

What can you do? Sign up to receive the newsletter by email. The good news is that the email version will be the unabridged edition, the "director's cut" if you will (look on line at [www.orparc.org](http://www.orparc.org) and click on "Current Newsletter" on the left side for the 8-page version of this newsletter); it will be in color; it will save us money to better serve your needs; and it will help the environment by saving paper and gas and reducing pollution.

So call or email us today with your email address and permission to send you the newsletter by email. You can contact us at [orparc@nwresource.org](mailto:orparc@nwresource.org) or by phone at 1-800-764-8367 (toll-free) or 503-241-0799 (Portland).

① 503-241-0799 Telephone

① 800-764-8367 Telephone

① 503-241-0925 Fax

Oregon Post Adoption Resource Center

621 SW Morrison Street, Suite 450

Portland, Oregon 97205

E-mail: [orparc@nwresource.org](mailto:orparc@nwresource.org)

Web site: [www.orparc.org](http://www.orparc.org)

## Momtourage i.village ~ Ali and James Wahl-Stephens

ORPARC staff members (back row) Toni Ferguson, Family Support Specialist, John Bennett, Resource Specialist, and Kelly DeLany, Program Manager, attended a reception for an ORPARC adoptive family at the invitation of the family. The Wahl-Stephens family were honored with a reception by NBC's i.village Momtourage as a participant of the website. Ali and James S. have adopted 5 children and are expecting their 6th. They received gift certificates from i.village and cited the ORPARC Librarian as a valuable member of their "Momtourage."



### *Touched By Adoption*

FALL CONFERENCE

for ADOPTIVE PARENTS & GRANDPARENTS  
ADULT & TEEN ADOPTEEES • SOCIAL WORKERS  
FAMILY THERAPISTS

*Join others from around the Northwest  
for a day of education and celebration  
with outstanding professionals  
in the field of adoption.*

**SATURDAY, NOVEMBER 1, 2008**

**9:30a.m.-3:30p.m.**

Clackamas High School  
14486 SE 122nd Ave, Clackamas, OR 97015

**SUGGESTED:**

\$30 PER PERSON / \$15 EACH FAMILY MEMBER (includes lunch)

We do not want expense to be an obstacle.  
Please contact [jamie@choseninternational.org](mailto:jamie@choseninternational.org) for more information  
on conference scholarships.

CHECK WEBSITE FOR MORE DETAILS:

**[www.choseninternational.org](http://www.choseninternational.org)**



**Help out ORPARC by using  
GoodSearch.com  
when searching the web!**

GoodSearch.com is powered by Yahoo! and raises money for charities using a model similar to paid searches on Yahoo or Google. With each search you launch on goodsearch.com, about \$.01 cent is donated to the charity or school of your choice. You simply select our organization from the database then tell your friends, tell your friends to tell their friends, and so on. If 1,000 people with the same charity search twice a day for a year, the charity earns \$7,300. See below for search instructions.

- 1 Visit [www.GoodSearch.com](http://www.GoodSearch.com)
- 2 Choose Your Cause → Enter ORPARC
- 3 Search the web just as normal
- 4 GoodSearch will donate to your cause every time you search

*\*Contact ORPARC about scholarships for Touched by Adoption\**



### Shoulder to Shoulder Conference

Thursday, November 13, 2008

8:00 a.m. to 4:45 p.m.

Oregon Convention Center

777 Martin Luther King, Jr. Blvd., Portland, OR 97232

To register, visit <https://dhslearn.hr.state.or.us> or call 503-872-5601. You can also download a complete

Conference Brochure, Registration Form, and Scholarship Application from the ORPARC website at [www.orparc.org](http://www.orparc.org) → "Community partner trainings."

DHS adoptive and assisted guardianship families may contact ORPARC directly for scholarships.

### Adoption Connections of Oregon



**7th Annual Conference on Adoption  
Friday thru Sunday, November 7-9, 2008**

Featuring Jane Brown who will speak on "Adoptive Parenting and the Interweave of Adoption, Race, Ethnicity & Culture" and offer children's playshops.

Visit [www.adoptionconnectionsoforegon.org](http://www.adoptionconnectionsoforegon.org) for more details about the conference.

# ORPARC Fall Trainings

**Register for trainings at:**  
☎ 503-241-0799 ☎ 1-800-764-8367  
E-mail [orparc@nwresource.org](mailto:orparc@nwresource.org)

## Metropolitan Region

### Lifestory Books: A Communication Tool

Thursday, November 13, 2008

*Training presented at the 2008 Shoulder to Shoulder Conference in Portland. Download a complete Conference Brochure, Registration Form, and Scholarship Application from [www.orparc.org](http://www.orparc.org). Eligible DHS adoptive and assisted guardianship families may request scholarships through ORPARC directly at 503-241-0799 (Portland), 1-800-764-8367 (toll-free), or email [orparc@nwresource.org](mailto:orparc@nwresource.org).*

## Southern Region

### How to Manage Stress and Keep it from Managing You

Thursday, November 4, 2008

6:30 to 8:30 p.m.; Potluck dinner at 5:30 p.m.  
DHS, 2025 Sheridan Avenue, North Bend, OR 97459  
✓ Training to take place at the Coos County Foster and Adoptive Parent Association  
✓ Questions or would like to attend, please contact Greg Reichenberger at 541-756-5500 ext. 278

## Western Region

### Behavior Management Approaches for Adoptive and Foster Families

*Presented by Dr. Richard Delaney*

Saturday, November 22 ♦ 9:00 am-4:00 pm

Department of Human Services

3420 Cherry Avenue NE, Keizer, OR 97303



## Eastern Region

### Behavior Management Approaches for Adoptive and Foster Families

*Presented by Dr. Richard Delaney*

Friday, November 21 ♦ 9:00 am-4:00 pm

Training site to be announced

The Dalles, OR

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Others may attend trainings for minimal charge and/or on a space available basis. Reimbursement for childcare & travel expense are offered to ORPARC eligible families as funds allow; please request childcare and travel reimbursement upon registration. Trainings are held in accessible locations. Auxiliary aids & alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Request services two weeks in advance.



## Senate Finance Committee Approves Chairman's Mark of Senator Grassley's (R, IA) Improved Adoption Incentives and Relative Guardianship Support Act

By a unanimous vote on Wednesday, September 10, the Senate Finance Committee approved the Chairman's Mark for the Improved Adoption Incentives and Relative Guardianship Support Act. If enacted, this bill would extend through 2013 the Adoption Incentive Program, whereby the federal government allocates financial rewards to states that have increased the number of children adopted from their foster care system. It would also increase adoption incentives by establishing 2007 as the program's new "base year" against which future performance would be measured. The bill provides for all children with special needs in foster care, by 2018, to be eligible for adoption assistance, regardless of household income. The bill would establish relative guardianship as a permanency option for those children for whom courts have ruled that neither reunification nor adoption are viable permanency options, and allow states to receive federal reimbursement for assistance payments made to relative guardians.

The House of Representatives passed a similar bill in June. NCFAs supports the swift passage of these important measures and urges the Senate and House to bring their two passed bills into agreement for signature by President Bush.

Contact NCFAs by mail, phone, fax, or e-mail:

National Council For Adoption (NCFAs)

225 N Washington Street Alexandria, VA 22314

☎ 703-299-6633 (phone) ♦ ☎ 703-299-6004 (fax)

✉ [ncafa@adoptioncouncil.org](mailto:ncafa@adoptioncouncil.org)



# Community Partner Trainings & Events

## PSU Child Welfare Partnership Statewide Trainings

October 1	<i>Transitioning Children with Sensitivity</i> .....	Lakeview .....	503-373-1200 x 345
October 2	<i>Ten Tips for Parenting Teens</i> .....	St. Helens .....	503-397-3292 x 8330
October 3	<i>Caring for Medically Fragile Infants</i> .....	Clackamas .....	503-731-3404 x 4003
October 4	<i>Caring for the Medically Fragile Toddlers</i> .....	Portland.....	971-673-1822
October 7	<i>Collaborative Problem Solving</i> .....	Dallas .....	503-623-3030 x 225
October 7-8	<i>Behavior Crisis Management Training</i> .....	Clackamas .....	503-731-3404 x 4003
October 9	<i>Parenting the ADD/ADHD Child</i> .....	Portland.....	971-673-1822
October 10	<i>Caring for Medically Fragile Infants</i> .....	Bend.....	541-388-6331
October 11	<i>Facilitating Developmental Attachment</i> .....	Lakeview .....	503-373-1200 x 345
October 14	<i>Understanding and Responding to Sexual Behaviors in Children</i> .....	Beaverton.....	503-277-6673
October 15	<i>Loss and Grief: The Child and the Caregiver</i> .....	John Day.....	541-575-0728 x 224
October 16	<i>The Connection: The Child &amp; The Birth Family</i> .....	Astoria .....	503-325-9179 x 328
October 17-18	<i>Behavior Crisis Management Training</i> .....	Portland.....	971-673-1822
October 18	<i>More on Meth</i> .....	Eugene.....	541-686-7555 x 5217
October 18	<i>Understanding and Responding to Sexual Behaviors of Children</i> .....	Enterprise .....	541-426-4558 x 227
October 22	<i>Understanding and Responding to Sexual Behaviors of Children</i> .....	Klamath Falls .....	541-850-3650
October 29	<i>Relatives as Caregivers</i> .....	Eugene.....	541-686-7555 x 5217
October 30	<i>Loss and Grief: The Child and the Caregiver</i> .....	Salem .....	503-373-1200 x 345

## PSU Child Welfare Partnership NetLink Trainings

📄 [www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu) 🔑 Login at 6:00pm, Class begins at 6:30pm (2 to 2-½ hours in length)

Download NetLink training instructions at [www.orparc.org](http://www.orparc.org) or visit <https://dhslearn.hr.state.or.us>

- *Caregivers and the Oregon Safety Model*..... October 16, 6:30 to 9:00 p.m.
- *Behavior Management: Collaborative Problem Solving*..... November 20, 6:30 to 9:00 p.m.
- *What Color is Math? Understanding FASD*..... December 18, 6:30 to 9:00 p.m.



Visit [www.adoptionmosaic.org](http://www.adoptionmosaic.org), e-mail Silvia at [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org), or call 971-533-0102 for information or to download a training registration form.

- *Transracial Parenting: 3-Part Series Workshop: A, B and C*..... October 4 (B), and November 8 (C),  
Adoptee Panel discussion to follow "Part C" of workshop series  
December 6 (A); 9:00 am-1:00 pm
- *Being a Family: Adjusting to Life After the Orphanage*..... November 1, 9:00 am to 12:00 pm
- *Adoption Movie Group ~ Open to Adoption Community*..... November 4, 6:00 pm
- *Adoption Movie Group ~ Open to Adoption Community*..... November 4, 6:00 pm

## The Children's Program ~ Portland Trainings

7707 SW Capitol Highway, Portland, OR 97219, 503-452-8002, [childrensprogram@qwest.net](mailto:childrensprogram@qwest.net)

Download a Registration Form from [www.orparc.org](http://www.orparc.org) or visit [www.childrensprogram.com](http://www.childrensprogram.com)



- *ADD/ADHD Beginners Group: Ages 7-12 years*  
*Three parent meetings* ..... Beginning October 6, 7:00 p.m.  
*Ten student sessions held on Thursdays*..... Beginning October 16th
- *Yoga Calm for Children: Ages 7-12, 8 Mondays* ..... Oct 6-Nov 24, 5:00-6:00 p.m.
- *Co-parenting Teens with ADHD: A Workshop for Couples* ..... October 25, 10:00 am to 12:00 pm
- *Helping Your Child Through Play* ..... December 6, 9:00 am to 12:00 pm



# Community Partner Trainings & Events



## Autism Society of Oregon: Puberty and Sexuality Seminar

This 2008 seminar will address the challenges facing a person with Autism Spectrum Disorder when puberty occurs. Our speakers will cover strategies in dealing with puberty, teaching our children and youth with disabilities about sex education, how sexuality is developed over the span of childhood and teenage years and why this information is important for kids with disabilities to learn.

### Eugene

Saturday, October 18  
Hilyard Community Ctr.  
2580 Hilyard Street  
Eugene, OR 97405

### Beaverton

Saturday, November 8  
Kingstad Center  
15450 SW Millikan  
Beaverton, OR 97006

\$25 for parent; \$50 for professionals/educators

Register on-line with credit card:

<https://www.oregonautism.com/register.html>

Or, send a check made payable to

*Autism Society of Oregon*

PO Box 396, Marylhurst, OR 97036

For questions, please call the ASO office at 503-636-1676 or 1-888-AUTISM1

## Oregon Parent Training & Information Center → [www.orpti.org](http://www.orpti.org)

Contact OrPTI at 1-888-505-2673, 503-581-8156, or [info@orpti.org](mailto:info@orpti.org), [www.orpti.org](http://www.orpti.org)

October 2	<i>Can You Hear Me Now? Communicating Effectively w/ your IEP Team</i>	Portland	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
October 6	<i>What Every Parent Needs to Know About the IEP</i>	Gold Beach	<a href="mailto:lbell@orpti.org">lbell@orpti.org</a>
October 7	<i>What Every Parent Needs to Know About the IEP</i>	North Bend	<a href="mailto:lbell@orpti.org">lbell@orpti.org</a>
October 7	<i>Can You Hear Me Now? Communicating Effectively w/ your IEP Team</i>	Portland	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
October 8	<i>Behaviors that Interfere with Learning</i>	Astoria	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
October 8	<i>What Every Parent Needs to Know About the IEP</i>	Reedsport	<a href="mailto:lbell@orpti.org">lbell@orpti.org</a>
October 14	<i>Testing, Testing 123: Statewide Assessments</i>	Portland	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
October 14	<i>Supporting Your Child in Special Education</i>	Salem	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
October 15	<i>IFSP, EI, ECSE...What Do They Mean?</i>	Grants Pass	<a href="mailto:lbell@orpti.org">lbell@orpti.org</a>
October 15	<i>Can You Hear Me Now? Communication and Dispute Resolution</i>	Albany	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
October 21:	<i>IFSP, EI, ECSE...What Do They Mean?</i>	Coos Bay	<a href="mailto:lbell@orpti.org">lbell@orpti.org</a>
October 21	<i>Can You Hear Me Now? Communicating Effectively w/ your IEP Team</i>	Corvallis	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
October 21	<i>Aspergers and ADHD: What's the same, what's different, what works</i>	Beaverton	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
October 22	<i>What Every Parent Needs to Know About the IEP</i>	Stayton	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
October 22-23	<i>IEP Partner Training</i>	Coos Bay	<a href="mailto:kriplinger@orpti.org">kriplinger@orpti.org</a>
October 23	<i>Supporting Your Child in Special Education</i>	Eugene	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
October 23	<i>Testing, Testing 123: Statewide Assessments</i>	Portland	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
October 23	<i>Making State Assessment Decisions for Students with Disabilities</i>	Portland	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
October 27-29	<i>Building Futures: Secondary Transition to College &amp; Employment</i>	Tigard	1-888-505-2673
October 28	<i>Parent Participation, Procedural Safeguards and Advocacy</i>	Newport	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
October 30	<i>Advocacy: Supporting Your Child in Special Education</i>	Hood River	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
November 5	<i>Anxiety and Related Disorders</i>	Beaverton	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
November 5-6	<i>IEP Partner Training</i>	Medford	<a href="mailto:kriplinger@orpti.org">kriplinger@orpti.org</a>
November 6	<i>What Every Parent Needs to Know About the IEP</i>	Albany	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
November 12	<i>Behaviors that Interfere with Learning</i>	Hood River	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
November 18	<i>Annual Goals: Are Your Child's IEP Goals Adequate &amp; Appropriate?</i>	Portland	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
November 19	<i>What Parents Need to Know About the IEP</i>	Astoria	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
November 20	<i>Annual Goals: Are Your Child's IEP Goals Adequate &amp; Appropriate?</i>	Portland	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>
November 25	<i>IEP Goals: Are Your Child's Adequate &amp; Appropriate?</i>	Salem	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
December 4	<i>What Parents Need to Know About the IEP</i>	Hood River	<a href="mailto:vhaight@orpti.org">vhaight@orpti.org</a>



# Community Partner Trainings & Events

## Adoption Connections of Oregon

Visit [www.adoptionconnectionsoforegon.org](http://www.adoptionconnectionsoforegon.org)

*What Makes a Family?*

*An Adoption and Foster Awareness Teacher Inservice*

Friday, October 10, 2008 ♦ 9:00 a.m. to 4:00 p.m.

Boy Scout Service Center, 2525 MLK Jr. Blvd., Eugene, OR

## Youth Gang Prevention/Intervention Conference

October 16-17, 2008 ♦ 8:30 a.m. to 4:00 p.m.

Medford Armory, 1701 S Pacific Hwy., Medford, OR 97501

Download registration form from ORPARC website at

[www.orparc.org](http://www.orparc.org) or call 1-800-764-8367

Sponsored by Southern Oregon Juvenile Departments

## FASCETS

(Fetal Alcohol Syndrome Consultation, Education and Training Services, Inc.)

*Fetal Alcohol Spectrum Disorder (FASD): Into Action*

November 20-22, 2008 ♦ 9:00 a.m. to 4:00 p.m.

Mark Spencer Hotel, 409 SW 11th Ave., Portland, OR 97205

A 3-day session on Fetal Alcohol Spectrum Disorders

Download a Registration Form from the ORPARC website at

[www.orparc.org](http://www.orparc.org) or contact Wendy Temko at 503-621-1271

or email [wtemko@fascets.org](mailto:wtemko@fascets.org)

## Northwest Autism Foundation

### Fall Education Series ~ Oregon City

A series of classes on various subjects will begin on

October 2nd through October 23rd.

More information and registration details

can be found at [www.autismnwaf.org](http://www.autismnwaf.org)

## Workshop by Tim O'Brien, LPC

### *Parent Empowerment Program*

This program is for any parent interested in learning in a supportive environment

Thursdays, September 25-December 4  
6:00 to 8:00 p.m.

*(no meeting on Thanksgiving Day)*

Prince of Life Lutheran Church

13896 S Meyers Rd, Oregon City, OR 97045

## 13th Annual Family

### Conference on Cerebral Palsy

#### "Living and Learning"

October 3-4, 2008

Red Lion Jantzen Beach Hotel

909 N Hayden Island Drive

Portland, OR 97217

To register, contact Susan Blanchard at

503-777-4166 or e-mail

[sblanchard@ucpaorwa.org](mailto:sblanchard@ucpaorwa.org)

Sponsored by the United Cerebral Palsy of Oregon and Southwest Washington

## Adoption Counseling and Educational Services (ACES)

*Attachment...Bumps in the Road*

October 4, 7:00 to 9:00 p.m.

For information, call 503-522-0839 or visit

[www.adoptioncounselingservices.com](http://www.adoptioncounselingservices.com)

## Lane County DHS Trainings

DHS, Camas Room, 1899 Willamette Street, Eugene, OR 97401

Registration: Tammie Harris, 541-349-4459, [tammie.k.harris@state.or.us](mailto:tammie.k.harris@state.or.us)



- *Collaborative Problem Solving (Florence DHS Office).....* October 4, 9:00 am to 12:00pm
- *Education Rights of Children.....* October 6, 9:00 am to 12:00pm
- *More on Meth.....* October 18, 10:00 am to 2 pm
- *Traumatized Children: Protecting, Treating, Fostering & Adopting.....* October 24, 8:30 am to 4:00 pm
- *Contact Mollie Monahan at [molliemonahan@msn.com](mailto:molliemonahan@msn.com), 541-935-5402*
- *Relatives As Caregivers.....* October 29, 1:00 to 4:00 pm
- *Creating Positive Behaviors in Teens.....* November 1, 9:00 am-4:00 pm
- **Entrenamiento en Español: Comunicación Eficaz.....** 5 de noviembre, 6:00 a 9:00 pm
- *Medically Fragile Toddler & Preschooler.....* November 29, 9:00 am-5:00 pm

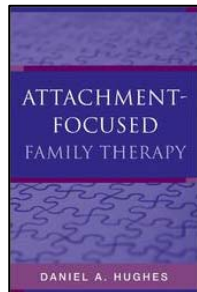


# What's new in the ORPARC Library?



We have several new library materials since our last newsletter. Many titles speak for themselves.

## Books



**The Adoption Mystique**, by Joanne Wolf, an adoptee, who hopes to paint a picture of the social welfare system that contrasts with the traditional view and sheds a new light on the situation

**Attachment-focused Family Therapy**, by Daniel Hughes – for professionals working with families

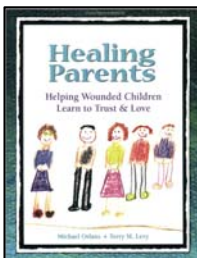
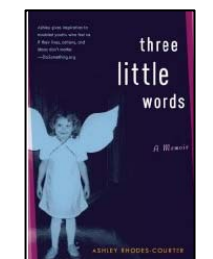
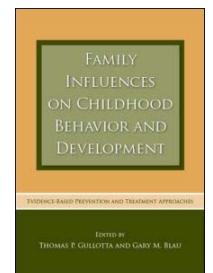
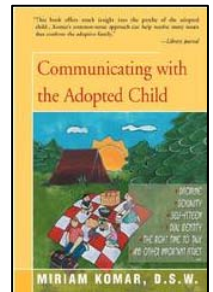
**Communicating with the Adopted Child**, by Miriam Komar, focuses on the importance of family conversation and the power of speech in providing information and emotional support.

**Family Influences on Childhood Behavior and Development: Evidence-Based Prevention and Treatment Approaches**, by Thomas Gullotta and Gary Blau – 13 essays intended for clinicians

**Healing Parents: Helping Wounded Children Learn to Trust & Love**, by Michael Orlans and Terry Levy

**Prenatal Exposure to Drugs/Alcohol**, by Jeanette M Soby – strategies to circumvent the damage of prenatal exposure in order to maximize the individual's remaining strengths

**Three Little Words: A Memoir**, by Ashley Rhodes-Courter The 22-year-old author spent nine years in 14 different foster homes, one of which was very abusive, while her birth mom spiraled out of control; she offers a story of encouragement to anyone who wonders, "How will I endure?"

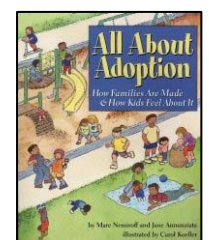


## CD's of presentations at the 2008 NACAC Conference in Ottawa

- ⦿ **Developing and Implementing Effective Strategies for Nurturing Healthy Racial Identity**
- ⦿ **Managing Multiple Diagnoses: Strategies to Differentiate, Identify, and Intervene Effectively**
- ⦿ **Parenting Children and Youth with Attachment Issues** – Regina Kupecky & Gregory Keck
- ⦿ **Parenting from the Trenches** – a toolbox of strategies and techniques for parenting children and especially teens, including developing trust, building self-esteem, and maintaining your sanity
- ⦿ **Parents' Adoption Issues and Their Effect on Attachment** – Regina Kupecky presents
- ⦿ **Sexual Safety in Adoption and Foster Care: A Prerequisite to Healing**

## Children's Book

**All About Adoption: How Families Are Made & How Kids Feel About It**, by Marc Nemiroff, for ages 4-12. This book explores the what, how, and why of adoption, as well as many feelings kids experience as they grow up. For parents, an extensive afterword discusses the unique practical and emotional dimensions of adopted children and their families, with suggestions for answering the most challenging questions.



## ORPARC Welcomes Korean Visitors

*By Toni Ferguson and John Bennett*

On July 29th, ORPARC welcomed four graduate students from Korea. Students from SungKyunKan University visited our office to learn more about our partnership with Oregon Department of Human Services and Portland State University (Continuing Education/Graduate School of Education, Child Welfare Partnership/School of Social Work) in the Advanced Training in Therapy with Adoptive and Foster Families program, and about ORPARC services.



The students are members of **AFTER: Adoptive Families Together Forever**. The purpose of their visit was “To benchmark advanced support services for Korean adoptive family’s better adjustment.” At this time, Korea is moving away from international adoptions to support domestic adoptions in that country. The students were impressed by the array of services that ORPARC offers to adoptive families. They report that families in their country often experience “big difficulties due to the lack of service programs (in Korea). They are even supported by self-help associations but they are not very systematic.” During the students’ stay in the United States, they also visited programs in other areas of the country, including the Evan B. Donaldson Adoption Institute.