



Assisting families on their
lifelong journey

The Journey

Oregon Post Adoption Resource Center
(ORPARC)  www.orparc.org 

Volume XXXIII

Fall 2007

ORPARC is a program of Northwest Resource Associates

Attachment-Focused Therapy: Dyadic Developmental Psychotherapy with Dan Hughes, Ph.D.

Thursday, December 6, 2007

See Page 3 for further details on registering for this training

Children with serious psychological problems secondary to histories of abuse, neglect, and/or multiple placements provide a serious challenge to parents and therapists. For the past 20 years Dr. Hughes has specialized in the treatment of children who manifest serious deficits in their emotional, cognitive, and behavioral development, and at the same time demonstrate considerable difficulty establishing and maintaining secure attachment relationships.

Dr. Hughes' treatment is family based and focused on facilitating the child's ability to establish a secure attachment with his/her caregivers. Developmental attachment theory and research is the primary model for relationship development and trauma resolution. Dr. Hughes blends various approaches in his treatment modality. He actively communicates empathy and acceptance of the individual child while providing him/her with the comforting and containment needed to explore and resolve past trauma and shame-related experiences. At the same time he actively facilitates the child's ability to form positive, reciprocal relationships with his/her parents. Within the safety of these relationships, the child is able to finally face and resolve his/her past traumas, and, as the child gradually develops a secure attachment with his/her caregivers, (s)he develops a positive and integrated sense of self.

Dr. Hughes received his Ph.D. in clinical psychology from Ohio University, with a clinical internship at the University of Rochester Medical School. He is a member of the American Psychological Association (APA), the Society for Research in Child Development (SRCD), and the Association for Treatment and Training in the Attachment of Children (ATTACH). He consults with various mental health, social service, and residential treatment agencies in Maine and in other states and countries. Dan is the author of *Facilitating Developmental Attachment* (1997) and *Building the Bonds of Attachment, 2nd Ed 2006*, both published by Jason Aronson Publishing Company. He conducts weekly training sessions for therapists at Colby College in Waterville, ME, every summer.



9th Annual Shoulder to Shoulder Conference

"The Sky's the Limit"

Thursday, November 8, 2007

9:00 a.m. to 5:00 p.m.

Oregon Convention Center,
777 MLK Boulevard, Portland, OR 97232

The Shoulder to Shoulder Conference is for foster, adoptive and guardianship parents, CASAs, caseworkers, lawyers, judicial officers, Citizens Review Board (CRB) board members, and anyone that works with or loves children.

ORPARC is sponsoring the following three workshops at this year's Shoulder to Shoulder Conference:

- ✓ *Unplanned Parenthood: How to survive and thrive while raising relatives' children*, Joan Callander
- ✓ *The Continuum of Attachment*, Lynne Herbert
- ✓ *Transitioning Children Sensitive*, presented by Kelly DeLany & Toni Ferguson, ORPARC

Download a complete Conference Brochure and Registration Form from the ORPARC web site at www.orparc.org. ORPARC has limited scholarships available; call us at 1-800-764-8367 or e-mail orparc@nwresource.org to inquire.

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National Adoption Awareness Month

View Heart Gallery, ORPARC, and other adoption-related events on *Page 2*

Download "30 Ways to Celebrate" National Adoption Awareness Month from Adoptive Families magazine web site at: www.adoptivefamilies.com/pdf/2007calendar.pdf

☎ 503-241-0799 Telephone
☎ 800-764-8367 Telephone
☎ 503-241-0925 Fax

Oregon Post Adoption Resource Center
621 SW Morrison Street, Suite 450
Portland, Oregon 97205

E-mail: orparc@nwresource.org
Website: www.orparc.org

November is National Adoption Month

HEART GALLERY of Oregon



For more information, visit the Heart Gallery of Oregon web site at:

www.heartgalleryoregon.org



November features a month-long display of compelling portraits of adoptable Oregon children from the Heart Gallery of Oregon. The Heart Gallery is based on the simple truth that a picture is worth a thousand words.

Dozens of professional photographers have donated their time and talent to capture the spirit and personality of foster children who are waiting to find a forever home. The photos will be displayed at Powell's Basil & Hallward Gallery.

Join us on Thursday, November 1st

ORPARC Open House...and...Heart Gallery Educational Forum

4:00 to 7:00 p.m.

Open House for adoptive families & professionals hosted by ORPARC!

Stop by the ORPARC office to meet our staff and browse our library before attending the Heart Gallery forum at Powell's. Our office is conveniently located on the MAX line in front of Pioneer Square. Parking Garages are also nearby for easy access to both ORPARC and Powell's. Please call us for directions & information. Pizza and refreshments will be provided.

Forum begins at 7:30 p.m.

To kick off National Adoption Month, the "Kids Can't Wait" educational forum will be hosted by Powell's City of Books (1005 West Burnside Street). The forum will address how no child should grow up without a permanent and loving home, what it's like to wish for an adoptive family, and how agencies are working to find families for children. The forum will be moderated by Multnomah County Commissioner Dan Saltzman and will feature adopted children and family members, DHS Director Bruce Goldberg, Multnomah County Circuit Court Judge Nan Waller, and Melissa Smith-Hohnstein of Kinship House. The panel will also explore ways that communities can connect waiting children with the homes they need.

National Adoption Day is November 17, 2007

National Adoption Day is a collective national effort to raise awareness of the 114,000 children in foster care waiting to find permanent, loving families. For the last eight years, National Adoption Day has made the dreams of thousands of children come true by working with courts, judges, attorneys, adoption professionals, child welfare agencies and advocates to finalize adoptions and find permanent, loving homes for children in foster care. Voice for Adoption is a collaborating organization of National Adoption Day. The National Adoption Day website has information about ways to participate in events in your area, and also allows organizations to register the events that they are planning. Visit www.nationaladoptionday.org for more information.

Lane County Events

Heart Gallery of Lane County 2nd Annual Opening Event

Sunday, November 4th ~ 5:30-8:00 p.m.

Hilton Eugene & Conference Center
66 E 6th Avenue, Eugene, OR 97401

For more information please visit

www.afamilyforeverychild.org



A Family for Every Child seeks your help: Look What You Have to Offer

Congratulations on making it through the adoption process! There are many families who need to know what helped you to persevere. A Family for Every Child's **Family Building Program** matches a family like you with a family just starting the classes. By simply being available occasionally to chat you could help one more family feel inspired to stay positive. For more information, contact Chrystal Emiry at 541-844-9799 or e-mail chrystalemiry@gmail.com. With each other's support we can continue to make a difference in the lives of Oregon's waiting children.

www.afamilyforeverychild.org

ORPARC Fall Trainings

Register for trainings at:
☎ 503-241-0799 ☎ 1-800-764-8367
E-mail orparc@nwresource.org

METROPOLITAN REGION

Attachment-Focused Therapy: Dyadic Developmental Psychotherapy

Presented by Dan Hughes, Ph.D.

Thursday, December 6, 2007

9:00 a.m. to 5:00 p.m.; *check-in at 8:30 a.m.*

University Place Hotel & Conference Center
310 SW Lincoln Street, Portland, OR 97201

This is a collaborative training between ORPARC and Cascadia Training. Registration for families and professionals varies:

- ✓ *Training is free-of-charge to eligible state adoptive and assisted guardianship families. Register with ORPARC by calling 1-800-764-8367 or email ORPARC at orparc@nwresource.org.*
- ✓ *DHS and SNAC professionals may attend free-of-charge on a "space available" basis only. Otherwise, you may guarantee a space by registering with Cascadia Training for a fee of \$135.00.*
- ✓ *Community Professionals register with Cascadia Training. Registration fee is \$135.00; CEUs are an additional \$15.00. Register online at www.cascadia-training.org, email cascadia@nwresource.org, or call 1-800-298-6516.*

EASTERN REGION

Parenting Children with Fetal Alcohol Effects and other Challenging Behaviors

Presenter: Melissa Smith-Hohnstein, Kinship House
Wednesday, November 14, 2007 ♦ 6:00-8:30 p.m.

Milton-Freewater DHS Office Meeting Room
309 N Columbia St., Milton-Freewater, OR 97862

Register with Janelle Woody at 541-938-5658 or
email Janelle at janelle@horizonprojectinc.com

✓ *Potluck dinner*

✓ *Milton-Freewater Relatives as Parents Support Group*

Talking to Kids about Adoption

Presenter: Melissa Smith-Hohnstein, Kinship House
Thursday, November 15, 2007 ♦ 6:00-8:30 p.m.

Department of Human Services
950 SE Columbia Drive, Hermiston, OR 97838

Register with Irma DeAnda at 541-564-4493 or
email Irma at irma.deanda@state.or.us

✓ *No childcare available* ✓ *Pizza dinner provided*

✓ *Umatilla County Foster/ Adoptive/ Relative
Parent Educational Support Group*

WESTERN REGION

Long Term Success in Adoption

Tuesday, October 23, 2007 ♦ 12:00 to 1:00 p.m.

DHS, Human Services Building

500 Summer Street, Room 137C, Salem, OR 97301

Register with Roberta Lincoln at 503-947-5214

✓ *Adopting-Oregon's Kids ~ A-OK ~ Support Group*

Talking with Children about Adoption

Wednesday, October 24, 2007 ♦ 6:00 to 8:00 p.m.

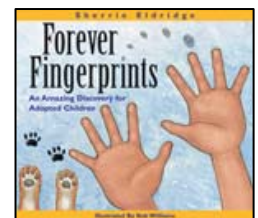
Tigard City Hall, Town Hall Room

13125 SW Hall Boulevard, Tigard, OR 97223

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Others may attend trainings for minimal charge and/or on a space available basis. Childcare and travel expense reimbursement are offered to ORPARC eligible families as funds allow (state adoptive and assisted guardianship families); please request childcare and travel reimbursement upon registration. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Please request these services two weeks in advance.

Forever Fingerprints: An Amazing Discovery for Adopted Children

This amazing book can help adoptive parents open this communication with their children. Author Sherrie Eldridge, an adoptee herself, has marvelous insight to share with adoptive parents and children. This book honors children's pasts and will help parents support their child's own healing process through the story and with parent tools and activities. Sherrie Eldridge and her publisher have designed a program to help children around the U.S. discover adoption. Visit the web site www.emkpress.com/fingerprintreading.html to receive details of how you can receive a free book if you volunteer to read it at your local library on Saturday, November 17, 2007 for National Adoption Day.



Community Partner Trainings and Conferences

PSU Child Welfare Partnership Trainings → www.cwpsalem.pdx.edu

October 25	<i>Taking Note of Your Work with DHS: What to Record and Why!</i>	Portland	503-365-4694
October 29	<i>Fall Conference for Medical Foster Parents</i>	Portland	971-673-1822
November 6	<i>Issues and Concerns in the Development and Behavior of High Risk Infants</i>	Portland	503-215-2429
November 17	<i>Understanding Sexual Behavior in Youth Ages 10-18</i>	Portland	971-673-1822
November 17	<i>Understanding and Living with Sexually Abused Children: Ages Birth to 10</i>	Portland	971-673-1822
October 2-3	<i>Behavior Crisis Management Training (2-day training)</i>	Baker City	541-523-6423 x 527
October 12-13	<i>Behavior Crisis Management Training (2-day training)</i>	La Grande	541-963-8571 x 426
October 15	<i>Understanding and Addressing Attachment with Lynne Herbert</i>	Enterprise	541-426-4558 x 227
October 16	<i>Austism</i>	Roseburg	541-464-2077
October 16	<i>Understanding and Addressing Attachment with Lynne Herbert</i>	Baker City	541-523-6423 x 527
October 20	<i>Facilitating Development Attachment: What You Need to Know</i>	Eugene	541-686-7555 x 5217
November 6	<i>Understanding and Responding to the Sexual Behaviors of Children</i>	Hood River	541-386-2962 x 231
November 7	<i>Understanding and Responding to the Sexual Behaviors of Children</i>	The Dalles	541-506-5229
November 13	<i>Understanding and Responding to the Sexual Behaviors of Children</i>	Pendleton	541-966-0845

Oregon Parent Training & Information Center → www.orpti.org

October 11	<i>Bullying</i>	La Grande	dhelman@orpti.org
October 11	<i>Are we there yet? Transition from High School: Post Secondary Options</i>	Beaverton	vhaight@orpti.org
October 16	<i>Writing IEP Goals: Are your child's goals adequate and appropriate?</i>	Corvallis	lskipworth@orpti.org
October 17	<i>Behaviors and the IEP</i>	Philomath	lskipworth@orpti.org
October 18	<i>Record Keeping: "My Child's Life Care Notebook and Organizer"</i>	Hood River	vhaight@orpti.org
October 18	<i>Anxiety and Related Disorders</i>	Hood Ricer	vhaight@orpti.org
October 20	<i>Anxiety and Related Disorders</i>	Veneta	lskipworth@orpti.org
October 23	<i>What Parents Need to Know about the IEP (9:00-11:00a; 6:00-8:00p)</i>	Portland	vhaight@orpti.org
October 25	<i>Anxiety and Related Disorders</i>	Astoria	vhaight@orpti.org
October 27	<i>Writing IEP Goals: Are your child's goals adequate and appropriate?</i>	Estacada	lskipworth@orpti.org
October 30	<i>The IDEA and Section 504</i>	St. Helens	vhaight@orpti.org
November 5-6	<i>IEP Partner Training</i>	Albany	kriplinger@orpti.org
November 6	<i>Behaviors, IEPs and the Law</i>	Salem	lskipworth@orpti.org
November 6	<i>Behaviors that Interfere with Learning</i>	Portland	vhaight@orpti.org
November 6	<i>Issues and Concerns in the Develop. and Behavior of High Risk Infants</i>	Portland	swindells@providence.org
November 8	<i>Behaviors during the Holidays</i>	La Grande	dhelman@orpti.org
November 10	<i>Writing IEP Goals: Are your child's goals adequate and appropriate?</i>	Lincoln City	lskipworth@orpti.org
November 13	<i>Can You Hear Me Now? Communicating with Your IEP Team</i>	Corvallis	lskipworth@orpti.org
November 15	<i>Bullying: Is Your Child a Target?</i>	Astoria	vhaight@orpti.org
November 17	<i>Behaviors, IEPs and the Law</i>	Estacada	lskipworth@orpti.org
November 20	<i>Are we there yet? Transition from High School: Post Secondary Options</i>	Portland	vhaight@orpti.org
November 29	<i>Bullying: Is Your Child a Target?</i>	The Dalles	vhaight@orpti.org
December 4	<i>Is Your Child a Target of Bullying? (9:00-11:00a; 6:00-8:00p)</i>	Portland	vhaight@orpti.org
December 6	<i>Anxiety and Related Disorders</i>	Salem	lskipworth@orpti.org
December 11	<i>Entering Kindergarten from ECSE</i>	Hillsboro	vhaight@orpti.org
December 18	<i>Fetal Alcohol Syndrome: What Parents and Educators Need to Know</i>	Portland	vhaight@orpti.org

Contact OrPTI at 1-888-505-2673, 503-581-8156, or e-mail info@orpti.org

Families in Action

Mondays, Oct. 15-Nov. 19, 2007 ■ 6:15-8:30 p.m.

Silverton Methodist Church

203 W Main Street, Silverton, OR 97381

Sponsored by Silverton Together ~ www.silvertontogether.com

A 6-session course for the entire family designed to help parents and teens improve communication and learn how to deal positively with the pressures facing youth today. For more information call Silverton Together at 503-873-0405. Fee of \$20.00 per family is required.

Community Partner Trainings and Announcements

Adoption and Foster Awareness Teacher Inservice

Friday, October 12, 2007

9:00 a.m. to 12:00 noon

Holt International Children Services,
1195 City View, Eugene, OR 97402

Presented by Adoption Connections of Oregon

www.adoptionconnectionsoforegon.org

For more information call Sue Barnhart

at 541-342-1953 or email

jelliot2@lane.k12.or.us.

Adoption Counseling and Educational Services (ACES)

✓ *Single Mom's Workshop* ~ Sat., Oct. 13th, 9:00 a.m.-12:00 noon

✓ *Making Connections to Enhance Your Resilient Child's Attachment to You*

Adoptive parent support and education group

Tuesdays, Oct. 15th through Nov. 26th, 6:00 to 7:30 p.m.

✓ *Quarterly Workshops for Adopted Girls*

Please visit www.adoptioncounselingservices.com or call

503-522-0839 for more detailed information on classes and

workshops offered by ACES. Directions to the workshops/groups

are on the services page of the ACES web site. ACES therapists hold

a one-year post-graduate certificate in Adoption Therapy.

Transracial Parenting Series

Presented by Adoption Mosaic ~ www.adoptionmosaic.org

3 Workshops: A, B and C; may be taken in any order

Cost: \$40 per person or \$70 per couple

October 20 (B) ♦ November 17 (C) ♦ December 15 (A)

The decision to adopt across cultural and racial lines is a lifelong commitment to exploring matters of race,

confronting racism in all its forms, and developing new skills and awareness. This series of three workshops will help you to identify assumptions, provide you with tools and resources, and create a sense of confidence as you explore your future as a transracial family.

For more information, visit www.adoptionmosaic.org.

Strengthening Rural Families: Rural Parenting Initiative

Rural Parenting Initiative (RPI) is a rurally-based parent education program that promotes the development of healthy families in rural Benton County, Oregon through education, family activities, and community connections. RPI provides parenting classes, family support services, and focused trainings and workshops.

For more information visit www.ruralfamilies.org.

1620 Applegate St., Rm. 21, Philomath, OR 97370

☎ 503-929-2535

Adoption Connections of Oregon (ACO) 5th Adoption Conference

November 9-10, 2007 ♦ Holt International, 1195 City View, Eugene, OR 97402

This Eugene event is a unique educational opportunity for adoptive parents, prospective adoptive parents, adoptees, and all friends of adoption. Sliding scale donation of \$5.00 to \$15.00 requested. For further information and registration details, visit www.adoptionconnectionsoforegon.org.

Friday, November 9th ~ 6:00-8:00 p.m.

✓ *Talking about Adoption with Your Child Using Children's Movies*

✓ *Children's Video Viewing & Facilitated Discussion*

Saturday, November 10th ~ 9:00 a.m.-1:00 p.m.

Several presentations for adults on adoption-related topics: school issues, communicating with your teachers, adoption in the media, panel of adult adoptees.

Announcing the release of *A Resource Guide for Grandparents and Other Relatives Raising Children in Oregon*

A publication by Oregon State University Extension Service, AARP and the Brookdale Foundation, this is a free publication containing a wealth of resources in Oregon. It includes information on meeting the physical, emotional and behavioral needs of your relative child, to working with DHS Child Welfare, to assistance for families and resources. Request a free copy from the ORPARC library.

Classes sponsored by Samaritan Counseling Centers

Samaritan Counseling Centers offers several parenting, recovery, and relationship classes. Please visit www.sccpdx.org/sys/classeslist/ for a detailed list of upcoming classes.

Information & Advice for Adoptive Families



Recently Passed Legislation on Higher Education to Benefit Children Adopted from Foster Care

On September 27, President Bush signed the College Cost Reduction and Access Act (HR 2669), which includes the **Fostering Adoption to Further Student Achievement Act** amendment—legislation that makes it possible for teens in foster care to be adopted without losing access to college financial aid. Under the new law, youth who are adopted after their 13th birthday will not have to include their parents' income when determining their eligibility for financial aid.

As Senator Norm Coleman (R-MN) explained when he first introduced the legislation in 2005, “[I]f a teenager is adopted, he or she can lose out on...college financial aid [due to] his or her adopted parents' financial situation, but if the teen stays in the system and ‘ages-out’...he or she is probably eligible for all available loans and grants.... The benefits of family and education should go hand in hand, not stand in opposition to each other.”

NACAC has met foster youth who had to make the terrible choice between having a permanent family and pursuing a college education. As a teenager, Sheila lived in foster care with her aunt. She knew that if she remained in foster care, she would receive enough financial assistance to enable her to go to college. “If my aunt adopted me,” Sheila explained, “I would lose my benefits. I mean adoption is great and everything, but you sacrifice a lot.”

We are delighted that Congress has eliminated one barrier that would have forced some youth to choose between education and a permanent family. Next Congress should ensure that all former foster youth who are adopted as teens have full access to needed educational support.

*From the North American Council on Adoptable Children
web site <http://www.nacac.org/>.*



Visit ORPARC online at www.orparc.org
for up-to-date training announcements,
community events, adoptive parent
support groups, and library orders!



Advice from Adoptive Parent Support Groups about Running Away

Tips for the parents of a child who is threatening to run away. Do the following calmly, in a quiet voice.

1. Do not say “There’s the door,” or otherwise give permission.
2. Do not help them pack.
3. Do tell the child he/she does not have permission and leaving the house will result in consequences. Make sure the child knows there will be consequences and that you will follow through.
4. Do tell the child that you love him or her, that this is home and it is where he or she belongs.
5. Do be firm but do not get into a physical struggle.
6. Do engage the youth in conversation about what is upsetting him or her.
 - Refrain from responding defensively or in anger.
 - Let the child vent as long as there is no violence.
 - Agree that life can be frustrating, empathize.
 - Again, if you are too angry, call in an objective party to help calm the situation.
 - Ask for alternative solutions from the child or offer alternatives.
7. Remember, it is more important to keep the child safe for the moment than to confront them about their shortcomings, mistakes, and behaviors.
8. After the situation is under control, go to your “safe place,” turn on some soothing music, and take a nice long bath. Tomorrow is another day.

Excerpt from the book *Wasn't Love Supposed to Be Enough? Biographies of a Long-Term Adoptive Parent Support Group and Services for Adoptive Families*, by VanSlyck, Wristen, Dupre-Clarke, Magee, Haggerty.

Insurance for children at placement

The Omnibus Budget Reconciliation Act of 1993 (OBRA '93), Public Law 103-66, amended the Employee Retirement Income Security Act of 1974 (ERISA). The amended law requires that any group health plan which provides coverage for dependent children must provide benefits to a child placed for adoption under the same terms and conditions as apply to a child who is the biologic child of a plan participant. OBRA '93 specifically eliminated any requirement that the adoption be finalized in court before there is coverage.



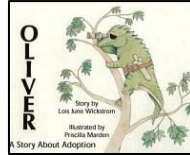
New in the Library

The following titles are recently acquired materials now available in our lending library.



Books for Children and Teen

- The Heart Knows Something Different: Teenage Voices from the Foster Care System** More than three dozen personal narratives were written by 15- to 20-year-olds who have lived in the foster care system and provide a sense of normalcy and community to adopted adolescents.
- Oliver: A Story About Adoption** In this picture book for children, 4-8, Oliver, who is adopted, imagines a much better life living with his birth parents. Then his parents, who are not adopted, tell him that they used to imagine that they were adopted, dreaming about the exciting world their birth parents might be living. In the end, Oliver realizes that his life is pretty good.



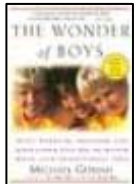
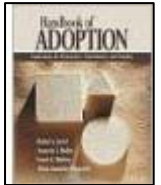
Books for Parents

- Beneath a Tall Tree** This memoir begins with author, Jean Strauss's childhood as an adoptee and her difficult relationship with her adoptive brother. She proceeds to her search for and reunite with her birth mother, her birth grandmother, her 7 siblings, and birth father.
- The No-Cry Discipline Solution: Gentle Ways to Encourage Good Behavior Without Whining, Tantrums, and Tears** While this book for parents of 2- to 8-year-olds does not focus on children with special needs, there may still be usable tidbits.
- Reflection Pond** Through allegory, parable, poetry and prose, Jaiya John, author of *Black Baby White Hands*, draws from the natural world around us to unveil the magical inner life of children and youth. Here is a revelatory positioning of the human mirror.



Books for Parents and Professionals

- Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Attachment-Challenged Children With Severe Behaviors** The middle part of this three part book devotes a chapter each to "Parents Appear Hostile and Angry," "Lying," "Stealing," "Hoarding and Gorging," "Aggression," "Defiance," and "Lack of Eye Content." It might be useful for any one of those chapters.
- Handbook of Adoption: Implications for Researchers, Practitioners, and Families** This book addresses the many dimensions of adoption-related issues—transracial adoption, foster care, single parents, special needs, training and education issues, assessment and treatment issues, and much more—which affect adoption triad members.
- Nurturing Adoptions: Creating Resilience after Neglect and Trauma** A guide for parents & professionals helping children affected by neglect and trauma, and demonstrates the effects on brain and emotional development of neglect and trauma and how to recognize them, and suggests approaches at home and school that help children to flourish.
- One Small Boat: The Story of a Little Girl, Lost Then Found** From the author of Another Place at the Table, this book focuses on five-year-old Daisy, one of the numerous children the Harrisons have taken in over the years. It is a story of real people, warts and all, who struggle to bring a safe haven to children who have endured extraordinary hardships and of the realities of the systems in place to protect them.
- Treating Explosive Kids: The Collaborative Problem-Solving Approach** This book for clinicians, by Ross Greene, based on the approach he popularized in *The Explosive Child*, provides a framework for effective, individualized intervention with highly oppositional children and their families.
- Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason** Alfie Kohn questions why parenting literature focuses on compliance and quick fixes, and points out that docility and short-term obedience are not what most parents desire of their children in the long run. He suggests helping kids solve problems, providing them with choices, and using reason and humor.
- The Wonder of Boys: What Parents, Mentors, and Educators Can Do to Shape Boys into Exceptional Men** Michael Gurian asserts that the biological and neurological differences between boys and girls need to be accounted for and nourished in order to raise healthy, happy boys.



CDS

- Beneath the Mask: Understanding Adopted Teens** (CD) 2007 NACAC Conference presenter Debbie Riley addresses complexities of adolescence for the adopted teen – identity, abandonment, grief and loss, relinquishment – and how adolescence affects personal and family development.
- How to Keep Stress from Managing Us** (CD) NACAC Conference presenter, Maris Blechner, looks at how caring and over-stressed people like us can leash those fire-breathing dragons in our lives, and keep them in their place.
- Parenting Adolescents with Attachment Difficulties** (CD) Interruptions that occur early in childhood cause specific difficulties in adolescence. This presentation examines attachment problems and adolescence from a developmental perspective and presents strategies for parenting and treating adolescents who have experienced such interruptions.
- What My White Parents Didn't Know and Why I Am OK in Spite of It** (CD) Transracially adopted presenters at the 2007 NACAC Conference offer firsthand experiences and practical ideas related to race and diversity challenges within adoption and foster care that transracial adoptees face., including dating and dealing with racial jokes.

VHS/DVDS

- Kinship Care: Relative Caregivers Speak Out** (VHS) A panel of relative caregivers discuss the emotional and transitional issues they and the children experienced as a kinship family.
- Kinship Care: Teens and Young Adults Speak Out** (VHS) A panel of young people discuss how they felt about living with relatives, and not with their parents.
- The Adoption Trilogy: Three films by Jean Strauss** (DVD) Three short documentaries from Jean Straus, the author of *Birthright* and *Beneath a Tall Tree*.
- Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason** (DVD) See explanation under "Books for Parents and Professionals."

Help AdoptUsKids Find More Media Families Nationwide

Adoptive families themselves are the best voices for adoption!

AdoptUsKids is dedicated to increasing the public awareness of children in foster care who are available for adoption, and members of the Adoption Exchange Association are an important part of the national media outreach. *AdoptUsKids* receives many requests from radio, television and print reporters across the country and there are available spokesfamilies who are willing to participate in these interviews. However, there is still a need for more families! If you are interested in becoming an *AdoptUsKids* spokesfamily or if you know of an experienced family with adoption and foster care, please contact Kate Kirkpatrick at (717) 545-5251 or e-mail kkirkpatrick@adoptuskids.org.

Adoption Connections of OR (Lane Co.) Annual Harvest Party!

Saturday, October 27th ♦ 1:00-4:00pm

Come on out for an afternoon of fall fun at the Crum family farm! We'll be providing pumpkins for the kids to decorate and a scavenger hunt. Wear your costume if you like and bring along your rain gear. Call Elise at 541-345-4209 for more information



disAbilities Job and Career Fair

Tuesday, November 13, 2007 ~ 11:00am to 3:00pm

Lloyd Center Double Tree Hotel in Portland

The Job and Career Fair is for students and job seekers with disabilities. For information call 503-281-1424 or visit www.obln.org.



New Support Groups!

Harney County

Foster/Adopt Support Group

Meets the 1st Wednesday of the month ♦ 6:00-8:00 p.m.

DHS Child Welfare, 809 W Jackson, Burns, OR 97720

Contact Cami Roy at 541-573-2711 for more details

★ *Childcare available for shared cost by parents* ★

Washington County

Adoptive Parent Support Group

Meets the 3rd Thursday of the month ♦ 6:30-8:30 p.m.

Beaverton DHS Child Welfare, Beaverton Multi-Svc. Ctr.

12901 SW Jenkins Road, Suite B, Beaverton, OR 97005

Contact Jennifer Ricks at 503-646-7234 ext. 238

★ *Childcare provided* ★