



"THE JOURNEY"



OREGON POST ADOPTION RESOURCE CENTER (ORPARC)
CENTRO DE RECURSOS POSADOPTIVOS DE OREGON

because ADOPTION is a lifelong journey porque la adopción es un viaje de toda la vida

Volume XVI Summer 2003 ORPARC is a program of Northwest Resource Associates



Summer Listening

Summer Vacation!

Hey, it's that time of year again - long drives to the beach or the desert, or is it Disneyland? Or maybe you're flying to the east coast or Italy! There is no better time to check out ORPARC's audiotapes. We have audiotapes covering such topics as ADHD, Attachment Disorder, adolescent issues, adopting a relative, explosive behavior, Sensory Integration, sexual behavior, transracial issues, openness, fetal alcohol/drug exposure.



ADHD

- ADHD: A Teenagers' Guide
- ADHD in Children, Adolescents and Adults: Diagnosis, Assessment and Treatment*

Adolescence

- The Adopted Adolescent**
- The Adopted Child in Middle Childhood**
- The Adopted Child in the Classroom**
- Angry Adolescents and Troubled Teens: A New Approach To Discovering Strengths and Developing Solutions*
- Preparing for the Teen Years

Attachment

- Adolescents with Attachment Difficulties
- Attachment in Adoption
- Attachment Therapy with Adolescents



Difficult Behavior

- Bringing Out the Best In Children and Adolescents Acting at Their Worst*
- Discipline: Effective Discipline Strategies
- The Explosive Child
- Managing Difficult Behaviors of Traumatized Children

Openness

- The Open Adoption Experience**
- A Realistic Look at Open Adoption**

Sensory Integration

- Making Sense of Sensory Integration
- Misunderstood Child: Understanding Sensory Integration
- Songames For Sensory Integration
- Teachers Ask About Sensory Integration

Taking Care of Yourself

- Autogenics & Meditation
- Daily Relaxer: Calm Your Mind
- Daily Relaxer: Improve Your Mood
- Daily Relaxer: Refresh Your Spirit
- Daily Relaxer: Relax Your Body
- Daily Relaxer: Relieve Your Worry
- Stress Inoculation

Other

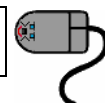
- Answering Your Child's Questions About Adoption**
- Assessing Kinship Families
- Fragile X Syndrome: Medical and Educational Approaches Toward Intervention
- The Good Son: Shaping the Moral Development of Our Boys and Young Men
- The Joys and Challenges of Raising Adopted Children**
- Parenting the Sexually Troubled Child
- Raising A Child of a Different Race or Ethnic Background
- Rituals in Adoption**
- Safe Passages
- Understanding Adoption**
- Understanding Behaviors of Alcohol/Drug Affected & Neurologically Impaired Children

* Ten tapes, 15 hours

** From Lois Melina

What, you planned to relax on your vacation and not think about such serious matters? Then check out "Autogenics & Meditation" or one of the "Daily Relaxer" tapes or "Stress Inoculation." In fact, if you are unable to take that vacation this summer, maybe these relaxation tapes are just the thing for you.

For a complete list of library materials, please visit our website at www.orparc.org, or call us to request a hard copy, or e-mail us to request an electronic copy.



☎ 503-241-0799 Telephone
☎ 800-764-8367 Telephone
☎ 503-241-0925 Fax

Oregon Post Adoption Resource Center
621 SW Morrison Street, Suite 1225
Portland, Oregon 97205

E-mail: orparc@nwresource.org
Website: www.orparc.org

Recursos en español

Invitamos a las familias de habla hispana a usar nuestros recursos en español. En nuestra biblioteca hay libros para padres/madres, videos, y recursos para niños y adolescentes. No tengan duda en comunicarse con nosotros y pedir una lista completa de recursos en español. O si podemos ayudarle con cualquier otro asunto, por favor, llámenos y pregunte por Miguel! Algunas sugerencias de nuestra biblioteca son:

Libros

- Cómo entender a su hijo
- Las Drogas y sus efectos
- Síndrome de deficit atencional
- Adopción: hablando con tu hijo
- La Crianza Práctica de los Hijos
- 101 Maneras de decirle a su hijo "te quiero"
- 100 cosas que puedes hacer para amar a tu hijo
- Maneras maravillosas para amar a un adolescente
- 101 Maneras de hacer que su hijo se sienta especial



Videos

- Juntos contra el abuso
- Serie del Síndrome del Alcoholismo Fetal...
- Los Años Preescolares y Los Años Escolares



ORPARC trainings are complete for the fall 2002 through spring 2003 training period. Please check our website during later summer months for upcoming fall trainings.

Non-ORPARC Trainings

Southern Oregon DHS

- Coos DHS - Contact Greg Reichenberger at 541-756-5500 x 278
06/28/03 - A Day of Renewal and Resources for Relative Caregivers
- 08/16/03 - Working With Children With Reactive Attachment Disorder
- Jackson DHS - Contact Penny Esser at 541-776-6120
06/26/03 - Treatment for Children with Multiple Issues
- Klamath Falls DHS - Contact Marcy Crawford at 541-883-5570
07/16/03 - Developmental Issues in Adoption & Foster Care
- Lakeview DHS - Contact Ryan Davidson at 541-947-2273
07/17/03 - Developmental Issues in Adoption & Foster Care

Portland Metropolitan Area

- Northwest Adoptive Families Association (www.nafaonline.org)
07/18-20/03 - NAFA Campout at Metzler Park
- 08/17/03 - Oaks Park Picnic ♦ 09/21/03 - Wheel Family Day
- PSU Child Welfare Partnership (www.cwporegon.com/foster)
06/27-28/03 - Applied Suicide Intervention Skills Training
- 07/31-08/01 - OR Inter. Sys.: Specific Help for Challenging Children
- Clackamas DHS - Contact Maureen Lovejoy at 503-657-2112
07/14 & 07/21 - Fetal Alcohol Syndrome & Fetal Alcohol Effects Video

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