

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Autism/Asperger's

Material Title: **1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders**
 Author: Ellen Notbohm *Books* 2004 207 pages

The 7 chapters in this book offer strategies and considerations regarding sensory integration, communication and language, behavior, daily living skills, social skills, teaching and education, and Special Education law. Not a book on theory, it offers page after page of practical, Martha Stewart style ideas that you or others working with your child can apply.

Material Title: **Activity Schedules for Children with Autism: Teaching Independent Behavior**
 Author: Lynn E. McClannahan *Books* 1999 106 pages

An activity schedule is a set of pictures or words that cues a child (or adolescent or adult) to engage in a sequence of activities. This book shows parents and professionals how to assess a child's readiness to use activity schedules; how to prepare activity schedules; how to use the schedules and monitor progress; etc.

Material Title: **Asperger Syndrome: Living Outside the Bell Curve (DVD)**
 Author: DVD *DVDs* 2008 18 minutes

This DVD looks at Asperger students in general and focuses on 12-year-old Andrew. Dr. Tina Iyama, M.D., U of Wisconsin Children's Hospital, explains causes, symptoms, and strategies for coping with Asperger Syndrome. Andrew shows that with appropriate supports it's possible to flourish outside the accepted social and educational bell curve.

Material Title: **Asperger's and Girls**
 Author: Tony and others Attwood *Books* 2006 150 pages

After Dr. Attwood's 4 and a half pages on Aspergers and girls, are essays from five women who are experts in the field and from three successful adult women diagnosed with Aspergers including Temple Grandin, Ph. D. They cover topics such as diagnoses, education, puberty, relationships, and careers; experts in the field share practical advice for both caregivers and the women and girls who are affected by Asperger's.

Material Title: **Autism Essentials DVD Training Program**
 Author: Monique Simpson *DVDs* 2005 10 hrs. 15 min.

Every child with autism is unique. So no matter what therapy you choose for your child, you need a solid foundation of knowledge and understanding of their unique autistic features before deciding on the best course of treatment for them. The 8-disk DVD set "Autism Essentials DVD Training Program: is uniquely designed to rapidly increase your knowledge of your own child's sensory, emotional, thinking, learning and behavioural patterns. It will provide you with invaluable information and empower you with the skills and practical know-how to create a powerful vision for your child's treatment, giving you confidence and hope. You will learn some of the most effective strategies, techniques and therapy ideas to help your child. We show you what to do and take the time to explain exactly how to do it in ways that are easy to understand and apply. Without even realizing it, you will be creating a powerful, respectful, fun and motivating learning environment for your child. Companion Autism Essentials Training Program Manual is also available.

Material Title: **Autism Essentials Training Program Manual**
 Author: Monique Simpson *Books* 2004 148 pages

Companion training manual for Autism Essentials DVD Training Program. See description under DVD.

Material Title: **Autism Guidebook for Washington State: A resource for individuals, families and professionals**
 Author: Autism Task Force *Books* July 2009 74 pages

This guidebook offers basic concepts in providing supports for individuals with Autism Spectrum Disorder (ASD). The ATF created a focus that provides familiarity with best practices in assessment, the provision of treatment and care, and some understanding of the arrangement and interrelationships of agency systems, laws and serves that apply. This information and recommended strategies and modifications were compiled by committees and agreed upon by the Caring for Individuals with Autism in Washington Task Force, referred to as the Autism Task Force or ATF.

Material Title: **Autism Treatment Guide**
 Author: Elizabeth K. Gerlach *Books* 1998 (revised) 109 pages

This booklet is a list of autism treatments and resources for parents and professionals.

Autism/Asperger's

Material Title: **Early Start Denver Model for Young Children with Autism: Promoting Language, Learning and Engagement**
Author: Sally Rogers and Geraldine Dawson *Books* 2010 208 pages

From leading authorities, the state-of-the-art manual presents the Early Start Denver Model (ESDM), the first comprehensive, empirically tested intervention specifically designed for toddlers and preschoolers with autism. Supported by the principles of developmental psychology and applied behavior analysis, ESDM's intensive teaching interventions are delivered within play-based, relationship-focused routines. The manual provides structured, hands-on strategies for working with very young children in individual and group settings to promote development in such key domains as imitation; communication; social, cognitive, and motor skills; adaptive behavior; and play. Implementing individualized treatment plans for each child requires the use of an assessment tool, the Early Start Denver Model Curriculum Checklist for Young Children with Autism. A nonreproducible checklist is included in the manual for reference, along with instructions for use. This book is primarily intended for practitioners but parents are an essential member of the autistic child's interdisciplinary team and will benefit from the knowledge of this "innovative, evidence-based intervention."

Material Title: **Emergence: Labeled Autistic**
Author: Temple Grandin *Books* 1986 180 pages

Temple Grandin tells the story of how she went from a fear-gripped, autistic childhood to become a successful professional, a world leader in her field. An astonishing true story, a chronicle of perseverance, courage, and the loving wisdom of a few adults who saw in Grandin what others couldn't, *Emergence* offers new hope and insight into the tragedy of autism and the vast potential of the human spirit.

Material Title: **Inside the World of Autism**
Author: Time Magazine *Journals/Newsletters* May 6, 2002 11 pages

The cover story is on Autism.

Material Title: **Just This Side Of Normal: Glimpses Into Life with Autism**
Author: Elizabeth King Gerlach *Books* 1999 139 pages

In this collection of vignettes about raising a child with autism, Gerlach is able to convey the confusions, distress and yearnings of a parent who is deeply worried about her son, but she also shows moments of joy at watching this engagingly "different" child grow and learn.

Material Title: **My Next Steps: A Parents' Guide to Understanding Autism (DVD)**
Author: DVD *DVDs* 2008 2 hrs. 30 min.

This DVD serves as a road map for parents dealing with the first time diagnosis of a child with autism and seeks to provide answers to the many questions that arise during the journey through treatment. This DVD was funded by the Washington State legislature and produced by the University of Washington Austim Center. My Next Steps contains over 2.5 hours of content and is divided into two parts: "Part 1: What is Autism?" and "Part 2: What Can I Do?" (Spanish Language Subtitle Track Available)

Material Title: **Oasis Guide to Asperger Syndrome, The: Advice, Support, Insight, and Inspiration**
Author: Patricia Romanowski and Barbara L. Kirby Bashe *Books* 2001 435 pages

Part One describes what Asperger Syndrome is, what it looks like, and how it is diagnosed. Part Two, "Taking Control," discusses how to relate to having a child with AS, building the foundation for success, options and interventions, medication, and Special Education basics. Part Three, "The Whole Child," explores your child's emotional, social and school life and challenges of growing up.

Material Title: **On the Spectrum: Children and Autism (DVD)**
Author: First Signs DVD *DVDs* 2008 24 minutes

On the Spectrum: Children and Autism is a 24-minute educational video, created in collaboration with the UMDNJ-Robert Wood Johnson Medical School, The New Jersey Center for Outreach and Services for the Autism Community, Inc. (COSAC), and First Signs, Inc. The video outlines the diagnostic criteria for autism spectrum disorders, provides the guidelines for conducting a developmental screening, and describes how to relay developmental concerns to parents. Differences in development are vividly demonstrated through videotaped examples of typical and atypical behavior in children from four to thirty-six months of age. On the Spectrum draws upon clinical expertise, with interviews of some of the nation's top experts in the field. - descriptions adapted from First Signs, Inc. website.

Autism/Asperger's

Material Title: **Pervasive Developmental Disorders: Finding a Diagnosis and Getting Help**
Author: Mitzi Waltz *Books* 1999 400 pages

Designed for parents, adults diagnosed with PDD, and professionals, this book shows how medications, therapies, and educational techniques can address symptoms and improve the lives of people with PDD. In some cases the results can be spectacular. Waltz includes a range of stories from parents who are raising children with PDD to cover such topics as: getting a diagnosis; treatment options; and coping with diagnosis and treatment.

Material Title: **Special Diets for Special Kids**
Author: Lisa Lewis *Books* 1998 239 pages

This book explains in an easy and readable manner, a complex yet intriguing intervention strategy for helping children and adults with autism. Drawing upon her own success with removing gluten and casein from her son's diet, she answers many questions parents and professionals might have about choosing a dietary intervention: Why a special diet? Are there tests to help me decide? Is there research to support this type of intervention?

Material Title: **Thinking in Pictures and Other Reports from My Life with Autism**
Author: Temple Grandin *Books* 1995 206 pages

In this unprecedented book, Grandin delivers a report from the country of autism. Writing from the dual perspectives of scientist and autistic person, she tells how that country is experienced by its inhabitants and how she managed to breach its boundaries to function in the outside world. What emerges is the document of an extraordinary human being, one who in gracefully and lucidly bridging the gulf between her condition and our own, sheds light on the riddle of our common identity.

Material Title: **Understanding Autism**
Author: Newsweek Magazine *Journals/Newsletters* July 31, 2000 9 pages

A cover story on Autism