

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Triad Issues

- Material Title: **Adopted Teens Only: A Survival Guide to Adolescence**
 Author: Danae Gorbett *Children's Books* 2004 78 pages
 This guide for adopted teens addresses issues that parents are often reluctant or unable to discuss with their teenagers: what feelings and thoughts are common to the adoptive experience; what adoptive parents feel; what birth parents feel; what emotional issues are connected with search and reunion; and how to talk to
- Material Title: **Adoption Life Cycle, The: The Children and Their Families Through the Years**
 Author: Elinor Rosenberg *Books* 1992 188 pp
 This book is for anyone involved in the adoption experience – adoptees, adoptive parents, birth parents and professionals. It provides a framework for understanding the important developmental tasks which span the
- Material Title: **Adoption Reader, The: Birthmothers, Adoptive Mothers and Adopted Daughters Tell Their**
 Author: Susan Wadia-Ells Edited by *Books* 1995 272 pp.
 These 31 personal essays and stories by women from each side of the adoption triangle are informed by the contemporary adoption movement and raise timely issues that illustrate its complexity, including the birth record debate, open and closed adoption, transracial and cross-cultural adoption, the experience of biracial
- Material Title: **Adoption Reunion Survival Guide, The**
 Author: Julie Jarrell Bailey *Books* 2001 142 pp
 This book, divided into four parts, "Preparing for a Reunion: What You Need to Know;" "Practical Advice for Sidestepping Reunion Pitfalls;" "The Tangled Web of Rights and Legal Issues;" and "More Help for Your Journey," helps identify the stages of search and reunion and offers practical, positive guidelines for the successful reunification of adoption triad members in a warm and positive manner.
- Material Title: **Adoption Reunions: A Book for Adoptees, Birth Parents and Adoptive Families**
 Author: Michelle McColm *Books* 1993 253 pages
 Drawing on her own experiences and those of others, McColm, who has had a successful reunion with her birth mother and extended family, presents a guide for people involved in any phase of the reunion process. This book offers suggestions that can provide a road map for those who have experienced or are anticipating a
- Material Title: **Adoption Triangle, The**
 Author: Arthur D. Sorosky, M.D. *Books* 1967 225 pp
 This book explores all aspects of the "adoption triad," from birth parents to adoptive parents to adoptees. It covers past and modern adoption practices and issues, and is full of real life stories from all parties of the triad. A large portion of this book is dedicated to how adoptees are affected by sealed or open records.
- Material Title: **Best of Adopted Child: Birth Parents, Heredity and Environment**
 Author: Lois Melina *Journals/Newsletter* 1983-97
 This collection of articles from 1983 to 1997 includes pieces on the psychological and emotional connections between adopted kids and their birth and adoptive parents; how prenatal drug exposure affects school-age children's behavior as well as the role of genetic vs. environmental factors in determining a child's intelligence, vocational interests, personality, health profile and propensity toward crime.
- Material Title: **Birth Families and Adoptive Family Relationships (Audiotape)**
 Author: Audiotape *Audiotapes* 2002
 This session includes discussions about creating a photo resume, networking to locate a birth family, sensitive handling of phone calls, the first meeting, a cooperative agreement to outline future contact, and understanding the process from the birth family's and the adoptive family's perspectives. It also includes what to expect when working with a birth parent with a mental health history and/or drug or alcohol addiction.

Triad Issues

- Material Title: **Family of Adoption, The**
 Author: Joyce Maguire Pavao *Books* 1998 124 pp
 This popular book provides a broad framework for thinking about adoption because it considers the entire family system -- birth parents, adoptive parents, adoptees and other family members. By feeling empathy for all members of the extended family, everyone involved can grow, learn and heal.
- Material Title: **Handbook of Adoption: Implications for Researchers, Practitioners, and Families**
 Author: Rafael et al Javier *Books* 2007 537 p
 This book, which includes contributions from nationally known experts who are directly involved in adoption-related research and practice, addresses the many dimensions of adoption-related issues -- transracial adoption, foster care, single parents, special needs, training and education issues, assessment and treatment issues, and much more -- which can and do affect adoption triad members.
- Material Title: **Journeys After Adoption: Understanding Lifelong Issues**
 Author: Norris, Betse Schooler, Jayne *Books* 2002 273 pages
 This book deals with issues faced by all members of the adoption triad, but the bulk of it focuses on components and considerations of the search for adoptive parents, including "How do I make the decision to search? How do I prepare emotionally? What are my adoptive parents feeling and thinking? What if I'm rejected, encounter death, or reach a dead end? How will I relate to siblings?"
- Material Title: **Life Givers: Framing the Birthparent Experience in Open Adoption**
 Author: James Gritter *Books* 2000 229 pp
 This book examines all the ways in which birthparents are marginalized, providing a glimpse of birthparents' emotional roller coaster ride as they struggle with grief, ambivalence and regret. It makes the persuasive case that adopted children are best served when birthparents and adoptive parents work together to ensure that the birthparents remain part of their children's lives.
- Material Title: **Open Adoption Experience: A Complete Guide for Adoptive and Birth Families, The**
 Author: Lois Ruskai Melina *Books* 1993 363 pp.
 This book offers a detailed discussion of the many advantages of open adoption as well as the common problems, helping adoptive and birth parents to know what to expect as the relationship unfolds and how other families have coped with the unexpected.
- Material Title: **Open Adoption through the Years: What Are the Challenges? (Audiotape)**
 Author: *Audiotape* 2002
 This workshop draws from the experiences of families who have been in long-term open adoptions for 15 to 25 years. Challenges presented involve the simpler ones of managing visits and communication among numerous birth families to the more complex issues of divorce, drugs, death, prison, and more. The speakers
- Material Title: **Open Adoption through the Years: What Are the Challenges? (CD)**
 Author: CD *CD-ROMs* 2002
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- Material Title: **Openness in Adoption: Exploring Family Connections**
 Author: Harold D. Grotevant *Books* 1998 208 pp
 For professionals and laypersons alike, this book provides a comprehensive review of the issues involved in openness in adoption. It also provides rich data from an exceptional sample of adoptees, their adoptive parents, and their birth mothers, and it provides a perspective on the experience of each of these members of
- Material Title: **Openness: Making Decisions about Openness in Adoption (VHS)**
 Author: Ed-Net Series *Videotapes* September 16, 90 min
 A panel discussion focuses on sensitive, life-altering decisions about contact with birth parents, siblings, extended birth families and foster parents. Topics include: defining the range of openness, the developmental needs of children and adoptive families, what kids are thinking vs. what they are talking about.

Triad Issues

- Material Title: **Primal Wound, The: Understanding the Adopted Child**
Author: Nancy Newton Verrier *Books* 1993 222 pp
- By applying information about pre-and perinatal psychology, attachment, bonding, and loss, this book clarifies the effects on adopted children of separation from the birthmother. It also gives those children, whose pain has long been unacknowledged or misunderstood, validation for their feelings, as well as explanations for their behavior. The insight it brings to the experience of abandonment and loss will contribute to the healing of
- Material Title: **Respect, Responsibility, and Commitment in Open Adoptions (Audiotape)**
Author: Audiotape *Audiotapes* 2002
- Open adoption is most often presented to prospective birth and adoptive parents in terms of "doing whatever they are comfortable with." What this approach rarely does, however, is take into consideration the needs and desires of the adopted child. This workshop discusses why respect, responsibility, and commitment need to replace comfort if the child is truly to be served in open adoption.
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Author: CD *CDs* 2002
- Open adoption is most often presented to prospective birth and adoptive parents in terms of "doing whatever they are comfortable with." What this approach rarely does, however, is take into consideration the needs and desires of the adopted child. This workshop discusses why respect, responsibility, and commitment need to replace comfort if the child is truly to be served in open adoption.
- Material Title: **Sam's Sister**
Author: Juliet C. Bond *Children's Books* 2004 27 pages
- In this book, a mother explains to her five-year-old daughter that she will not be able to keep the "new baby growing in my tummy." Although its presentation of flawless characters and ideal circumstances might not seem typical, it deals sensitively with an issue not often addressed in adoption literature for children, and it is
- Material Title: **Single Square Picture, A: A Korean Adoptee's Search for Her Roots**
Author: Katy Robinson *Books* 2002 297 pp
- One day she was Kim Ji-yun, a seven-year-old, growing up in Seoul, Korea. The next day she was Catherine Robinson, living in Salt Lake City, not knowing the language, the customs, any of the people, or even why. Twenty years later, with the blessings of her adoptive family, Katy Robinson returned to Seoul in search of her birth mother -- and found herself an American outsider in her native land. What transpired in this world -- at once familiar and strange, comforting and sad -- left her conflicted, shattered, exhilarated and moved in ways
- Material Title: **Unlocking the Heart of Adoption: Bridging the gap between birth and adoptive families (DVD)**
Author: Sheila Ganz DVD *DVDs* 2005 57 minutes
- This DVD chronicles the filmmaker's journey as a birthmother, interwoven with diverse personal stories of adoptees, birthparents and adoptive parents in both same race and transracial adoptions. It examines relinquishment, growing up adopted, raising an adopted child, years of silence and shame, and searching for answers to unasked questions. In the process, we learn what the universal issues of "identity" "loss" and
- Material Title: **Why Didn't She Keep Me? Answers to the Question Every Adopted Child Asks**
Author: Barbara Burlingham-Brown *Books* 1994 169 pages
- These twenty stories from birth mothers in their own words might provide insight and reassurance to any adoptee. We might not know what your birthmother's story is, but here are some of the reasons why mothers have chosen adoption for their children.