

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Professionals - Materials for

- Material Title: **ADHD in Adolescents**  
 Author: Arthur Robin *Books* 1998 435 pp  
 This book, written for "psychologists, physicians, social workers, educators, and other professionals," is about, not only the facts of the disorder, but also its nature and the proper means of clinically evaluating it. And just as important, if not more so, he tells professionals what to do to be of help to these youth, their families, and
- Material Title: **Adoption**  
 Author: Jerry L. & George Johnson & Grant *Books* 2005 122 pages  
 This entry from the Allyn and Bacon Casebook Series is intended for therapists and students studying to become therapists. It begins with a chapter that introduces a "Multi-Systemic Approach to Practice" followed by four chapters, each of which walks the student through an actual case with questions for the student to answer
- Material Title: **Adoption and Disruption: Rates, Risks, and Responses**  
 Author: Richard Barth *Books* 1988 220 pp  
 This book analyzes the personal and social economy values of adoption and the changing characteristics of adoptive children and families, while providing models of psychosocial adjustment to adoption. The implications for child welfare policy and services are explored in depth with special attention to methods for identifying risk factors and to strategies for maintaining adoptions that have been identified as at-risk for
- Material Title: **Adoption and Prenatal Alcohol and Drug Exposure: Research, Policy, and Practice**  
 Author: Richard P. Barth *Books* 2000 281 pp  
 This book contains ten extensive essays from a number of experts in the field. It is organized into three major sections: Research on prenatal alcohol and drug exposure and its implications for adoption; programmatic approaches and practice considerations related to serving substance-exposed children and their adoptive families; and policy issues that bear on adoption planning and services for this vulnerable group of children. It is designed as a resource for practitioners, policymakers, researchers, and others with an interest
- Material Title: **Adoption and the Family System**  
 Author: Miriam Reitz *Books* 1992 320 pp  
 The authors utilize family systems theory to construct a practical treatment approach for working with families on the myriad issues and interrelationships that surround adoption. The model described is broadly inclusive of all families linked by the adoption triangle. This book offers an entirely new approach to evaluation and treatment designed specifically for families linked in adoption.
- Material Title: **Adoption Nation: How the Adoption Revolution Is Transforming America**  
 Author: Adam Pertman *Books* 2000 312 pp.  
 Pertman, an adoptive father and former journalist for The Boston Globe, combines research and personal anecdotes in this overview of the trends and cultural ramifications of adoption. His views: families should be "out" about their adoptive status; children should be told they were adopted as early as possible; all members of the adoption "triad" (birth parents, child and adoptive parents) should try to stay in close communication;
- Material Title: **Adoption Resources for Mental Health Professionals**  
 Author: Pamela Grabe *Books* 1990 348 pp  
 This revised edition is a valuable resource for professionals who find their diagnoses, assessment, and counseling of foster children misleading because they employ criteria based on experiences of non-adoptive children. The 23 contributors include professionals with extensive teaching and practical experience in the
- Material Title: **After Adoption: A Manual for Professionals Working With Adoptive Families**  
 Author: J.P. Bourguignon *Books* 1987 60 pp  
 Aimed primarily toward mental health professionals who work with adoptees and their families, this manual addresses the differences between adoptive and biological families, identifies needs of adoptive families, and discusses diagnostic assessment of families following placement and factors to be considered in planning

## Professionals - Materials for

- Material Title: **Assessing a Family's Ability to Adopt Transracially (VHS)**  
 Author: Joseph Crumbley *Videotapes* 1989 36 min  
 (from catalog): "This video provides techniques for assessing adoptive parents' experience and understanding with regard to the role of race and ethnic heritage; a family's motivation and support systems; the family's ability to provide a community and opportunities for same-race role models and peer relationships, and life-styles and parenting abilities."
- There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially,"
- Material Title: **Assessing Attachment, Separation and Loss**  
 Author: Linda Bayless *Books* 1989 32 pp  
 This booklet will help parents and professionals examine the process of attachment, the needs of children related to attachment, the behaviors that indicate the presence or absence of attachments, and ways to
- Material Title: **Becoming Attached: First Relationships and How They Shape Our Capacity to Love**  
 Author: Robert Karen *Books* 1994 441 pp  
 Dr. Karen explores such questions as: What do children need to feel that the world is a positive place and that they have value? What are the risks of day care for children under one year of age, and what can parents do to manage those risks? What experiences in infancy will enable a person to develop healthy relationships as
- Material Title: **Being Adopted: The Lifelong Search for Self**  
 Author: David Brodzinsky *Books* 1992 193 pp  
 This book, based on Eric Erikson's seven stage life cycle model, will open doors for adoptees who at one time or another have wondered why they felt a particular way and had no place to turn for the answer. \* There is a
- Material Title: **Beneath the Mask: Understanding Adopted Teens**  
 Author: Debbie, John Riley, Meeks *Books* 2005 207 pages  
 This book offers parents and professionals a wealth of case histories; and treatment resources and therapy tools. Parents will discover the 6 most common adoption "stuck-spots;" a deeper understanding of identity, abandonment, grief and loss, and relinquishment issues - and how they affect personal and family development; and how therapy may help the adoptive family learn and grow together.
- Material Title: **Beneath the Mask: Understanding Adopted Teens (CD)**  
 Author: Debbie Riley *CDs* 2007 90 minutes  
 NACAC Conference presenter Debbie Riley addresses complexities of adolescence for the adopted teen – identity, abandonment, grief and loss, relinquishment – and how adolescence affects personal and family development. Discover six common adoption "stuck-spots," a step-by-step assessment on adoption, clinical
- Material Title: **Bipolar Child, The**  
 Author: Dimitri Papolos *Books* 1999 369 pgs.  
 This book balances scientific and clinical knowledge with moving personal accounts of experiences of real families. It is a well-organized, practical and authoritative book that will answer parents' tremendous number
- Material Title: **Brain, The: Effects of Childhood Trauma (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes  
 Part 3 in the Understanding Childhood Trauma series, this tape examines how childhood trauma can activate systems in the brain that actually change neuron response and cognitive pathways, creating systems that cause children to be constantly hyper-aroused and hyper-vigilant. Learn how to avoid and deal with damage to
- Material Title: **Broken Child: Case Studies of Child Abuse (VHS)**  
 Author: *Videotapes* 2000 61 min  
 Each year, approximately one in 25 U.S. children is reported as a victim of prenatal substance abuse, criminal neglect, or physical or emotional violence, and child-protection agencies are overwhelmed by the crisis. Filmed on location in Baltimore, Atlanta, Houston, and Seattle, this program narrated by Susan Sarandon examines the cycle of child abuse. Case studies include children with developmental difficulties caused by maternal drug addiction, post-traumatic stress disorder brought on by scenes of extreme violence in the home, and life-threatening injuries from beatings.

## Professionals - Materials for

- Material Title: **Children's Adjustment to Adoption: Developmental and Clinical Issues**  
 Author: David M. Brodzinsky *Books* 1998 116 pp  
 This book presents major issues that affect both the process and outcome of adoption for children and their parents. It offers extensive coverage of theory and research on children and families with clinical vignettes punctuating key points. A discussion of intervention and assessment issues that commonly arise in work with
- Material Title: **Child's Journey Through Placement, A**  
 Author: Vera Fahlberg *Books* 1991 394 pp  
 Some children wander in and out of foster care, mental health facilities, and juvenile justice programs throughout their childhoods. This book provides the foundation of resources and tools to help professionals and parents support these children as they grow. While a bit technical and "social worky," it helps families understand why kids move and how their moves affect them. Though lacking in information on fetal alcohol
- Material Title: **Clinical and Practice Issues in Adoption: Bridging the Gap Between Adoptees Placed as Infants and as Older Children**  
 Author: Rosenberg, Karen F. Groza, Victor *Books* 1998 165 pp  
 This book is intended for all those affected by and interested in adoption. The contents are written by a variety of experts in the adoption field and examine topics such as treatment issues for adoptees placed at different ages, search and reunion, ethics, infertility, shared identity issues, and the ongoing need for adoption support.
- Material Title: **Current Thinking in Special Needs Adoption**  
 Author: Spaulding for Children *Books* 1996 77 pp  
 This booklet discusses core issues in adoption, trends related to the adoption of children of color, adoption recruitment, transracial adoption, assessment and intervention in post legal adoption services, and the collaboration necessary to provide these services.
- Material Title: **Diagnostic Interviewing of the Misbehaving Child**  
 Author: John Taylor *Books* 1989 42 pp  
 This booklet is intended as a guide for school counselors and mental health professionals to use in analyzing misbehavior patterns in children. Included is a section on ways to gather pertinent information from parents, a description of pathological patterns that can occur between parents, a variety of interviewing strategies to use with children, and suggestions for assessing the relationships between children and adults and children with
- Material Title: **Domestic Violence and Childhood Trauma (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes  
 Part 6 in the Understanding Childhood Trauma series, this tape examines how abused children often become involved later in destructive and problematic adult relationships. In some cases the adult who was abused in childhood becomes a victim again in adult relationships, in other cases they may become the perpetrator of domestic violence. Three personal stories are presented.
- Material Title: **Essentials of Play Therapy with Abused Children (VHS)**  
 Author: Eliana Gil *Videotapes* 1998 40 min/39  
 This video elucidates the unique benefits of play therapy for children who have been physically or sexually abused. The program explores benefits of different activities for articulating children's inner experience, themes to look for in the play and artwork of abused children, how to balance directive and nondirective approaches, and helping children feel safe in the therapy setting. An accompanying booklet amplifies themes
- Material Title: **Handbook For Treatment of Attachment-Trauma Problems in Children**  
 Author: Beverly James *Books* 1994 268 pp  
 An honest and practical guide for parents and professionals to the problems faced by traumatized kids who may never have had a stable, caring relationship in their lives.
- Material Title: **Handbook of Adoption: Implications for Researchers, Practitioners, and Families**  
 Author: Rafael et al Javier *Books* 2007 537 p  
 This book, which includes contributions from nationally known experts who are directly involved in adoption-related research and practice, addresses the many dimensions of adoption-related issues -- transracial adoption, foster care, single parents, special needs, training and education issues, assessment and treatment issues, and much more -- which can and do affect adoption triad members.

## Professionals - Materials for

- Material Title: **Handbook of Attachment: Theory, Research, and Clinical Applications**  
 Author: Shaver, Phillip R. Cassidy, Jude *Books* 1999 882 pages  
 This compilation of 37 essays by various experts is divided into six parts, "Overview of Attachment Theory," "Biological Perspectives," "Attachment in infancy and Childhood," "Attachment in Adolescence and Adulthood," "Clinical Applications of Attachment Theory and Research," and "Emerging Topics and Perspectives." It is
- Material Title: **Handbook of Infant Mental Health, Second Edition.**  
 Author: Charles Zeanah, Jr. *Books* 2000 558 pp  
 This revised and expanded edition consists of 36 articles from a host of authors presented in six sections. Grounded in a relational perspective, it offers analysis of the developmental, clinical, and social aspects of mental health from birth to age three, reviewing a range of assessment techniques and providing detailed descriptions of specific disorders and clinical problems.
- Material Title: **Healing Power of Play, The: Working with Abused Children**  
 Author: Eliana Gil *Books* 1991 196 pages  
 This book, for professionals working with abused children, examines Play Therapy and abused children from the perspective of Gil's work with five specific cases. She offers the backgrounds of these cases and describes her work with the children in each example.
- Material Title: **Helping Children Cope with Separation and Loss**  
 Author: Claudia Jewett Jarratt *Books* 1982 226 pp  
 This step-by-step guide for any concerned adult offers warm advice, specific techniques and innovative ideas for helping children overcome the sadness, anger and anxiety resulting from divorce, death, absence, adoption, foster care, and sibling loss.
- Material Title: **Identifying and responding to Trauma in Ages Six to Adolescence (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes  
 Part 5 in the Understanding Childhood Trauma series, this tape examines ways that trauma manifests itself in older children, whose verbal skills are stronger and who may exhibit gender differences in the way they respond to their trauma.. Much of it focuses on how these kids respond to typical school settings and why some teaching techniques might not work with this population.
- Material Title: **Identifying and Responding to Trauma in Children Up to 5 Years of Age (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes  
 Part 4 in the Understanding Childhood Trauma series, this tape examines the unique challenges created by the limited verbal skills of children under 6 years old. Trust building, non-verbal interactions, and the value of close observation and knowledge of the child's history are addressed.
- Material Title: **Impact of Transracial Adoptions on the Adopted Child and Adoptive Family, The (VHS)**  
 Author: Joseph Crumbley *Videotapes* 54 min  
 (from catalog): "This video identifies how transracial adoption impacts the child's feelings about her/himself, the birth family and community of origin; the child's interaction with the adopted family and adopted community; the nuclear and extended family's reaction to the adopted child; and how the family can manage the impact of a transracial adoption."  
 There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially,"
- Material Title: **Medications, Behavioral Management and Child Welfare**  
 Author: J.P. Bourguignon *Books* 1990 71 pp  
 This book describes indications and contra-indications for medications prescribed to treat behavioral problems in "systems children."
- Material Title: **Mental Health Challenge of Special Needs Adoption, The**  
 Author: Spaulding for Children *Books* 1987 111 pp  
 This 1987 collection of studies related to post adoption mental health services is intended to aid therapists, counselors, psychiatrists, psychologists and social workers in understanding the differences in children who

## Professionals - Materials for

- Material Title: **Model Post Adoption Service Programs (2 CD's)**  
 Author: NACAC Conference 2006 CD *CD* 2006 3 hours
- Panelists representing four states with effective post-adoption programs discuss the services they offer families. Each program model will be discussed, including successes, challenges and lessons learned. The presenters will also explore adoptive families' needs and which services have the most value for families.
- Material Title: **Motivating the Uncooperative Student: A Guidebook for School Counselors**  
 Author: John Taylor *Books* 1990 44 pp
- This booklet is designed to help school counselors, teachers, administrators and mental health professionals to identify and remediate the resistive student. Strategies are included for those students with physical conditions that slow learning (such as ADD), attitudinal problems, rebellious natures, etc.
- Material Title: **Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive**  
 Author: Daniel and Mary Hartzell Siegel *Books* 2003 250 pages
- This book provides insights into how we remember, perceive reality, feel, communicate, attach to others, and make sense of our lives. The authors lay a scientific groundwork, but the book is written on a more "human" level. It is not adoption or pathology focused but more development focused.
- Material Title: **Parenting Tasks in Transracial Adoptions (VHS)**  
 Author: Joseph Crumbley *Videotapes* 20 min
- (from catalog): "This video presents a psychosocial rationale explaining the parenting tasks with minority children; parental tasks, resources and capabilities; and information and networks parents must access and provide their adopted child."
- There are three other videos in this series: "Assessing a Family's Ability to Adopt Transracially," "The Impact of
- Material Title: **Play in Family Therapy**  
 Author: Eliana Gil *Books* 1994 209 pages
- Part one of this book for therapists is entitled "The History of and Rationale for Family Play Therapy." Part Two is entitled, "The application of Play Therapy Techniques and Clinical Examples," and it includes chapters on puppet interviews, family art therapy, story-telling techniques, and additional play techniques.
- Material Title: **Positive Prescriptions for Negative Parenting: The Counselors Guide to Assisting Troubled Parents and Children**  
 Author: John Taylor *Books* 1995 (revised) 47 pp
- This booklet is designed as a quick reference manual for school counselors, educators, school administrators, and mental health professionals. It features step-by-step guidelines for identifying and counterering twelve common destructive parenting styles.
- Material Title: **Post Adoption Family Therapy: A Practice Manual**  
 Author: Cheryl Prew *Books* 1990 40 pp
- This resource book provides current information about the unique challenges adoptive families face, describes the Protective Bonding Cycle and its role in the attachment process, and presents a treatment model utilizing six innovative solution-focused intervention techniques that work with adoptive families.
- Material Title: **Promoting Successful Adoptions: Practice With Troubled Families**  
 Author: Susan L., Jeanne A. Smith, Howard *Books* 1999 254 pp
- This book, written for social workers and other professionals, focuses on adoptive families after finalization. The authors incorporate the findings of their own unique research project on troubled adoptive families with other empirical research, theory, and practice knowledge. Using case examples, detailed case histories, and various practice strategies, the authors offer a clear and well-documented overview of the topic.
- Material Title: **Psychological Assessment of Sexually Abused Children and Their Families**  
 Author: William N. Friedrich *Books* 2002 279 pages
- This book for professionals examines purposes of psychological evaluation and sets forth a theoretical framework for assessment of children believed to have been sexually abused and their families. Nineteen appendixes (41 pages) follow the text.

## Professionals - Materials for

- Material Title: **Psychological Trauma**  
 Author: Bessel A. van der Kolk *Books* 1987 232 pages  
 The chapters in this book for professionals, written by van der Kolk and usually one or more of seven distinguished additional contributors, each deal with a specific aspect of the psychological and/or physiological effects of trauma. Each chapter, though written for its context within this book, also stands alone as an essay
- Material Title: **Psychology of Adoption, The**  
 Author: David M. Brodzinsky *Books* 1990 347 pp  
 This highly technical book explores theoretical perspectives on adoption adjustment, research and clinical issues, as well as social policy and casework issues in adoption. It brings together the work of researchers and practitioners in the fields of psychiatry, developmental and clinical psychology, and social work in the field of
- Material Title: **Raising Children Who Refuse To Be Raised**  
 Author: Dave Ziegler *Books* 2000 310 pp  
 Dr. Ziegler, the founder and Executive Director of SCAR/Jasper Mountain, a treatment program for some of our society's most damaged children, has also been a foster parent to hundreds of challenging children. He provides a mix of wisdom that comes from working in this field for 30 years, humor, and practical tools for families and their therapists/coaches. The safe emotional environment he describes combines optimal
- Material Title: **Relatives Raising Children: An Overview of Kinship Care**  
 Author: Joseph Crumbley *Books* 1997 111 pp  
 This book provides professionals and organizations the information they need to develop and provide services for kinship caregivers, kinship families, children and parents. Topics discussed are common clinical issues, intervention strategies, legal implications, and policy and program recommendations.
- Material Title: **Rhythms of Learning: Creative Tools for Developing Lifelong Skills**  
 Author: Chris Brewer *Books* 1991 317 pp  
 This book details the importance of rhythm and music for self-development and education. Aimed at the teacher or practitioner, it explores scientific discoveries and describes new and old music therapy techniques.
- Material Title: **Scientific Basis of Child Custody Decisions, The**  
 Author: Robert Galatzer-Levy *Books* 1999 443 pp  
 This book was written to help lawyers, judges, custody evaluators, social workers, psychologists, policymakers and parents understand the tangle of information and concepts involved in child custody decisions. A seven page chapter by Susan Fisher highlights how to deal sensitively with issues of loss, separation and
- Material Title: **Sexualized Children: Assessment and Treatment of Sexualized Children and Children Who**  
 Author: Johnson, Toni Cavanagh Gil, Eliana *Books* 1993 325 pages  
 In this book for professionals, the authors discuss etiologic theories, a continuum of sexual behaviors, clinical evaluation, and individual, group, and family therapies among other concepts.
- Material Title: **Siblings in Late Permanent Placements**  
 Author: Alan Rushton *Books* 2001 164 pp  
 This publication from British Agencies for Adoption and Fostering (BAAF), intended for practitioners and researchers in the fields of both social work and children's mental health care, looks at issues surrounding permanent placement of children who have siblings. The research study follows a sample of 133 children placed with 72 new families in middle childhood in the UK and explores the patterns of separation and reunion
- Material Title: **Significant Event Childhood Trauma (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes  
 Part 2 in the Understanding Childhood Trauma series, this tape examines the trauma caused by a single significant event such as the death of a parent or sibling or a divorce or natural disaster. The video discusses typical effects of trauma and effective interventions.

## Professionals - Materials for

- Material Title: **Special Needs of Minority Children Adopted Transracially, The (VHS)**  
 Author: Joseph Crumbley *Videotapes* 52 min  
 (from catalog): "This video discusses the minority child's need for cultural and positive racial identity; surrogate role models, cultural and community interaction, skills and explanations to cope with prejudice and discrimination; and parent(s) with specific skills to address the minority child's needs."
- There are three other videos in this series: "The Impact of Transracial Adoption on the Adopted Child and Adoptive Family," "Parenting Tasks in Transracial Adoption," and "Assessing a Family's Ability to Adopt"
- Material Title: **Students Like Me: Teaching Children with Fetal Alcohol Syndrome (VHS)**  
 Author: *Videotapes* 2000 39 min  
 This video gives elementary and special education teachers a clear understanding of what Fetal Alcohol Syndrome is, how it affects children's learning and behavior, and what can be done to modify classroom environments and teaching methods to allow children with FAS to learn.
- Material Title: **Talking With Young Children About Adoption**  
 Author: Mary Watkins *Books* 1993 241 pp  
 This book, for parents of children ages two to ten, discusses what to say to adopted children and when to say it. It also explores how kids respond to the concept of adoption, how they incorporate it into their make-believe play, and what worries they have.
- Material Title: **Taming the Tornado In Your Classroom and at Home: A Positive Approach to Management & Discipline for Educators & Parents**  
 Author: Allan Lifson *Books* 1980 214 pp  
 This book offers parents and teachers ideas for working with hyperactive children. A lot has been learned about hyperactivity in the last two decades, so this shouldn't be used as an introduction to ADHD or related disabilities, but there are practical tips and strategies here that many parents and teachers might find useful in their day-to-day interactions with the "tornadoes" in their lives.
- Material Title: **Teaching With Love & Logic: Taking Control of the Classroom**  
 Author: Jim & David Fay & Funk *Books* 1995 364 pages  
 The "Love and Logic" techniques that Jim Fay and Foster Cline developed for parents is adapted for use by
- Material Title: **Tender Healing (VHS)**  
 Author: Spaulding for Children *Videotapes* 1997 45 minutes  
 This video, from Spaulding for Children, features three segments designed to help parents and professionals better understand issues related to effective discipline and helping children make transitions and form
- Material Title: **Theraplay: Innovations in Attachment Enhancing Play Therapy**  
 Author: Evangeline Munn *Books* 2000  
 This structured compilation of essays is aimed at play therapists and other professionals who work with children and families. Theraplay is a form of structured play therapy designed to strengthen the attachment between parents and their child. It is applicable to children of all ages, with a wide range of emotional, social and behavioral problems. It is short term and cost effective. Theraplay techniques are clearly and creatively
- Material Title: **Toolbox No. 3: Facilitating Permanency for Youth**  
 Author: Gerald P. Mallon *Books* 2005 81 pages  
 This book from Child Welfare League of America offers a permanency assessment approach that identifies the youth's current relationships and attitudes toward permanency, provides guidelines that promote permanency, and includes an array of practices, including family group decision making, circles of support, digital portraiture, person-centered planning, lifebooks, mentoring programs, permanency retreats, youth
- Material Title: **Transracial Adoption and Foster Care: Practical Issues for Professionals**  
 Author: Joseph Crumbley *Books* 1999 114 pages  
 The purpose of this book is to show professionals how to help children and families make transracial adoptions and foster placements work. It describes specific ways that practitioners can work with transracial families to ensure that children develop positive racial and cultural identities. Cultural competence, recruitment of minority adoptive parents, and myths of transracial adoption are also addressed.

## Professionals - Materials for

- Material Title: **Trauma and Healing (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes
- Part 7 in the Understanding Childhood Trauma series, this tape examines some adult problems such as addiction, domestic violence, PTSD, abuse and neglect of children, or a general unhappiness that can come from unhealed childhood trauma. The personal stories of three adults who have dealt with one or more of
- Material Title: **Traumatic Experience and the Brain**  
 Author: Dave Ziegler *Books* 2002 164 pp
- From the author of Raising Children Who Refuse to be Raised, this book describes the human brain, its structure and function. It describes the role of the brain in adaptation and how trauma affects perception of self, of others, and of events. Ziegler provides case examples and offers treatment suggestions. Though slanted toward professionals, it is written in a way that parents might also gain insight into their traumatized
- Material Title: **Treating Abused Adolescents**  
 Author: Eliana Gil *Books* 1996 206 pp
- This book offers practical, step-by-step guidance for mental health professionals, demonstrating how they can communicate and work more effectively with adolescents who have suffered from abuse.
- Material Title: **Treating Attachment Disorders: From Theory to Therapy**  
 Author: Karl Heinz Brisch *Books* 2002 255 pages
- This book for therapists begins with basic theories and research on attachment, then demonstrates how attachment-oriented interventions can effectively be used to treat a wide range of clinical issues. Extended case examples involving clients of a wide range in age and circumstance form its core and illustrate Brisch's unusually flexible approach to intake, treatment and termination.
- Material Title: **Treating Children with Sexually Abusive Behavior Problems**  
 Author: Jan Burton *Books* 1998 254 pp
- This book provides "Guidelines For Practice" in the first part, which describes different approaches and treatments. The second part offers activities in each of the areas of Accountability, Empathy, Coping with Trauma, Relationship Skills, Sexuality, and the power of the Treatment Plan. The book links together individual, group and family treatment into one integrated, comprehensive program that treats both the
- Material Title: **Treating Explosive Kids: The Collaborative Problem-Solving Approach**  
 Author: Ross W. and J. Stuart Ablon Greene *Books* 2005 246 pp
- This book for clinicians, based on the approach popularized in Ross Greene's "The Explosive Child" provides a framework for effective, individualized intervention with highly oppositional children and their families. Sections show how to identify specific cognitive factors that contribute to explosive and noncompliant behavior, remediate these factors, and teach children and their adult caregivers how to solve problems collaboratively.
- Material Title: **Treating Sexually Abused Children in Adoptive Families**  
 Author: Helen L. Swan *Books* 1993 71 pp
- This book presents the "Adoption/Sexual Abuse Treatment Model" (ASAT), an approach designed to integrate sexual abuse treatment and adoption theory into a systemic framework. The treatment progresses through four phases beginning before placement, and at each phase, the roles and tasks of each team member (parents, therapist, case worker, etc.) are spelled out. Although therapists are the intended audience, adoptive parents and adoption workers will also benefit from the insights and structure laid out in this book.
- Material Title: **Treating the Aftermath of Sexual Abuse: A Handbook for Working with Children in Care**  
 Author: Child Welfare League Osmond *Books* 1998 144 pp
- This handbook is intended to guide caregivers and other professionals as they learn to understand the child's story in the signs and signals that he or she gives them through behavior. As caregivers become careful, thoughtful listeners, they will be able to use day-to-day events in helping the child tell his or her story, understand how abuse has shaped the child's life, and find the path to healing.
- Material Title: **Treating Traumatized Children: New Insights and Creative Interventions**  
 Author: Beverly James *Books* 1989 223 pp
- This book offers innovative, insightful, and compassionate approaches to helping children work through their traumatic experiences regardless of the nature of the event.

## Professionals - Materials for

- Material Title: **Treating Troubled Children and Their Families**  
 Author: Ellen Wachtel *Books* 1994 282 pp  
 Drawing on clinical insights from family systems thinking, psychodynamic play therapy, and cognitive-behavioral perspectives, this work presents an innovative approach to therapeutic work with young children and their families. This book is aimed at clinical and family therapists.
- Material Title: **Twenty Things Adopted Kids Wish Their Adoptive Parents Knew**  
 Author: Sherrie Eldridge *Books* 1999 211 pp  
 This book, written by a woman who was adopted, herself, gives voice to children's unspoken concerns and shows adoptive parents how to free their kids from feelings of fear, abandonment and shame. Eldridge reveals twenty complex emotional issues you must understand to nurture the child you love.
- Material Title: **Understanding Childhood Trauma Video Series (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 7 29 min tapes  
 This seven-video series (please order individually by the following titles), "What Is Childhood Trauma," "Significant Event Childhood Trauma," "The Brain: Effects of Childhood Trauma," "Identifying and responding to Trauma in ages 0 to 5 Years Old," "Identifying and responding to Trauma in Ages 6 to Adolescence," "Domestic Violence and Childhood Trauma," and "Trauma and Healing" examines trauma as the individual titles suggest. Each tape is 29 minutes long and features Dr. Bruce Perry. There is an additional tape, "A Parent's Guide to Identifying and Responding to Childhood Trauma," that is intended for parents and is about
- Material Title: **Understanding Race, Ethnicity, and Power: The Key to Efficacy in Clinical Practice**  
 Author: Elaine Pinderhughes *Books* 1989 241 pp  
 This book explores the pervasive influence of race, ethnicity and power on the practitioner's own identity and in interactions with others--peers, subordinates and superiors, as well as clients. The author emphasizes the role of power in the dynamics of cross-cultural communication.
- Material Title: **What Children Can Tell Us: Eliciting, Interpreting, and Evaluating Critical Information from Children**  
 Author: James Garbarino *Books* 1992 315 pp  
 This book is a guide to help professionals in diverse fields—including law, social work, pediatrics, education and psychology—better understand, interview and assess children in order to make well-informed decisions regarding their welfare and treatment.
- Material Title: **What is Childhood Trauma? (VHS)**  
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes  
 Part 1 in the Understanding Childhood Trauma series, this tape presents an overview of the effects of childhood trauma on the individual and on society. Particular emphasis is given to the criteria that define Post-Traumatic Stress Disorder including hyper-vigilance, hyper-reactivity, and dissociation.
- Material Title: **When Love is Not Enough: How Mental Health Professionals Can Help Special Needs Adoptive Families**  
 Author: Marian Sandmaier *Books* 1988 60 pp  
 This book focuses on helping professionals work with families to prepare for adoption and to maximize adjustment after adoption, primarily of special-needs children. The complex emotional needs of the entire family must be understood and worked through, often with the help of mental health professionals, to achieve successful integration of the adoptee with all members involved in the dynamics of the family system.
- Material Title: **Working With Traumatized Children: A Handbook for Healing**  
 Author: Kathy Brohl *Books* 1996 96 pp  
 This simply written and practical handbook examines the mind-body connection between a terrifying experience and a child's adaptive coping mechanisms. It provides the practical knowledge to better help and guide a child suffering from Post Traumatic Stress Disorder (PTSD) and details the trauma recovery process,
- Material Title: **Wrongful Adoption: Law, Policy, and Practice**  
 Author: Madelyn Freundlich *Books* 1998 77 pp  
 In response to cases where adoptive parents fail to receive accurate or complete information about a child's physical, emotional, or developmental problems, or about the child's birth family and history, these authors examine adoption practice (in relation to disclosure of children's health and other background information), cases that have shaped the legalistic definition of wrongful adoption, significant policy and practice issues, and