

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Pre-adopt

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Material Title: **Adopting a Toddler: What Size Shoes Does She Wear?**  
Author: Denise Harris Hoppenhauer *Books* 2002 192 pages

This book dubs itself "A Comprehensive Guide to Toddler Adoption," and that's a pretty accurate description. Intended for those planning to adopt, it covers different types of adoption (domestic, international, . . .) and offers ideas for every part of the process, including chapters on naming your child, baby showers, wardrobe, child safety, mealtime, bath time, toilet training, and much more. Though much of this book focuses on pre-adoption, there is also post-adoption information.

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Material Title: **Best of Adopted Child: For Waiting or New Adoptive Parents**  
Author: Lois Melina *Journals/Newsletters* 1982 to 1993

This collection of articles from 1982 to 1993 includes pieces on rituals to enhance the sense of family, bonding and attachment, and paradoxes and problems around disclosing your child's adoption.

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Material Title: **Supporting An Adoption**  
Author: Pat Holmes *Books* 1982 21 pages

Written for friends and relatives, this booklet explains how they can be sensitive and helpful to the prospective or current adoptive family.

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Material Title: **When Love is Not Enough: How Mental Health Professionals Can Help Special Needs Adoptive Families**  
Author: Marian Sandmaier *Books* 1988 60 pages

This book focuses on helping professionals work with families to prepare for adoption and to maximize adjustment after adoption, primarily of special-needs children. The complex emotional needs of the entire family must be understood and worked through, often with the help of mental health professionals, to achieve successful integration of the adoptee with all members involved in the dynamics of the family system.

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Material Title: **With Eyes Wide Open: A Workbook for Parents Adopting International Children Over Age One**  
Author: Margi Miller *Books* 1996 155 pages

Although this series of intellectual and emotional exercises in workbook format is intended for those about to adopt internationally, much of the book is relevant to the adoption of any child over the age of one, especially a transracial adoption. It addresses acting out, adjustment issues, testing, culture shock, separating from caretakers, bonding to a rejected child, and consequences of early childhood rejection.