

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Grandparents/Relatives

Material Title: **Assessing Kinship Families (Audiotape)**

Author: Joseph Crumbley *Audiotapes* 1998

With humor and insight, Dr Crumbley discusses a range of issues faced by families who adopt or foster-parent relatives.

Material Title: **Caregiver Helpbook, The: Powerful Tools for Caregivers**

Author: Health System Legacy *Books* 2006 230 pages

This book is designed to provide caregivers with tools to increase self care and give them confidence in handling difficult situations, emotions and decisions. Topics include tools designed to help caregivers reduce personal stress, communicate feelings and needs, use community services, deal with emotions such as anger, guilt and depression; and make tough caregiving decisions. A Spanish Language edition is also available.

Material Title: **Challenge of Adopting a Relative, The (VHS)**

Author: Ed-Net Series *Videotapes* May 2000 90 minutes

An ORPARC Ed-Net Training: A panel of adoptive grandparents and adoption professionals explore the changing relationships of kinship adoptions, divided loyalties, handling visits, keeping children safe, re-adjusting your dreams, finding the supports you need, and managing stress.

Material Title: **Empowering Grandparents Raising Grandchildren: A Training Manual for Group Leaders**

Author: Carole Cox *Books* 2000 120 pages

A 14-session workshop designed to help grandparents who are raising their grandchildren alone. Professionals who use the manual can revise and expand upon the themes presented here to fit the needs of their particular work groups. Includes useful tips on communicating effectively with kids on drugs, sex, and sexually transmitted diseases, dealing with loss and abandonment, developing and maintaining self-esteem, dealing with their special behavior problems, as well as appropriate ways of instilling and maintaining rules in the home.

Material Title: **Grandparenting with Love and Logic**

Author: Jim, Foster Fay, Cline *Books* 1994 266 pages

Many of today's grandparents are involved in careers and enjoy active, healthy lifestyles, yet many also face new challenges and concerns. Grandparents themselves, Fay and Cline offer sensible, easy-to-use techniques to help today's grandparents deal with such issues as filling the role of "Mom" and "Dad" for grandchildren; providing day care for grandchildren; acting as a stabilizing force during times of divorce or family upheaval; furnishing temporary living arrangements for an adult child and grandchildren; and blending step grandchildren with biological grandchildren.

Material Title: **Grandparents as Parents**

Author: Sylvie de Toledo *Books* 1995 275 pages

This is a sensitive, practical guide to legal and social services available to you and your new family, and to ways of coping with your new roll and changing family dynamics.

Material Title: **Grandparents Raising Grandchildren (VHS)**

Author: Fanlight Productions *Videotapes* 22 minutes

From Fanlight Productions: This video, which tells the stories of three grandparents who have taken on sole responsibility for raising their children's children, exposes some of the difficulties surrounding this growing phenomenon. Mostly older single women, grandparents are often ineligible for the financial supports available to foster families, yet they may face issues that are enormously complex emotionally as well as financially.

Material Title: **Kinship Care: Relative Caregivers Speak Out (DVD)**

Author: DVD *DVDs* 2004 24 minutes

A panel of relative caregivers discuss the emotional and transitional issues they and the children experienced as a kinship family; how they establish relationships and authority with the children in their care; approaches they use in helping the children adjust to kinship care and separation from their parents; how they keep the birth parents involved; and the impact incarceration, substance abuse, and the parent's absence has had.

Grandparents/Relatives

Material Title: **Kinship Care: Teens and Young Adults Speak Out (VHS)**
Author: Joseph Crumbley *Videotapes* 2004 24 minutes

A panel of young people discuss how they felt about living with relatives, and not with their parents; the challenges of accepting their relatives in a parental role; how their parents' incarceration, substance abuse and absence effected them; what explanations were given to them, and how they reacted; what interactions and supports from their birth parents and relatives helped them to adjust; and the challenges to re-uniting with their birth parents and separating from their relatives.

Material Title: **Oregon's Legal Guide for Grandparents and Other Relatives Raising Children – 2008**
Author: *Non-Return Items* 2008 77 pages

The first half of this booklet helps caregivers understand their legal rights in a number of situations. The second half offers practical suggestions for dealing with such things as school registration, medical insurance, financial assistance (food stamps, SSI, respite care, etc.), housing considerations, violence in the family, etc., and a list of resources.

Material Title: **Our Gracie Aunt* (see comment about Children's Materials on Index page)**
Author: Jacqueline Woodson *Children's Books* 2002 30 pages

Intended for kids age 5-9, this book, with expressive watercolor illustrations by Jon J Muth, tells the story of Johnson and his older sister Beebee, children whose mother has left many times before, but never for this many days. A Social worker comes and takes them to stay with their Aunt Gracie whom the children hardly know.

Material Title: **Questions to ask yourself: A book for Kids like you who live with their Grandparents*(see comment about Children's Materials on Index page)**
Author: Collaboration *Information Packets* 05-2005 18 pages

ORPARC has this booklet as a PDF printable file. It was created with the assistance of:

- Aging and Disability Services of Multnomah County
 - Lifespan Respite Care Network of Multnomah County
 - Oregon Post Adoption Resource Center
 - The Princess Royal Trust for Carers
 - Nickey
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Material Title: **Raise the Blue: The Practical and Humorous Guide to Foster and Kinship Care**
Author: Marcia Sindone *Books* 2004 397 pages

This book, by an experienced therapeutic foster parent, has chapters on discipline; fostering children age 0-6; fostering age 7-12; fostering teenagers; sexual abuse; protection plans and crisis plans; and more. Though its focus is foster care, it has much to offer adoptive families.

Material Title: **Raising Our Children's Children**
Author: Deborah Doucette-Dudman *Books* 1996 226 pages

This is a book for grandparents about families who have weathered the severest storms and emerged, perhaps not unscathed, but certainly unbowed and ready to help others.

Material Title: **Relatives Raising Children: An Overview of Kinship Care**
Author: Joseph Crumbley *Books* 1997 111 pages

This book provides professionals and organizations the information they need to develop and provide services for kinship caregivers, kinship families, children and parents. Topics discussed are common clinical issues, intervention strategies, legal implications, and policy and program recommendations.

Material Title: **Relatives Raising Children: A Guide to Finding Help and Hope**
Author: Marianne Takas *Books* *Third Edition 200!* 166 pages

This book is based on what long-term relative caregivers (and family services professionals who work with them) have learned about raising relative children. It is designed to provide useful information, strategies, and ideas, and to help link you with others who can help. Marianne Takas, has worked on behalf of children as an attorney, a youth worker, a parent, and a foster parent.

Material Title: **Second Time Around: Help for Grandparents Who Raise Their Children's Kids**
Author: Joan Callander *Books* 1999 160 pages

This hands-on, how-to book of solid parenting skills is a pleasurable blending of practical information, true stories, and letters to Zach, letters that are honest, loving, funny, and touching. It tells a story the Milwaukie, Oregon-resident author has lived, based on her daughter and grandson and her search for healing for her family.

Grandparents/Relatives

Material Title: **Sticking Together: Kinship Care & Financial Care**

Author: NEFE & CWLA

Non-Return Items

2003

60 pages

This handbook from the National Endowment for Financial Education and Child Welfare League of America, focusing primarily on grandparents raising grandchildren, examines legal, emotional, social, financial and medical considerations. It covers such basic needs as food, clothing, shelter, education, child care, transportation and medical and dental care. It is a non-return item that you may keep for continued reference.

Material Title: **To Grandma's House We ... Stay**

Author: Sally Houtman

Books

1999

185 pages

This book is a road map to guide grandparents through the uncharted territories of parenting a second generation of children. It offers practical solutions to real-life problems that families face when traditional roles and relationships are redefined. Houtman takes grandparents by the hand and leads them; through the obstacle course of emotions, conflicts and social considerations that many would otherwise face alone.