

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

FASD/Drug Affected

Material Title: **Adoption and Prenatal Alcohol and Drug Exposure: Research, Policy, and Practice**
 Author: Richard P. Barth *Books* 2000 281 pp

This book contains ten extensive essays from a number of experts in the field. It is organized into three major sections: Research on prenatal alcohol and drug exposure and its implications for adoption; programmatic approaches and practice considerations related to serving substance-exposed children and their adoptive families; and policy issues that bear on adoption planning and services for this vulnerable group of children. It is designed as a resource for practitioners, policymakers, researchers, and others with an interest

Material Title: **Assessing, Treating and Living with FAS/ARND (VHS)**
 Author: Ed-Net Series *Videotapes* 1996 2 hrs

This panel format presents three very knowledgeable individuals—a nationally recognized physician, a social work expert in the field, and an adoptive mother of four alcohol affected children – with special skills in accessing educational resources. (Note: Since taping there was a 1997 change in the Federal statute, Individuals with Disabilities Education Act--IDEA) The physiological issue is the organic brain damage of these children. The frustrating behaviors result from their brains working differently. Their environment must be

Material Title: **Best of Adopted Child: For Parents Adopting Children Affected by Substance or Sexual Abuse**
 Author: Lois Melina *Journals/Newsletter* 1982 to 1997

This collection of articles from 1982 to 1997 includes pieces on how cocaine and alcohol affect the unborn, hereditary vs. environmental influences on alcoholism, hyperactivity, and the effects and symptoms of sexual

Material Title: **Best of F.A.S. Times, The**
 Author: *Journals/Newsletter* 1999 146 pp

This book is a compilation of FAS Times articles over the past 10 years. It is divided into 10 chapters relating to FAS/E. Each chapter is composed of articles pertaining to a particular subject such as History of FAS/E, Identification and Diagnosis of FAS/E, Nurture in the Family, Education and the Student with FAS/E, and Safety

Material Title: **Bruised Before Birth: Parenting Children Exposed to Parental Substance Abuse**
 Author: Amy Bullock *Books* 1994 115 pp

If you are parenting a drug/alcohol-exposed child, this book will help you to be your child's best advocate. Parents will find a wealth of information, from the technical (how various substances affect the unborn) to the practical (how to cope and answer children's tough questions). Besides being better informed after reading this, parents will come away with a sense of hope about how they can best help children reach their highest

Material Title: **Challenge of Fetal Alcohol Syndrome, The**
 Author: Ann Streissguth *Books* 1997 250 pp

A summary of recent findings and recommendations is presented by the team who conducted the largest study ever done on people of all ages with Fetal Alcohol Syndrome and Fetal Alcohol Effects. Twenty-two experts from the fields of human services, education, and criminal justice respond by describing their solutions to this problem of a birth defect that targets the brain and has lifelong consequences. This book acknowledges the diverse and multifaceted needs of people with FAS/FAE across the lifespan.

Material Title: **Children with Prenatal Alcohol and/or Other Drug Exposure: Weighing the Risks of Adoption**
 Author: Susan Edelstein *Books* 1995 105 pp

The decision to adopt should be made with thought and care; the decision to adopt a child with prenatal drug exposure involves added challenges. Designed primarily for professionals, this book offers practical suggestions for preparing and working with families considering adoption of a child prenatally exposed.

Material Title: **Eden's Secret Journal: The Story of an Older Child Adoption**
 Author: Brenda McCreight *Children's Books* 2003 59 pages

This fictional journal's title character is a 13-year-old, adopted at age 10, who is writing the journal because her therapist told her to. She talks about her years in foster care, her substance abusing birth parents, and her adoptive parents. Her life is far from perfect, but it is getting better and we learn how she feels about things in her world. Author, Brenda McCreight is a Child & family therapist with more than 20 years experience.

FASD/Drug Affected

Material Title: **F.A.S. Times**

Author: *Journals/Newsletter*

This quarterly newsletter funded by Washington State Department of Social and Health Services, Division of Alcohol and Substance Abuse features articles by its staff and articles reprinted by permission of other publications, national and international.

Material Title: **F.A.S. Times 2005 Fall**

Author: Jocie De Vries *Journals/Newsletter* *Fall 2005* *12 pages*

Sent to a family 12/08/05.

Material Title: **F.A.S.: The Early Years (VHS)**

Author: Altschul Group *Videotapes* *1997* *20 min*

Early intervention is the key to helping children with F.A.S. or F.A.E. reach their full potential. Diagnosis and the parent's acceptance of the diagnosis can result in major changes in parent-child interactions. The child is not just being contrary. The parent is not a failure. Viewers learn the importance of developing a routine with the child, communicating feelings, playing and preparing the child for school. Experts explain why children with F.A.S./F.A.E. behave in certain ways and offer advice on how to handle typical situations. (AVAILABLE in SPANISH - "Los Años Preescolares - Series del Síndrome del Alcoholismo Fetal")

Material Title: **F.A.S.: The School Years (VHS)**

Author: Altschul Group *Videotapes* *1997* *20 min*

This program concentrates on the importance of meeting the needs of children with F.A.S. at both the classroom and school district levels. It stresses that students with F.A.S. or F.A.E. are not necessarily mentally retarded but may process information differently. Practical ways of helping these children learn despite their differences are presented. Parents, teachers and other experts offer their views on the importance of getting to know the child's teachers and educating them about the child's needs. Useful for parents and teachers alike. (AVAILABLE in SPANISH - "Los Años Escolares - Series del Síndrome del

Material Title: **Fantastic Antone Grows Up**

Author: Judith Kleinfeld *Books* *2000* *361 pp*

In this sequel to *Fantastic Antone Succeeds*, young people with FAS/E and their caregivers report on their experiences coping with the problems of adolescence and young adulthood. The editors have concentrated on the wisdom of practice, as they candidly convey which techniques worked and which did not during the difficult

Material Title: **Fantastic Antone Succeeds: Experiences in Educating Children with Fetal Alcohol Syndrome**

Author: Judith Kleinfeld *Books* *1993* *322 pp*

Vignettes from parents, teachers and therapists about their experiences with alcohol affected children all point out how these children need to be taught differently and disciplined differently. It offers practical advice about what works and what does not, and it's hopeful, positive and readable and not highly technical.

Material Title: **Fetal Alcohol and Other Drug Effects (VHS)**

Author: Diane Malbin *Videotapes* *1999* *Four 1 hr tapes*

From Diane Malbin: In this four part series, Diane Malbin discusses many facets of the effects of prenatal exposure to drugs and alcohol and the resultant neurodevelopmental disorder. Using charts and numerous anecdotes, she covers in sequence, "Diagnostic Criteria: Effects of Prenatal Exposure"; "Common Learning and Behavioral Characteristics"; "Behaviors and Overlapping Diagnoses"; and "Barriers to Identification: Historical,

Material Title: **Fetal Alcohol Spectrum Disorder**

Author: ORPARC *Information Packets* *2003* *8 pp*

This 8-page, nuts-and-bolts introduction to fetal alcohol exposure and its effects on children and their families is for those who have little or no knowledge of the disorder and need a basic understanding. It can be a good introduction for teachers, out of home relatives, and others the child comes into regular contact with.

Material Title: **Fetal Alcohol Syndrome: A Guide for Families and Communities**

Author: Ann Streissguth *Books* *1997* *275 pp*

This is a comprehensive look at FAS including a section on the science of FAS, a section on preparing people with FAS for life in the community, a chapter on diagnosis, and a chapter on guidelines for schools.

FASD/Drug Affected

Material Title: **Iceberg**

Author: *Journals/Newsletter*

This quarterly educational newsletter from Fetal Alcohol Syndrome Information Service (FASIS) bills itself as "for people concerned about fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE)...because the problems we see are only the tip of the iceberg."

Material Title: **Journey Through the Healing Circle**

Author: DSHS Division of Licensed Resources *Children's Books* 2000 4 vols

Four books, two videos, and four CD-ROMs: These materials are intended for children and young adults from birth to age 22 who live in homes impacted by fetal alcohol exposure and for their parents and caregivers. Each item can be examined by itself. The books are *The Little Fox* (ages birth to 5); *The Little Mask* (ages 6-11); *Sees No Danger & Wanders Afar* (ages 12-17); and *Travels in Circles* (ages 18-22). In each story, the challenges faced by children with FAS and alcohol related conditions are described and represented through animal characters at the respective stages of development. Through these characters we learn how drinking during pregnancy can cause FAS, how FAS is diagnosed, and the different types of health and developmental difficulties children and young adults may experience. The second section in each book provides practical information and advice for parents and caregivers. The videos, Series I and Series II, cover the same stories as the books and are told by Floyd Red Crow Westerman. Series I covers the first two books and Series II covers the second two books. The CD ROMs are the same as the videos but there is a separate one for each book title. Both videos and CD ROMs come with a discussion guide. Please order these titles separately. See

Material Title: **Journey Through The Healing Circle: Video Series I (VHS)**

Author: Division of Social and Health Services *Videotapes* 2000

For young people ages birth to 11: Please see series description, "Journey Through the Healing Circle." This video portrays the stories told in the first two books, "The Little Fox" and "The Little Mask" (see individually under those titles). It comes with a Discussion Guide and Video Overview.

Material Title: **Journey Through The Healing Circle: Video Series II (VHS)**

Author: Division of Social and Health Services *Videotapes* 2000

For young people ages 12-22: Please see series description, "Journey Through the Healing Circle." This video portrays the stories told in the second two books, "Sees No Danger & Wanders Afar" and "Travels in Circles" (see individually under those titles above). It comes with a Discussion Guide and Video Overview.

Material Title: **Little Fox, The: Fetal Alcohol Syndrome**

Author: Division of Social and Health Services *Children's Books* 2000 42 pp

For children five years old and younger: Please see series description, "Journey Through the Healing Circle." This illustrated book for children five years old and younger, tells the story - in the style of Native American folklore - of *Stays in the Moment*, a young fox with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to children who have questions or concerns.

Material Title: **Little Fox, The: Fetal Alcohol Syndrome (CD-ROM)**

Author: Division of Social and Health Services *CD-ROMs* 2001

For children five years old and younger: Please see series description, "Journey Through the Healing Circle." This CD-ROM for children five years old and younger, provides a video-telling - in the style of Native American folklore - of the story of *Stays in the Moment*, a young fox with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have

Material Title: **Little Heroes FASD**

Author: Ira Chasnoff *Children's Books* 2003 32 pages

This booklet is about children who were born to mothers who used alcohol during pregnancy. Through story and pictures, it is meant to guide parents in talking with their children. In higher functioning children with FASD, these discussions can help them better understand their behavior and the way they feel about themselves. It can help brothers and sisters of a child with FASD be more tolerant of the behaviors that drive

Material Title: **Little Mask, The: Fetal Alcohol Syndrome**

Author: Division of Social and Health Services *Children's Books* 2000 81 pp

For children ages 6-11: Please see series description, "Journey Through the Healing Circle." This illustrated book for children ages 6-11, tells the story - in the style of Native American folklore - of *Little Mask* and *Best Day Ever*, two young raccoons with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to children who have questions or concerns.

FASD/Drug Affected

- Material Title: **Little Mask, The: Fetal Alcohol Syndrome (CD-ROM)**
Author: Division of Social and Health Services *CD-ROMs* 2001
For children ages 6-11: Please see series description, "Journey Through the Healing Circle." This CD-ROM for children ages 6-11, provides a video-telling - in the style of Native American folklore - of the story of Little Mask and Best Day Ever, two young raccoons with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have questions or concerns.
- Material Title: **Our FAScinating Journey: Keys to Brain Potential Along the Path of Prenatal Brain Injury**
Author: Jodee Kulp *Books* 2004 224 pages
This book combines scientific data, personal anecdotes, charts and graphs, quotes, lists, and illustrations to paint a personal picture of and a useful guide to dealing with Fetal Alcohol Spectrum Disorder. Kulp tells of raising her adopted daughter Liz ("The Best I can Be: Living with Fetal Alcohol Syndrome or Effects") and offers
- Material Title: **Parenting Children Affected by Fetal Alcohol Syndrome: A Guide for Daily Living**
Author: Sara Graefe *Books* 1998 54 pp
This manual from the Society of Special Needs Adoptive Parents in cooperation with the Adoption Council of Canada, provides definitions and facts, common manifestations, common misconceptions, parenting suggestions and guidelines to help parents of children affected by FAS and the professionals who work with
- Material Title: **Parenting Children Who Have Been Exposed To Methamphetamine**
Author: Claudia Hutchison *Information Packets* 2006 23 pages
This information packet begins with a brief overview of current knowledge regarding the abuse of methamphetamine: what it is, how it effects the user, and how addiction is treated. Part Two contains information about the known and suspected effects on the children of methamphetamine users. It includes both prenatal exposure effects and environmental exposure effects. Part Three offers suggestions for adoptive, guardianship, and foster parents who care for the children from meth abusing homes. Part Four contains reprints of several articles on the topic, written specifically for foster and adoptive parents. Appendix A is a list of recommended resources for more information, and Appendix B contains a list of sources used to
- Material Title: **Parenting the Medically Fragile/Drug Affected Infant (VHS)**
Author: *Videotapes* 3 hrs
This video contains significant information regarding the biological history and symptoms of alcohol/ drug affected infants, interventions that can be used with such medically fragile children, and the poignant story of one child impacted for life by the use of alcohol/ drugs during fetal development. The tape consists of an expert talking about these issues, and though the information is accurate and useful, some viewers may not
- Material Title: **Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment**
Author: Georgia De Gangi *Books* 2000 334 pp
This book, designed for mental health professionals and occupational therapists working with infants and children, describes in detail, specific treatment approaches for problems of mood regulation, sensory processing, attention, sleep, feeding, and play and social interactions. Comprehensive case presentations are included in each chapter to demonstrate this innovative and integrated treatment approach.
- Material Title: **Reaching Out To Children With FAS/FAE**
Author: Diane Davis *Books* 1994 198 pp
Written specifically for those who parent, teach or counsel children with fetal alcohol syndrome and fetal alcohol effects. It discusses causes, the diagnosis of FAS/FAE, and characteristics commonly seen in these kids. It also offers hands-on techniques for establishing guidelines at home and school.
- Material Title: **Sees No Danger & Wanders Afar: Fetal Alcohol Syndrome**
Author: Division of Social and Health Services *Children's Books* 2000 112 pp
For young people ages 12-17: Please see series description, "Journey Through the Healing Circle." This illustrated book for young people ages 12-17, tells the story - in the style of Native American folklore - of Sees No Danger and Wanders Afar, two young bears with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to young people who have questions or concerns.

FASD/Drug Affected

- Material Title: **Sees No Danger & Wanders Afar: Fetal Alcohol Syndrome (CD-ROM)**
 Author: Division of Social and Health Services *CD-ROMs* 2001
 For young people ages 12-17: Please see series description, "Journey Through the Healing Circle." This CD-ROM for young people ages 12-17, provides a video-telling - in the style of Native American folklore - of the story of Sees No Danger and Wanders Afar, two young bears with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have
- Material Title: **Storm Riders**
 Author: Craig Lesley *Books* 2000 339 pp
 This novel from the acclaimed Portland novelist follows the challenges and tragedies of Clark Woods, a foster parent who is raising a Native American son, Wade. From the outset it is clear that Wade, born with Fetal Alcohol Syndrome, is not only disabled but disturbed. It vividly portrays a father and a son struggling to come to terms with each other and endeavoring, above all, to come to terms with the truth.
- Material Title: **Students Like Me: Teaching Children with Fetal Alcohol Syndrome (VHS)**
 Author: *Videotapes* 2000 39 min
 This video gives elementary and special education teachers a clear understanding of what Fetal Alcohol Syndrome is, how it affects children's learning and behavior, and what can be done to modify classroom environments and teaching methods to allow children with FAS to learn.
- Material Title: **The Best I Can Be: Living with Fetal Alcohol Syndrome or Effects**
 Author: Liz Kulp *Books* 2000 84 pages
 Written by Liz, a teenager exposed prenatally to alcohol, and Liz's adoptive mom, Jodee, this book is packed with information, lists of resources, quotes from others, illustrations, and, most prominently, the story of the mother and her daughter who lived through trials, setbacks, and successes. There are journal entries in Liz's hand and several pages of useful appendixes at the end.
- Material Title: **Travels in Circles: Fetal Alcohol Syndrome**
 Author: Division of Social and Health Services *Children's Books* 2000 69 pp
 For young people ages 18-22: Please see series description, "Journey Through the Healing Circle." This illustrated book for young people ages 18-22, tells the story - in the style of Native American folklore - of Travels in Circles, a young adult puffin with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to young people who have questions or concerns.
- Material Title: **Travels in Circles: Fetal Alcohol Syndrome (CD-ROM)**
 Author: Division of Social and Health Services *CD-ROMs* 2001
 For young people ages 18-22: Please see series description, "Journey Through the Healing Circle." This CD-ROM for young people ages 18-22, provides a video-telling - in the style of Native American folklore - of the story of Travels in Circles, a young adult puffin with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have questions or
- Material Title: **Trying Differently Rather Than Harder**
 Author: Diane Malbin *Non-Return Items* 1999 70 pp
 This booklet is divided into five sections entitled, "What is Fetal Alcohol Syndrome?"; "Reframing Perceptions from 'Won't' to 'Can't'"; "Application" (which helps parents consider how to proceed in light of their "reframed perceptions"); "Examples of Behavioral Characteristics and Effective Adaptations"; and "Comments, Questions
- Material Title: **Understanding Behaviors of Alcohol/Drug Affected & Neurologically Impaired Children**
 Author: Diane Malbin *Audiotapes* June 3, 2000 5 hrs
 From ORPARC with Diane Malbin: Malbin explains why traditional parenting and teaching techniques often fail with children affected by prenatal exposure to drugs or alcohol. She shows parents how to understand and work differently with the behavioral symptoms often exhibited by these children and what strategies and techniques do work and why. Also explored are primary and secondary behaviors and diagnoses that can overlap FAS/E, such as ADHD, Reactive Attachment Disorder, learning disabilities, and Oppositional Defiant

FASD/Drug Affected

Material Title: **Understanding the Occurrence of Secondary Disabilities in Clients with Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effects (FAE)**

Author: University of Washington *Books* 1996 67 pp

From University of Washington School of Medicine Department of Psychiatry and Behavioral Sciences. This report offers, with graphs, charts, and verbiage, a statistical analysis of a variety of "secondary problems" experienced by clients with FAS/E. Areas analyzed include Mental Health Problems, Disrupted School Experience, Trouble with the Law, Inappropriate Sexual Behavior, Alcohol and Drug Problems, Problems with

Material Title: **Watch for the Rainbows: True Stories for Educators and other Caregivers of Children with Fetal Alcohol Spectrum Disorders**

Author: Frances M.E. Kapp *Books* 2001 94 pp

We now have the September 2002 revised first edition. This book is a compilation of true stories about children with FAS. The stories are clustered by subjects such as, The Joy of Creativity, Physical Feat Without Fear, Dealing with Stress, Extroverted Children, The Issue of "Lying," and Teaching Strategies.

Material Title: **Worth the Trip (VHS)**

Author: *Videotapes* 1999 49 min

This is a hopeful and practical outline of suggestions for helping children prenatally affected by alcohol. Intended for parents, teachers and any professional working with kids, it is supportive of caregivers and clearly cherishes the children in the process. The video comes with a booklet that offers tips and further advice on