

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Autism/Asperger's

Material Title: **1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders**
 Author: Ellen & Veronica Notbohm & Zysk *Books* 2004 207 pages

The 7 chapters in this book offer strategies and considerations regarding sensory integration, communication and language, behavior, daily living skills, social skills, teaching and education, and Special Education law. Not a book on theory, it offers page after page of practical, Martha Stewart style ideas that you or others working with your child can apply.

Material Title: **Activity Schedules for Children with Autism: Teaching Independent Behavior**
 Author: Lynn E. McClannahan *Books* 1999 106 pages

An activity schedule is a set of pictures or words that cues a child (or adolescent or adult) to engage in a sequence of activities. This book shows parents and professionals how to assess a child's readiness to use activity schedules; how to prepare activity schedules; how to use the schedules and monitor progress; etc.

Material Title: **Asperger Syndrome: Living Outside the Bell Curve (DVD)**
 Author: DVD *DVDs* 2008 18 minutes

This DVD looks at Asperger students in general and focuses on 12-year-old Andrew. Dr. Tina Iyama, M.D., U of Wisconsin Children's Hospital, explains causes, symptoms, and strategies for coping with Asperger Syndrome. Andrew shows that with appropriate supports it's possible to flourish outside the accepted social and educational bell curve.

Material Title: **Asperger's and Girls**
 Author: Tony and others Attwood *Books* 2006 150 pages

After Dr. Attwood's 4 and a half pages on Aspergers and girls, are essays from five women who are experts in the field and from three successful adult women diagnosed with Aspergers including Temple Grandin, Ph. D. They cover topics such as diagnoses, education, puberty, relationships, and careers; experts in the field share practical advice for both caregivers and the women and girls who are affected by Asperger's.

Material Title: **Asperger's Syndrome: A Guide for Parents and Professionals**
 Author: Tony Attwood *Books* 1998 185 pages

This book for individuals with Asperger's or high functioning autism and the people who work with them is divided into eight chapters, "Diagnosis," "Social Behaviour," "Language," "Interests and Routine," "Motor Clumsiness," "Cognition," "Sensory Sensitivity," and "Frequently Asked Questions." Chapters 2 through 7 each conclude with a "Brief Summary of Strategies." To work with people who have Asperger's, professionals and family members must understand their point of view. Attwood makes the essential imaginative leap into the Asperger's world and takes his readers there.

Material Title: **Autism Essentials DVD Training Program**
 Author: Monique Simpson *DVDs* 2005 8 DVDs

Every child with autism is unique. So no matter what therapy you choose for your child, you need a solid foundation of knowledge and understanding of their unique autistic features before deciding on the best course of treatment for them. The 8-disk DVD set "Autism Essentials DVD Training Program: is uniquely designed to rapidly increase your knowledge of your own child's sensory, emotional, thinking, learning and behavioural patterns. It will provide you with invaluable information and empower you with the skills and practical know-how to create a powerful vision for your child's treatment, giving you confidence and hope. You will learn some of the most effective strategies, techniques and therapy ideas to help your child. We show you what to do and take the time to explain exactly how to do it in ways that are easy to understand and apply. Without even realizing it, you will be creating a powerful, respectful, fun and motivating learning environment for your child.

Material Title: **Autism Treatment Guide**
 Author: Elizabeth K. Gerlach *Books* 1998 (revised) 109 pages

This booklet is a list of autism treatments and resources for parents and professionals.

Material Title: **Emergence: Labeled Autistic**
 Author: Temple Grandin *Books* 1986 180 pages

Temple Grandin tells the story of how she went from a fear-gripped, autistic childhood to become a successful professional, a world leader in her field. An astonishing true story, a chronicle of perseverance, courage, and the loving wisdom of a few adults who saw in Grandin what others couldn't, Emergence offers new hope and insight into the tragedy of autism and the vast potential of the human spirit.

Autism/Asperger's

Material Title: **Inside the World of Autism**
Author: Time Magazine *Journals/Newsletters* May 6, 2002 11 pages

The cover story is on Autism.

Material Title: **Just This Side Of Normal: Glimpses Into Life with Autism**
Author: Elizabeth King Gerlach *Books* 1999 139 pages

In this collection of vignettes about raising a child with autism, Gerlach is able to convey the confusions, distress and yearnings of a parent who is deeply worried about her son, but she also shows moments of joy at watching this engagingly "different" child grow and learn.

Material Title: **Oasis Guide to Asperger Syndrome, The: Advice, Support, Insight, and Inspiration**
Author: Kirby, Barbara L. Bashe, Patricia Romanowski *Books* 2001 435 pages

Part One describes what Asperger Syndrome is, what it looks like, and how it is diagnosed. Part Two, "Taking Control," discusses how to relate to having a child with AS, building the foundation for success, options and interventions, medication, and Special Education basics. Part Three, "The Whole Child," explores your child's emotional, social and school life and challenges of growing up.

Material Title: **Pervasive Developmental Disorders: Finding a Diagnosis and Getting Help**
Author: Mitzi Waltz *Books* 1999 400 pages

Designed for parents, adults diagnosed with PDD, and professionals, this book shows how medications, therapies, and educational techniques can address symptoms and improve the lives of people with PDD. In some cases the results can be spectacular. Waltz includes a range of stories from parents who are raising children with PDD to cover such topics as: getting a diagnosis; treatment options; and coping with diagnosis and treatment.

Material Title: **Special Diets for Special Kids**
Author: Lisa Lewis *Books* 1998 239 pages

This book explains in an easy and readable manner, a complex yet intriguing intervention strategy for helping children and adults with autism. Drawing upon her own success with removing gluten and casein from her son's diet, she answers many questions parents and professionals might have about choosing a dietary intervention: Why a special diet? Are there tests to help me decide? Is there research to support this type of intervention?

Material Title: **Thinking in Pictures and Other Reports from My Life with Autism**
Author: Temple Grandin *Books* 1995 206 pages

In this unprecedented book, Grandin delivers a report from the country of autism. Writing from the dual perspectives of scientist and autistic person, she tells how that country is experienced by its inhabitants and how she managed to breach its boundaries to function in the outside world. What emerges is the document of an extraordinary human being, one who in gracefully and lucidly bridging the gulf between her condition and our own, sheds light on the riddle of our common identity.

Material Title: **Understanding Autism**
Author: Newsweek Magazine *Journals/Newsletters* July 31, 2000 9 pages

A cover story on Autism
