

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Adoption - General

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Material Title: **20 Things Adoptive Parents Need to Succeed**  
 Author: Sherrie Eldridge *Books* 2009 249 pp

The author of "Twenty Things Adopted Kids Wish their Adoptive Parents Knew," here goes beyond those insights and shifts her focus to parents, offering encouragement and hope. She shares proven strategies and the moving narratives of nearly one hundred adoptive families, helping parents gain a deeper understanding of what is normal, both for their children and themselves.

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Material Title: **Achieving Long Term Success in Adoption**  
 Author: ORPARC Staff *Information Packets* 2006 45 pages

(Available April 2010)

This compilation of articles reprinted here by permission from a variety of periodicals provides a broad look at techniques and family characteristics that have been associated with long term success in the raising of adopted children. It provides guidelines to consider when difficulties arise.

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Material Title: **ADHD in Adolescents**  
 Author: Arthur Robin *Books* 1998 435 pages

This book, written for "psychologists, physicians, social workers, educators, and other professionals," is about, not only the facts of the disorder, but also its nature and the proper means of clinically evaluating it. And just as important, if not more so, he tells professionals what to do to be of help to these youth, their families, and their educators.

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Material Title: **Adoptalk**  
 Author: *Journals/Newsletters // 1999-Spring 20*

This semi-annual newsletter is published by the North American Council on Adoptable Children. (NACAC) The publications have articles that pertain specifically to NACAC news, upcoming conferences, and services as well as some articles about general adoption issues.

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Material Title: **Adopted Adolescent, The (Audiotape)**  
 Author: Lois Melina *Audiotapes* 1993

These presentations help parents discuss adoption with children at different developmental stages. Based directly on material in the book, "Making Sense of Adoption," which covers pre-school, the middle years, and adolescence, this tape deals with the adolescent years.

Two other tapes, "Answering Your Child's Questions About Adoption" and "The Adopted Child in Middle Childhood", offer more details on discussing adoption with children pre-school and ages 7-11 respectively.

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Material Title: **Adopted Child in Middle Childhood, The (Audiotape)**  
 Author: Lois Melina *Audiotapes* 1990

These presentations help parents discuss adoption with children at different developmental stages. Based directly on material in the book, "Making Sense of Adoption", which covers pre-school, the middle years, and adolescence, this tape deals with the 7-11 years.

Two other tapes, "Answering Your Child's Questions About Adoption" and "The Adopted Adolescent", offer more details on discussing adoption with children pre-school and 12-18 respectively.

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Material Title: **Adopted Child in the Classroom, The (Audiotape)**  
 Author: Lois Melina *Audiotapes* 1990

This presentation is designed for parents to give to teachers to help them be more sensitive to the needs of adopted children and to consider adoptive family issues when designing lesson plans and assignments.

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Material Title: **Adopting and Advocating for the Special Needs Child: A Guide for Parents and Professionals**  
 Author: L. Anne Babb *Books* 1997 222 pages

Completely frank and remarkably compassionate, this detailed, comprehensive guide is designed to be used by adoption professionals and adoptive parents, to help them get started, keep going, and locate whatever additional information and support they need. It covers such key topics as how to manage finances, advocate within the educational system, and cope when things go wrong. Tables, checklists, and frequent references to additional resources add value to this informed advice to adoptive parents.

## Adoption - General

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Material Title: **Adopting the Older Child**  
Author: Claudia Jewett *Books* 1978 289 pages

This book describes a child's transition from the honeymoon period through the testing phase and on to the full integration into a family, giving practical, caring advice on how to handle each situation.

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Material Title: **Adoption and the Family System**  
Author: Miriam Reitz *Books* 1992 320 pages

The authors utilize family systems theory to construct a practical treatment approach for working with families on the myriad issues and interrelationships that surround adoption. The model described is broadly inclusive of all families linked by the adoption triangle. This book offers an entirely new approach to evaluation and treatment designed specifically for families linked in adoption.

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Material Title: **Adoption Healing: A Path to Recovery**  
Author: Joe Soll *Books* 2000 189 pages

In this book, the author, a psychotherapist, lecturer, former university professor, founder and director of Adoption Crossroads, Adoption Counseling Center, and New York State Adoption Agency Task Force, and himself an adoptee, presents the world of adoption from his own unique perspective, offering myths, facts, exercises, and quotes to augment chapters on a wide range of adoption related issues.

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Material Title: **Adoption is a Family Affair! What Relatives and Friends Must Know**  
Author: Patricia I. Johnston *Books* 2001 145 pages

This book gives information for relatives and friends about who can adopt, why they consider adoption, the process, and how kids understand adoption as they develop. It addresses concerns, fears, and questions that friends and relatives have when someone they care about decides to adopt.

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Material Title: **Adoption Life Cycle, The: The Children and Their Families Through the Years**  
Author: Elinor Rosenberg *Books* 1992 188 pages

This book is for anyone involved in the adoption experience – adoptees, adoptive parents, birth parents and professionals. It provides a framework for understanding the important developmental tasks which span the lifetimes of all those involved.

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Material Title: **Adoption Mystique, The**  
Author: Joanne Wolf Small *Books* 2007 181 pages

Much of what's been written and said about adoption—the definitions, myths, interpretations, and so on—was generated by non-adopted persons, and often without benefit of adopted person's input. This book was written by an adopted person who hopes to paint a picture of the social welfare system that contrasts with the traditional view and sheds a new light on the situation.

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Material Title: **Adoption Nation: How the Adoption Revolution Is Transforming America**  
Author: Adam Pertman *Books* 2000 312 pages

Pertman, an adoptive father and former journalist for The Boston Globe, combines research and personal anecdotes in this overview of the trends and cultural ramifications of adoption. His views: families should be "out" about their adoptive status; children should be told they were adopted as early as possible; all members of the adoption "triad" (birth parents, child and adoptive parents) should try to stay in close communication; and much more.

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Material Title: **Adoption Parenting: Creating a Toolbox, Building Connections**  
Author: Jean, and Sheena Macrae MacLeod *Books* 2006 485 pages

Over 100 contributors have helped to weave this tapestry of advice for adoptive parents. It looks at FASD, trauma and PTSD, sensory integration, speech and language delays, and at ways to effectively parent a post-institutionalized child or a child who has experienced trauma. You may not read it all at once, but you'll come back to it again and again as your child's self-awareness develops and your awareness of how to help increases.

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Material Title: **Adoption Resources for Mental Health Professionals**  
Author: Pamela Grabe *Books* 1990 348 pages

This revised edition is a valuable resource for professionals who find their diagnoses, assessment, and counseling of foster children misleading because they employ criteria based on experiences of non-adoptive children. The 23 contributors include professionals with extensive teaching and practical experience in the field.

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## Adoption - General

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Material Title: **Adoption Stories for Young Children\* (see comment about Children's Materials on Index page)**  
Author: Randall B. Hicks *Children's Books* 1995 43 pages

This book is told from the perspective of a five year old boy who introduces us to his many friends and neighbors. They come from different walks of life, but they have one thing in common – their families were all created through adoption. It explores common issues of interest to young children about adoption.

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Material Title: **Adoption Wisdom: A Guide to the Issues and Feelings of Adoption**  
Author: Marlou Russell *Books* 1996 185 pages

This book combines quotations from birth parents, adoptive parents and adoptees with brief observations from the author, a psychologist and adoptee, herself, in reunion with her birth family. In chapters with such titles as "The Adoption Triad," "Basic Truths of Adoption," "Loss and Grief in Adoption," "Search and Reunion," "Before Choosing Adoption," and others, this book sheds a unique light on the world of adoption through the commentary of those who live that world every day.

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Material Title: **Adoption: Making It Last (VHS)**  
Author: U.S. Department of Health and Human Services *Videotapes* 16 minutes

This video provides a realistic look at frustrations and exhaustion adoptive parents frequently experience. It addresses grief and loss, attachment, anger, aggressiveness, and out-of-control behaviors, emphasizing the need for school advocacy, medical referrals, crisis intervention, support groups, respite care, and therapy by adoption-savvy professionals. It validates kids' feelings of anger and confusion over their situations, gives permission to continue to love one's birth family, and reinforces the idea that making the adoption last is the responsibility of all family members.

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Material Title: **After Adoption: A Manual for Professionals Working With Adoptive Families**  
Author: J.P. Bourguignon *Books* 1987 60 pages

Aimed primarily toward mental health professionals who work with adoptees and their families, this manual addresses the differences between adoptive and biological families, identifies needs of adoptive families, and discusses diagnostic assessment of families following placement and factors to be considered in planning therapeutic intervention.

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Material Title: **After Adoption: Training Guide**  
Author: J.P. Bourguignon *Books* 1987 18 pages

This guide is intended to be used in conjunction with "After Adoption: A Manual for Professionals Working with Adoptive Families." The "Manual" is designed for training adoption workers, mental health professionals, and educational professionals.

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Material Title: **All About Adoption: How to deal with questions of your past\* (see comment about Children's Materials on Index page)**  
Author: Anne Lanchon *Children's Books* 2006 89 pages

Adopted teens may be in a unique situation, but Lanchon, without trivializing it, assures them, "When all is said and done, you're no weirder than anyone else. You're adopted, your friends aren't, so what?" Written in an informal, conversational style, this illustrated guide covers an adopted child's traditional worries and concerns, such as establishing identity and living with overprotective parents.

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Material Title: **All Kinds of Families\* (see comment about Children's Materials on Index page)**  
Author: Norma Simon *Children's Books* 1976 34 pages

This illustrated (by Joe Lasker) children's book describes and shows different kinds of families and normalizes the many ways in which they are not all the same. The word adoption comes up only twice, but the message that it is not necessary to be like everyone else is amply communicated.

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Material Title: **Another Place at the Table**  
Author: Kathy Harrison *Books* 2003 224 pages

Kathy Harrison has been a foster parent for more than thirteen years, hosting almost a hundred children. This book is an account of many of those placements; it is an invitation into her busy home and the lives of her ever-changing crew of troubled children. The stories that arise within this narrative are not all happy or easy, but they are compelling and very real.

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Material Title: **Answering Your Child's Questions About Adoption (Audiotape)**  
Author: Lois Melina *Audiotapes* 1990

These presentations help parents discuss adoption with children at different developmental stages. Based directly on material in the book, *Making Sense of Adoption*, which covers pre-school, the middle years, and adolescence, this tape deals with the pre-school years.

Two other tapes, *The Adopted Child in Middle Childhood* and *The Adopted Adolescent*, offer more details on discussing adoption with children ages 7-11 and 12-18.

## Adoption - General

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Material Title: **Attaching in Adoption: Practical Tools for Today's Parents**  
Author: Deborah D. Gray *Books* 2002 362 pages

This "how to" and "why to" guide, considers ways to balance families, giving attention to all family members, protecting the development of siblings, and maintaining a family with high self-esteem. Filled with vignettes drawn from over 10,000 hours counseling adopted children, this book addresses building emotional intelligence and concludes with ways parents can build family, peer, and professional support for themselves and for their child.

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Material Title: **Being Adopted: The Lifelong Search for Self**  
Author: David Brodzinsky *Books* 1992 193 pages

This book, based on Eric Erikson's seven stage life cycle model, will open doors for adoptees who at one time or another have wondered why they felt a particular way and had no place to turn for the answer. \* There is a hard cover and a paperback.

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Material Title: **Best of Adopted Child: For Parents Adopting Older Children**  
Author: Lois Melina *Journals/Newsletters* 1983 to 1991

This collection of articles from 1983 to 1991 includes pieces on issues specific to adopting older children, such as the effect on siblings, the need for a support network, discussing puberty, etc.

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Material Title: **Best of Adopted Child: For Waiting or New Adoptive Parents**  
Author: Lois Melina *Journals/Newsletters* 1982 to 1993

This collection of articles from 1982 to 1993 includes pieces on rituals to enhance the sense of family, bonding and attachment, and paradoxes and problems around disclosing your child's adoption.

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Material Title: **Best of Adopted Child: Growing Years, The**  
Author: Lois Melina *Journals/Newsletters* 1987 to 1995

This collection of articles from 1987 to 1997 includes pieces on Adoption Day rituals; what behaviors are adoption-related and what ones are not; children's books on adoption; holidays; seven core issues of adoption; and anger, grief and loss related to birth parents.

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Material Title: **Best of Adopted Child: Helping Others Understand Adoption**  
Author: Lois Melina *Journals/Newsletters* 1985 to 1995

This collection of articles from "Adopted Child" from 1985 to 1995 includes pieces on disclosing and explaining adoption to friends, relatives, and their children; differentiating among secrecy, privacy, and openness; public perceptions on adoption, and even a 1992 look at Woody Allen and Mia Farrow.

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Material Title: **Best of Adopted Child: How Adoption Impacts Adoptive Parents**  
Author: Lois Melina *Journals/Newsletters* 1983 to 1994

This collection of articles from "Adopted Child" 1983 to 1994 includes pieces on infertility issues, midlife issues, the need for a support network, and the needs of African-American adoptive parents.

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Material Title: **Best of Adopted Child: Issues Children Face in School**  
Author: Lois Melina *Journals/Newsletters* 1982 to 1994

This collection of articles from "Adopted Child" from 1982 to 1994 includes pieces on teasing, disclosing the adoption, hyperactivity, attitudes toward academics, and learning disabilities.

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Material Title: **Best of Pact Press, The: Talking with Kids about Adoption**  
Author: Collection *Journals/Newsletters* 43 pages

This 43-page booklet contains 12 articles previously printed in the Pact Press on talking to kids about such things as sex, grief, self-esteem, being adopted older, lifebooks and more.

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Material Title: **Blended Families: Foster, Adoptive, Bio and Multicultural Sibs (VHS)**  
Author: Ed-Net Series *Videotapes* 1996 2 hours

A panel of speakers including a DHS adoption worker, Foster/Adoption parent, and social worker from the Casey Family Program, discussed the external impacts on development of identity, the role of significant others in development of identity, the five stages of identity development, and the challenges of a blended family.

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## Adoption - General

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Material Title: **Characteristics of Successful Adoptive Families (VHS)**  
Author: Spaulding for Children *Videotapes* 1989 22 minutes

This documentary style video features families and professionals who discuss, describe and demonstrate what it takes to successfully parent a child with special needs. Characteristics include flexible expectations, ability to delay parental gratification, tolerance for rejection, sense of humor, ability to meet personal needs, flexible family roles, etc.

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Material Title: **Children's Adjustment to Adoption: Developmental and Clinical Issues**  
Author: David M. Brodzinsky *Books* 1998 116 pages

This book presents major issues that affect both the process and outcome of adoption for children and their parents. It offers extensive coverage of theory and research on children and families with clinical vignettes punctuating key points. A discussion of intervention and assessment issues that commonly arise in work with adoptees closes this volume.

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Material Title: **Child's Journey Through Placement, A**  
Author: Vera Fahlberg *Books* 1991 394 pages

Some children wander in and out of foster care, mental health facilities, and juvenile justice programs throughout their childhoods. This book provides the foundation of resources and tools to help professionals and parents support these children as they grow. While a bit technical and "social worky," it helps families understand why kids move and how their moves affect them. Though lacking in information on fetal alcohol effects, it is, overall, very helpful with good information about transitions.

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Material Title: **Clinical and Practice Issues in Adoption: Bridging the Gap Between Adoptees Placed as Infants and as Older Children**  
Author: Rosenberg, Karen F. Groza, Victor *Books* 1998 165 pages

This book is intended for all those affected by and interested in adoption. The contents are written by a variety of experts in the adoption field and examine topics such as treatment issues for adoptees placed at different ages, search and reunion, ethics, infertility, shared identity issues, and the ongoing need for adoption support.

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Material Title: **Communicating with the Adopted Child**  
Author: Miriam Komar *Books* 1991 271 pages

This book focuses on the importance of family conversation and the power of speech in providing both information and emotional support to the adopted child. Utilizing examples drawn from interview, case studies, and extensive correspondence, as well as from leading studies in the fields of psychology, sociology, and social work, Dr. Komar's book gives a reassuring perspective on some of the most troubling issues of adoption.

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Material Title: **Connected Child, The**  
Author: Karyn Purvis *Books* 2007 234 pages

Written by two research psychologists specializing in adoption and attachment, this book is intended to help adoptive parents build bonds of affection and trust with their adopted child, effectively deal with any learning or behavioral disorders, and discipline their child with love without making him or her feel threatened.

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Material Title: **Core Issues in Adoption (VHS)**  
Author: Spaulding for Children *Videotapes* 1996 25 minutes

The issues of adoption – separation, loss, entitlement, claiming, mastery and control, attachment, unmatched expectations, family integration, and identity information – are discussed by interviews with adopted parents, adoptees, and birth parents. Their candor helps the audience gain an understanding of the lifelong impact of adoption. This 25 minute video is a "must see" for all adoptive families in any stage of adoption, as well as for therapists, school counselors, teachers, social workers, and extended family members.

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Material Title: **Creating Ceremonies: Innovative Ways to Meet Adoption Challenges**  
Author: Cheryl, Rhea Lieberman, Bufferd *Books* 1999 123 pages

Rituals and ceremonies can help us cope with important transitions in our lives. The authors of this book offer ideas that parents can use and modify to create ceremonies in their adopted children's lives that will help them deal with celebration, transition, self-esteem, loss, fears, anniversaries and more.

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Material Title: **Creating Your Child's Village (VHS)**  
Author: Ed-Net Series *Videotapes* July 15, 1999 1 hour

Panelists Renee Daniel Hershey, the Co-Director of Kinship House in Portland, Dr. Charlene Sabin, a behavioral pediatrician, and Lynn Hackleman, an adoptive mother of uncommon drive and focus cover such topics as how to prioritize your child's needs, how to interview, hire and fire the people who work with you and your child, how to work with school personnel, who makes up your child's village and why you are that village's chief. The panelists speak on these and other topics and answer questions from viewers who called in during this live presentation.

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## Adoption - General

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Material Title: **Current Thinking in Special Needs Adoption**  
Author: Spaulding for Children *Books* 1996 77 pages

This booklet discusses core issues in adoption, trends related to the adoption of children of color, adoption recruitment, transracial adoption, assessment and intervention in post legal adoption services, and the collaboration necessary to provide these services.

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Material Title: **Day We Met You, The\* (see comment about Children's Materials on Index page)**  
Author: Phoebe Koehler *Children's Books* 1990 34 pages

This warmly illustrated book to be read to very young children tells a generic story of a mother and father's preparations for bringing an infant home to be adopted.

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Material Title: **Dialogues About Adoption: Conversations Between Parents and Their Children**  
Author: Linda Bothun *Books* 1994 216 pages

This book offers comfort and support to adoptive families who want to know how other families have handled adoption issues. Each chapter is introduced with examples of generally accepted developmental information followed by dialogues placed chronologically based on the age of the child when that conversation took place. The real-life anecdotes and experiences shed much-needed light on this complex subject.

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Material Title: **Eden's Secret Journal: The Story of an Older Child Adoption\* (see comment about Children's Materials on Index page)**  
Author: Brenda McCreight *Children's Books* 2003 59 pages

This fictional journal's title character is a 13-year-old, adopted at age 10, who is writing the journal because her therapist told her to. She talks about her years in foster care, her substance abusing birth parents, and her adoptive parents. Her life is far from perfect, but it is getting better and we learn how she feels about things in her world. Author, Brenda McCreight is a Child & family therapist with more than 20 years experience.

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Material Title: **Emma's Yucky Brother\* (see comment about Children's Materials on Index page)**  
Author: Jean Little *Children's Books* 2001 61 pages

Pictures by Jennifer Plecas. This booklet tells the story of Emma, who initially has a harder time getting used to the four year old younger brother her family has adopted than she had anticipated. Problems escalate, but the story ends with a satisfactory resolution for the two children. -- ages 4-8

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Material Title: **English American, The**  
Author: Alison Larkin *Books* 2008 336 pages

When Pippa Dunn, adopted as an infant and raised "terribly British," discovers that her birth parents are from the American South, she finds that "culture clash" has layers of meaning she'd never imagined. This funny, poignant debut novel sprung from stand-up comic and British stage regular, Larkin's semi-autobiographical and highly acclaimed one-woman show of the same title.

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Material Title: **Exploring the Adoptive Family Life: The Collected Papers of H. David Kirk**  
Author: H. David Kirk *Books* 1988 155 pages

Few social scientists have so persistently investigated a single facet of human life. Even fewer have presented such complex ideas and important findings in clear, engaging, and readily understandable language. This book is a log of Kirk's long journey of discovery.

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Material Title: **Exploring The Lifetime Issues Of Adoption (VHS)**  
Author: Montana Post Adoption Center, Inc. *Videotapes* 1992 107 minutes

This video is in four parts. "Growing Up Adopted" shows six adopted teens expressing the positive and negative feelings they have about being adopted. In "Open Adoption Alliances," a pregnant teen adoptee decides to place her baby in an open adoption. There is also a discussion about older children and open adoptions. In "Parenting Plus," adoptive and foster families discuss separation, loss and out - of - home placement. And in "Making and Maintaining Connections," adult adoptees meet their birthparents and discuss their thoughts on search, reunion and the future.

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Material Title: **Family of Adoption, The**  
Author: Joyce Maguire Pavao *Books* 1998 124 pages

This popular book provides a broad framework for thinking about adoption because it considers the entire family system -- birth parents, adoptive parents, adoptees and other family members. By feeling empathy for all members of the extended family, everyone involved can grow, learn and heal.

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## Adoption - General

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Material Title: **Family Therapy Magazine: May/June 2004**  
Author: Periodical *Periodicals* *May/June 2004* *8 articles*

This issue of Family Therapy Magazine, a journal of the American Association for Marriage and Family Therapy, is dedicated to "Adoption Trends and the Role of Family Therapy." It contains eight articles on adoption. The magazine can be checked out of the ORPARC library just as books or tapes can. Contact us by phone or email if you would like to borrow a copy of this unique issue.

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Material Title: **Finding Inner Peace when Coping with Special Needs and Difficult Children (CD)**  
Author: NACAC Conference 2006 CD *CDs* *2006* *90 minutes*

Transform chaos into calm by taking care of yourself while coping with difficult and special needs children. Learn ancient principals of mindfulness (how to live in the moment) and how to find peace, even in the face of a screaming child and other turmoil. This workshop is based on A Cry for Light: A Journey into Love, a book about a mother who finds inner peace while seeking help for her emotionally disturbed adopted son.

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Material Title: **Finding the Right Spot\* (see comment about Children's Materials on Index page)**  
Author: Janice Levy *Children's Books* *2004* *42 pages*

When kids can't live with their parents, their feelings are complicated, confusing, and often chaotic. This beautifully illustrated story, for all such kids, regardless of the circumstances, offers children a chance to think about their feelings and understand them better. It also provides caregivers help in understanding the child's experience and a two-page "Note to Caregivers" by professionals for help in facilitating conversation.

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Material Title: **First Person Plural (VHS)**  
Author: Deann Borshay Liem *Videotapes* *2000* *1 hour*

This award winning documentary tells the story of its writer, producer, director, Deann Borshay Liem, who in 1966, was adopted by an American family and sent from Korea to her new home in California. Along the way, the memory of her birth family was nearly obliterated by time and misinformation, but recurring dreams led her to discover the truth: her Korean mother was very much alive. Bravely uniting her biological and adoptive families, Borshay Liem's heartfelt journey makes First Person Plural a poignant essay on family, loss, and the reconciling of two identities.

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Material Title: **First Steps for Strengthening Adoptive Families (DVD)**  
Author: DVD *DVDs* *2006* *1ours 20 minutes.*

This DVD can be viewed independently by parents, or as part of a pre-adoptive or post-adoptive curriculum to educate parents, or to educate adoption staff about the important role of attachment, attunement and regulation in strengthening adoptive families. Whether a child was adopted abroad or domestically, early in life or as an older child, recently or several years ago, this DVD can help parents strengthen connections with their adopted child.

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Material Title: **First Steps for Strengthening Adoptive Families: Tools and Techniques for Meeting the Needs of Your Adopted Child Study Guide**  
Author: Melissa and Todd Nichols *Books* *2007* *53 pages*

The First Steps Study Guide is designed in workbook format and supplements learning from the DVD. The guide contains an outline of the information on the DVD, as well as new information. There's room to take notes while viewing the DVD, and all new exercises not included in the DVD. (description is from publisher at [www.familyattachment.com](http://www.familyattachment.com))

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Material Title: **For Love of a Child: Stories of Adoption**  
Author: Lisa Meadows Garfield *Books* *2005* *154 pages*

After beginning with her own story (she's an adoptive mom, a birth grandmother, and the sister of an adoptee), Garfield lets the other 19 contributors to this collection tell their own stories. We hear from all members of the triad, including a birthfather, and extended family members. There are international, domestic, kinship, infant, older child, sibling group, and open adoptions, and adoptive parents who gave birth after adopting.

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Material Title: **Forever Fingerprints\* (see comment about Children's Materials on Index page)**  
Author: Sherrie Eldridge *Children's Books* *2007* *30 pages*

In the first children's book by the author of Twenty Things Adopted Kids Wish Their Adoptive Parents Knew, young, imaginative Lucie is excited to feel a baby moving in her Aunt Grace's tummy but it makes her understand her adoption story in a different way. She thinks about her birth parents and wonders why they didn't keep her. This gives Lucie's parents the chance to reinforce their love for her, to empathize with her feelings and to honor her past. The book, for ages 4-8, includes two pages of "Parent Tools and Activities."

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Material Title: **Forever Parents: Adopting Older Children**  
Author: James E. Kloeppel *Books* 1995 120 pages

Forever Parents is the personal story of one family and their four children, ranging in age from four to nine at the time of adoption. Despite the parents' preparation and good intentions, the children's first months at home were more difficult than expected. This is the story of people learning to live with and love one another through the creation of a family.

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Material Title: **Foster Care and Adoption: A Pathway to Understanding\* (see comment about Children's Materials on Index page)**  
Author: Heather Wilson *Children's Books* 2006 64 pp

The book is a unique interactive, illustrative and educational book created to help children de-mystify the process and their feelings as they move into foster care and adoption. It is an engaging tool to help children understand the people and steps involved in their transition to permanency. Ideally, the book is used by a clinician or caseworker in therapy with a child.

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Material Title: **Foster Parents Working with Birth Parents (DVD)**  
Author: DVD *DVDs* 2003 50 min

Dr. Vera Fahlberg talks with a panel of experienced foster parents about the issues of increased drug and alcohol related placements, the importance of communication with birth parents, and the need for early permanency planning. While the discussion focuses primarily on infant and preschool placements, the information on this tape can be applied to the care of foster children of all ages.

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Material Title: **Get Real\* (see comment about Children's Materials on Index page)**  
Author: Betty Hicks *Children's Books* 2006 184 pages

In this adolescent novel, 13-year-old best friends Dez and Jil are each a little envious of the other's parents – Dez's parents run a sloppy, chaotic household while the adopted Jil's keep a neat, orderly one. Jil becomes obsessed with meeting her birth mother and does so, eventually spending holidays and weekends with her new family which includes a 10-year-old half sister. Problems ensue, lessons are learned, and life is lived.

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Material Title: **Goose\* (see comment about Children's Materials on Index page)**  
Author: Molly Bang *Children's Books* 1996 34 pages

This story for preschoolers through about grade 3 tells of a gosling raised by a family of woodchucks. But despite the best efforts of her family and friends, the goose feels different and sad. So she goes off into the world to learn what she can about herself, where she learns she can fly. She flies back home to her family, surprising everyone, even herself.

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Material Title: **Growing Up Adopted**  
Author: Maxine Rosenberg *Books* 1989 107 pages

This striking collection of fourteen brief case studies, told in first person, is based on lengthy interviews with eight children and six adults, all of whom were adopted as children. The text is consciousness-raising, low-key, and highly readable. Growing Up Adopted is an illuminating resource for children and adults alike.

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Material Title: **Handbook of Adoption: Implications for Researchers, Practitioners, and Families**  
Author: Rafael et al Javier *Books* 2007 537 pages

This book, which includes contributions from nationally known experts who are directly involved in adoption-related research and practice, addresses the many dimensions of adoption-related issues -- transracial adoption, foster care, single parents, special needs, training and education issues, assessment and treatment issues, and much more -- which can and do affect adoption triad members.

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Material Title: **Healing Power of the Family: An Illustrated Overview of Life with the Disturbed Foster or Adopted Child, The**  
Author: Rick Delaney *Books* 1997 112 pages

In a warm and humorous style, Delaney identifies common behavioral/emotional problems observed in maltreated children, and offers several sample family-based interventions which reflect the creativity often needed to explore non-traditional means of addressing acting out behaviors and fostering attachments. Delaney addresses behaviors such as lying, bedwetting, stealing, fire setting, vandalism, cruelty to animals, inappropriate toileting, sexualized behaviors, defiance, insatiable neediness, tantrumming, and running away.

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Material Title: **How it Feels to be Adopted\* (see comment about Children's Materials on Index page)**  
Author: Jill Krementz *Children's Books* 1982 105 pages

Nineteen young people present both the good and the bad sides of being adopted from an adolescent point of view--a personal and moving book to be read by children and parents.

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## Adoption - General

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Material Title: **I Wonder...Teenagers Talk About Being Adopted (VHS)**  
Author: Families Adopting in Response *Videotapes* 1996 45 minutes

Fourteen adopted teenagers respond to such topics as "difficult times," "special memories," "birth families," "transracial/transcultural issues," "how much they think about adoption," and others. The range of answers is certain to provide insight and compassion to anyone who interacts with adopted people.

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Material Title: **In My Heart\* (see comment about Children's Materials on Index page)**  
Author: Molly Bang *Children's Books* 2006 32 pages

This warm, reassuring book with vividly colored illustrations and lettering has a mother telling her child how she thinks of that child and finds her/him in her heart in a wildly imaginative list of ways, times, places and circumstances over the course of a typical day. For children 4-8

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Material Title: **Is That Your Sister?\*(see comment about Children's Materials on Index page)**  
Author: Catherine Bunin *Children's Books* 1992 31 pages

This illustrated children's book tells about the feelings of a child who was adopted into a multiracial family and who explains adoption as a chosen way of life that is positive, compassionate and civilized.

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Material Title: **Ithaka: A Daughter's Memoir of Being Found**  
Author: Sarah Saffian *Books* 1998 302 pages

The author tells the story of her own adoption including a reversal of the usual adoption narrative: her biological parents sought her out. Her journey to a reunion with her biological parents and siblings raises many difficult questions that adoptees face. Her thoughtful inquiry reveals new ways of looking at the ties that bind us to each other and finally make us who we are.

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Material Title: **Joining New families: A Study of Adoption and Fostering in Middle Childhood**  
Author: David Quinton *Books* 1998 243 pages

Based on a study of 61 children who were placed, between the ages of 9 and 10, with adoptive or long-term foster families, this book focuses on the problems and strengths the children brought to their new families, how the families coped, and factors associated with stable, secure placements.

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Material Title: **Journey of the Adopted Self: A Quest for Wholeness**  
Author: Betty Jean Lifton *Books* 1994 328 pages

From the author of *Lost and Found*, this book is a story of one adopted child's search for a sense of self, beginning when she first learns she is adopted at age 7. Lifton illustrates that this search is a lifelong process for the adopted child.

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Material Title: **Joys and Challenges of Raising Adopted Children, The (Audiotape)**  
Author: Lois Melina *Audiotapes* 1990

Families formed by adoption have unique experiences not shared by families formed by birth. This tape describes the sometimes difficult and subtle ways adoption challenges families and provides opportunities for growth.

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Material Title: **Laughter and Parenting: The Importance of Laughter When Nothing Seems Funny (CD)**  
Author: NACAC Conference 2006 CD *CDs* 2006 90 minutes

Laughing is one of the healthiest things one can do when facing the deep stresses of parenting and life in general. This workshop demonstrates how to bring more laughter into both home life and work life, particularly in areas that were previously viewed as not particularly funny.

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Material Title: **Little Heroes Foster Care and Adoption\* (see comment about Children's Materials on Index page)**  
Author: Kristin & Tracy Condon & Crabb *Children's Books* 2003 32 pages

This issue focuses on two brothers, Robert and Philip, in the welfare system and their tale of new homes and separation. Little Heroes can help brothers and sisters of a new child in the family be more tolerant of the emotional turmoil of adoption, as well as help them accept the new sibling's behaviors that frustrate them and contribute to conflict in sibling relationships.

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Material Title: **Lost and Found: The Adoption Experience**  
Author: Betty Jean Lifton *Books* 1988 321 pages

In this book, Betty Jean Lifton discusses all aspects of adoption (the adoptee, the adoptive parents, and the birth parents). Lifton promotes open adoptions and argues that adoptees should know as much as possible about their backgrounds.

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## Adoption - General

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Material Title: **Love Like No Other, A: Stories from Adoptive Parents**  
Author: Pamela and Jill Smolowe Kruger *Books* 2005 254 pages

Twenty leading writers, all adoptive parents, offer evocative, sometimes provocative, personal essays that have the liveliness and immediacy of prose fiction. Categorized in four sections, "Reflections on Birth Parents;" "Encounters with the unexpected;" "Variations on Family;" and "Personal Transformations," these essays reflect the diversity of adoption in America.

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Material Title: **Making Sense of Adoption**  
Author: Lois Melina *Books* 1989 245 pages

This "Parent's Guide" offers "many examples of ways to present difficult information in a sensitive manner -- sensitive to the child's needs, to the birthparents' struggles, and to the adoptive parents' perspective."

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Material Title: **Me and My Families (VHS)**  
Author: Video *Videotapes* 1998 28 minutes

This video, a musical play celebrating similarities and differences between families, focuses on three kids, one adopted as an older child, one whose parents are divorcing, and another whose family is more traditional. They all want to fit in and have friends, but life isn't usually that simple. Despite its cheery surface, it addresses real issues with clarity and compassion.

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Material Title: **Medications, Behavioral Management and Child Welfare**  
Author: J.P. Bourguignon *Books* 1990 71 pages

This book describes indications and contra-indications for medications prescribed to treat behavioral problems in "systems children."

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Material Title: **More Than Love (VHS)**  
Author: *Videotapes* 1992 67 min

This video shares intimate glimpses of families who have grown up together through the joys and challenges unique to adoption: fantasies, lingering grief over infertility, living with a child's inherited biological traits, sibling rivalry, search wishes and fears, how and when to talk openly about adoption, and more. It helps adoptive parents deal with their own and their children's adoption issues at various stages of development and includes a 32 page guidebook for adoptive parents.

This video comes with the booklet "More Than Love: A Guidebook."

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Material Title: **Mulberry Bird, The: An Adoption Story\* (see comment about Children's Materials on Index page)**  
Author: Ann Braff Brodzinsky *Children's Books* 1996 44 pages

Revised in 1996 from the 1986 version, and with color illustrations, this book tells the story of a mother bird whose best efforts to care for her young chick fall continually short of keeping him safe. So she goes to Owl who helps her find another family for her baby. He adapts well to the new environment, but he also deals with questions and issues related to his adoption.

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Material Title: **New Legs: Seven Core Adoption Poems**  
Author: Penny Callan Partridge *Books* 1999 14 pages

This booklet contains seven poems, each related to one of the "Seven Core Issues of Adoption" described by Sharon Kalplan Roszia and Deborah Silverstein – loss, rejection, guilt and shame, grief, identity, intimacy, and control. Partridge, herself an adoptee and an adoptive parent, is a frequent speaker at adoption conferences and has published other books of adoption poetry.

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Material Title: **Nutmeg Gets Adopted\* (see comment about Children's Materials on Index page)**  
Author: Judith Foxon *Children's Books* 2001 22 pages

(Ages 4-8) A little squirrel goes to live with a new family because his birth mother cannot keep him safe. This book encourages children to explore their own stories and understand some of the painful memories they might have of their early life. Illustrated by Sarah Rawlings, it is intended to be read to children by their adoptive parents. A removable "Practice Guidelines" section offer suggestions and triggers for further discussion which can be developed to suit the needs of each child.

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Material Title: **Older Child Adoption**  
Author: Grace Robinson *Books* 1998 170 pages

The chapters in Part 1 of this book deal with specific issues faced by some older adopted kids, such as grief, trauma, sexual abuse, provocative behavior, etc. Part 2 deals with different family dynamics. Laced with interviews and stories, it presents a realistic picture of the challenges and opportunities that adoptive parents of older children face.

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## Adoption - General

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Material Title: **Our Own: Adopting and Parenting the Older Child**  
Author: Trish Maskew *Books* 1999 252 pages

An Adoptive Mother draws on her own experiences, extensive research, and interviews with adoptive families, adult adoptees, and professionals to create a memorable collection of practical tips, advice and real-life stories on older child adoption.

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Material Title: **Parent 2 Parent: A Mentoring Program (VHS)**  
Author: Richard J. Delaney *Videotapes* 1999

In this tape, Rick Delaney and four foster parents discuss the spiritual and practical benefits of foster and adoptive parent mentoring. This video and its companion guidebook, "Safe Passage," provide a glimpse at what is possible when experienced adoptive parents mentor relatively inexperienced parents who have just embarked on their journey with troubled adoptive children.

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Material Title: **Parenting Someone Else's Child: The Foster Parents' How-To Manual**  
Author: Ann Stressman *Books* 2004 220 pages

Stressman, who has parented over 100 foster children and adopted four, offers a broad range of perspectives with chapters on the impact of social class; the importance of a support system; fostering or adopting older children; using strengths, dealing with weaknesses; system issues/establishing working relationships; dealing with "failure"; and more.

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Material Title: **Parenting Your Adopted Child**  
Author: Stephanie Siegel *Books* 1989 234 pages

From infancy through the teenage years and beyond, this book serves as a practical manual. For each stage of adoption, it provides advice on how to handle the issues of adoption including special needs adoption, special situations, and common questions.

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Material Title: **Parenting Your Adopted Older Child**  
Author: Brenda McCreight *Books* 2002 199 pages

With such chapters as "Attachment," "Loss and Grief," "False Allegations of Abuse," "Maintaining Your Married or Single Lifestyle," "Avoiding Power Struggles," "Self-Esteem for You and Your Child," and many more, this handbook has something for just about any; family who has adopted a child older than two years either domestically or internationally.

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Material Title: **Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years**  
Author: Patty Cogen *Books* 2008 412 pages

Though written with international adoptions in mind, this book has much that is relevant to domestic adoptions as well, including bonding; development of a positive self image; telling the child's story from the child's point of view; handling sleep problems, meal time problems, and resistance to house rules; etc.

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Material Title: **People They Brought Me, The**  
Author: Penny Partridge *Books* 2009 92 pp

Poet Penny Callan Partridge has selected 14 adoption themed poems and paired them with short essays describing the unique way each poem brought some person into her life. The poems and the stories take the reader down some of the less travelled roads of the adoption world. All members of the adoption constellation will find enlightenment, warmth and beauty in this slim volume. An additional five poems are added without essays.

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Material Title: **Perfect Spring, A\* (see comment about Children's Materials on Index page)**  
Author: Lark Carrier *Children's Books* 1990 24 pages

This illustrated story for young children tells of a seabird couple who find an egg and hatch it along with their own. The egg they find hatches into a turtle. Both young listen to the lessons taught by the parents which apply equally to life in the air and life in the sea. This book takes a look at the similarities of parenting children born to you and adopted and yet gives the freedom to both young to explore the environments that "feel" natural.

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Material Title: **Perspectives on a Grafted Tree: Thoughts for those touched by adoption**  
Author: Patricia Irwin Johnston (compiler) *Books* 1983 138 pages

This book of poetry contains the work of 65 authors from 22 states and four foreign countries and includes poetry from birth parents, adoptive parents, adoptees and other members of families expanded by adoption. The poems are arranged in eight sections, "Beginnings and Endings," "The Grafting," "Reactions," "Attachment," "Motherspeakings," "Identities," "Reflections," and "Benediction."

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## Adoption - General

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Material Title: **Post Adoption Family Therapy: A Practice Manual**  
Author: Cheryl Prew *Books* 1990 40 pages

This resource book provides current information about the unique challenges adoptive families face, describes the Protective Bonding Cycle and its role in the attachment process, and presents a treatment model utilizing six innovative solution-focused intervention techniques that work with adoptive families.

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Material Title: **Post-Adoption Blues, The: Overcoming the unforeseen challenges of adoption**  
Author: Dr. Karen J. and John R. Thompson Foli *Books* 2004 225 pages

Drawing on their own experience as adoptive parents as well as interviews with dozens of adoptive families and experts in the field, Drs. Foli and Thompson help parents address the stress and depression that can follow an adoption by focusing on adjusting their expectations of themselves, their child, and others in their world.

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Material Title: **Preparing for the Teen Years (Audiotape)**  
Author: Gregory Keck *Audiotapes* February 26, 2004 5 hours

Dr. Keck addresses a Portland audience of adoptive parents and adoption professionals to talk about some of the unique issues that surface for families when adopted children go through adolescence, including discipline, school, etc.

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Material Title: **Preparing Youth for Adult Life (VHS)**  
Author: Ed-Net Series *Videotapes* 1996 2 hours

A panel consisting of a therapist, an agency director, and an adoptive/foster parent discuss developmental issues for youth ages 11-30, with a focus on the additional developmental tasks adopted and foster youth face. The video will challenge adoptive parents to re-evaluate their views on defining family, honoring birth family connection, educating the community, understanding the tasks and steps that assist youth in moving into adulthood, and the wisdom of independent living at a particular age. This video is intended for parents of adolescents and young adults.

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Material Title: **Privilege of Youth, The: A Teenager's Story**  
Author: Dave Pelzer *Books* 2004 209 pages

This book covers the adolescent period in Pelzer's life that is not addressed in his other biographical accounts. The ups, the downs, the growth in that period of a ragged life.

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Material Title: **Raise the Blue: The Practical and Humorous Guide to Foster and Kinship Care**  
Author: Marcia Sindone *Books* 2004 397 pages

This book, by an experienced therapeutic foster parent, has chapters on discipline; fostering children age 0-6; fostering age 7-12; fostering teenagers; sexual abuse; protection plans and crisis plans; and more. Though its focus is foster care, it has much to offer adoptive families.

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Material Title: **Raising Adopted Children**  
Author: Lois Melina *Books* 1998 370 pages

This 1998 update of the classic handbook on issues faced by adoptive families examines the child's physical, emotional and psychological development at every age. It also has chapters on special topics such as the multiracial family, serious behavior problems and single parent adoption.

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Material Title: **Raising Resilient Rascals 2008: Disk 1 (DVD)**  
Author: DVD *DVDs* 2008 3 hours

This disk includes the following presentations from the 2008 conference: "The Nature and Nurture of the Brain" with Julian Davies; "The Dichotomy of Foster Care Adoption" with Paulette Caswell; and "Raising Resilient Rascals in a Raging Rambunctious World" – on sensory processing – with Stephen T. Glass.

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Material Title: **Real Parents, Real Children: Parenting the Adopted Child**  
Author: Holly van Gulden *Books* 1997 262 pages

This book offers insight into how adopted children commonly think and feel about being adopted. It explains how and why they grieve for their birth parents and suggests ways that adoptive parents can help them come to a healthy resolution of this grief.

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Material Title: **Reflection Pond**  
Author: Jaiya John *Books* 2007 228 pages

Through allegory and parable, poetry and prose, Jaiya John, author of Black Baby White Hands, draws from the natural world around us to unveil the magical inner life of children and youth. Here is a revelatory positioning of the human mirror.

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## Adoption - General

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Material Title: **Rituals in Adoption (Audiotape)**

Author: Lois Melina *Audiotapes* 1993

This tape helps families understand the importance of rituals and how to create them. It helps families design meaningful rituals for significant events from ceremonies of mourning to entrustment of a child to adoptive parents.

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Material Title: **Second Best (VHS)**

Author: Warner Brothers *Videotapes* 1993 105 minutes

Graham (William Hurt) is a shy man who must find the courage to reach for happiness. James is a young boy, scarred by childhood tragedy and torn between loyalty to his convict father and his growing attachment to Graham. Together, Graham and James discover families aren't born, they're made - one risk, one joy, one act of trust at a time. Released in theaters, Rated PG-13.

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Material Title: **Secret Thoughts of an Adoptive Mother**

Author: Jana Wolff *Books* 2000 163 pages

Wolff, whose interracial, open adoption of an infant at birth is the source of this volume's content, shares her experiences with wit and fearless honesty. She addresses such personal fears and questions as: What if I don't like the kid I get? Will my child ever feel like mine? Why am I so sad when I'm supposed to be so happy? Are people staring, or am I paranoid? Will she want him back? What if I want to return him?

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Material Title: **Seven Core Issues in Adoption, The (DVD)**

Author: Sharon Kaplan & Deborah N. Roszia & Silverstein *DVDs* 1989 2 hours

Adoption is a life long, inter-generational process, which unites birth parents, adoptees and adoptive parents forever. It triggers seven lifelong issues for all triad members -- grief, rejection, guilt, loss, identity, control, and intimacy. Recognizing these similarities, triad members and professionals can reduce the adversarial nature of adoption and improve understanding.

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Material Title: **Small Feats: Unsung Accomplishments & Everyday Heroics of Foster & Adoptive Parents**

Author: Richard Delaney *Books* 2003 82 pages

This book describes the results achieved by the daily, one-step-at-a-time, life-long commitment demonstrated by foster and adoptive parents. It examines how raising troubled foster or adoptive children results in costs -- both psychological and emotional -- to the family.

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Material Title: **Supporting An Adoption**

Author: Pat Holmes *Books* 1982 21 pages

Written for friends and relatives, this booklet explains how they can be sensitive and helpful to the prospective or current adoptive family.

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Material Title: **Swings Hanging from Every Tree: Daily Inspirations for Foster & Adoptive Parents**

Author: Susan Stone *Books* 2001 373 pages

Arranged chronologically, there is a page for each day of the year. Each page contains a quotation and either a story from an adoptive or foster life or a poem or words to live by. Encouraging, inspirational, humorous words from people who have been touched by the life.

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Material Title: **Tell Me Again About the Night I Was Born\* (see comment about Children's Materials on Index page)**

Author: Jamie Lee Curtis *Children's Books* 1996 29 pages

In this picture book, illustrated by Laura Cornell, a young girl asks the parents who adopted her at birth to tell her about the night she was born. She shows from her continued questions that it is a cherished tale she knows by heart. On an accompanying audiotape, Jamie Lee Curtis reads the story followed by a couple of songs.

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Material Title: **Toddler Adoption: The Weaver's Craft**

Author: Mary Hopkins-Best *Books* 1997 247 pages

Most often, children are joining their permanent, adoptive families past the age of infancy but not yet as "older children." This book covers many aspects of adopting and parenting these young children: the decision whether or not to adopt; preparation and education; forming attachments; behavior management; and more. Until now, few written resources have been available to discuss this special age -- the toddler.

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## Adoption - General

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Material Title: **Touched by Adoption: Stories, Letters and Poems**  
Author: Nancy A. Robinson *Books* 1999 338 pages

Together, these stories, letters and poems, compiled by Nancy Robinson, from adoptees, adoptive parents, and birth parents weave a rich tapestry of adoptive life from the diverse perspective of all sides of the triad. They include images of international adoption, life in foster care, search, reunion, loss and grief and affirmation. There is much here for anyone who is touched by adoption.

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Material Title: **Transitions: Moving Children With Sensitivity**  
Author: Kris & Judy Villanueva & Miller *Non-Return Items* 2005 60 pages

This booklet is a hodgepodge including a PowerPoint print-out, a questionnaire, a reprinted magazine article, an activities list, checklists, fill-in-the-blanks materials, and a book list. Some of it is geared toward professionals and some geared toward parents, adoptive and foster.

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Material Title: **Twenty Life Transforming Choices Adoptees Need to Make**  
Author: Sherrie Eldridge *Books* 2003 270 pages

If you are not put off by frequent quotes from The Bible, and advice such as "Birth relatives may reject us, but God never will," you might discover the nuggets of true wisdom, practical ideas, and support for adoptees scattered throughout this book. It is intended for adult and adolescent adoptees who have experienced pain, guilt or fear associated with rejection.

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Material Title: **Twenty Things Adopted Kids Wish Their Adoptive Parents Knew**  
Author: Sherrie Eldridge *Books* 1999 211 pages

This book, written by a woman who was adopted, herself, gives voice to children's unspoken concerns and shows adoptive parents how to free their kids from feelings of fear, abandonment and shame. Eldridge reveals twenty complex emotional issues you must understand to nurture the child you love.

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Material Title: **Twice Born**  
Author: Betty Jean Lifton *Books* 1977 281 pages

An account of one adoptee's search and reunion with her birth parents.

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Material Title: **Understanding Adoption (Audiotape)**  
Author: Lois Melina *Audiotapes* 1993

This presentation answers many of the fundamental questions prospective and new adoptive parents have about raising adopted children: How do children and parents "bond" or form attachments in adoptive families? Do adopted children have more psychological problems? Should adopted children have contact with their birth families? When and how should children be told they were adopted?

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Material Title: **Wasn't love supposed to be enough? Biographies of a Long-Term Adoptive Parent Support Group and Services for Adoptive Families**  
Author: VanSlyck, Wristen, Dupre-Clarke, Mague, Haggerty *Books* 1998 342 pages

This book chronicles the life experiences of several families who have participated in a support group for adoptive families. It contains a compilation of information and advice for families and professionals who are touched by adoption. There is also general information on support groups including a chapter on adopted youth groups.

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Material Title: **Welcome Home: A Guide for Adoptive, Foster and Treatment Foster Parents**  
Author: Christopher Alexander *Books* 2005 289 pages

This book directs parents in a wide variety of stages of caring for children brought into their lives. It begins with preparation before hand, moves into the settling in stage with the establishment of relationships and expectations, and the last half of the book addresses a variety of emotional issues typically faced by adoptive and foster parents.

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Material Title: **Whole Life Adoption Book, The**  
Author: Jayne Schooler *Books* 1993 210 pages

This book offers encouragement and practical information to help you respond to your adopted child's unique struggles and your own feelings of inadequacy or frustration. It addresses such issues as attachment, adjustment and identity and provides "ten essential success factors for healthy adoptive families."

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## Adoption - General

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Material Title: **Zachary's New Home: A Story for Foster and Adopted Children\* (see comment about Children's Materials on Index page)**

Author: Geraldine Blomquist *Children's Books* 1990 30 pages

Zachary, a little kitten, is confused and concerned. He doesn't understand why he has to move from his first family to a foster family and then to an adoptive family. He is angry at the changes in his life. He thinks no one loves him. This comforting story, designed to be read to children aged 3 to 8, explores his emotions with appealing illustrations of animal characters. It may evoke strong emotions in children, so it is important that knowledgeable and concerned adults discuss these emotions and allow the child to explore his or her own feelings.